

Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 1

Generated on: 1/25/2019 12:18:14 PM

| Portion Size | Reimb Qty | Cals (kcal) | Sodm (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|-----------------|--------------|----------------|--------------|---------------|--------------|-------------|--------------|--------------|----------------------------|
|-----------------|--------------|----------------|--------------|---------------|--------------|-------------|--------------|--------------|----------------------------|

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 2

Generated on: 1/25/2019 12:18:15 PM

| | Portion Size | Reimb Qty | Cals (kcal) | Sodm (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 02/01/2019 | | | | | | | | | | |
| High School Lunch | Total | 8 | | | | | | | | |
| CHICKEN: OVEN ROASTED, 8 PC | 1 PIECE | 1 | 215 | 591 | *N/A* | 12.0 | 11.0 | 13.0 | 3.00 | *N/A* |
| BRD: ROLL, SISTER SCH, 2 GR | 1 EACH | 1 | 180 | 320 | 6 | 4.0 | 30.0 | 5.0 | 1.50 | *N/A* |
| VEG: POTATO, MASHED, IDAHOAN | 1/2 CUP | 1 | 80 | 310 | *N/A* | 2.0 | 17.0 | 1.0 | *N/A* | *N/A* |
| GRAVY: CHICKEN, LS | .25 CUP | 1 | 35 | 248 | 2 | *N/A* | 5.32 | 0.89 | *N/A* | *N/A* |
| BRD: BROWNIE, COMM FOODS | 1 X 2 INCH P | 1 | 80 | 100 | 11 | 1.0 | 15.0 | 2.0 | 1.00 | *N/A* |
| VEG: POTATO, CRINKLE FRY | 12 PIECES | 1 | 130 | 160 | 0 | 2.0 | 21.0 | 4.5 | 0.50 | 0.00 |
| BOSCO CHEESE STICKS (2) | 2 EACH | 1 | 459 | 619 | 2 | 23.97 | 55.92 | 13.98 | 7.99 | *N/A* |
| PIZZA, HOMEMADE, CHEESE | 1 SLICE | 1 | 327 | 551 | 5 | 16.75 | 30.75 | *15.5 | *10.00 | *0.00 |
| PIZZA, HOMEMADE, SAUSAGE | 1 SLICE | 1 | 354 | 618 | 5 | 20.25 | 31.25 | *17.0 | *10.50 | *0.00 |
| PIZZA, HOMEMADE, MEAT LOVER'S | 1 SLICE | 1 | 442 | 973 | *5 | 24.92 | *31.29 | *24.6 | *13.11 | *0.05 |
| DORITOS TOP N GO | 1 BAG | 1 | 190 | 280 | *N/A* | 3.0 | 27.0 | 7.0 | 1.00 | *N/A* |
| BEEF TACO FILLING, JTM, 2 MMA | 2.71 | 1 | 126 | 287 | 0 | 13.63 | 1.93 | 6.84 | 2.74 | *N/A* |
| CHEESE SAUCE, CHEDDAR, LOL | 3 OZ | 1 | 138 | 550 | *N/A* | 6.88 | 4.13 | 9.63 | 6.19 | *N/A* |
| SALSA:COMMODITY | 2 OZ | 1 | 20 | 244 | *N/A* | 0.85 | 3.97 | 0.11 | 0.02 | *N/A* |
| SOUR CREAM, LIGHT | 1 OZ | 1 | 38 | 33 | 2 | 0.95 | 2.86 | 2.38 | 1.43 | *N/A* |
| JALAPENOS, SLICED | 1.05 OZ | 1 | 5 | 514 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| SDW: PORK RIB BBQ ON BUN | 1 EACH | 1 | 352 | 903 | 13 | 18.06 | 38.33 | 14.02 | *4.50 | *N/A* |
| SDW: CLUX DELUXE | 1 EACH | 1 | 352 | 853 | 5 | 22.06 | 43.32 | 10.02 | *1.50 | *N/A* |
| SDW: CHICKEN PTY, SPICY | 1 EACH | 1 | 412 | 643 | 5 | 20.06 | 43.32 | 17.02 | *3.00 | *N/A* |
| SDW: BACON CHEESEBURGER | 1 EACH | 1 | 390 | 818 | *5 | 22.98 | *27.32 | 20.65 | *6.46 | *N/A* |
| SDW: PBJ, UNCRUSTABLES, 5.3 OZ | 1 SANDWICH | 1 | 630 | 630 | 28 | 19.0 | 64.0 | 33.0 | 7.00 | *N/A* |
| JUICE, 4 OZ, APPLE | 4 OZ | 1 | 50 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE, 4 OZ, ORANGE | 4 OZ | 1 | 50 | 15 | 11 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, APPLE CHERRY | 4 OZ | 1 | 60 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, GRAPE | 4 OZ | 1 | 77 | 20 | 18 | *N/A* | 19.0 | *N/A* | *N/A* | *N/A* |
| MILK: 1%, WHITE, 8 OZ | 8 OZ | 1 | 100 | 120 | 11 | 8.0 | 11.0 | 2.5 | 1.50 | 0.00 |
| MILK: SKIM, CHOCOLATE, 8 OZ | 8 OZ | 1 | 120 | 180 | 18 | 8.0 | 20.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, VANILLA, 8 OZ | 8 OZ | 1 | 130 | 170 | 22 | 8.0 | 24.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, STRAWBERRY, 8 OZ | 8 OZ | 1 | 120 | 120 | 22 | 8.0 | 22.0 | *N/A* | *N/A* | *N/A* |
| KETCHUP, 1.5 GALLON, HEINZ | 1 OZ | 1 | 38 | 308 | 7 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| RANCH, HEINZ, 1.5 GAL | 1 OZ | 1 | 160 | 240 | 1 | *N/A* | 1.0 | 17.0 | 3.00 | *N/A* |
| BBQ SAUCE, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 453 | 7 | *N/A* | 10.88 | *N/A* | *N/A* | *N/A* |
| MUSTARD, HONEY, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 160 | 5 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| SAUCE, BUFFALO, FRANKS | 1 OZ | 1 | 7 | 832 | 0 | 0.17 | 0.66 | 0.43 | 0.06 | *N/A* |
| MUSTARD: individual PC | Pkt 5g | 1 | 3 | 55 | 0 | 0.19 | 0.29 | 0.17 | 0.01 | 0.00 |
| SAUCE: BBQ, SWEET BABY RAYS | 1 OZ | 1 | 54 | 223 | 12 | *N/A* | 14.0 | *N/A* | *N/A* | *N/A* |
| MAYONNAISE, HEINZ, PACKET | 1 PACKET | 1 | 80 | 75 | 1 | *N/A* | 1.0 | 8.0 | 1.50 | *N/A* |
| FRUIT: ROSY APPLESAUCE | 4 oz | 1 | 75 | 35 | 17 | 0.75 | 19.19 | 0.11 | 0.01 | *0.00 |
| FRUIT: STRAWBERRIES: frozen | .5 CUP | 1 | 122 | 4 | 31 | 0.68 | 33.05 | 0.17 | 0.01 | 0.00 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Cals (kcal) | Sodm (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 02/01/2019 | | | | | | | | | | |
| VEG: LETTUCE, ROMAINE, 1 CUP | 8 OZ | 1 | 8 | *N/A* | *N/A* | *N/A* | 1.55 | *N/A* | *N/A* | *N/A* |
| VEG: CARROTS, BABY, 1/2 CUP | 4 OZ | 1 | 25 | 42 | 2 | *N/A* | 5.0 | *N/A* | *N/A* | *N/A* |
| VEG: LETTUCE, ROMAINE 2 CUPS | 2 CUPS | 1 | 16 | 8 | 1 | 1.0 | 3.0 | *N/A* | *N/A* | *N/A* |
| BRD: SUB BUN, KLOSTERMAN | 1 SUB BUN | 1 | 170 | 280 | 4 | 6.0 | 30.0 | 2.5 | *N/A* | *N/A* |
| CHEESE: WHITE AMERICAN | 1 SLICE | 1 | 55 | 200 | 0 | 2.5 | 1.0 | 4.5 | 2.50 | 0.00 |
| CHEESE, SLICE, AMERICAN BONGAR | 1 SLICE | 1 | 40 | 140 | 0 | 3.5 | 1.0 | 3.0 | 1.25 | *N/A* |
| CHEESE: MOZZARELLA, SHRED, COM | 1 OZ | 1 | 60 | 170 | *N/A* | 7.0 | 1.0 | 3.0 | 2.00 | *N/A* |
| CHEESE: CHEDDAR, SHREDDED | 1 OZ | 1 | 80 | 200 | *N/A* | 7.0 | 1.0 | 6.0 | 4.00 | *N/A* |
| EGG, DICED | 1 OZ | 1 | 47 | 35 | 1 | 3.53 | 0.59 | 2.94 | 0.88 | *N/A* |
| PORK: HAM, DICED/SL, COMMODITY | 1.22 OZ | 1 | 37 | 232 | 1 | 5.0 | 2.0 | 2.0 | 1.00 | *N/A* |
| CHICKEN, BREAST, GRILLED, TYSO | 1 PIECE | 1 | 119 | 316 | *N/A* | 21.73 | 0.99 | 2.47 | 0.49 | *N/A* |
| PORK: BACON PCS, ARMOUR, 2 T | 1 OZ | 1 | 70 | 300 | *N/A* | 4.0 | *N/A* | 6.0 | 2.00 | *N/A* |
| SUNFLOWER SEEDS BULK | 1 OZ | 1 | 160 | 110 | 1 | 5.0 | 6.0 | 14.0 | 1.50 | *N/A* |
| VEG: BEAN, GARBANZO | 4 OZ | 1 | 122 | 384 | 1 | 4.37 | 17.47 | 0.87 | *N/A* | *N/A* |
| COTTAGE CHEESE | .5 CUP | 1 | 81 | 459 | 3 | 14.0 | 3.07 | 1.15 | 0.73 | *N/A* |
| CARROT STICKS | .25 CUP | 1 | 13 | 21 | 1 | 0.28 | 2.92 | 0.07 | 0.01 | 0.00 |
| VEG: TOMATO, DICED | .25 CUP | 1 | 15 | 7 | 0 | 0.25 | 2.98 | 0.0 | 0.00 | 0.00 |
| VEG: ONION, RED, CHOPPED | .25 CUP | 1 | 16 | 2 | *N/A* | 0.44 | 3.74 | 0.04 | 0.02 | *N/A* |
| BANANA PEPPER | 1 OZ | 1 | 5 | 282 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| BLUEBERRIES,Fresh | .25 CUP | 1 | 21 | 0 | 4 | 0.27 | 5.36 | 0.12 | 0.01 | 0.00 |
| STRAWBERRIES,FRESH | .25 CUP | 1 | 12 | 0 | 2 | 0.24 | 2.76 | 0.11 | 0.01 | 0.00 |
| BRD: CRACKER, WG, 2 PACK | 2 PACKS | 1 | 120 | 210 | 2 | 2.0 | 18.0 | 3.0 | 1.00 | *N/A* |
| BRD: CROUTON, WG, IW | 1 PACKAGE | 1 | 80 | 135 | 1 | 2.0 | 13.0 | 2.0 | *N/A* | *N/A* |
| DRESSING: CAESAR, KRAFT | 1 OZ (2T) | 1 | 160 | 450 | 2 | 2.0 | 12.0 | 16.0 | 3.00 | *N/A* |
| DRESSING: FF FRENCH | 1 OZ (2T) | 1 | 50 | 350 | 7 | *N/A* | 10.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF ITALIAN, KRAFT | 1 OZ (2T) | 1 | 15 | 270 | 2 | *N/A* | 3.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF RASP VIN., KRAFT | 1 OZ (2T) | 1 | 40 | 380 | 9 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| Weighted Daily Average | | | 990 | *2280 | *43 | *45.03 | *112.03 | *39.54 | *13.49 | *0.01 |
| % of Calories | | | | | *17.4% | *18.2% | *45.3% | *36.0% | *12.3% | *0.0% |
| Nutrient Guideline | | | 750-850 | 1420 | | | | | <10.00 | |

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| | Portion Size | Reimb Qty | Cals (kcal) | Sodm (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Mon - 02/04/2019 | | | | | | | | | | |
| High School Lunch | Total | 8 | | | | | | | | |
| MOZZ STICKS, FARM RICH, 3 EACH | 3 EACH | 1 | 164 | 307 | 1 | 10.96 | 17.54 | 6.58 | 2.19 | *N/A* |
| BRD: ONION RINGS, TASTY BRANDS | 5 EACH | 1 | 190 | 310 | 5 | 3.0 | 27.0 | 8.0 | 1.50 | 0.00 |
| VEG: POTATO SKINS | 2 SKINS | 1 | 241 | 507 | *0 | 13.09 | *20.01 | 12.07 | 6.05 | *0.00 |
| ENT: CHEESE BITES, WILD MIKES | 4 EACH | 1 | 280 | 540 | *N/A* | 16.0 | 28.0 | 12.0 | 4.00 | *N/A* |
| PIZZA, BIG DADDY, CHEESE, 16" | 1 SLICE | 1 | 400 | 440 | 7 | 19.0 | 42.99 | 16.0 | 7.00 | *N/A* |
| PIZZA, BIG DADDYS, PEPP, 16" | 5.57 OZ | 1 | 410 | 580 | 7 | 20.0 | 43.0 | 18.0 | 7.00 | *N/A* |
| CHICKEN, FAJITA, TYSON | 2.9 | 1 | 127 | 323 | *N/A* | 15.66 | 1.96 | 6.85 | 1.96 | *N/A* |
| CHEESE SAUCE, QUESO BLANCO | 2 OZ | 1 | 119 | 420 | *N/A* | 7.11 | 2.03 | 9.14 | 5.08 | *N/A* |
| REFRIED BEANS: canned | 1 CUP | 1 | 214 | 881 | 1 | 11.85 | 32.25 | 4.78 | 1.50 | 0.04 |
| VEG: PEPPERS/ONIONS ROASTED | 3 OZ | 1 | 45 | 140 | 4 | 1.0 | 8.0 | 1.0 | *N/A* | *N/A* |
| SALSA:COMMODITY | 1 OZ | 1 | 10 | 122 | *N/A* | 0.43 | 1.98 | 0.06 | 0.01 | *N/A* |
| SOUR CREAM, LIGHT | 1 OZ | 1 | 38 | 33 | 2 | 0.95 | 2.86 | 2.38 | 1.43 | *N/A* |
| JALAPENOS, SLICED | 1.05 OZ | 1 | 5 | 514 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| CHICKEN STICKS, TYSON, 8 PIECE | 8 STICKS | 1 | 261 | 391 | 1 | 15.05 | 16.06 | 15.05 | 2.51 | *N/A* |
| MOZZ STICKS, FARM RICH, 3 EACH | 3 EACH | 1 | 164 | 307 | 1 | 10.96 | 17.54 | 6.58 | 2.19 | *N/A* |
| SDW: CLUX DELUXE | 1 EACH | 1 | 352 | 853 | 5 | 22.06 | 43.32 | 10.02 | *1.50 | *N/A* |
| SDW: CHICKEN PTY, SPICY | 1 EACH | 1 | 412 | 643 | 5 | 20.06 | 43.32 | 17.02 | *3.00 | *N/A* |
| SDW: BACON CHEESEBURGER | 1 EACH | 1 | 390 | 818 | *5 | 22.98 | *27.32 | 20.65 | *6.46 | *N/A* |
| SDW: PBJ, UNCRUSTABLES, 5.3 OZ | 1 SANDWICH | 1 | 630 | 630 | 28 | 19.0 | 64.0 | 33.0 | 7.00 | *N/A* |
| JUICE, 4 OZ, APPLE | 4 OZ | 1 | 50 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE, 4 OZ, ORANGE | 4 OZ | 1 | 50 | 15 | 11 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, APPLE CHERRY | 4 OZ | 1 | 60 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, GRAPE | 4 OZ | 1 | 77 | 20 | 18 | *N/A* | 19.0 | *N/A* | *N/A* | *N/A* |
| MILK: 1%, WHITE, 8 OZ | 8 OZ | 1 | 100 | 120 | 11 | 8.0 | 11.0 | 2.5 | 1.50 | 0.00 |
| MILK: SKIM, CHOCOLATE, 8 OZ | 8 OZ | 1 | 120 | 180 | 18 | 8.0 | 20.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, VANILLA, 8 OZ | 8 OZ | 1 | 130 | 170 | 22 | 8.0 | 24.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, STRAWBERRY, 8 OZ | 8 OZ | 1 | 120 | 120 | 22 | 8.0 | 22.0 | *N/A* | *N/A* | *N/A* |
| KETCHUP, 1.5 GALLON, HEINZ | 1 OZ | 1 | 38 | 308 | 7 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| RANCH, HEINZ, 1.5 GAL | 1 OZ | 1 | 160 | 240 | 1 | *N/A* | 1.0 | 17.0 | 3.00 | *N/A* |
| BBQ SAUCE, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 453 | 7 | *N/A* | 10.88 | *N/A* | *N/A* | *N/A* |
| MUSTARD, HONEY, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 160 | 5 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| SAUCE, BUFFALO, FRANKS | 1 OZ | 1 | 7 | 832 | 0 | 0.17 | 0.66 | 0.43 | 0.06 | *N/A* |
| MUSTARD: individual PC | Pkt 5g | 1 | 3 | 55 | 0 | 0.19 | 0.29 | 0.17 | 0.01 | 0.00 |
| SAUCE: BBQ, SWEET BABY RAYS | 1 OZ | 1 | 54 | 223 | 12 | *N/A* | 14.0 | *N/A* | *N/A* | *N/A* |
| MAYONNAISE, HEINZ, PACKET | 1 PACKET | 1 | 80 | 75 | 1 | *N/A* | 1.0 | 8.0 | 1.50 | *N/A* |
| FRUIT: PEACH/PEAR/GRAPE MIX | .5 CUP | 1 | 68 | 6 | 17 | 0.56 | 18.26 | 0.04 | 0.00 | 0.00 |
| FRUIT: APPLE, HALF CUP, USDA | 4 OZ | 1 | 32 | 1 | 6 | *N/A* | 8.0 | *N/A* | *N/A* | *N/A* |
| VEG: CUCUMBER,RAW | 4 OZ | 1 | 7 | 1 | 1 | 0.35 | 1.29 | 0.1 | 0.01 | 0.00 |
| VEG: CARROTS, BABY, 1/2 CUP | 4 OZ | 1 | 25 | 42 | 2 | *N/A* | 5.0 | *N/A* | *N/A* | *N/A* |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Mon - 02/04/2019 | | | | | | | | | | |
| VEG: LETTUCE, ROMAINE 2 CUPS | 2 CUPS | 1 | 16 | 8 | 1 | 1.0 | 3.0 | *N/A* | *N/A* | *N/A* |
| BRD: SUB BUN, KLOSTERMAN | 1 SUB BUN | 1 | 170 | 280 | 4 | 6.0 | 30.0 | 2.5 | *N/A* | *N/A* |
| CHEESE, SLICE, AMERICAN BONGAR | 1 SLICE | 1 | 40 | 140 | 0 | 3.5 | 1.0 | 3.0 | 1.25 | *N/A* |
| CHEESE: WHITE AMERICAN | 1 SLICE | 1 | 55 | 200 | 0 | 2.5 | 1.0 | 4.5 | 2.50 | 0.00 |
| CHEESE: MOZZARELLA, SHRED, COM | 1 OZ | 1 | 60 | 170 | *N/A* | 7.0 | 1.0 | 3.0 | 2.00 | *N/A* |
| CHEESE: CHEDDAR, SHREDDED | 1 OZ | 1 | 80 | 200 | *N/A* | 7.0 | 1.0 | 6.0 | 4.00 | *N/A* |
| EGG, DICED | 1 OZ | 1 | 47 | 35 | 1 | 3.53 | 0.59 | 2.94 | 0.88 | *N/A* |
| PORK: HAM, DICED/SL, COMMODITY | 1.22 OZ | 1 | 37 | 232 | 1 | 5.0 | 2.0 | 2.0 | 1.00 | *N/A* |
| CHICKEN, BREAST, GRILLED, TYSO | 1 PIECE | 1 | 119 | 316 | *N/A* | 21.73 | 0.99 | 2.47 | 0.49 | *N/A* |
| PORK: BACON PCS, ARMOUR, 2 T | 1 OZ | 1 | 70 | 300 | *N/A* | 4.0 | *N/A* | 6.0 | 2.00 | *N/A* |
| SUNFLOWER SEEDS BULK | 1 OZ | 1 | 160 | 110 | 1 | 5.0 | 6.0 | 14.0 | 1.50 | *N/A* |
| VEG: BEAN, GARBANZO | 4 OZ | 1 | 122 | 384 | 1 | 4.37 | 17.47 | 0.87 | *N/A* | *N/A* |
| COTTAGE CHEESE | .5 CUP | 1 | 81 | 459 | 3 | 14.0 | 3.07 | 1.15 | 0.73 | *N/A* |
| CARROT STICKS | .25 CUP | 1 | 13 | 21 | 1 | 0.28 | 2.92 | 0.07 | 0.01 | 0.00 |
| VEG: TOMATO, DICED | .25 CUP | 1 | 15 | 7 | 0 | 0.25 | 2.98 | 0.0 | 0.00 | 0.00 |
| VEG: ONION, RED, CHOPPED | .25 CUP | 1 | 16 | 2 | *N/A* | 0.44 | 3.74 | 0.04 | 0.02 | *N/A* |
| BANANA PEPPER | 1 OZ | 1 | 5 | 282 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| BLUEBERRIES, Fresh | .25 CUP | 1 | 21 | 0 | 4 | 0.27 | 5.36 | 0.12 | 0.01 | 0.00 |
| STRAWBERRIES, FRESH | .25 CUP | 1 | 12 | 0 | 2 | 0.24 | 2.76 | 0.11 | 0.01 | 0.00 |
| BRD: CRACKER, WG, 2 PACK | 2 PACKS | 1 | 120 | 210 | 2 | 2.0 | 18.0 | 3.0 | 1.00 | *N/A* |
| BRD: CROUTON, WG, IW | 1 PACKAGE | 1 | 80 | 135 | 1 | 2.0 | 13.0 | 2.0 | *N/A* | *N/A* |
| DRESSING: CAESAR, KRAFT | 1 OZ (2T) | 1 | 160 | 450 | 2 | 2.0 | 12.0 | 16.0 | 3.00 | *N/A* |
| DRESSING: FF FRENCH | 1 OZ (2T) | 1 | 50 | 350 | 7 | *N/A* | 10.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF ITALIAN, KRAFT | 1 OZ (2T) | 1 | 15 | 270 | 2 | *N/A* | 3.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF RASP VIN., KRAFT | 1 OZ (2T) | 1 | 40 | 380 | 9 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| Weighted Daily Average | | | 915 | *2090 | *37 | *44.32 | *100.56 | *37.15 | *10.86 | *0.00 |
| % of Calories | | | | | *16.4% | *19.4% | *44.0% | *36.6% | *10.7% | *0.0% |
| Nutrient Guideline | | | 750-850 | 1420 | | | | | <10.00 | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Cals (kcal) | Sodm (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Tue - 02/05/2019 | | | | | | | | | | |
| High School Lunch | Total | 8 | | | | | | | | |
| BRD: PASTA, ROTINI, 8 OZ COOKE | 8 OZ | 1 | 200 | *N/A* | 2 | 7.0 | 42.0 | 1.0 | *N/A* | *N/A* |
| SAUCE, ALFREDO, JTM, 3.6 OZ | 3.66 OZ | 1 | 180 | 750 | 6 | 12.03 | 10.02 | 10.02 | 6.02 | *N/A* |
| SAUCE, BEEF, SPAGHETTI, JTM | 5.64 OZ | 1 | 246 | 354 | 8 | 15.0 | 10.0 | 16.0 | 6.00 | 0.00 |
| BRD: BREADSTICK, KLOSTERMAN | 1 EACH | 1 | 70 | 140 | *N/A* | 3.0 | 14.0 | 0.5 | *N/A* | *N/A* |
| VEG:GREEN BEANS: canned,cooked | .5 CUP | 1 | 14 | 169 | *N/A* | 0.81 | 3.04 | 0.07 | 0.01 | *N/A* |
| VEG: POTATO, TATER TOT | 4 OZ | 1 | 600 | 1441 | *N/A* | 8.0 | 76.04 | 28.02 | 4.00 | *N/A* |
| BOSCO STICKS, PEPPERONI (2) | 2 STICKS | 1 | 520 | 1020 | 6 | 22.0 | 64.0 | 18.0 | 9.00 | *N/A* |
| SAUCE: TERIYAKI, MINH | 1 OZ | 1 | 42 | 198 | 9 | 0.46 | 9.71 | 0.14 | 0.03 | *N/A* |
| SAUCE: STIR FRY | 1 OZ | 1 | 35 | 440 | 2 | 1.0 | 4.0 | 1.5 | *N/A* | *N/A* |
| SAUCE, SWEET N SOUR | 1 OZ | 1 | 60 | 110 | 11 | *N/A* | 14.0 | *N/A* | *N/A* | *N/A* |
| SAUCE: ORANGE, YANGS | 1 OZ | 1 | 46 | 159 | 10 | *N/A* | 11.0 | *N/A* | *N/A* | *N/A* |
| CHICKEN, GENERAL TSO, LINGS | 3.6 OZ | 1 | 116 | 293 | *N/A* | 11.08 | 11.08 | 3.02 | 0.50 | *N/A* |
| BRD: RICE, WHITE, 1 CUP | 1 CUP | 1 | 242 | 0 | 0 | 4.43 | 53.18 | 0.41 | 0.09 | 0.00 |
| BRD: NOODLE, ASIAN, 2 BG | 8 OZ | 1 | 302 | 599 | 27 | 8.41 | 66.36 | *0.43 | *0.09 | *N/A* |
| EGG ROLL | 1 EACH | 1 | 180 | 430 | 2 | 7.0 | 21.0 | 8.0 | 2.00 | *N/A* |
| VEG: STIR FRY W/ SAUCE | 1/2 CUP | 1 | 51 | 260 | 6 | 3.17 | 8.67 | *0.75 | *N/A* | *N/A* |
| PIZZA, HOMEMADE, MAC & CHEESE | 1 SLICE | 1 | 400 | 920 | 6 | 20.5 | 43.13 | 16.25 | 9.62 | *0.19 |
| PIZZA, HOMEMADE, CHEESE | 1 SLICE | 1 | 327 | 551 | 5 | 16.75 | 30.75 | *15.5 | *10.00 | *0.00 |
| PIZZA, HOMEMADE, PEPPERONI | 1 SLICE | 1 | 347 | 614 | 5 | 17.52 | 30.8 | *17.35 | *10.71 | *0.06 |
| BOSCO PRETZEL CHEESE STICK | 2 EACH | 1 | 381 | 462 | 6 | 14.05 | 52.19 | 12.04 | 4.01 | *N/A* |
| CHEESE SAUCE, CHEDDAR, LOL | 3 OZ | 1 | 138 | 550 | *N/A* | 6.88 | 4.13 | 9.63 | 6.19 | *N/A* |
| SDW: CLUX DELUXE | 1 EACH | 1 | 352 | 853 | 5 | 22.06 | 43.32 | 10.02 | *1.50 | *N/A* |
| SDW: CHICKEN PTY, SPICY | 1 EACH | 1 | 412 | 643 | 5 | 20.06 | 43.32 | 17.02 | *3.00 | *N/A* |
| SDW: BACON CHEESEBURGER | 1 EACH | 1 | 390 | 818 | *5 | 22.98 | *27.32 | 20.65 | *6.46 | *N/A* |
| SDW: PBJ, UNCRUSTABLES, 5.3 OZ | 1 SANDWICH | 1 | 630 | 630 | 28 | 19.0 | 64.0 | 33.0 | 7.00 | *N/A* |
| JUICE, 4 OZ, APPLE | 4 OZ | 1 | 50 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE, 4 OZ, ORANGE | 4 OZ | 1 | 50 | 15 | 11 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, APPLE CHERRY | 4 OZ | 1 | 60 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, GRAPE | 4 OZ | 1 | 77 | 20 | 18 | *N/A* | 19.0 | *N/A* | *N/A* | *N/A* |
| MILK: 1%, WHITE, 8 OZ | 8 OZ | 1 | 100 | 120 | 11 | 8.0 | 11.0 | 2.5 | 1.50 | 0.00 |
| MILK: SKIM, CHOCOLATE, 8 OZ | 8 OZ | 1 | 120 | 180 | 18 | 8.0 | 20.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, VANILLA, 8 OZ | 8 OZ | 1 | 130 | 170 | 22 | 8.0 | 24.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, STRAWBERRY, 8 OZ | 8 OZ | 1 | 120 | 120 | 22 | 8.0 | 22.0 | *N/A* | *N/A* | *N/A* |
| KETCHUP, 1.5 GALLON, HEINZ | 1 OZ | 1 | 38 | 308 | 7 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| RANCH, HEINZ, 1.5 GAL | 1 OZ | 1 | 160 | 240 | 1 | *N/A* | 1.0 | 17.0 | 3.00 | *N/A* |
| BBQ SAUCE, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 453 | 7 | *N/A* | 10.88 | *N/A* | *N/A* | *N/A* |
| MUSTARD, HONEY, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 160 | 5 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| SAUCE, BUFFALO, FRANKS | 1 OZ | 1 | 7 | 832 | 0 | 0.17 | 0.66 | 0.43 | 0.06 | *N/A* |
| MUSTARD: individual PC | Pkt 5g | 1 | 3 | 55 | 0 | 0.19 | 0.29 | 0.17 | 0.01 | 0.00 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Cals (kcal) | Sodm (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Tue - 02/05/2019 | | | | | | | | | | |
| SAUCE: BBQ, SWEET BABY RAYS | 1 OZ | 1 | 54 | 223 | 12 | *N/A* | 14.0 | *N/A* | *N/A* | *N/A* |
| MAYONNAISE, HEINZ, PACKET | 1 PACKET | 1 | 80 | 75 | 1 | *N/A* | 1.0 | 8.0 | 1.50 | *N/A* |
| FRUIT: FRT MIX:canned,ln syrup | .5 CUP | 1 | 69 | 7 | 17 | 0.48 | 18.07 | 0.08 | 0.01 | 0.00 |
| FRUIT: BLUEBERRIES, FROZEN | 1/2 CUP | 1 | 40 | 1 | 7 | 0.33 | 9.43 | 0.5 | 0.04 | 0.00 |
| VEG: TOMATO, WEDGE, 1/2 CUP | 4 OZ | 1 | 32 | 9 | 4 | 1.0 | 7.0 | *N/A* | *N/A* | *N/A* |
| VEG: BROCCOLI,raw: fresh | .5 CUP | 1 | 15 | 15 | 1 | 1.28 | 3.02 | 0.17 | 0.02 | 0.00 |
| VEG: LETTUCE, ROMAINE 2 CUPS | 2 CUPS | 1 | 16 | 8 | 1 | 1.0 | 3.0 | *N/A* | *N/A* | *N/A* |
| BRD: SUB BUN, KLOSTERMAN | 1 SUB BUN | 1 | 170 | 280 | 4 | 6.0 | 30.0 | 2.5 | *N/A* | *N/A* |
| CHEESE, SLICE, AMERICAN BONGAR | 1 SLICE | 1 | 40 | 140 | 0 | 3.5 | 1.0 | 3.0 | 1.25 | *N/A* |
| CHEESE: WHITE AMERICAN | 1 SLICE | 1 | 55 | 200 | 0 | 2.5 | 1.0 | 4.5 | 2.50 | 0.00 |
| CHEESE: MOZZARELLA, SHRED, COM | 1 OZ | 1 | 60 | 170 | *N/A* | 7.0 | 1.0 | 3.0 | 2.00 | *N/A* |
| CHEESE: CHEDDAR, SHREDDED | 1 OZ | 1 | 80 | 200 | *N/A* | 7.0 | 1.0 | 6.0 | 4.00 | *N/A* |
| EGG, DICED | 1 OZ | 1 | 47 | 35 | 1 | 3.53 | 0.59 | 2.94 | 0.88 | *N/A* |
| PORK: HAM, DICED/SL, COMMODITY | 1.22 OZ | 1 | 37 | 232 | 1 | 5.0 | 2.0 | 2.0 | 1.00 | *N/A* |
| CHICKEN, BREAST, GRILLED, TYSO | 1 PIECE | 1 | 119 | 316 | *N/A* | 21.73 | 0.99 | 2.47 | 0.49 | *N/A* |
| PORK: BACON PCS, ARMOUR, 2 T | 1 OZ | 1 | 70 | 300 | *N/A* | 4.0 | *N/A* | 6.0 | 2.00 | *N/A* |
| SUNFLOWER SEEDS BULK | 1 OZ | 1 | 160 | 110 | 1 | 5.0 | 6.0 | 14.0 | 1.50 | *N/A* |
| VEG: BEAN, GARBANZO | 4 OZ | 1 | 122 | 384 | 1 | 4.37 | 17.47 | 0.87 | *N/A* | *N/A* |
| COTTAGE CHEESE | .5 CUP | 1 | 81 | 459 | 3 | 14.0 | 3.07 | 1.15 | 0.73 | *N/A* |
| CARROT STICKS | .25 CUP | 1 | 13 | 21 | 1 | 0.28 | 2.92 | 0.07 | 0.01 | 0.00 |
| VEG: TOMATO, DICED | .25 CUP | 1 | 15 | 7 | 0 | 0.25 | 2.98 | 0.0 | 0.00 | 0.00 |
| VEG: ONION, RED, CHOPPED | .25 CUP | 1 | 16 | 2 | *N/A* | 0.44 | 3.74 | 0.04 | 0.02 | *N/A* |
| BANANA PEPPER | 1 OZ | 1 | 5 | 282 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| BLUEBERRIES,Fresh | .25 CUP | 1 | 21 | 0 | 4 | 0.27 | 5.36 | 0.12 | 0.01 | 0.00 |
| STRAWBERRIES,FRESH | .25 CUP | 1 | 12 | 0 | 2 | 0.24 | 2.76 | 0.11 | 0.01 | 0.00 |
| BRD: CRACKER, WG, 2 PACK | 2 PACKS | 1 | 120 | 210 | 2 | 2.0 | 18.0 | 3.0 | 1.00 | *N/A* |
| BRD: CROUTON, WG, IW | 1 PACKAGE | 1 | 80 | 135 | 1 | 2.0 | 13.0 | 2.0 | *N/A* | *N/A* |
| DRESSING: CAESAR, KRAFT | 1 OZ (2T) | 1 | 160 | 450 | 2 | 2.0 | 12.0 | 16.0 | 3.00 | *N/A* |
| DRESSING: FF FRENCH | 1 OZ (2T) | 1 | 50 | 350 | 7 | *N/A* | 10.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF ITALIAN, KRAFT | 1 OZ (2T) | 1 | 15 | 270 | 2 | *N/A* | 3.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF RASP VIN., KRAFT | 1 OZ (2T) | 1 | 40 | 380 | 9 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| Weighted Daily Average | | | 1146 | *2544 | *48 | *48.84 | *140.79 | *42.24 | *14.10 | *0.03 |
| % of Calories | | | | | *16.7% | *17.0% | *49.1% | *33.2% | *11.1% | *0.0% |
| Nutrient Guideline | | | 750-850 | 1420 | | | | | <10.00 | |

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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Cals (kcal) | Sodm (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Wed - 02/06/2019 | | | | | | | | | | |
| High School Lunch | Total | 9 | | | | | | | | |
| CHICKEN AND NOODLES | 1 CUP | 1 | 191 | 164 | *1 | 21.88 | 17.73 | 3.95 | 1.11 | *0.01 |
| BRD: ROLL, SISTER SCH, 1 GR | 1 EACH | 1 | 140 | 240 | 4 | 3.0 | 23.0 | 4.0 | 1.00 | *N/A* |
| PEANUT BUTTER BARS | 1 EACH | 1 | 136 | 108 | *11 | 2.97 | 19.05 | 5.71 | 1.15 | *0.01 |
| VEG:GREEN BEANS: canned,cooked | .5 CUP | 1 | 14 | 169 | *N/A* | 0.81 | 3.04 | 0.07 | 0.01 | *N/A* |
| VEG: POTATO, FF, SPICY STRT CU | 12 pieces | 1 | 139 | 387 | *N/A* | 1.99 | 19.86 | 5.96 | 0.99 | *N/A* |
| BOSCO CHEESE STICKS (2) | 2 EACH | 1 | 459 | 619 | 2 | 23.97 | 55.92 | 13.98 | 7.99 | *N/A* |
| PIZZA, HOMEMADE, MEAT LOVER'S | 1 SLICE | 1 | 442 | 973 | *5 | 24.92 | *31.29 | *24.6 | *13.11 | *0.05 |
| PIZZA, HOMEMADE, PEPPERONI | 1 SLICE | 1 | 347 | 614 | 5 | 17.52 | 30.8 | *17.35 | *10.71 | *0.06 |
| PIZZA, HOMEMADE, CHEESE | 1 SLICE | 1 | 327 | 551 | 5 | 16.75 | 30.75 | *15.5 | *10.00 | *0.00 |
| TACOS, 6 INCH SHELLS | 2 TACOS | 1 | 385 | 927 | *0 | 26.62 | 26.93 | 16.84 | 8.74 | *0.00 |
| BRD: RICE, SPANISH 4 OZ | 4 OZ | 1 | 95 | 410 | 1 | 3.0 | 21.0 | 0.5 | *N/A* | *N/A* |
| SALSA:COMMODITY | 1 OZ | 1 | 10 | 122 | *N/A* | 0.43 | 1.98 | 0.06 | 0.01 | *N/A* |
| SOUR CREAM, LIGHT | 1 OZ | 1 | 38 | 33 | 2 | 0.95 | 2.86 | 2.38 | 1.43 | *N/A* |
| JALAPENOS, SLICED | 1.05 OZ | 1 | 5 | 514 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| CHICKEN, CRIS P BITES | 5 PIECES | 1 | 208 | 546 | 1 | 19.0 | 15.0 | 8.0 | 1.00 | *N/A* |
| SAUCE, SWEET N SOUR | 1 OZ | 1 | 60 | 110 | 11 | *N/A* | 14.0 | *N/A* | *N/A* | *N/A* |
| BRD: BISCUIT, PILLSBURY | 2.25 OZ | 1 | 190 | 660 | 3 | 4.0 | 27.0 | 7.0 | 4.00 | *N/A* |
| SDW: CLUX DELUXE | 1 EACH | 1 | 352 | 853 | 5 | 22.06 | 43.32 | 10.02 | *1.50 | *N/A* |
| SDW: CHICKEN PTY, SPICY | 1 EACH | 1 | 412 | 643 | 5 | 20.06 | 43.32 | 17.02 | *3.00 | *N/A* |
| SDW: BACON CHEESEBURGER | 1 EACH | 1 | 390 | 818 | *5 | 22.98 | *27.32 | 20.65 | *6.46 | *N/A* |
| SDW: PBJ, UNCRUSTABLES, 5.3 OZ | 1 SANDWICH | 1 | 630 | 630 | 28 | 19.0 | 64.0 | 33.0 | 7.00 | *N/A* |
| JUICE, 4 OZ, APPLE | 4 OZ | 1 | 50 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE, 4 OZ, ORANGE | 4 OZ | 1 | 50 | 15 | 11 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, APPLE CHERRY | 4 OZ | 1 | 60 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, GRAPE | 4 OZ | 1 | 77 | 20 | 18 | *N/A* | 19.0 | *N/A* | *N/A* | *N/A* |
| MILK: 1%, WHITE, 8 OZ | 8 OZ | 1 | 100 | 120 | 11 | 8.0 | 11.0 | 2.5 | 1.50 | 0.00 |
| MILK: SKIM, CHOCOLATE, 8 OZ | 8 OZ | 1 | 120 | 180 | 18 | 8.0 | 20.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, VANILLA, 8 OZ | 8 OZ | 1 | 130 | 170 | 22 | 8.0 | 24.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, STRAWBERRY, 8 OZ | 8 OZ | 1 | 120 | 120 | 22 | 8.0 | 22.0 | *N/A* | *N/A* | *N/A* |
| KETCHUP, 1.5 GALLON, HEINZ | 1 OZ | 1 | 38 | 308 | 7 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| RANCH, HEINZ, 1.5 GAL | 1 OZ | 1 | 160 | 240 | 1 | *N/A* | 1.0 | 17.0 | 3.00 | *N/A* |
| BBQ SAUCE, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 453 | 7 | *N/A* | 10.88 | *N/A* | *N/A* | *N/A* |
| MUSTARD, HONEY, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 160 | 5 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| SAUCE, BUFFALO, FRANKS | 1 OZ | 1 | 7 | 832 | 0 | 0.17 | 0.66 | 0.43 | 0.06 | *N/A* |
| MUSTARD: individual PC | Pkt 5g | 1 | 3 | 55 | 0 | 0.19 | 0.29 | 0.17 | 0.01 | 0.00 |
| SAUCE: BBQ, SWEET BABY RAYS | 1 OZ | 1 | 54 | 223 | 12 | *N/A* | 14.0 | *N/A* | *N/A* | *N/A* |
| MAYONNAISE, HEINZ, PACKET | 1 PACKET | 1 | 80 | 75 | 1 | *N/A* | 1.0 | 8.0 | 1.50 | *N/A* |
| FRUIT: GRAPES,Fresh | .5 CUP | 1 | 31 | 1 | 7 | 0.29 | 7.89 | 0.16 | 0.05 | 0.00 |
| FRUIT: ORANGE, 1/2 CUP | 4 OZ | 1 | 63 | 2 | *N/A* | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |

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Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Cals (kcal) | Sodm (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Wed - 02/06/2019 | | | | | | | | | | |
| VEG: CAULIFLOWER,raw: fresh | .5 CUP | 1 | 13 | 15 | 1 | 0.96 | 2.49 | 0.14 | 0.07 | 0.00 |
| VEG: PEPPER STRIPS, 1/2 CUP | 4 OZ | 1 | 30 | *N/A* | *N/A* | 1.0 | 6.0 | *N/A* | *N/A* | *N/A* |
| VEG: LETTUCE, ROMAINE 2 CUPS | 2 CUPS | 1 | 16 | 8 | 1 | 1.0 | 3.0 | *N/A* | *N/A* | *N/A* |
| BRD: SUB BUN, KLOSTERMAN | 1 SUB BUN | 1 | 170 | 280 | 4 | 6.0 | 30.0 | 2.5 | *N/A* | *N/A* |
| CHEESE: WHITE AMERICAN | 1 SLICE | 1 | 55 | 200 | 0 | 2.5 | 1.0 | 4.5 | 2.50 | 0.00 |
| CHEESE, SLICE, AMERICAN BONGAR | 1 SLICE | 1 | 40 | 140 | 0 | 3.5 | 1.0 | 3.0 | 1.25 | *N/A* |
| CHEESE: MOZZARELLA, SHRED, COM | 1 OZ | 1 | 60 | 170 | *N/A* | 7.0 | 1.0 | 3.0 | 2.00 | *N/A* |
| CHEESE: CHEDDAR, SHREDDED | 1 OZ | 1 | 80 | 200 | *N/A* | 7.0 | 1.0 | 6.0 | 4.00 | *N/A* |
| EGG, DICED | 1 OZ | 1 | 47 | 35 | 1 | 3.53 | 0.59 | 2.94 | 0.88 | *N/A* |
| PORK: HAM, DICED/SL, COMMODITY | 1.22 OZ | 1 | 37 | 232 | 1 | 5.0 | 2.0 | 2.0 | 1.00 | *N/A* |
| CHICKEN, BREAST, GRILLED, TYSO | 1 PIECE | 1 | 119 | 316 | *N/A* | 21.73 | 0.99 | 2.47 | 0.49 | *N/A* |
| PORK: BACON PCS, ARMOUR, 2 T | 1 OZ | 1 | 70 | 300 | *N/A* | 4.0 | *N/A* | 6.0 | 2.00 | *N/A* |
| SUNFLOWER SEEDS BULK | 1 OZ | 1 | 160 | 110 | 1 | 5.0 | 6.0 | 14.0 | 1.50 | *N/A* |
| VEG: BEAN, GARBANZO | 4 OZ | 1 | 122 | 384 | 1 | 4.37 | 17.47 | 0.87 | *N/A* | *N/A* |
| COTTAGE CHEESE | .5 CUP | 1 | 81 | 459 | 3 | 14.0 | 3.07 | 1.15 | 0.73 | *N/A* |
| CARROT STICKS | .25 CUP | 1 | 13 | 21 | 1 | 0.28 | 2.92 | 0.07 | 0.01 | 0.00 |
| VEG: TOMATO, DICED | .25 CUP | 1 | 15 | 7 | 0 | 0.25 | 2.98 | 0.0 | 0.00 | 0.00 |
| VEG: ONION, RED, CHOPPED | .25 CUP | 1 | 16 | 2 | *N/A* | 0.44 | 3.74 | 0.04 | 0.02 | *N/A* |
| BANANA PEPPER | 1 OZ | 1 | 5 | 282 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| BLUEBERRIES,Fresh | .25 CUP | 1 | 21 | 0 | 4 | 0.27 | 5.36 | 0.12 | 0.01 | 0.00 |
| STRAWBERRIES,FRESH | .25 CUP | 1 | 12 | 0 | 2 | 0.24 | 2.76 | 0.11 | 0.01 | 0.00 |
| BRD: CRACKER, WG, 2 PACK | 2 PACKS | 1 | 120 | 210 | 2 | 2.0 | 18.0 | 3.0 | 1.00 | *N/A* |
| BRD: CROUTON, WG, IW | 1 PACKAGE | 1 | 80 | 135 | 1 | 2.0 | 13.0 | 2.0 | *N/A* | *N/A* |
| DRESSING: CAESAR, KRAFT | 1 OZ (2T) | 1 | 160 | 450 | 2 | 2.0 | 12.0 | 16.0 | 3.00 | *N/A* |
| DRESSING: FF FRENCH | 1 OZ (2T) | 1 | 50 | 350 | 7 | *N/A* | 10.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF ITALIAN, KRAFT | 1 OZ (2T) | 1 | 15 | 270 | 2 | *N/A* | 3.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF RASP VIN., KRAFT | 1 OZ (2T) | 1 | 40 | 380 | 9 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| Weighted Daily Average | | | 871 | *2003 | *34 | *42.07 | *97.81 | *33.86 | *11.75 | *0.01 |
| % of Calories | | | | | *15.5% | *19.3% | *44.9% | *35.0% | *12.1% | *0.0% |
| Nutrient Guideline | | | 750-850 | 1420 | | | | | <10.00 | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

| | Portion Size | Reimb Qty | Cals (kcal) | Sodm (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|---------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 02/07/2019 | | | | | | | | | | |
| High School Lunch | Total | 8 | | | | | | | | |
| PIZZA, DOMINOES, CHEESE | 1 SLICE | 1 | 300 | 790 | 3 | 15.0 | 31.0 | 14.0 | 8.00 | *N/A* |
| PIZZA, DOMINOES, PEPPERONI | 1 SLICE | 1 | 310 | 790 | 3 | 15.0 | 31.0 | 14.0 | 8.00 | *N/A* |
| PIZZA, DOMINOES, SAUSAGE | 1 SLICE | 1 | 310 | 790 | 3 | 15.0 | 31.0 | 14.0 | 8.00 | *N/A* |
| VEG: BEAN, BAKED BUSHES | 4 OZ | 1 | 123 | 482 | 11 | 5.26 | 25.4 | 0.88 | *N/A* | *N/A* |
| VEG: POTATO, CURLY FRY, 1/2 CUP | 3 OZ PORTIO | 1 | 155 | 420 | *N/A* | 2.0 | 21.0 | 7.0 | 1.00 | *N/A* |
| BOSCO STICKS, PEPPERONI (2) | 2 STICKS | 1 | 520 | 1020 | 6 | 22.0 | 64.0 | 18.0 | 9.00 | *N/A* |
| SAUCE: STIR FRY | 1 OZ | 1 | 35 | 440 | 2 | 1.0 | 4.0 | 1.5 | *N/A* | *N/A* |
| SAUCE: TERIYAKI, MINH | 1 OZ | 1 | 42 | 198 | 9 | 0.46 | 9.71 | 0.14 | 0.03 | *N/A* |
| SAUCE, SWEET N SOUR | 1 OZ | 1 | 60 | 110 | 11 | *N/A* | 14.0 | *N/A* | *N/A* | *N/A* |
| SAUCE: GENERAL TSO, YANGS | 1 OZ | 1 | 37 | 79 | 9 | *N/A* | 10.0 | 0.0 | *N/A* | *N/A* |
| CHICKEN, MANDARIN ORANGE, LING | 3.6 OZ | 1 | 151 | 282 | *N/A* | 11.08 | 19.13 | 3.02 | 0.50 | *N/A* |
| BRD: RICE, WHITE, 1 CUP | 1 CUP | 1 | 242 | 0 | 0 | 4.43 | 53.18 | 0.41 | 0.09 | 0.00 |
| BRD: NOODLE, ASIAN, 2 BG | 8 OZ | 1 | 302 | 599 | 27 | 8.41 | 66.36 | *0.43 | *0.09 | *N/A* |
| EGG ROLL | 1 EACH | 1 | 180 | 430 | 2 | 7.0 | 21.0 | 8.0 | 2.00 | *N/A* |
| VEG: STIR FRY W/ SAUCE | 1/2 CUP | 1 | 51 | 260 | 6 | 3.17 | 8.67 | *0.75 | *N/A* | *N/A* |
| ENT: CHEESE STUFFED CROISSANT | 1 CROISSANT | 1 | 410 | 980 | 6 | 14.0 | 34.0 | 24.0 | 12.00 | 0.00 |
| SDW: CLUX DELUXE | 1 EACH | 1 | 352 | 853 | 5 | 22.06 | 43.32 | 10.02 | *1.50 | *N/A* |
| SDW: CHICKEN PTY, SPICY | 1 EACH | 1 | 412 | 643 | 5 | 20.06 | 43.32 | 17.02 | *3.00 | *N/A* |
| SDW: BACON CHEESEBURGER | 1 EACH | 1 | 390 | 818 | *5 | 22.98 | *27.32 | 20.65 | *6.46 | *N/A* |
| SDW: PBJ, UNCRUSTABLES, 5.3 OZ | 1 SANDWICH | 1 | 630 | 630 | 28 | 19.0 | 64.0 | 33.0 | 7.00 | *N/A* |
| JUICE, 4 OZ, APPLE | 4 OZ | 1 | 50 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE, 4 OZ, ORANGE | 4 OZ | 1 | 50 | 15 | 11 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, APPLE CHERRY | 4 OZ | 1 | 60 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, GRAPE | 4 OZ | 1 | 77 | 20 | 18 | *N/A* | 19.0 | *N/A* | *N/A* | *N/A* |
| MILK: 1%, WHITE, 8 OZ | 8 OZ | 1 | 100 | 120 | 11 | 8.0 | 11.0 | 2.5 | 1.50 | 0.00 |
| MILK: SKIM, CHOCOLATE, 8 OZ | 8 OZ | 1 | 120 | 180 | 18 | 8.0 | 20.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, VANILLA, 8 OZ | 8 OZ | 1 | 130 | 170 | 22 | 8.0 | 24.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, STRAWBERRY, 8 OZ | 8 OZ | 1 | 120 | 120 | 22 | 8.0 | 22.0 | *N/A* | *N/A* | *N/A* |
| KETCHUP, 1.5 GALLON, HEINZ | 1 OZ | 1 | 38 | 308 | 7 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| RANCH, HEINZ, 1.5 GAL | 1 OZ | 1 | 160 | 240 | 1 | *N/A* | 1.0 | 17.0 | 3.00 | *N/A* |
| BBQ SAUCE, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 453 | 7 | *N/A* | 10.88 | *N/A* | *N/A* | *N/A* |
| MUSTARD, HONEY, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 160 | 5 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| SAUCE, BUFFALO, FRANKS | 1 OZ | 1 | 7 | 832 | 0 | 0.17 | 0.66 | 0.43 | 0.06 | *N/A* |
| MUSTARD: individual PC | Pkt 5g | 1 | 3 | 55 | 0 | 0.19 | 0.29 | 0.17 | 0.01 | 0.00 |
| SAUCE: BBQ, SWEET BABY RAYS | 1 OZ | 1 | 54 | 223 | 12 | *N/A* | 14.0 | *N/A* | *N/A* | *N/A* |
| MAYONNAISE, HEINZ, PACKET | 1 PACKET | 1 | 80 | 75 | 1 | *N/A* | 1.0 | 8.0 | 1.50 | *N/A* |
| FRUIT: PEACH/PEAR/GRAPE MIX | .5 CUP | 1 | 68 | 6 | 17 | 0.56 | 18.26 | 0.04 | 0.00 | 0.00 |
| FRUIT: WATERMELON, CHUNKS | .5 CUP | 1 | 23 | 1 | 5 | 0.46 | 5.74 | 0.11 | 0.01 | 0.00 |
| VEG: CELERY STICKS | .5 CUP | 1 | 10 | 48 | 1 | 0.41 | 1.78 | 0.1 | 0.03 | 0.00 |

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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Cals (kcal) | Sodm (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 02/07/2019 | | | | | | | | | | |
| VEG: CUCUMBER,RAW | 4 OZ | 1 | 7 | 1 | 1 | 0.35 | 1.29 | 0.1 | 0.01 | 0.00 |
| VEG: LETTUCE, ROMAINE 2 CUPS | 2 CUPS | 1 | 16 | 8 | 1 | 1.0 | 3.0 | *N/A* | *N/A* | *N/A* |
| BRD: SUB BUN, KLOSTERMAN | 1 SUB BUN | 1 | 170 | 280 | 4 | 6.0 | 30.0 | 2.5 | *N/A* | *N/A* |
| CHEESE, SLICE, AMERICAN BONGAR | 1 SLICE | 1 | 40 | 140 | 0 | 3.5 | 1.0 | 3.0 | 1.25 | *N/A* |
| CHEESE: WHITE AMERICAN | 1 SLICE | 1 | 55 | 200 | 0 | 2.5 | 1.0 | 4.5 | 2.50 | 0.00 |
| CHEESE: MOZZARELLA, SHRED, COM | 1 OZ | 1 | 60 | 170 | *N/A* | 7.0 | 1.0 | 3.0 | 2.00 | *N/A* |
| CHEESE: CHEDDAR, SHREDDED | 1 OZ | 1 | 80 | 200 | *N/A* | 7.0 | 1.0 | 6.0 | 4.00 | *N/A* |
| EGG, DICED | 1 OZ | 1 | 47 | 35 | 1 | 3.53 | 0.59 | 2.94 | 0.88 | *N/A* |
| PORK: HAM, DICED/SL, COMMODITY | 1.22 OZ | 1 | 37 | 232 | 1 | 5.0 | 2.0 | 2.0 | 1.00 | *N/A* |
| CHICKEN, BREAST, GRILLED, TYSO | 1 PIECE | 1 | 119 | 316 | *N/A* | 21.73 | 0.99 | 2.47 | 0.49 | *N/A* |
| PORK: BACON PCS, ARMOUR, 2 T | 1 OZ | 1 | 70 | 300 | *N/A* | 4.0 | *N/A* | 6.0 | 2.00 | *N/A* |
| SUNFLOWER SEEDS BULK | 1 OZ | 1 | 160 | 110 | 1 | 5.0 | 6.0 | 14.0 | 1.50 | *N/A* |
| VEG: BEAN, GARBANZO | 4 OZ | 1 | 122 | 384 | 1 | 4.37 | 17.47 | 0.87 | *N/A* | *N/A* |
| COTTAGE CHEESE | .5 CUP | 1 | 81 | 459 | 3 | 14.0 | 3.07 | 1.15 | 0.73 | *N/A* |
| CARROT STICKS | .25 CUP | 1 | 13 | 21 | 1 | 0.28 | 2.92 | 0.07 | 0.01 | 0.00 |
| VEG: TOMATO, DICED | .25 CUP | 1 | 15 | 7 | 0 | 0.25 | 2.98 | 0.0 | 0.00 | 0.00 |
| VEG: ONION, RED, CHOPPED | .25 CUP | 1 | 16 | 2 | *N/A* | 0.44 | 3.74 | 0.04 | 0.02 | *N/A* |
| BANANA PEPPER | 1 OZ | 1 | 5 | 282 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| BLUEBERRIES,Fresh | .25 CUP | 1 | 21 | 0 | 4 | 0.27 | 5.36 | 0.12 | 0.01 | 0.00 |
| STRAWBERRIES,FRESH | .25 CUP | 1 | 12 | 0 | 2 | 0.24 | 2.76 | 0.11 | 0.01 | 0.00 |
| BRD: CRACKER, WG, 2 PACK | 2 PACKS | 1 | 120 | 210 | 2 | 2.0 | 18.0 | 3.0 | 1.00 | *N/A* |
| BRD: CROUTON, WG, IW | 1 PACKAGE | 1 | 80 | 135 | 1 | 2.0 | 13.0 | 2.0 | *N/A* | *N/A* |
| DRESSING: CAESAR, KRAFT | 1 OZ (2T) | 1 | 160 | 450 | 2 | 2.0 | 12.0 | 16.0 | 3.00 | *N/A* |
| DRESSING: FF FRENCH | 1 OZ (2T) | 1 | 50 | 350 | 7 | *N/A* | 10.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF ITALIAN, KRAFT | 1 OZ (2T) | 1 | 15 | 270 | 2 | *N/A* | 3.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF RASP VIN., KRAFT | 1 OZ (2T) | 1 | 40 | 380 | 9 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| Weighted Daily Average | | | 981 | *2323 | *46 | *41.77 | *122.52 | *35.63 | *11.65 | *0.00 |
| % of Calories | | | | | *18.6% | *17.0% | *49.9% | *32.7% | *10.7% | *0.0% |
| Nutrient Guideline | | | 750-850 | 1420 | | | | | <10.00 | |

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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

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|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 02/08/2019 | | | | | | | | | | |
| High School Lunch | Total | 9 | | | | | | | | |
| ENT: BREADED BEEF STICKS ADVAN | 4 STICKS | 1 | 320 | 330 | 1 | 16.0 | 19.0 | 20.0 | 5.00 | 0.00 |
| BRD: ROLL, SISTER SCH, 1 GR | 1 EACH | 1 | 140 | 240 | 4 | 3.0 | 23.0 | 4.0 | 1.00 | *N/A* |
| VEG: POTATO, MASHED, IDAHOAN | 1/2 CUP | 1 | 80 | 310 | *N/A* | 2.0 | 17.0 | 1.0 | *N/A* | *N/A* |
| GRAVY: COUNTRY | .25 CUP | 1 | 33 | 244 | 0 | 0.0 | 5.54 | 1.11 | 1.11 | *N/A* |
| VEG: POTATO, CRINKLE FRY | 12 PIECES | 1 | 130 | 160 | 0 | 2.0 | 21.0 | 4.5 | 0.50 | 0.00 |
| BOSCO CHEESE STICKS (2) | 2 EACH | 1 | 459 | 619 | 2 | 23.97 | 55.92 | 13.98 | 7.99 | *N/A* |
| PIZZA, HOMEMADE, MEAT LOVER'S | 1 SLICE | 1 | 442 | 973 | *5 | 24.92 | *31.29 | *24.6 | *13.11 | *0.05 |
| PIZZA, HOMEMADE, CHEESE | 1 SLICE | 1 | 327 | 551 | 5 | 16.75 | 30.75 | *15.5 | *10.00 | *0.00 |
| PIZZA, HOMEMADE, PEPPERONI | 1 SLICE | 1 | 347 | 614 | 5 | 17.52 | 30.8 | *17.35 | *10.71 | *0.06 |
| BRD: CORN CHIP, RF, WG, 2 OZ | 2 OZ | 1 | 280 | 340 | *N/A* | 4.0 | 40.0 | 12.0 | 2.00 | *N/A* |
| BEEF TACO FILLING, JTM, 2 MMA | 2.71 | 1 | 126 | 287 | 0 | 13.63 | 1.93 | 6.84 | 2.74 | *N/A* |
| CHEESE SAUCE, CHEDDAR, LOL | 3 OZ | 1 | 138 | 550 | *N/A* | 6.88 | 4.13 | 9.63 | 6.19 | *N/A* |
| SALSA:COMMODITY | 1 OZ | 1 | 10 | 122 | *N/A* | 0.43 | 1.98 | 0.06 | 0.01 | *N/A* |
| SOUR CREAM, LIGHT | 1 OZ | 1 | 38 | 33 | 2 | 0.95 | 2.86 | 2.38 | 1.43 | *N/A* |
| JALAPENOS, SLICED | 1.05 OZ | 1 | 5 | 514 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| SDW: PHILLY CHEESE STEAK | 1 Sandwich | 1 | 471 | 1278 | *6 | 28.66 | 34.05 | 23.71 | *10.61 | *N/A* |
| SDW: CLUX DELUXE | 1 EACH | 1 | 352 | 853 | 5 | 22.06 | 43.32 | 10.02 | *1.50 | *N/A* |
| SDW: CHICKEN PTY, SPICY | 1 EACH | 1 | 412 | 643 | 5 | 20.06 | 43.32 | 17.02 | *3.00 | *N/A* |
| SDW: BACON CHEESEBURGER | 1 EACH | 1 | 390 | 818 | *5 | 22.98 | *27.32 | 20.65 | *6.46 | *N/A* |
| SDW: PBJ, UNCRUSTABLES, 5.3 OZ | 1 SANDWICH | 1 | 630 | 630 | 28 | 19.0 | 64.0 | 33.0 | 7.00 | *N/A* |
| JUICE, 4 OZ, APPLE | 4 OZ | 1 | 50 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE, 4 OZ, ORANGE | 4 OZ | 1 | 50 | 15 | 11 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, APPLE CHERRY | 4 OZ | 1 | 60 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, GRAPE | 4 OZ | 1 | 77 | 20 | 18 | *N/A* | 19.0 | *N/A* | *N/A* | *N/A* |
| MILK: 1%, WHITE, 8 OZ | 8 OZ | 1 | 100 | 120 | 11 | 8.0 | 11.0 | 2.5 | 1.50 | 0.00 |
| MILK: SKIM, CHOCOLATE, 8 OZ | 8 OZ | 1 | 120 | 180 | 18 | 8.0 | 20.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, VANILLA, 8 OZ | 8 OZ | 1 | 130 | 170 | 22 | 8.0 | 24.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, STRAWBERRY, 8 OZ | 8 OZ | 1 | 120 | 120 | 22 | 8.0 | 22.0 | *N/A* | *N/A* | *N/A* |
| KETCHUP, 1.5 GALLON, HEINZ | 1 OZ | 1 | 38 | 308 | 7 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| RANCH, HEINZ, 1.5 GAL | 1 OZ | 1 | 160 | 240 | 1 | *N/A* | 1.0 | 17.0 | 3.00 | *N/A* |
| BBQ SAUCE, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 453 | 7 | *N/A* | 10.88 | *N/A* | *N/A* | *N/A* |
| MUSTARD, HONEY, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 160 | 5 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| SAUCE, BUFFALO, FRANKS | 1 OZ | 1 | 7 | 832 | 0 | 0.17 | 0.66 | 0.43 | 0.06 | *N/A* |
| MUSTARD: individual PC | Pkt 5g | 1 | 3 | 55 | 0 | 0.19 | 0.29 | 0.17 | 0.01 | 0.00 |
| SAUCE: BBQ, SWEET BABY RAYS | 1 OZ | 1 | 54 | 223 | 12 | *N/A* | 14.0 | *N/A* | *N/A* | *N/A* |
| MAYONNAISE, HEINZ, PACKET | 1 PACKET | 1 | 80 | 75 | 1 | *N/A* | 1.0 | 8.0 | 1.50 | *N/A* |
| FRUIT: ROSY APPLESAUCE | 4 oz | 1 | 75 | 35 | 17 | 0.75 | 19.19 | 0.11 | 0.01 | *0.00 |
| FRUIT: STRAWBERRIES: frozen | .5 CUP | 1 | 122 | 4 | 31 | 0.68 | 33.05 | 0.17 | 0.01 | 0.00 |
| VEG: LETTUCE, ROMAINE, 1 CUP | 8 OZ | 1 | 8 | *N/A* | *N/A* | *N/A* | 1.55 | *N/A* | *N/A* | *N/A* |

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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Cals (kcal) | Sodm (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 02/08/2019 | | | | | | | | | | |
| VEG: CARROTS, BABY, 1/2 CUP | 4 OZ | 1 | 25 | 42 | 2 | *N/A* | 5.0 | *N/A* | *N/A* | *N/A* |
| VEG: LETTUCE, ROMAINE 2 CUPS | 2 CUPS | 1 | 16 | 8 | 1 | 1.0 | 3.0 | *N/A* | *N/A* | *N/A* |
| BRD: SUB BUN, KLOSTERMAN | 1 SUB BUN | 1 | 170 | 280 | 4 | 6.0 | 30.0 | 2.5 | *N/A* | *N/A* |
| CHEESE, SLICE, AMERICAN BONGAR | 1 SLICE | 1 | 40 | 140 | 0 | 3.5 | 1.0 | 3.0 | 1.25 | *N/A* |
| CHEESE: WHITE AMERICAN | 1 SLICE | 1 | 55 | 200 | 0 | 2.5 | 1.0 | 4.5 | 2.50 | 0.00 |
| CHEESE: MOZZARELLA, SHRED, COM | 1 OZ | 1 | 60 | 170 | *N/A* | 7.0 | 1.0 | 3.0 | 2.00 | *N/A* |
| CHEESE: CHEDDAR, SHREDDED | 1 OZ | 1 | 80 | 200 | *N/A* | 7.0 | 1.0 | 6.0 | 4.00 | *N/A* |
| EGG, DICED | 1 OZ | 1 | 47 | 35 | 1 | 3.53 | 0.59 | 2.94 | 0.88 | *N/A* |
| PORK: HAM, DICED/SL, COMMODITY | 1.22 OZ | 1 | 37 | 232 | 1 | 5.0 | 2.0 | 2.0 | 1.00 | *N/A* |
| CHICKEN, BREAST, GRILLED, TYSO | 1 PIECE | 1 | 119 | 316 | *N/A* | 21.73 | 0.99 | 2.47 | 0.49 | *N/A* |
| PORK: BACON PCS, ARMOUR, 2 T | 1 OZ | 1 | 70 | 300 | *N/A* | 4.0 | *N/A* | 6.0 | 2.00 | *N/A* |
| SUNFLOWER SEEDS BULK | 1 OZ | 1 | 160 | 110 | 1 | 5.0 | 6.0 | 14.0 | 1.50 | *N/A* |
| VEG: BEAN, GARBANZO | 4 OZ | 1 | 122 | 384 | 1 | 4.37 | 17.47 | 0.87 | *N/A* | *N/A* |
| COTTAGE CHEESE | .5 CUP | 1 | 81 | 459 | 3 | 14.0 | 3.07 | 1.15 | 0.73 | *N/A* |
| CARROT STICKS | .25 CUP | 1 | 13 | 21 | 1 | 0.28 | 2.92 | 0.07 | 0.01 | 0.00 |
| VEG: TOMATO, DICED | .25 CUP | 1 | 15 | 7 | 0 | 0.25 | 2.98 | 0.0 | 0.00 | 0.00 |
| VEG: ONION, RED, CHOPPED | .25 CUP | 1 | 16 | 2 | *N/A* | 0.44 | 3.74 | 0.04 | 0.02 | *N/A* |
| BANANA PEPPER | 1 OZ | 1 | 5 | 282 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| BLUEBERRIES, Fresh | .25 CUP | 1 | 21 | 0 | 4 | 0.27 | 5.36 | 0.12 | 0.01 | 0.00 |
| STRAWBERRIES, FRESH | .25 CUP | 1 | 12 | 0 | 2 | 0.24 | 2.76 | 0.11 | 0.01 | 0.00 |
| BRD: CRACKER, WG, 2 PACK | 2 PACKS | 1 | 120 | 210 | 2 | 2.0 | 18.0 | 3.0 | 1.00 | *N/A* |
| BRD: CROUTON, WG, IW | 1 PACKAGE | 1 | 80 | 135 | 1 | 2.0 | 13.0 | 2.0 | *N/A* | *N/A* |
| DRESSING: CAESAR, KRAFT | 1 OZ (2T) | 1 | 160 | 450 | 2 | 2.0 | 12.0 | 16.0 | 3.00 | *N/A* |
| DRESSING: FF FRENCH | 1 OZ (2T) | 1 | 50 | 350 | 7 | *N/A* | 10.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF ITALIAN, KRAFT | 1 OZ (2T) | 1 | 15 | 270 | 2 | *N/A* | 3.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF RASP VIN., KRAFT | 1 OZ (2T) | 1 | 40 | 380 | 9 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| Weighted Daily Average | | | 899 | *2012 | *36 | *41.19 | *98.75 | *37.28 | *12.98 | *0.01 |
| % of Calories | | | | | *16.0% | *18.3% | *43.9% | *37.3% | *13.0% | *0.0% |
| Nutrient Guideline | | | 750-850 | 1420 | | | | | <10.00 | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

| | Portion Size | Reimb Qty | Cals (kcal) | Sodm (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Mon - 02/11/2019 | | | | | | | | | | |
| High School Lunch | Total | 9 | | | | | | | | |
| CHICKEN, TENDERS, PROVIEW,3 EA | 3 EACH | 1 | 242 | 538 | 0 | 21.98 | 19.98 | 6.99 | 1.00 | *N/A* |
| BRD: CHEESY TEXAS TOAST, KLOST | SLICE | 1 | 162 | 290 | *1 | 10.0 | 17.06 | 7.24 | *4.02 | *0.00 |
| GRAVY: COUNTRY | .25 CUP | 1 | 33 | 244 | 0 | 0.0 | 5.54 | 1.11 | 1.11 | *N/A* |
| VEG: POTATO, FF, REGULAR, 3/8 | 12 pieces | 1 | 140 | 140 | 0 | 2.0 | 21.0 | 6.0 | 0.50 | *N/A* |
| ENT: CHEESE BITES, WILD MIKES | 4 EACH | 1 | 280 | 540 | *N/A* | 16.0 | 28.0 | 12.0 | 4.00 | *N/A* |
| PIZZA, BIG DADDY, CHEESE, 16" | 1 SLICE | 1 | 400 | 440 | 7 | 19.0 | 42.99 | 16.0 | 7.00 | *N/A* |
| PIZZA, BIG DADDYS, PEPP, 16" | 5.57 OZ | 1 | 410 | 580 | 7 | 20.0 | 43.0 | 18.0 | 7.00 | *N/A* |
| CHIP, TORTILLA, BULK, BAROFUN | 18 CHIPS | 1 | 200 | 170 | *N/A* | 3.0 | 30.0 | 8.0 | 1.00 | *N/A* |
| VEG: LETTUCE, SHREDDED, 1 CUP | 8 OZ | 1 | 8 | *N/A* | *N/A* | *N/A* | 1.55 | *N/A* | *N/A* | *N/A* |
| BEEF TACO FILLING, JTM, 2 MMA | 2.71 | 1 | 126 | 287 | 0 | 13.63 | 1.93 | 6.84 | 2.74 | *N/A* |
| CHEESE: CHEDDAR, SHREDDED | 1 OZ | 1 | 80 | 200 | *N/A* | 7.0 | 1.0 | 6.0 | 4.00 | *N/A* |
| SALSA:COMMODITY | 1 OZ | 1 | 10 | 122 | *N/A* | 0.43 | 1.98 | 0.06 | 0.01 | *N/A* |
| SOUR CREAM, LIGHT | 1 OZ | 1 | 38 | 33 | 2 | 0.95 | 2.86 | 2.38 | 1.43 | *N/A* |
| JALAPENOS, SLICED | 1.05 OZ | 1 | 5 | 514 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| SDW: TEXAS BURGER | 1 EACH | 1 | 456 | 1237 | *11 | *23.47 | *40.38 | *22.37 | *6.72 | *0.01 |
| SDW: CLUX DELUXE | 1 EACH | 1 | 352 | 853 | 5 | 22.06 | 43.32 | 10.02 | *1.50 | *N/A* |
| SDW: CHICKEN PTY, SPICY | 1 EACH | 1 | 412 | 643 | 5 | 20.06 | 43.32 | 17.02 | *3.00 | *N/A* |
| SDW: BACON CHEESEBURGER | 1 EACH | 1 | 390 | 818 | *5 | 22.98 | *27.32 | 20.65 | *6.46 | *N/A* |
| SDW: PBJ, UNCRUSTABLES, 5.3 OZ | 1 SANDWICH | 1 | 630 | 630 | 28 | 19.0 | 64.0 | 33.0 | 7.00 | *N/A* |
| JUICE, 4 OZ, APPLE | 4 OZ | 1 | 50 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE, 4 OZ, ORANGE | 4 OZ | 1 | 50 | 15 | 11 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, APPLE CHERRY | 4 OZ | 1 | 60 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, GRAPE | 4 OZ | 1 | 77 | 20 | 18 | *N/A* | 19.0 | *N/A* | *N/A* | *N/A* |
| MILK: 1%, WHITE, 8 OZ | 8 OZ | 1 | 100 | 120 | 11 | 8.0 | 11.0 | 2.5 | 1.50 | 0.00 |
| MILK: SKIM, CHOCOLATE, 8 OZ | 8 OZ | 1 | 120 | 180 | 18 | 8.0 | 20.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, VANILLA, 8 OZ | 8 OZ | 1 | 130 | 170 | 22 | 8.0 | 24.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, STRAWBERRY, 8 OZ | 8 OZ | 1 | 120 | 120 | 22 | 8.0 | 22.0 | *N/A* | *N/A* | *N/A* |
| KETCHUP, 1.5 GALLON, HEINZ | 1 OZ | 1 | 38 | 308 | 7 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| RANCH, HEINZ, 1.5 GAL | 1 OZ | 1 | 160 | 240 | 1 | *N/A* | 1.0 | 17.0 | 3.00 | *N/A* |
| BBQ SAUCE, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 453 | 7 | *N/A* | 10.88 | *N/A* | *N/A* | *N/A* |
| MUSTARD, HONEY, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 160 | 5 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| SAUCE, BUFFALO, FRANKS | 1 OZ | 1 | 7 | 832 | 0 | 0.17 | 0.66 | 0.43 | 0.06 | *N/A* |
| MUSTARD: individual PC | Pkt 5g | 1 | 3 | 55 | 0 | 0.19 | 0.29 | 0.17 | 0.01 | 0.00 |
| SAUCE: BBQ, SWEET BABY RAYS | 1 OZ | 1 | 54 | 223 | 12 | *N/A* | 14.0 | *N/A* | *N/A* | *N/A* |
| MAYONNAISE, HEINZ, PACKET | 1 PACKET | 1 | 80 | 75 | 1 | *N/A* | 1.0 | 8.0 | 1.50 | *N/A* |
| FRUIT: PEACH/PEAR/GRAPE MIX | .5 CUP | 1 | 68 | 6 | 17 | 0.56 | 18.26 | 0.04 | 0.00 | 0.00 |
| FRUIT: APPLE, HALF CUP, USDA | 4 OZ | 1 | 32 | 1 | 6 | *N/A* | 8.0 | *N/A* | *N/A* | *N/A* |
| VEG: CUCUMBER,RAW | 4 OZ | 1 | 7 | 1 | 1 | 0.35 | 1.29 | 0.1 | 0.01 | 0.00 |
| VEG: CARROTS, BABY, 1/2 CUP | 4 OZ | 1 | 25 | 42 | 2 | *N/A* | 5.0 | *N/A* | *N/A* | *N/A* |

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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Cals (kcal) | Sodm (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Mon - 02/11/2019 | | | | | | | | | | |
| VEG: LETTUCE, ROMAINE 2 CUPS | 2 CUPS | 1 | 16 | 8 | 1 | 1.0 | 3.0 | *N/A* | *N/A* | *N/A* |
| BRD: SUB BUN, KLOSTERMAN | 1 SUB BUN | 1 | 170 | 280 | 4 | 6.0 | 30.0 | 2.5 | *N/A* | *N/A* |
| CHEESE, SLICE, AMERICAN BONGAR | 1 SLICE | 1 | 40 | 140 | 0 | 3.5 | 1.0 | 3.0 | 1.25 | *N/A* |
| CHEESE: WHITE AMERICAN | 1 SLICE | 1 | 55 | 200 | 0 | 2.5 | 1.0 | 4.5 | 2.50 | 0.00 |
| CHEESE: MOZZARELLA, SHRED, COM | 1 OZ | 1 | 60 | 170 | *N/A* | 7.0 | 1.0 | 3.0 | 2.00 | *N/A* |
| CHEESE: CHEDDAR, SHREDDED | 1 OZ | 1 | 80 | 200 | *N/A* | 7.0 | 1.0 | 6.0 | 4.00 | *N/A* |
| EGG, DICED | 1 OZ | 1 | 47 | 35 | 1 | 3.53 | 0.59 | 2.94 | 0.88 | *N/A* |
| PORK: HAM, DICED/SL, COMMODITY | 1.22 OZ | 1 | 37 | 232 | 1 | 5.0 | 2.0 | 2.0 | 1.00 | *N/A* |
| CHICKEN, BREAST, GRILLED, TYSO | 1 PIECE | 1 | 119 | 316 | *N/A* | 21.73 | 0.99 | 2.47 | 0.49 | *N/A* |
| PORK: BACON PCS, ARMOUR, 2 T | 1 OZ | 1 | 70 | 300 | *N/A* | 4.0 | *N/A* | 6.0 | 2.00 | *N/A* |
| SUNFLOWER SEEDS BULK | 1 OZ | 1 | 160 | 110 | 1 | 5.0 | 6.0 | 14.0 | 1.50 | *N/A* |
| VEG: BEAN, GARBANZO | 4 OZ | 1 | 122 | 384 | 1 | 4.37 | 17.47 | 0.87 | *N/A* | *N/A* |
| COTTAGE CHEESE | .5 CUP | 1 | 81 | 459 | 3 | 14.0 | 3.07 | 1.15 | 0.73 | *N/A* |
| CARROT STICKS | .25 CUP | 1 | 13 | 21 | 1 | 0.28 | 2.92 | 0.07 | 0.01 | 0.00 |
| VEG: TOMATO, DICED | .25 CUP | 1 | 15 | 7 | 0 | 0.25 | 2.98 | 0.0 | 0.00 | 0.00 |
| VEG: ONION, RED, CHOPPED | .25 CUP | 1 | 16 | 2 | *N/A* | 0.44 | 3.74 | 0.04 | 0.02 | *N/A* |
| BANANA PEPPER | 1 OZ | 1 | 5 | 282 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| BLUEBERRIES, Fresh | .25 CUP | 1 | 21 | 0 | 4 | 0.27 | 5.36 | 0.12 | 0.01 | 0.00 |
| STRAWBERRIES, FRESH | .25 CUP | 1 | 12 | 0 | 2 | 0.24 | 2.76 | 0.11 | 0.01 | 0.00 |
| BRD: CRACKER, WG, 2 PACK | 2 PACKS | 1 | 120 | 210 | 2 | 2.0 | 18.0 | 3.0 | 1.00 | *N/A* |
| BRD: CROUTON, WG, IW | 1 PACKAGE | 1 | 80 | 135 | 1 | 2.0 | 13.0 | 2.0 | *N/A* | *N/A* |
| DRESSING: CAESAR, KRAFT | 1 OZ (2T) | 1 | 160 | 450 | 2 | 2.0 | 12.0 | 16.0 | 3.00 | *N/A* |
| DRESSING: FF FRENCH | 1 OZ (2T) | 1 | 50 | 350 | 7 | *N/A* | 10.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF ITALIAN, KRAFT | 1 OZ (2T) | 1 | 15 | 270 | 2 | *N/A* | 3.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF RASP VIN., KRAFT | 1 OZ (2T) | 1 | 40 | 380 | 9 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| Weighted Daily Average | | | 804 | *1805 | *33 | *38.55 | *88.95 | *32.41 | *9.44 | *0.00 |
| % of Calories | | | | | *16.5% | *19.2% | *44.2% | *36.3% | *10.6% | *0.0% |
| Nutrient Guideline | | | 750-850 | 1420 | | | | | <10.00 | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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Generated on: 1/25/2019 12:18:18 PM

| | Portion Size | Reimb Qty | Cals (kcal) | Sodm (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Tue - 02/12/2019 | | | | | | | | | | |
| High School Lunch | Total | 8 | | | | | | | | |
| ENT: CHICKEN & DUMPLINGS | 6 DUMPLING | 1 | 228 | 947 | 1 | 16.14 | 22.0 | 7.02 | 2.00 | 0.50 |
| BRD: ROLL, SISTER SCH, 1 GR | 1 EACH | 1 | 140 | 240 | 4 | 3.0 | 23.0 | 4.0 | 1.00 | *N/A* |
| VEG: POTATO, TATER TOT | 4 OZ | 1 | 600 | 1441 | *N/A* | 8.0 | 76.04 | 28.02 | 4.00 | *N/A* |
| VEG: CARROTS: canned, cooked | .5 CUP | 1 | 18 | 177 | 2 | 0.47 | 4.04 | 0.14 | 0.03 | 0.00 |
| BOSCO STICKS, PEPPERONI (2) | 2 STICKS | 1 | 520 | 1020 | 6 | 22.0 | 64.0 | 18.0 | 9.00 | *N/A* |
| SAUCE: STIR FRY | 1 OZ | 1 | 35 | 440 | 2 | 1.0 | 4.0 | 1.5 | *N/A* | *N/A* |
| SAUCE: GENERAL TSO, YANGS | 1 OZ | 1 | 37 | 79 | 9 | *N/A* | 10.0 | 0.0 | *N/A* | *N/A* |
| SAUCE: TERIYAKI, MINH | 1 OZ | 1 | 42 | 198 | 9 | 0.46 | 9.71 | 0.14 | 0.03 | *N/A* |
| SAUCE, SWEET N SOUR | 1 OZ | 1 | 60 | 110 | 11 | *N/A* | 14.0 | *N/A* | *N/A* | *N/A* |
| CHICKEN, MANDARIN ORANGE, LING | 3.6 OZ | 1 | 151 | 282 | *N/A* | 11.08 | 19.13 | 3.02 | 0.50 | *N/A* |
| BRD: RICE, WHITE, 1 CUP | 1 CUP | 1 | 242 | 0 | 0 | 4.43 | 53.18 | 0.41 | 0.09 | 0.00 |
| BRD: NOODLE, ASIAN, 2 BG | 8 OZ | 1 | 302 | 599 | 27 | 8.41 | 66.36 | *0.43 | *0.09 | *N/A* |
| EGG ROLL | 1 EACH | 1 | 180 | 430 | 2 | 7.0 | 21.0 | 8.0 | 2.00 | *N/A* |
| VEG: STIR FRY W/ SAUCE | 1/2 CUP | 1 | 51 | 260 | 6 | 3.17 | 8.67 | *0.75 | *N/A* | *N/A* |
| PIZZA, HOMEMADE, TACO | 1 SLICE | 1 | 414 | 1076 | *2 | 26.32 | 45.48 | 14.57 | 7.15 | *0.01 |
| PIZZA, HOMEMADE, CHEESE | 1 SLICE | 1 | 327 | 551 | 5 | 16.75 | 30.75 | *15.5 | *10.00 | *0.00 |
| PIZZA, HOMEMADE, PEPPERONI | 1 SLICE | 1 | 347 | 614 | 5 | 17.52 | 30.8 | *17.35 | *10.71 | *0.06 |
| SDW: PORK RIB BBQ ON BUN | 1 EACH | 1 | 352 | 903 | 13 | 18.06 | 38.33 | 14.02 | *4.50 | *N/A* |
| SDW: CLUX DELUXE | 1 EACH | 1 | 352 | 853 | 5 | 22.06 | 43.32 | 10.02 | *1.50 | *N/A* |
| SDW: CHICKEN PTY, SPICY | 1 EACH | 1 | 412 | 643 | 5 | 20.06 | 43.32 | 17.02 | *3.00 | *N/A* |
| SDW: BACON CHEESEBURGER | 1 EACH | 1 | 390 | 818 | *5 | 22.98 | *27.32 | 20.65 | *6.46 | *N/A* |
| SDW: PBJ, UNCRUSTABLES, 5.3 OZ | 1 SANDWICH | 1 | 630 | 630 | 28 | 19.0 | 64.0 | 33.0 | 7.00 | *N/A* |
| JUICE, 4 OZ, APPLE | 4 OZ | 1 | 50 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE, 4 OZ, ORANGE | 4 OZ | 1 | 50 | 15 | 11 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, APPLE CHERRY | 4 OZ | 1 | 60 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, GRAPE | 4 OZ | 1 | 77 | 20 | 18 | *N/A* | 19.0 | *N/A* | *N/A* | *N/A* |
| MILK: 1%, WHITE, 8 OZ | 8 OZ | 1 | 100 | 120 | 11 | 8.0 | 11.0 | 2.5 | 1.50 | 0.00 |
| MILK: SKIM, CHOCOLATE, 8 OZ | 8 OZ | 1 | 120 | 180 | 18 | 8.0 | 20.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, VANILLA, 8 OZ | 8 OZ | 1 | 130 | 170 | 22 | 8.0 | 24.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, STRAWBERRY, 8 OZ | 8 OZ | 1 | 120 | 120 | 22 | 8.0 | 22.0 | *N/A* | *N/A* | *N/A* |
| KETCHUP, 1.5 GALLON, HEINZ | 1 OZ | 1 | 38 | 308 | 7 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| RANCH, HEINZ, 1.5 GAL | 1 OZ | 1 | 160 | 240 | 1 | *N/A* | 1.0 | 17.0 | 3.00 | *N/A* |
| BBQ SAUCE, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 453 | 7 | *N/A* | 10.88 | *N/A* | *N/A* | *N/A* |
| MUSTARD, HONEY, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 160 | 5 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| SAUCE, BUFFALO, FRANKS | 1 OZ | 1 | 7 | 832 | 0 | 0.17 | 0.66 | 0.43 | 0.06 | *N/A* |
| MUSTARD: individual PC | Pkt 5g | 1 | 3 | 55 | 0 | 0.19 | 0.29 | 0.17 | 0.01 | 0.00 |
| SAUCE: BBQ, SWEET BABY RAYS | 1 OZ | 1 | 54 | 223 | 12 | *N/A* | 14.0 | *N/A* | *N/A* | *N/A* |
| MAYONNAISE, HEINZ, PACKET | 1 PACKET | 1 | 80 | 75 | 1 | *N/A* | 1.0 | 8.0 | 1.50 | *N/A* |
| FRUIT: FRT MIX:canned,ln syrup | .5 CUP | 1 | 69 | 7 | 17 | 0.48 | 18.07 | 0.08 | 0.01 | 0.00 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

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| | Portion Size | Reimb Qty | Cals (kcal) | Sodm (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Tue - 02/12/2019 | | | | | | | | | | |
| FRUIT: BLUEBERRIES, FROZEN | 1/2 CUP | 1 | 40 | 1 | 7 | 0.33 | 9.43 | 0.5 | 0.04 | 0.00 |
| VEG: TOMATO, WEDGE, 1/2 CUP | 4 OZ | 1 | 32 | 9 | 4 | 1.0 | 7.0 | *N/A* | *N/A* | *N/A* |
| VEG: BROCCOLI, raw: fresh | .5 CUP | 1 | 15 | 15 | 1 | 1.28 | 3.02 | 0.17 | 0.02 | 0.00 |
| VEG: LETTUCE, ROMAINE 2 CUPS | 2 CUPS | 1 | 16 | 8 | 1 | 1.0 | 3.0 | *N/A* | *N/A* | *N/A* |
| BRD: SUB BUN, KLOSTERMAN | 1 SUB BUN | 1 | 170 | 280 | 4 | 6.0 | 30.0 | 2.5 | *N/A* | *N/A* |
| CHEESE, SLICE, AMERICAN BONGAR | 1 SLICE | 1 | 40 | 140 | 0 | 3.5 | 1.0 | 3.0 | 1.25 | *N/A* |
| CHEESE: WHITE AMERICAN | 1 SLICE | 1 | 55 | 200 | 0 | 2.5 | 1.0 | 4.5 | 2.50 | 0.00 |
| CHEESE: MOZZARELLA, SHRED, COM | 1 OZ | 1 | 60 | 170 | *N/A* | 7.0 | 1.0 | 3.0 | 2.00 | *N/A* |
| CHEESE: CHEDDAR, SHREDDED | 1 OZ | 1 | 80 | 200 | *N/A* | 7.0 | 1.0 | 6.0 | 4.00 | *N/A* |
| EGG, DICED | 1 OZ | 1 | 47 | 35 | 1 | 3.53 | 0.59 | 2.94 | 0.88 | *N/A* |
| PORK: HAM, DICED/SL, COMMODITY | 1.22 OZ | 1 | 37 | 232 | 1 | 5.0 | 2.0 | 2.0 | 1.00 | *N/A* |
| CHICKEN, BREAST, GRILLED, TYSO | 1 PIECE | 1 | 119 | 316 | *N/A* | 21.73 | 0.99 | 2.47 | 0.49 | *N/A* |
| PORK: BACON PCS, ARMOUR, 2 T | 1 OZ | 1 | 70 | 300 | *N/A* | 4.0 | *N/A* | 6.0 | 2.00 | *N/A* |
| SUNFLOWER SEEDS BULK | 1 OZ | 1 | 160 | 110 | 1 | 5.0 | 6.0 | 14.0 | 1.50 | *N/A* |
| VEG: BEAN, GARBANZO | 4 OZ | 1 | 122 | 384 | 1 | 4.37 | 17.47 | 0.87 | *N/A* | *N/A* |
| COTTAGE CHEESE | .5 CUP | 1 | 81 | 459 | 3 | 14.0 | 3.07 | 1.15 | 0.73 | *N/A* |
| CARROT STICKS | .25 CUP | 1 | 13 | 21 | 1 | 0.28 | 2.92 | 0.07 | 0.01 | 0.00 |
| VEG: TOMATO, DICED | .25 CUP | 1 | 15 | 7 | 0 | 0.25 | 2.98 | 0.0 | 0.00 | 0.00 |
| VEG: ONION, RED, CHOPPED | .25 CUP | 1 | 16 | 2 | *N/A* | 0.44 | 3.74 | 0.04 | 0.02 | *N/A* |
| BANANA PEPPER | 1 OZ | 1 | 5 | 282 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| BLUEBERRIES, Fresh | .25 CUP | 1 | 21 | 0 | 4 | 0.27 | 5.36 | 0.12 | 0.01 | 0.00 |
| STRAWBERRIES, FRESH | .25 CUP | 1 | 12 | 0 | 2 | 0.24 | 2.76 | 0.11 | 0.01 | 0.00 |
| BRD: CRACKER, WG, 2 PACK | 2 PACKS | 1 | 120 | 210 | 2 | 2.0 | 18.0 | 3.0 | 1.00 | *N/A* |
| BRD: CROUTON, WG, IW | 1 PACKAGE | 1 | 80 | 135 | 1 | 2.0 | 13.0 | 2.0 | *N/A* | *N/A* |
| DRESSING: CAESAR, KRAFT | 1 OZ (2T) | 1 | 160 | 450 | 2 | 2.0 | 12.0 | 16.0 | 3.00 | *N/A* |
| DRESSING: FF FRENCH | 1 OZ (2T) | 1 | 50 | 350 | 7 | *N/A* | 10.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF ITALIAN, KRAFT | 1 OZ (2T) | 1 | 15 | 270 | 2 | *N/A* | 3.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF RASP VIN., KRAFT | 1 OZ (2T) | 1 | 40 | 380 | 9 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| Weighted Daily Average | | | 1090 | *2532 | *47 | *46.93 | *135.96 | *39.02 | *11.95 | *0.07 |
| % of Calories | | | | | *17.2% | *17.2% | *49.9% | *32.2% | *9.9% | *0.1% |
| Nutrient Guideline | | | 750-850 | 1420 | | | | | <10.00 | |

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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

| | Portion Size | Reimb Qty | Cals (kcal) | Sodm (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|---------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Wed - 02/13/2019 | | | | | | | | | | |
| High School Lunch | Total | 8 | | | | | | | | |
| ENT: MAC & CHEESE LOL | 6 OZ | 1 | 315 | 1095 | 7 | 18.0 | 33.75 | 12.0 | 6.75 | 0.37 |
| PORK: HAM, DICED/SL, COMMODITY | 1.22 OZ | 1 | 37 | 232 | 1 | 5.0 | 2.0 | 2.0 | 1.00 | *N/A* |
| PORK: BACON PCS, ARMOUR, 2 T | 2 TABLESPOONS | 1 | 70 | 300 | *N/A* | 4.0 | *N/A* | 6.0 | 2.00 | *N/A* |
| VEG: TOMATOES, CANNED | .5 CUP | 1 | 48 | 373 | *N/A* | 3.12 | 10.32 | 0.36 | 0.05 | *N/A* |
| VEG: BEAN, BAKED BUSHES | 4 OZ | 1 | 123 | 482 | 11 | 5.26 | 25.4 | 0.88 | *N/A* | *N/A* |
| BRD: BRDSTICK, FLOWERS,WG,1 OZ | 1 BREADSTIC | 1 | 80 | 105 | 1 | 3.0 | 15.0 | 1.5 | 0.50 | *N/A* |
| BOSCO CHEESE STICKS (2) | 2 EACH | 1 | 459 | 619 | 2 | 23.97 | 55.92 | 13.98 | 7.99 | *N/A* |
| VEG: POTATO, FF, SPICY STRT CU | 12 pieces | 1 | 139 | 387 | *N/A* | 1.99 | 19.86 | 5.96 | 0.99 | *N/A* |
| PIZZA, HOMEMADE, MEAT LOVER'S | 1 SLICE | 1 | 442 | 973 | *5 | 24.92 | *31.29 | *24.6 | *13.11 | *0.05 |
| PIZZA, HOMEMADE, CHEESE | 1 SLICE | 1 | 327 | 551 | 5 | 16.75 | 30.75 | *15.5 | *10.00 | *0.00 |
| PIZZA, HOMEMADE, PEPPERONI | 1 SLICE | 1 | 347 | 614 | 5 | 17.52 | 30.8 | *17.35 | *10.71 | *0.06 |
| CHIP, TORTILLA, BULK, BAROFUN | 18 CHIPS | 1 | 200 | 170 | *N/A* | 3.0 | 30.0 | 8.0 | 1.00 | *N/A* |
| BEEF TACO FILLING, JTM, 2 MMA | 2.71 | 1 | 126 | 287 | 0 | 13.63 | 1.93 | 6.84 | 2.74 | *N/A* |
| CHEESE SAUCE, CHEDDAR, LOL | 3 OZ | 1 | 138 | 550 | *N/A* | 6.88 | 4.13 | 9.63 | 6.19 | *N/A* |
| SALSA:COMMODITY | 1 OZ | 1 | 10 | 122 | *N/A* | 0.43 | 1.98 | 0.06 | 0.01 | *N/A* |
| SOUR CREAM, LIGHT | 1 OZ | 1 | 38 | 33 | 2 | 0.95 | 2.86 | 2.38 | 1.43 | *N/A* |
| JALAPENOS, SLICED | 1.05 OZ | 1 | 5 | 514 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| ENT: GARLIC CHEESE BREADSTICKS | 1 BREADSTIC | 1 | 260 | 380 | 2 | 15.0 | 28.0 | 11.0 | 5.00 | 0.00 |
| SDW: CLUX DELUXE | 1 EACH | 1 | 352 | 853 | 5 | 22.06 | 43.32 | 10.02 | *1.50 | *N/A* |
| SDW: CHICKEN PTY, SPICY | 1 EACH | 1 | 412 | 643 | 5 | 20.06 | 43.32 | 17.02 | *3.00 | *N/A* |
| SDW: BACON CHEESEBURGER | 1 EACH | 1 | 390 | 818 | *5 | 22.98 | *27.32 | 20.65 | *6.46 | *N/A* |
| SDW: PBJ, UNCRUSTABLES, 5.3 OZ | 1 SANDWICH | 1 | 630 | 630 | 28 | 19.0 | 64.0 | 33.0 | 7.00 | *N/A* |
| JUICE, 4 OZ, APPLE | 4 OZ | 1 | 50 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE, 4 OZ, ORANGE | 4 OZ | 1 | 50 | 15 | 11 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, APPLE CHERRY | 4 OZ | 1 | 60 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, GRAPE | 4 OZ | 1 | 77 | 20 | 18 | *N/A* | 19.0 | *N/A* | *N/A* | *N/A* |
| MILK: 1%, WHITE, 8 OZ | 8 OZ | 1 | 100 | 120 | 11 | 8.0 | 11.0 | 2.5 | 1.50 | 0.00 |
| MILK: SKIM, CHOCOLATE, 8 OZ | 8 OZ | 1 | 120 | 180 | 18 | 8.0 | 20.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, VANILLA, 8 OZ | 8 OZ | 1 | 130 | 170 | 22 | 8.0 | 24.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, STRAWBERRY, 8 OZ | 8 OZ | 1 | 120 | 120 | 22 | 8.0 | 22.0 | *N/A* | *N/A* | *N/A* |
| KETCHUP, 1.5 GALLON, HEINZ | 1 OZ | 1 | 38 | 308 | 7 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| RANCH, HEINZ, 1.5 GAL | 1 OZ | 1 | 160 | 240 | 1 | *N/A* | 1.0 | 17.0 | 3.00 | *N/A* |
| BBQ SAUCE, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 453 | 7 | *N/A* | 10.88 | *N/A* | *N/A* | *N/A* |
| MUSTARD, HONEY, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 160 | 5 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| SAUCE, BUFFALO, FRANKS | 1 OZ | 1 | 7 | 832 | 0 | 0.17 | 0.66 | 0.43 | 0.06 | *N/A* |
| MUSTARD: individual PC | Pkt 5g | 1 | 3 | 55 | 0 | 0.19 | 0.29 | 0.17 | 0.01 | 0.00 |
| SAUCE: BBQ, SWEET BABY RAYS | 1 OZ | 1 | 54 | 223 | 12 | *N/A* | 14.0 | *N/A* | *N/A* | *N/A* |
| MAYONNAISE, HEINZ, PACKET | 1 PACKET | 1 | 80 | 75 | 1 | *N/A* | 1.0 | 8.0 | 1.50 | *N/A* |

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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

| | Portion Size | Reimb Qty | Cals (kcal) | Sodm (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Wed - 02/13/2019 | | | | | | | | | | |
| FRUIT: ORANGE, 1/2 CUP | 4 OZ | 1 | 63 | 2 | *N/A* | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| FRUIT: GRAPES,Fresh | .5 CUP | 1 | 31 | 1 | 7 | 0.29 | 7.89 | 0.16 | 0.05 | 0.00 |
| VEG: CAULIFLOWER,raw: fresh | .5 CUP | 1 | 13 | 15 | 1 | 0.96 | 2.49 | 0.14 | 0.07 | 0.00 |
| VEG: PEPPER STRIPS, 1/2 CUP | 4 OZ | 1 | 30 | *N/A* | *N/A* | 1.0 | 6.0 | *N/A* | *N/A* | *N/A* |
| VEG: LETTUCE, ROMAINE 2 CUPS | 2 CUPS | 1 | 16 | 8 | 1 | 1.0 | 3.0 | *N/A* | *N/A* | *N/A* |
| BRD: SUB BUN, KLOSTERMAN | 1 SUB BUN | 1 | 170 | 280 | 4 | 6.0 | 30.0 | 2.5 | *N/A* | *N/A* |
| CHEESE, SLICE, AMERICAN BONGAR | 1 SLICE | 1 | 40 | 140 | 0 | 3.5 | 1.0 | 3.0 | 1.25 | *N/A* |
| CHEESE: WHITE AMERICAN | 1 SLICE | 1 | 55 | 200 | 0 | 2.5 | 1.0 | 4.5 | 2.50 | 0.00 |
| CHEESE: MOZZARELLA, SHRED, COM | 1 OZ | 1 | 60 | 170 | *N/A* | 7.0 | 1.0 | 3.0 | 2.00 | *N/A* |
| CHEESE: CHEDDAR, SHREDDED | 1 OZ | 1 | 80 | 200 | *N/A* | 7.0 | 1.0 | 6.0 | 4.00 | *N/A* |
| EGG, DICED | 1 OZ | 1 | 47 | 35 | 1 | 3.53 | 0.59 | 2.94 | 0.88 | *N/A* |
| PORK: HAM, DICED/SL, COMMODITY | 1.22 OZ | 1 | 37 | 232 | 1 | 5.0 | 2.0 | 2.0 | 1.00 | *N/A* |
| CHICKEN, BREAST, GRILLED, TYSO | 1 PIECE | 1 | 119 | 316 | *N/A* | 21.73 | 0.99 | 2.47 | 0.49 | *N/A* |
| PORK: BACON PCS, ARMOUR, 2 T | 1 OZ | 1 | 70 | 300 | *N/A* | 4.0 | *N/A* | 6.0 | 2.00 | *N/A* |
| SUNFLOWER SEEDS BULK | 1 OZ | 1 | 160 | 110 | 1 | 5.0 | 6.0 | 14.0 | 1.50 | *N/A* |
| VEG: BEAN, GARBANZO | 4 OZ | 1 | 122 | 384 | 1 | 4.37 | 17.47 | 0.87 | *N/A* | *N/A* |
| COTTAGE CHEESE | .5 CUP | 1 | 81 | 459 | 3 | 14.0 | 3.07 | 1.15 | 0.73 | *N/A* |
| CARROT STICKS | .25 CUP | 1 | 13 | 21 | 1 | 0.28 | 2.92 | 0.07 | 0.01 | 0.00 |
| VEG: TOMATO, DICED | .25 CUP | 1 | 15 | 7 | 0 | 0.25 | 2.98 | 0.0 | 0.00 | 0.00 |
| VEG: ONION, RED, CHOPPED | .25 CUP | 1 | 16 | 2 | *N/A* | 0.44 | 3.74 | 0.04 | 0.02 | *N/A* |
| BANANA PEPPER | 1 OZ | 1 | 5 | 282 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| BLUEBERRIES,Fresh | .25 CUP | 1 | 21 | 0 | 4 | 0.27 | 5.36 | 0.12 | 0.01 | 0.00 |
| STRAWBERRIES,FRESH | .25 CUP | 1 | 12 | 0 | 2 | 0.24 | 2.76 | 0.11 | 0.01 | 0.00 |
| BRD: CRACKER, WG, 2 PACK | 2 PACKS | 1 | 120 | 210 | 2 | 2.0 | 18.0 | 3.0 | 1.00 | *N/A* |
| BRD: CROUTON, WG, IW | 1 PACKAGE | 1 | 80 | 135 | 1 | 2.0 | 13.0 | 2.0 | *N/A* | *N/A* |
| DRESSING: CAESAR, KRAFT | 1 OZ (2T) | 1 | 160 | 450 | 2 | 2.0 | 12.0 | 16.0 | 3.00 | *N/A* |
| DRESSING: FF FRENCH | 1 OZ (2T) | 1 | 50 | 350 | 7 | *N/A* | 10.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF ITALIAN, KRAFT | 1 OZ (2T) | 1 | 15 | 270 | 2 | *N/A* | 3.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF RASP VIN., KRAFT | 1 OZ (2T) | 1 | 40 | 380 | 9 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| Weighted Daily Average | | | 977 | *2333 | *37 | *46.78 | *108.01 | *39.61 | *14.25 | *0.06 |
| % of Calories | | | | | *15.0% | *19.2% | *44.2% | *36.5% | *13.1% | *0.1% |
| Nutrient Guideline | | | 750-850 | 1420 | | | | | <10.00 | |

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Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

| | Portion Size | Reimb Qty | Cals (kcal) | Sodm (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|---------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 02/14/2019 | | | | | | | | | | |
| High School Lunch | Total | 8 | | | | | | | | |
| PIZZA: PIZZA HUT LRG CHEESE | 1 LRG SLICE | 1 | 290 | 550 | 1 | 13.0 | 34.0 | 11.0 | 6.00 | 0.00 |
| PIZZA: PIZZA HUT, PAN, CHEESE | 1 LRG SLICE | 1 | 360 | 740 | 3 | 15.0 | 37.0 | 17.0 | 7.00 | 0.00 |
| PIZZA: PIZZA HUT, LRG PEPPERON | 1 LRG SLICE | 1 | 300 | 590 | 1 | 12.0 | 33.0 | 13.0 | 6.00 | 0.00 |
| PIZZA: PIZZA HUT, PAN, PEPPERO | 1 LRG SLICE | 1 | 360 | 740 | 3 | 15.0 | 37.0 | 17.0 | 7.00 | 0.00 |
| PIZZA: PIZZA HUT, LRG SAUSAGE | 1 LRG SLICE | 1 | 350 | 840 | 6 | 15.0 | 40.0 | 14.0 | 6.00 | 0.00 |
| PIZZA: PIZZA HUT, PAN, SAUSAGE | 1 LRG SLICE | 1 | 390 | 770 | 3 | 15.0 | 38.0 | 20.0 | 7.00 | 0.00 |
| VEG: CORN: frozen, yellow | .5 CUP | 1 | 67 | 1 | 3 | 2.1 | 15.92 | 0.55 | 0.08 | 0.00 |
| VEG: POTATO, CURLY FRY, 1/2 CUP | 3 OZ PORTIO | 1 | 155 | 420 | *N/A* | 2.0 | 21.0 | 7.0 | 1.00 | *N/A* |
| BRD: COOKIE, ICED, SUGAR | 1 EACH | 1 | 172 | 78 | 15 | 1.7 | 27.0 | 6.7 | 1.80 | *N/A* |
| BOSCO STICKS, PEPPERONI (2) | 2 STICKS | 1 | 520 | 1020 | 6 | 22.0 | 64.0 | 18.0 | 9.00 | *N/A* |
| SAUCE: TERIYAKI, MINH | 1 OZ | 1 | 42 | 198 | 9 | 0.46 | 9.71 | 0.14 | 0.03 | *N/A* |
| SAUCE: STIR FRY | 1 OZ | 1 | 35 | 440 | 2 | 1.0 | 4.0 | 1.5 | *N/A* | *N/A* |
| SAUCE, SWEET N SOUR | 1 OZ | 1 | 60 | 110 | 11 | *N/A* | 14.0 | *N/A* | *N/A* | *N/A* |
| SAUCE: ORANGE, YANGS | 1 OZ | 1 | 46 | 159 | 10 | *N/A* | 11.0 | *N/A* | *N/A* | *N/A* |
| CHICKEN, GENERAL TSO, LINGS | 3.6 OZ | 1 | 116 | 293 | *N/A* | 11.08 | 11.08 | 3.02 | 0.50 | *N/A* |
| BRD: RICE, WHITE, 1 CUP | 1 CUP | 1 | 242 | 0 | 0 | 4.43 | 53.18 | 0.41 | 0.09 | 0.00 |
| BRD: NOODLE, ASIAN, 2 BG | 8 OZ | 1 | 302 | 599 | 27 | 8.41 | 66.36 | *0.43 | *0.09 | *N/A* |
| EGG ROLL | 1 EACH | 1 | 180 | 430 | 2 | 7.0 | 21.0 | 8.0 | 2.00 | *N/A* |
| VEG: STIR FRY W/ SAUCE | 1/2 CUP | 1 | 51 | 260 | 6 | 3.17 | 8.67 | *0.75 | *N/A* | *N/A* |
| SDW: BEEF N CHEDDAR | 1 SANDWICH | 1 | 422 | 939 | *4 | 30.05 | 29.62 | 20.43 | *9.36 | *0.21 |
| SDW: CLUX DELUXE | 1 EACH | 1 | 352 | 853 | 5 | 22.06 | 43.32 | 10.02 | *1.50 | *N/A* |
| SDW: CHICKEN PTY, SPICY | 1 EACH | 1 | 412 | 643 | 5 | 20.06 | 43.32 | 17.02 | *3.00 | *N/A* |
| SDW: BACON CHEESEBURGER | 1 EACH | 1 | 390 | 818 | *5 | 22.98 | *27.32 | 20.65 | *6.46 | *N/A* |
| SDW: PBJ, UNCRUSTABLES, 5.3 OZ | 1 SANDWICH | 1 | 630 | 630 | 28 | 19.0 | 64.0 | 33.0 | 7.00 | *N/A* |
| JUICE, 4 OZ, APPLE | 4 OZ | 1 | 50 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE, 4 OZ, ORANGE | 4 OZ | 1 | 50 | 15 | 11 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, APPLE CHERRY | 4 OZ | 1 | 60 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, GRAPE | 4 OZ | 1 | 77 | 20 | 18 | *N/A* | 19.0 | *N/A* | *N/A* | *N/A* |
| JUICE: FROZEN | 4 OZ | 1 | 60 | 5 | 13 | *N/A* | 16.0 | *N/A* | *N/A* | *N/A* |
| MILK: 1%, WHITE, 8 OZ | 8 OZ | 1 | 100 | 120 | 11 | 8.0 | 11.0 | 2.5 | 1.50 | 0.00 |
| MILK: SKIM, CHOCOLATE, 8 OZ | 8 OZ | 1 | 120 | 180 | 18 | 8.0 | 20.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, VANILLA, 8 OZ | 8 OZ | 1 | 130 | 170 | 22 | 8.0 | 24.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, STRAWBERRY, 8 OZ | 8 OZ | 1 | 120 | 120 | 22 | 8.0 | 22.0 | *N/A* | *N/A* | *N/A* |
| KETCHUP, 1.5 GALLON, HEINZ | 1 OZ | 1 | 38 | 308 | 7 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| RANCH, HEINZ, 1.5 GAL | 1 OZ | 1 | 160 | 240 | 1 | *N/A* | 1.0 | 17.0 | 3.00 | *N/A* |
| BBQ SAUCE, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 453 | 7 | *N/A* | 10.88 | *N/A* | *N/A* | *N/A* |
| MUSTARD, HONEY, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 160 | 5 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| SAUCE, BUFFALO, FRANKS | 1 OZ | 1 | 7 | 832 | 0 | 0.17 | 0.66 | 0.43 | 0.06 | *N/A* |
| MUSTARD: individual PC | Pkt 5g | 1 | 3 | 55 | 0 | 0.19 | 0.29 | 0.17 | 0.01 | 0.00 |

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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

| | Portion Size | Reimb Qty | Cals (kcal) | Sodm (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 02/14/2019 | | | | | | | | | | |
| SAUCE: BBQ, SWEET BABY RAYS | 1 OZ | 1 | 54 | 223 | 12 | *N/A* | 14.0 | *N/A* | *N/A* | *N/A* |
| MAYONNAISE, HEINZ, PACKET | 1 PACKET | 1 | 80 | 75 | 1 | *N/A* | 1.0 | 8.0 | 1.50 | *N/A* |
| FRUIT: PEACH/PEAR/GRAPE MIX | .5 CUP | 1 | 68 | 6 | 17 | 0.56 | 18.26 | 0.04 | 0.00 | 0.00 |
| FRUIT: WATERMELON,CHUNKS | .5 CUP | 1 | 23 | 1 | 5 | 0.46 | 5.74 | 0.11 | 0.01 | 0.00 |
| VEG: CELERY STICKS | .5 CUP | 1 | 10 | 48 | 1 | 0.41 | 1.78 | 0.1 | 0.03 | 0.00 |
| VEG: CUCUMBER,RAW | 4 OZ | 1 | 7 | 1 | 1 | 0.35 | 1.29 | 0.1 | 0.01 | 0.00 |
| VEG: LETTUCE, ROMAINE 2 CUPS | 2 CUPS | 1 | 16 | 8 | 1 | 1.0 | 3.0 | *N/A* | *N/A* | *N/A* |
| BRD: SUB BUN, KLOSTERMAN | 1 SUB BUN | 1 | 170 | 280 | 4 | 6.0 | 30.0 | 2.5 | *N/A* | *N/A* |
| CHEESE, SLICE, AMERICAN BONGAR | 1 SLICE | 1 | 40 | 140 | 0 | 3.5 | 1.0 | 3.0 | 1.25 | *N/A* |
| CHEESE: WHITE AMERICAN | 1 SLICE | 1 | 55 | 200 | 0 | 2.5 | 1.0 | 4.5 | 2.50 | 0.00 |
| CHEESE: MOZZARELLA, SHRED, COM | 1 OZ | 1 | 60 | 170 | *N/A* | 7.0 | 1.0 | 3.0 | 2.00 | *N/A* |
| CHEESE: CHEDDAR, SHREDDED | 1 OZ | 1 | 80 | 200 | *N/A* | 7.0 | 1.0 | 6.0 | 4.00 | *N/A* |
| EGG, DICED | 1 OZ | 1 | 47 | 35 | 1 | 3.53 | 0.59 | 2.94 | 0.88 | *N/A* |
| PORK: HAM, DICED/SL, COMMODITY | 1.22 OZ | 1 | 37 | 232 | 1 | 5.0 | 2.0 | 2.0 | 1.00 | *N/A* |
| CHICKEN, BREAST, GRILLED, TYSO | 1 PIECE | 1 | 119 | 316 | *N/A* | 21.73 | 0.99 | 2.47 | 0.49 | *N/A* |
| PORK: BACON PCS, ARMOUR, 2 T | 1 OZ | 1 | 70 | 300 | *N/A* | 4.0 | *N/A* | 6.0 | 2.00 | *N/A* |
| SUNFLOWER SEEDS BULK | 1 OZ | 1 | 160 | 110 | 1 | 5.0 | 6.0 | 14.0 | 1.50 | *N/A* |
| VEG: BEAN, GARBANZO | 4 OZ | 1 | 122 | 384 | 1 | 4.37 | 17.47 | 0.87 | *N/A* | *N/A* |
| COTTAGE CHEESE | .5 CUP | 1 | 81 | 459 | 3 | 14.0 | 3.07 | 1.15 | 0.73 | *N/A* |
| CARROT STICKS | .25 CUP | 1 | 13 | 21 | 1 | 0.28 | 2.92 | 0.07 | 0.01 | 0.00 |
| VEG: TOMATO, DICED | .25 CUP | 1 | 15 | 7 | 0 | 0.25 | 2.98 | 0.0 | 0.00 | 0.00 |
| VEG: ONION, RED, CHOPPED | .25 CUP | 1 | 16 | 2 | *N/A* | 0.44 | 3.74 | 0.04 | 0.02 | *N/A* |
| BANANA PEPPER | 1 OZ | 1 | 5 | 282 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| BLUEBERRIES,Fresh | .25 CUP | 1 | 21 | 0 | 4 | 0.27 | 5.36 | 0.12 | 0.01 | 0.00 |
| STRAWBERRIES,FRESH | .25 CUP | 1 | 12 | 0 | 2 | 0.24 | 2.76 | 0.11 | 0.01 | 0.00 |
| BRD: CRACKER, WG, 2 PACK | 2 PACKS | 1 | 120 | 210 | 2 | 2.0 | 18.0 | 3.0 | 1.00 | *N/A* |
| BRD: CROUTON, WG, IW | 1 PACKAGE | 1 | 80 | 135 | 1 | 2.0 | 13.0 | 2.0 | *N/A* | *N/A* |
| DRESSING: CAESAR, KRAFT | 1 OZ (2T) | 1 | 160 | 450 | 2 | 2.0 | 12.0 | 16.0 | 3.00 | *N/A* |
| DRESSING: FF FRENCH | 1 OZ (2T) | 1 | 50 | 350 | 7 | *N/A* | 10.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF ITALIAN, KRAFT | 1 OZ (2T) | 1 | 15 | 270 | 2 | *N/A* | 3.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF RASP VIN., KRAFT | 1 OZ (2T) | 1 | 40 | 380 | 9 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| Weighted Daily Average | | | 1143 | *2512 | *49 | *48.59 | *141.04 | *42.23 | *13.43 | *0.03 |
| % of Calories | | | | | *17.1% | *17.0% | *49.4% | *33.3% | *10.6% | *0.0% |
| Nutrient Guideline | | | 750-850 | 1420 | | | | | <10.00 | |

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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Cals (kcal) | Sodm (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 02/15/2019 | | | | | | | | | | |
| High School Lunch | Total | 8 | | | | | | | | |
| FRENCH TOAST STICKS, BC, 4 EA | 4 EACH | 1 | 374 | 402 | 15 | 9.7 | 59.57 | 11.08 | 1.39 | *N/A* |
| EGG: SCRAMBLED/BAC/CHEESE | 2.5 OZ | 1 | 149 | 334 | *N/A* | 9.92 | 0.99 | 11.16 | 4.34 | *N/A* |
| FRUIT: APPLES, CINN & SUGAR | 1/2 CUP | 1 | 51 | 5 | 4 | 0.01 | 12.9 | 0.0 | 0.00 | *0.00 |
| VEG: POTATO, HASHBROWN PATTIES | 2 EACH | 1 | 280 | 540 | 2 | 4.0 | 30.0 | 16.0 | 4.00 | *N/A* |
| VEG: POTATO, CRINKLE FRY | 12 PIECES | 1 | 130 | 160 | 0 | 2.0 | 21.0 | 4.5 | 0.50 | 0.00 |
| BOSCO CHEESE STICKS (2) | 2 EACH | 1 | 459 | 619 | 2 | 23.97 | 55.92 | 13.98 | 7.99 | *N/A* |
| VEG: POTATO, TATER TOT, 1 CUP | 16 PIECES | 1 | 300 | 720 | *N/A* | 4.0 | 38.02 | 14.01 | 2.00 | *N/A* |
| BEEF TACO FILLING, JTM, 2 MMA | 2.71 | 1 | 126 | 287 | 0 | 13.63 | 1.93 | 6.84 | 2.74 | *N/A* |
| PORK: BACON PCS, ARMOUR, 2 T | 2 TABLESPO | 1 | 70 | 300 | *N/A* | 4.0 | *N/A* | 6.0 | 2.00 | *N/A* |
| | ONS | | | | | | | | | |
| CHEESE SAUCE, CHEDDAR, LOL | 3 OZ | 1 | 138 | 550 | *N/A* | 6.88 | 4.13 | 9.63 | 6.19 | *N/A* |
| BRD: RICE, SPANISH 8 OZ | 8 OZ | 1 | 190 | 820 | 2 | 6.0 | 42.0 | 1.0 | *N/A* | *N/A* |
| SALSA:COMMODITY | 1 OZ | 1 | 10 | 122 | *N/A* | 0.43 | 1.98 | 0.06 | 0.01 | *N/A* |
| SOUR CREAM, LIGHT | 1 OZ | 1 | 38 | 33 | 2 | 0.95 | 2.86 | 2.38 | 1.43 | *N/A* |
| JALAPENOS, SLICED | 1.05 OZ | 1 | 5 | 514 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| PIZZA, HOMEMADE, MEAT LOVER'S | 1 SLICE | 1 | 442 | 973 | *5 | 24.92 | *31.29 | *24.6 | *13.11 | *0.05 |
| PIZZA, HOMEMADE, CHEESE | 1 SLICE | 1 | 327 | 551 | 5 | 16.75 | 30.75 | *15.5 | *10.00 | *0.00 |
| PIZZA, HOMEMADE, PEPPERONI | 1 SLICE | 1 | 347 | 614 | 5 | 17.52 | 30.8 | *17.35 | *10.71 | *0.06 |
| FISH STICKS, 3 EACH, HIGH LINE | 3 EACH | 1 | 262 | 181 | *N/A* | 12.08 | 14.09 | 16.1 | 1.51 | *N/A* |
| BRD: HUSHPUPIES, SAVANNAH | 3 EACH | 1 | 190 | 240 | 2 | 2.0 | 22.0 | 10.0 | 1.50 | 0.00 |
| SDW: CLUX DELUXE | 1 EACH | 1 | 352 | 853 | 5 | 22.06 | 43.32 | 10.02 | *1.50 | *N/A* |
| SDW: CHICKEN PTY, SPICY | 1 EACH | 1 | 412 | 643 | 5 | 20.06 | 43.32 | 17.02 | *3.00 | *N/A* |
| SDW: BACON CHEESEBURGER | 1 EACH | 1 | 390 | 818 | *5 | 22.98 | *27.32 | 20.65 | *6.46 | *N/A* |
| SDW: PBJ, UNCRUSTABLES, 5.3 OZ | 1 SANDWICH | 1 | 630 | 630 | 28 | 19.0 | 64.0 | 33.0 | 7.00 | *N/A* |
| JUICE, 4 OZ, APPLE | 4 OZ | 1 | 50 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE, 4 OZ, ORANGE | 4 OZ | 1 | 50 | 15 | 11 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, APPLE CHERRY | 4 OZ | 1 | 60 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, GRAPE | 4 OZ | 1 | 77 | 20 | 18 | *N/A* | 19.0 | *N/A* | *N/A* | *N/A* |
| MILK: 1%, WHITE, 8 OZ | 8 OZ | 1 | 100 | 120 | 11 | 8.0 | 11.0 | 2.5 | 1.50 | 0.00 |
| MILK: SKIM, CHOCOLATE, 8 OZ | 8 OZ | 1 | 120 | 180 | 18 | 8.0 | 20.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, VANILLA, 8 OZ | 8 OZ | 1 | 130 | 170 | 22 | 8.0 | 24.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, STRAWBERRY, 8 OZ | 8 OZ | 1 | 120 | 120 | 22 | 8.0 | 22.0 | *N/A* | *N/A* | *N/A* |
| KETCHUP, 1.5 GALLON, HEINZ | 1 OZ | 1 | 38 | 308 | 7 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| RANCH, HEINZ, 1.5 GAL | 1 OZ | 1 | 160 | 240 | 1 | *N/A* | 1.0 | 17.0 | 3.00 | *N/A* |
| BBQ SAUCE, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 453 | 7 | *N/A* | 10.88 | *N/A* | *N/A* | *N/A* |
| MUSTARD, HONEY, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 160 | 5 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| SAUCE, BUFFALO, FRANKS | 1 OZ | 1 | 7 | 832 | 0 | 0.17 | 0.66 | 0.43 | 0.06 | *N/A* |
| MUSTARD: individual PC | Pkt 5g | 1 | 3 | 55 | 0 | 0.19 | 0.29 | 0.17 | 0.01 | 0.00 |
| SAUCE: BBQ, SWEET BABY RAYS | 1 OZ | 1 | 54 | 223 | 12 | *N/A* | 14.0 | *N/A* | *N/A* | *N/A* |

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|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 02/15/2019 | | | | | | | | | | |
| MAYONNAISE, HEINZ, PACKET | 1 PACKET | 1 | 80 | 75 | 1 | *N/A* | 1.0 | 8.0 | 1.50 | *N/A* |
| FRUIT: ROSY APPLESAUCE | 4 oz | 1 | 75 | 35 | 17 | 0.75 | 19.19 | 0.11 | 0.01 | *0.00 |
| FRUIT: STRAWBERRIES: frozen | .5 CUP | 1 | 122 | 4 | 31 | 0.68 | 33.05 | 0.17 | 0.01 | 0.00 |
| VEG: LETTUCE, ROMAINE, 1 CUP | 8 OZ | 1 | 8 | *N/A* | *N/A* | *N/A* | 1.55 | *N/A* | *N/A* | *N/A* |
| VEG: CARROTS, BABY, 1/2 CUP | 4 OZ | 1 | 25 | 42 | 2 | *N/A* | 5.0 | *N/A* | *N/A* | *N/A* |
| VEG: LETTUCE, ROMAINE 2 CUPS | 2 CUPS | 1 | 16 | 8 | 1 | 1.0 | 3.0 | *N/A* | *N/A* | *N/A* |
| BRD: SUB BUN, KLOSTERMAN | 1 SUB BUN | 1 | 170 | 280 | 4 | 6.0 | 30.0 | 2.5 | *N/A* | *N/A* |
| CHEESE, SLICE, AMERICAN BONGAR | 1 SLICE | 1 | 40 | 140 | 0 | 3.5 | 1.0 | 3.0 | 1.25 | *N/A* |
| CHEESE: WHITE AMERICAN | 1 SLICE | 1 | 55 | 200 | 0 | 2.5 | 1.0 | 4.5 | 2.50 | 0.00 |
| CHEESE: MOZZARELLA, SHRED, COM | 1 OZ | 1 | 60 | 170 | *N/A* | 7.0 | 1.0 | 3.0 | 2.00 | *N/A* |
| CHEESE: CHEDDAR, SHREDDED | 1 OZ | 1 | 80 | 200 | *N/A* | 7.0 | 1.0 | 6.0 | 4.00 | *N/A* |
| EGG, DICED | 1 OZ | 1 | 47 | 35 | 1 | 3.53 | 0.59 | 2.94 | 0.88 | *N/A* |
| PORK: HAM, DICED/SL, COMMODITY | 1.22 OZ | 1 | 37 | 232 | 1 | 5.0 | 2.0 | 2.0 | 1.00 | *N/A* |
| CHICKEN, BREAST, GRILLED, TYSO | 1 PIECE | 1 | 119 | 316 | *N/A* | 21.73 | 0.99 | 2.47 | 0.49 | *N/A* |
| PORK: BACON PCS, ARMOUR, 2 T | 1 OZ | 1 | 70 | 300 | *N/A* | 4.0 | *N/A* | 6.0 | 2.00 | *N/A* |
| SUNFLOWER SEEDS BULK | 1 OZ | 1 | 160 | 110 | 1 | 5.0 | 6.0 | 14.0 | 1.50 | *N/A* |
| VEG: BEAN, GARBANZO | 4 OZ | 1 | 122 | 384 | 1 | 4.37 | 17.47 | 0.87 | *N/A* | *N/A* |
| COTTAGE CHEESE | .5 CUP | 1 | 81 | 459 | 3 | 14.0 | 3.07 | 1.15 | 0.73 | *N/A* |
| CARROT STICKS | .25 CUP | 1 | 13 | 21 | 1 | 0.28 | 2.92 | 0.07 | 0.01 | 0.00 |
| VEG: TOMATO, DICED | .25 CUP | 1 | 15 | 7 | 0 | 0.25 | 2.98 | 0.0 | 0.00 | 0.00 |
| VEG: ONION, RED, CHOPPED | .25 CUP | 1 | 16 | 2 | *N/A* | 0.44 | 3.74 | 0.04 | 0.02 | *N/A* |
| BANANA PEPPER | 1 OZ | 1 | 5 | 282 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| BLUEBERRIES,Fresh | .25 CUP | 1 | 21 | 0 | 4 | 0.27 | 5.36 | 0.12 | 0.01 | 0.00 |
| STRAWBERRIES,FRESH | .25 CUP | 1 | 12 | 0 | 2 | 0.24 | 2.76 | 0.11 | 0.01 | 0.00 |
| BRD: CRACKER, WG, 2 PACK | 2 PACKS | 1 | 120 | 210 | 2 | 2.0 | 18.0 | 3.0 | 1.00 | *N/A* |
| BRD: CROUTON, WG, IW | 1 PACKAGE | 1 | 80 | 135 | 1 | 2.0 | 13.0 | 2.0 | *N/A* | *N/A* |
| DRESSING: CAESAR, KRAFT | 1 OZ (2T) | 1 | 160 | 450 | 2 | 2.0 | 12.0 | 16.0 | 3.00 | *N/A* |
| DRESSING: FF FRENCH | 1 OZ (2T) | 1 | 50 | 350 | 7 | *N/A* | 10.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF ITALIAN, KRAFT | 1 OZ (2T) | 1 | 15 | 270 | 2 | *N/A* | 3.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF RASP VIN., KRAFT | 1 OZ (2T) | 1 | 40 | 380 | 9 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| Weighted Daily Average | | | 1079 | *2363 | *42 | *46.09 | *121.21 | *44.88 | *14.23 | *0.01 |
| % of Calories | | | | | *15.7% | *17.1% | *44.9% | *37.4% | *11.9% | *0.0% |
| Nutrient Guideline | | | 750-850 | 1420 | | | | | <10.00 | |

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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

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|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Mon - 02/18/2019 | | | | | | | | | | |
| High School Lunch | Total | 9 | | | | | | | | |
| CHICKEN, POPCORN, TYSON | 12 PIECES | 1 | 250 | 370 | 1 | 15.02 | 15.02 | 14.01 | 2.70 | *N/A* |
| VEG: POTATO, MASHED, IDAHOAN, | 1 CUP | 1 | 160 | 620 | *N/A* | 4.0 | 34.0 | 2.0 | *N/A* | *N/A* |
| GRAVY: COUNTRY | .25 CUP | 1 | 33 | 244 | 0 | 0.0 | 5.54 | 1.11 | 1.11 | *N/A* |
| BRD: ROLL, SISTER SCH, 1 GR | 1 EACH | 1 | 140 | 240 | 4 | 3.0 | 23.0 | 4.0 | 1.00 | *N/A* |
| VEG: CORN: frozen, yellow, 1/4 | .25 CUP | 1 | 33 | 0 | 1 | 1.05 | 7.96 | 0.28 | 0.04 | 0.00 |
| CHEESE: CHEDDAR, SHREDDED | .5 OZ | 1 | 40 | 100 | *N/A* | 3.5 | 0.5 | 3.0 | 2.00 | *N/A* |
| VEG: POTATO, FF, REGULAR, 3/8 | 12 pieces | 1 | 140 | 140 | 0 | 2.0 | 21.0 | 6.0 | 0.50 | *N/A* |
| ENT: CHEESE BITES, WILD MIKES | 4 EACH | 1 | 280 | 540 | *N/A* | 16.0 | 28.0 | 12.0 | 4.00 | *N/A* |
| PIZZA, BIG DADDY, CHEESE, 16" | 1 SLICE | 1 | 400 | 440 | 7 | 19.0 | 42.99 | 16.0 | 7.00 | *N/A* |
| PIZZA, BIG DADDYS, PEPP, 16" | 5.57 OZ | 1 | 410 | 580 | 7 | 20.0 | 43.0 | 18.0 | 7.00 | *N/A* |
| DORITOS TOP N GO | 1 BAG | 1 | 190 | 280 | *N/A* | 3.0 | 27.0 | 7.0 | 1.00 | *N/A* |
| BEEF TACO FILLING, JTM, 2 MMA | 2.71 | 1 | 126 | 287 | 0 | 13.63 | 1.93 | 6.84 | 2.74 | *N/A* |
| CHEESE SAUCE, CHEDDAR, LOL | 3 OZ | 1 | 138 | 550 | *N/A* | 6.88 | 4.13 | 9.63 | 6.19 | *N/A* |
| BRD: RICE, SPANISH 4 OZ | 4 OZ | 1 | 95 | 410 | 1 | 3.0 | 21.0 | 0.5 | *N/A* | *N/A* |
| SALSA:COMMODITY | 1 OZ | 1 | 10 | 122 | *N/A* | 0.43 | 1.98 | 0.06 | 0.01 | *N/A* |
| SOUR CREAM, LIGHT | 1 OZ | 1 | 38 | 33 | 2 | 0.95 | 2.86 | 2.38 | 1.43 | *N/A* |
| JALAPENOS, SLICED | 1.05 OZ | 1 | 5 | 514 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| BRD: PRETZEL, KING, 5 OZ | 1 EACH | 1 | 340 | 300 | 2 | 12.0 | 72.0 | 2.0 | *N/A* | *N/A* |
| CHEESE SAUCE, CHEDDAR, LOL | 3 OZ | 1 | 138 | 550 | *N/A* | 6.88 | 4.13 | 9.63 | 6.19 | *N/A* |
| PEANUT BUTTER, USDA, 1 MEAT EQ | 2 TABLESPO | 1 | 200 | 140 | 3 | 7.0 | 6.0 | 16.0 | 3.00 | *N/A* |
| ONS | | | | | | | | | | |
| SDW: CLUX DELUXE | 1 EACH | 1 | 352 | 853 | 5 | 22.06 | 43.32 | 10.02 | *1.50 | *N/A* |
| SDW: CHICKEN PTY, SPICY | 1 EACH | 1 | 412 | 643 | 5 | 20.06 | 43.32 | 17.02 | *3.00 | *N/A* |
| SDW: BACON CHEESEBURGER | 1 EACH | 1 | 390 | 818 | *5 | 22.98 | *27.32 | 20.65 | *6.46 | *N/A* |
| SDW: PBJ, UNCRUSTABLES, 5.3 OZ | 1 SANDWICH | 1 | 630 | 630 | 28 | 19.0 | 64.0 | 33.0 | 7.00 | *N/A* |
| JUICE, 4 OZ, APPLE | 4 OZ | 1 | 50 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE, 4 OZ, ORANGE | 4 OZ | 1 | 50 | 15 | 11 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, APPLE CHERRY | 4 OZ | 1 | 60 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, GRAPE | 4 OZ | 1 | 77 | 20 | 18 | *N/A* | 19.0 | *N/A* | *N/A* | *N/A* |
| MILK: 1%, WHITE, 8 OZ | 8 OZ | 1 | 100 | 120 | 11 | 8.0 | 11.0 | 2.5 | 1.50 | 0.00 |
| MILK: SKIM, CHOCOLATE, 8 OZ | 8 OZ | 1 | 120 | 180 | 18 | 8.0 | 20.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, VANILLA, 8 OZ | 8 OZ | 1 | 130 | 170 | 22 | 8.0 | 24.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, STRAWBERRY, 8 OZ | 8 OZ | 1 | 120 | 120 | 22 | 8.0 | 22.0 | *N/A* | *N/A* | *N/A* |
| KETCHUP, 1.5 GALLON, HEINZ | 1 OZ | 1 | 38 | 308 | 7 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| RANCH, HEINZ, 1.5 GAL | 1 OZ | 1 | 160 | 240 | 1 | *N/A* | 1.0 | 17.0 | 3.00 | *N/A* |
| BBQ SAUCE, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 453 | 7 | *N/A* | 10.88 | *N/A* | *N/A* | *N/A* |
| MUSTARD, HONEY, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 160 | 5 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| SAUCE, BUFFALO, FRANKS | 1 OZ | 1 | 7 | 832 | 0 | 0.17 | 0.66 | 0.43 | 0.06 | *N/A* |
| MUSTARD: individual PC | Pkt 5g | 1 | 3 | 55 | 0 | 0.19 | 0.29 | 0.17 | 0.01 | 0.00 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

| | Portion Size | Reimb Qty | Cals (kcal) | Sodm (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Mon - 02/18/2019 | | | | | | | | | | |
| SAUCE: BBQ, SWEET BABY RAYS | 1 OZ | 1 | 54 | 223 | 12 | *N/A* | 14.0 | *N/A* | *N/A* | *N/A* |
| MAYONNAISE, HEINZ, PACKET | 1 PACKET | 1 | 80 | 75 | 1 | *N/A* | 1.0 | 8.0 | 1.50 | *N/A* |
| FRUIT: PEACH/PEAR/GRAPE MIX | .5 CUP | 1 | 68 | 6 | 17 | 0.56 | 18.26 | 0.04 | 0.00 | 0.00 |
| FRUIT: APPLE, HALF CUP, USDA | 4 OZ | 1 | 32 | 1 | 6 | *N/A* | 8.0 | *N/A* | *N/A* | *N/A* |
| VEG: CUCUMBER,RAW | 4 OZ | 1 | 7 | 1 | 1 | 0.35 | 1.29 | 0.1 | 0.01 | 0.00 |
| VEG: CARROTS, BABY, 1/2 CUP | 4 OZ | 1 | 25 | 42 | 2 | *N/A* | 5.0 | *N/A* | *N/A* | *N/A* |
| VEG: LETTUCE, ROMAINE 2 CUPS | 2 CUPS | 1 | 16 | 8 | 1 | 1.0 | 3.0 | *N/A* | *N/A* | *N/A* |
| BRD: SUB BUN, KLOSTERMAN | 1 SUB BUN | 1 | 170 | 280 | 4 | 6.0 | 30.0 | 2.5 | *N/A* | *N/A* |
| CHEESE, SLICE, AMERICAN BONGAR | 1 SLICE | 1 | 40 | 140 | 0 | 3.5 | 1.0 | 3.0 | 1.25 | *N/A* |
| CHEESE: WHITE AMERICAN | 1 SLICE | 1 | 55 | 200 | 0 | 2.5 | 1.0 | 4.5 | 2.50 | 0.00 |
| CHEESE: MOZZARELLA, SHRED, COM | 1 OZ | 1 | 60 | 170 | *N/A* | 7.0 | 1.0 | 3.0 | 2.00 | *N/A* |
| CHEESE: CHEDDAR, SHREDDED | 1 OZ | 1 | 80 | 200 | *N/A* | 7.0 | 1.0 | 6.0 | 4.00 | *N/A* |
| EGG, DICED | 1 OZ | 1 | 47 | 35 | 1 | 3.53 | 0.59 | 2.94 | 0.88 | *N/A* |
| PORK: HAM, DICED/SL, COMMODITY | 1.22 OZ | 1 | 37 | 232 | 1 | 5.0 | 2.0 | 2.0 | 1.00 | *N/A* |
| CHICKEN, BREAST, GRILLED, TYSO | 1 PIECE | 1 | 119 | 316 | *N/A* | 21.73 | 0.99 | 2.47 | 0.49 | *N/A* |
| PORK: BACON PCS, ARMOUR, 2 T | 1 OZ | 1 | 70 | 300 | *N/A* | 4.0 | *N/A* | 6.0 | 2.00 | *N/A* |
| SUNFLOWER SEEDS BULK | 1 OZ | 1 | 160 | 110 | 1 | 5.0 | 6.0 | 14.0 | 1.50 | *N/A* |
| VEG: BEAN, GARBANZO | 4 OZ | 1 | 122 | 384 | 1 | 4.37 | 17.47 | 0.87 | *N/A* | *N/A* |
| COTTAGE CHEESE | .5 CUP | 1 | 81 | 459 | 3 | 14.0 | 3.07 | 1.15 | 0.73 | *N/A* |
| CARROT STICKS | .25 CUP | 1 | 13 | 21 | 1 | 0.28 | 2.92 | 0.07 | 0.01 | 0.00 |
| VEG: TOMATO, DICED | .25 CUP | 1 | 15 | 7 | 0 | 0.25 | 2.98 | 0.0 | 0.00 | 0.00 |
| VEG: ONION, RED, CHOPPED | .25 CUP | 1 | 16 | 2 | *N/A* | 0.44 | 3.74 | 0.04 | 0.02 | *N/A* |
| BANANA PEPPER | 1 OZ | 1 | 5 | 282 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| BLUEBERRIES,Fresh | .25 CUP | 1 | 21 | 0 | 4 | 0.27 | 5.36 | 0.12 | 0.01 | 0.00 |
| STRAWBERRIES,FRESH | .25 CUP | 1 | 12 | 0 | 2 | 0.24 | 2.76 | 0.11 | 0.01 | 0.00 |
| BRD: CRACKER, WG, 2 PACK | 2 PACKS | 1 | 120 | 210 | 2 | 2.0 | 18.0 | 3.0 | 1.00 | *N/A* |
| BRD: CROUTON, WG, IW | 1 PACKAGE | 1 | 80 | 135 | 1 | 2.0 | 13.0 | 2.0 | *N/A* | *N/A* |
| DRESSING: CAESAR, KRAFT | 1 OZ (2T) | 1 | 160 | 450 | 2 | 2.0 | 12.0 | 16.0 | 3.00 | *N/A* |
| DRESSING: FF FRENCH | 1 OZ (2T) | 1 | 50 | 350 | 7 | *N/A* | 10.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF ITALIAN, KRAFT | 1 OZ (2T) | 1 | 15 | 270 | 2 | *N/A* | 3.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF RASP VIN., KRAFT | 1 OZ (2T) | 1 | 40 | 380 | 9 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| Weighted Daily Average | | | 868 | *1930 | *33 | *38.54 | *100.58 | *34.35 | *10.04 | *0.00 |
| % of Calories | | | | | *15.3% | *17.8% | *46.3% | *35.6% | *10.4% | *0.0% |
| Nutrient Guideline | | | 750-850 | 1420 | | | | | <10.00 | |

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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

| | Portion Size | Reimb Qty | Cals (kcal) | Sodm (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Tue - 02/19/2019 | | | | | | | | | | |
| High School Lunch | Total | 8 | | | | | | | | |
| CHICKEN POT PIE | #6 SCOOP | 1 | 185 | 150 | *2 | 16.03 | 15.59 | 6.2 | 2.44 | *0.00 |
| VEG: CARROTS: canned, cooked | .5 CUP | 1 | 18 | 177 | 2 | 0.47 | 4.04 | 0.14 | 0.03 | 0.00 |
| VEG: POTATO, TATER TOT | 8 pieces | 1 | 150 | 360 | *N/A* | 2.0 | 19.01 | 7.0 | 1.00 | *N/A* |
| BOSCO STICKS, PEPPERONI (2) | 2 STICKS | 1 | 520 | 1020 | 6 | 22.0 | 64.0 | 18.0 | 9.00 | *N/A* |
| PIZZA, HOMEMADE, MAC & CHEESE | 1 SLICE | 1 | 400 | 920 | 6 | 20.5 | 43.13 | 16.25 | 9.62 | *0.19 |
| PIZZA, HOMEMADE, CHEESE | 1 SLICE | 1 | 327 | 551 | 5 | 16.75 | 30.75 | *15.5 | *10.00 | *0.00 |
| PIZZA, HOMEMADE, PEPPERONI | 1 SLICE | 1 | 347 | 614 | 5 | 17.52 | 30.8 | *17.35 | *10.71 | *0.06 |
| SAUCE: TERIYAKI, MINH | 1 OZ | 1 | 42 | 198 | 9 | 0.46 | 9.71 | 0.14 | 0.03 | *N/A* |
| SAUCE: STIR FRY | 1 OZ | 1 | 35 | 440 | 2 | 1.0 | 4.0 | 1.5 | *N/A* | *N/A* |
| SAUCE, SWEET N SOUR | 1 OZ | 1 | 60 | 110 | 11 | *N/A* | 14.0 | *N/A* | *N/A* | *N/A* |
| SAUCE: GENERAL TSO, YANGS | 1 OZ | 1 | 37 | 79 | 9 | *N/A* | 10.0 | 0.0 | *N/A* | *N/A* |
| CHICKEN, MANDARIN ORANGE, LING | 3.6 OZ | 1 | 151 | 282 | *N/A* | 11.08 | 19.13 | 3.02 | 0.50 | *N/A* |
| BRD: RICE, WHITE, 1 CUP | 1 CUP | 1 | 242 | 0 | 0 | 4.43 | 53.18 | 0.41 | 0.09 | 0.00 |
| BRD: NOODLE, ASIAN, 2 BG | 8 OZ | 1 | 302 | 599 | 27 | 8.41 | 66.36 | *0.43 | *0.09 | *N/A* |
| EGG ROLL | 1 EACH | 1 | 180 | 430 | 2 | 7.0 | 21.0 | 8.0 | 2.00 | *N/A* |
| VEG: STIR FRY W/ SAUCE | 1/2 CUP | 1 | 51 | 260 | 6 | 3.17 | 8.67 | *0.75 | *N/A* | *N/A* |
| BRD: WAFFLE, BELGIUM | 1 EACH | 1 | 290 | 160 | 18 | 4.0 | 37.0 | 14.0 | 6.00 | 0.00 |
| CHICKEN: MAPLE BITES | 9 EACH | 1 | 266 | 371 | *N/A* | 14.6 | 14.6 | 15.75 | 4.00 | 0.00 |
| SYRUP, PANCAKE, 1 GALLON | 1 OZ | 1 | 100 | 27 | 24 | *N/A* | 25.5 | *N/A* | *N/A* | *N/A* |
| SDW: CLUX DELUXE | 1 EACH | 1 | 352 | 853 | 5 | 22.06 | 43.32 | 10.02 | *1.50 | *N/A* |
| SDW: CHICKEN PTY, SPICY | 1 EACH | 1 | 412 | 643 | 5 | 20.06 | 43.32 | 17.02 | *3.00 | *N/A* |
| SDW: BACON CHEESEBURGER | 1 EACH | 1 | 390 | 818 | *5 | 22.98 | *27.32 | 20.65 | *6.46 | *N/A* |
| SDW: PBJ, UNCRUSTABLES, 5.3 OZ | 1 SANDWICH | 1 | 630 | 630 | 28 | 19.0 | 64.0 | 33.0 | 7.00 | *N/A* |
| JUICE, 4 OZ, APPLE | 4 OZ | 1 | 50 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE, 4 OZ, ORANGE | 4 OZ | 1 | 50 | 15 | 11 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, APPLE CHERRY | 4 OZ | 1 | 60 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, GRAPE | 4 OZ | 1 | 77 | 20 | 18 | *N/A* | 19.0 | *N/A* | *N/A* | *N/A* |
| MILK: 1%, WHITE, 8 OZ | 8 OZ | 1 | 100 | 120 | 11 | 8.0 | 11.0 | 2.5 | 1.50 | 0.00 |
| MILK: SKIM, CHOCOLATE, 8 OZ | 8 OZ | 1 | 120 | 180 | 18 | 8.0 | 20.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, VANILLA, 8 OZ | 8 OZ | 1 | 130 | 170 | 22 | 8.0 | 24.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, STRAWBERRY, 8 OZ | 8 OZ | 1 | 120 | 120 | 22 | 8.0 | 22.0 | *N/A* | *N/A* | *N/A* |
| KETCHUP, 1.5 GALLON, HEINZ | 1 OZ | 1 | 38 | 308 | 7 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| RANCH, HEINZ, 1.5 GAL | 1 OZ | 1 | 160 | 240 | 1 | *N/A* | 1.0 | 17.0 | 3.00 | *N/A* |
| BBQ SAUCE, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 453 | 7 | *N/A* | 10.88 | *N/A* | *N/A* | *N/A* |
| MUSTARD, HONEY, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 160 | 5 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| SAUCE, BUFFALO, FRANKS | 1 OZ | 1 | 7 | 832 | 0 | 0.17 | 0.66 | 0.43 | 0.06 | *N/A* |
| MUSTARD: individual PC | Pkt 5g | 1 | 3 | 55 | 0 | 0.19 | 0.29 | 0.17 | 0.01 | 0.00 |
| SAUCE: BBQ, SWEET BABY RAYS | 1 OZ | 1 | 54 | 223 | 12 | *N/A* | 14.0 | *N/A* | *N/A* | *N/A* |
| MAYONNAISE, HEINZ, PACKET | 1 PACKET | 1 | 80 | 75 | 1 | *N/A* | 1.0 | 8.0 | 1.50 | *N/A* |

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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 27

Generated on: 1/25/2019 12:18:20 PM

| | Portion Size | Reimb Qty | Cals (kcal) | Sodm (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Tue - 02/19/2019 | | | | | | | | | | |
| FRUIT: FRT MIX:canned,In syrup | .5 CUP | 1 | 69 | 7 | 17 | 0.48 | 18.07 | 0.08 | 0.01 | 0.00 |
| FRUIT: BLUEBERRIES, FROZEN | 1/2 CUP | 1 | 40 | 1 | 7 | 0.33 | 9.43 | 0.5 | 0.04 | 0.00 |
| VEG: TOMATO, WEDGE, 1/2 CUP | 4 OZ | 1 | 32 | 9 | 4 | 1.0 | 7.0 | *N/A* | *N/A* | *N/A* |
| VEG: BROCCOLI,raw: fresh | .5 CUP | 1 | 15 | 15 | 1 | 1.28 | 3.02 | 0.17 | 0.02 | 0.00 |
| VEG: LETTUCE, ROMAINE 2 CUPS | 2 CUPS | 1 | 16 | 8 | 1 | 1.0 | 3.0 | *N/A* | *N/A* | *N/A* |
| BRD: SUB BUN, KLOSTERMAN | 1 SUB BUN | 1 | 170 | 280 | 4 | 6.0 | 30.0 | 2.5 | *N/A* | *N/A* |
| CHEESE, SLICE, AMERICAN BONGAR | 1 SLICE | 1 | 40 | 140 | 0 | 3.5 | 1.0 | 3.0 | 1.25 | *N/A* |
| CHEESE: WHITE AMERICAN | 1 SLICE | 1 | 55 | 200 | 0 | 2.5 | 1.0 | 4.5 | 2.50 | 0.00 |
| CHEESE: MOZZARELLA, SHRED, COM | 1 OZ | 1 | 60 | 170 | *N/A* | 7.0 | 1.0 | 3.0 | 2.00 | *N/A* |
| CHEESE: CHEDDAR, SHREDDED | 1 OZ | 1 | 80 | 200 | *N/A* | 7.0 | 1.0 | 6.0 | 4.00 | *N/A* |
| EGG, DICED | 1 OZ | 1 | 47 | 35 | 1 | 3.53 | 0.59 | 2.94 | 0.88 | *N/A* |
| PORK: HAM, DICED/SL, COMMODITY | 1.22 OZ | 1 | 37 | 232 | 1 | 5.0 | 2.0 | 2.0 | 1.00 | *N/A* |
| CHICKEN, BREAST, GRILLED, TYSO | 1 PIECE | 1 | 119 | 316 | *N/A* | 21.73 | 0.99 | 2.47 | 0.49 | *N/A* |
| PORK: BACON PCS, ARMOUR, 2 T | 1 OZ | 1 | 70 | 300 | *N/A* | 4.0 | *N/A* | 6.0 | 2.00 | *N/A* |
| SUNFLOWER SEEDS BULK | 1 OZ | 1 | 160 | 110 | 1 | 5.0 | 6.0 | 14.0 | 1.50 | *N/A* |
| VEG: BEAN, GARBANZO | 4 OZ | 1 | 122 | 384 | 1 | 4.37 | 17.47 | 0.87 | *N/A* | *N/A* |
| COTTAGE CHEESE | .5 CUP | 1 | 81 | 459 | 3 | 14.0 | 3.07 | 1.15 | 0.73 | *N/A* |
| CARROT STICKS | .25 CUP | 1 | 13 | 21 | 1 | 0.28 | 2.92 | 0.07 | 0.01 | 0.00 |
| VEG: TOMATO, DICED | .25 CUP | 1 | 15 | 7 | 0 | 0.25 | 2.98 | 0.0 | 0.00 | 0.00 |
| VEG: ONION, RED, CHOPPED | .25 CUP | 1 | 16 | 2 | *N/A* | 0.44 | 3.74 | 0.04 | 0.02 | *N/A* |
| BANANA PEPPER | 1 OZ | 1 | 5 | 282 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| BLUEBERRIES,Fresh | .25 CUP | 1 | 21 | 0 | 4 | 0.27 | 5.36 | 0.12 | 0.01 | 0.00 |
| STRAWBERRIES,FRESH | .25 CUP | 1 | 12 | 0 | 2 | 0.24 | 2.76 | 0.11 | 0.01 | 0.00 |
| BRD: CRACKER, WG, 2 PACK | 2 PACKS | 1 | 120 | 210 | 2 | 2.0 | 18.0 | 3.0 | 1.00 | *N/A* |
| BRD: CROUTON, WG, IW | 1 PACKAGE | 1 | 80 | 135 | 1 | 2.0 | 13.0 | 2.0 | *N/A* | *N/A* |
| DRESSING: CAESAR, KRAFT | 1 OZ (2T) | 1 | 160 | 450 | 2 | 2.0 | 12.0 | 16.0 | 3.00 | *N/A* |
| DRESSING: FF FRENCH | 1 OZ (2T) | 1 | 50 | 350 | 7 | *N/A* | 10.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF ITALIAN, KRAFT | 1 OZ (2T) | 1 | 15 | 270 | 2 | *N/A* | 3.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF RASP VIN., KRAFT | 1 OZ (2T) | 1 | 40 | 380 | 9 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| Weighted Daily Average | | | 1047 | *2205 | *51 | *45.13 | *129.71 | *37.97 | *12.50 | *0.03 |
| % of Calories | | | | | *19.4% | *17.2% | *49.6% | *32.6% | *10.7% | *0.0% |
| Nutrient Guideline | | | 750-850 | 1420 | | | | | <10.00 | |

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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

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|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Wed - 02/20/2019 | | | | | | | | | | |
| High School Lunch | Total | 8 | | | | | | | | |
| GRAVY: SAUSAGE, WHITE | 4 OZ | 1 | 155 | 450 | *N/A* | 4.27 | 8.53 | 10.67 | 5.33 | *N/A* |
| BRD: BISCUIT, PILLSBURY | 2.25 OZ | 1 | 190 | 660 | 3 | 4.0 | 27.0 | 7.0 | 4.00 | *N/A* |
| VEG:GREEN BEANS: canned,cooked | .5 CUP | 1 | 14 | 169 | *N/A* | 0.81 | 3.04 | 0.07 | 0.01 | *N/A* |
| VEG: POTATO, HASHBROWN PATTIES | 2 EACH | 1 | 280 | 540 | 2 | 4.0 | 30.0 | 16.0 | 4.00 | *N/A* |
| VEG: POTATO, FF, SPICY STRT CU | 12 pieces | 1 | 139 | 387 | *N/A* | 1.99 | 19.86 | 5.96 | 0.99 | *N/A* |
| BOSCO CHEESE STICKS (2) | 2 EACH | 1 | 459 | 619 | 2 | 23.97 | 55.92 | 13.98 | 7.99 | *N/A* |
| PIZZA, HOMEMADE, MEAT LOVER'S | 1 SLICE | 1 | 442 | 973 | *5 | 24.92 | *31.29 | *24.6 | *13.11 | *0.05 |
| PIZZA, HOMEMADE, CHEESE | 1 SLICE | 1 | 327 | 551 | 5 | 16.75 | 30.75 | *15.5 | *10.00 | *0.00 |
| PIZZA, HOMEMADE, PEPPERONI | 1 SLICE | 1 | 347 | 614 | 5 | 17.52 | 30.8 | *17.35 | *10.71 | *0.06 |
| BRD: CORN CHIP, RF, WG, 2 OZ | 2 OZ | 1 | 280 | 340 | *N/A* | 4.0 | 40.0 | 12.0 | 2.00 | *N/A* |
| BEEF TACO FILLING, JTM, 2 MMA | 2.71 | 1 | 126 | 287 | 0 | 13.63 | 1.93 | 6.84 | 2.74 | *N/A* |
| CHEESE SAUCE, CHEDDAR, LOL | 3 OZ | 1 | 138 | 550 | *N/A* | 6.88 | 4.13 | 9.63 | 6.19 | *N/A* |
| SALSA:COMMODITY | 1 OZ | 1 | 10 | 122 | *N/A* | 0.43 | 1.98 | 0.06 | 0.01 | *N/A* |
| SOUR CREAM, LIGHT | 1 OZ | 1 | 38 | 33 | 2 | 0.95 | 2.86 | 2.38 | 1.43 | *N/A* |
| JALAPENOS, SLICED | 1.05 OZ | 1 | 5 | 514 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| EGG, OMELET, PAPETTI'S | 1 OMELET | 1 | 210 | 499 | 1 | 11.98 | 3.0 | 16.98 | 5.99 | *N/A* |
| BRD: CINN ROLL, PILLSBURY, 2.5 | 2.5 OZ | 1 | 220 | 180 | 9 | 5.0 | 33.0 | 8.0 | 3.00 | *N/A* |
| SDW: CLUX DELUXE | 1 EACH | 1 | 352 | 853 | 5 | 22.06 | 43.32 | 10.02 | *1.50 | *N/A* |
| SDW: CHICKEN PTY, SPICY | 1 EACH | 1 | 412 | 643 | 5 | 20.06 | 43.32 | 17.02 | *3.00 | *N/A* |
| SDW: BACON CHEESEBURGER | 1 EACH | 1 | 390 | 818 | *5 | 22.98 | *27.32 | 20.65 | *6.46 | *N/A* |
| SDW: PBJ, UNCRUSTABLES, 5.3 OZ | 1 SANDWICH | 1 | 630 | 630 | 28 | 19.0 | 64.0 | 33.0 | 7.00 | *N/A* |
| JUICE, 4 OZ, APPLE | 4 OZ | 1 | 50 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE, 4 OZ, ORANGE | 4 OZ | 1 | 50 | 15 | 11 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, APPLE CHERRY | 4 OZ | 1 | 60 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, GRAPE | 4 OZ | 1 | 77 | 20 | 18 | *N/A* | 19.0 | *N/A* | *N/A* | *N/A* |
| MILK: 1%, WHITE, 8 OZ | 8 OZ | 1 | 100 | 120 | 11 | 8.0 | 11.0 | 2.5 | 1.50 | 0.00 |
| MILK: SKIM, CHOCOLATE, 8 OZ | 8 OZ | 1 | 120 | 180 | 18 | 8.0 | 20.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, VANILLA, 8 OZ | 8 OZ | 1 | 130 | 170 | 22 | 8.0 | 24.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, STRAWBERRY, 8 OZ | 8 OZ | 1 | 120 | 120 | 22 | 8.0 | 22.0 | *N/A* | *N/A* | *N/A* |
| KETCHUP, 1.5 GALLON, HEINZ | 1 OZ | 1 | 38 | 308 | 7 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| RANCH, HEINZ, 1.5 GAL | 1 OZ | 1 | 160 | 240 | 1 | *N/A* | 1.0 | 17.0 | 3.00 | *N/A* |
| BBQ SAUCE, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 453 | 7 | *N/A* | 10.88 | *N/A* | *N/A* | *N/A* |
| MUSTARD, HONEY, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 160 | 5 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| SAUCE, BUFFALO, FRANKS | 1 OZ | 1 | 7 | 832 | 0 | 0.17 | 0.66 | 0.43 | 0.06 | *N/A* |
| MUSTARD: individual PC | Pkt 5g | 1 | 3 | 55 | 0 | 0.19 | 0.29 | 0.17 | 0.01 | 0.00 |
| SAUCE: BBQ, SWEET BABY RAYS | 1 OZ | 1 | 54 | 223 | 12 | *N/A* | 14.0 | *N/A* | *N/A* | *N/A* |
| MAYONNAISE, HEINZ, PACKET | 1 PACKET | 1 | 80 | 75 | 1 | *N/A* | 1.0 | 8.0 | 1.50 | *N/A* |
| FRUIT: GRAPES,Fresh | .5 CUP | 1 | 31 | 1 | 7 | 0.29 | 7.89 | 0.16 | 0.05 | 0.00 |
| FRUIT: ORANGE, 1/2 CUP | 4 OZ | 1 | 63 | 2 | *N/A* | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |

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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

| | Portion Size | Reimb Qty | Cals (kcal) | Sodm (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Wed - 02/20/2019 | | | | | | | | | | |
| VEG: CAULIFLOWER,raw: fresh | .5 CUP | 1 | 13 | 15 | 1 | 0.96 | 2.49 | 0.14 | 0.07 | 0.00 |
| VEG: PEPPER STRIPS, 1/2 CUP | 4 OZ | 1 | 30 | *N/A* | *N/A* | 1.0 | 6.0 | *N/A* | *N/A* | *N/A* |
| VEG: LETTUCE, ROMAINE 2 CUPS | 2 CUPS | 1 | 16 | 8 | 1 | 1.0 | 3.0 | *N/A* | *N/A* | *N/A* |
| BRD: SUB BUN, KLOSTERMAN | 1 SUB BUN | 1 | 170 | 280 | 4 | 6.0 | 30.0 | 2.5 | *N/A* | *N/A* |
| CHEESE, SLICE, AMERICAN BONGAR | 1 SLICE | 1 | 40 | 140 | 0 | 3.5 | 1.0 | 3.0 | 1.25 | *N/A* |
| CHEESE: WHITE AMERICAN | 1 SLICE | 1 | 55 | 200 | 0 | 2.5 | 1.0 | 4.5 | 2.50 | 0.00 |
| CHEESE: MOZZARELLA, SHRED, COM | 1 OZ | 1 | 60 | 170 | *N/A* | 7.0 | 1.0 | 3.0 | 2.00 | *N/A* |
| CHEESE: CHEDDAR, SHREDDED | 1 OZ | 1 | 80 | 200 | *N/A* | 7.0 | 1.0 | 6.0 | 4.00 | *N/A* |
| EGG, DICED | 1 OZ | 1 | 47 | 35 | 1 | 3.53 | 0.59 | 2.94 | 0.88 | *N/A* |
| PORK: HAM, DICED/SL, COMMODITY | 1.22 OZ | 1 | 37 | 232 | 1 | 5.0 | 2.0 | 2.0 | 1.00 | *N/A* |
| CHICKEN, BREAST, GRILLED, TYSO | 1 PIECE | 1 | 119 | 316 | *N/A* | 21.73 | 0.99 | 2.47 | 0.49 | *N/A* |
| PORK: BACON PCS, ARMOUR, 2 T | 1 OZ | 1 | 70 | 300 | *N/A* | 4.0 | *N/A* | 6.0 | 2.00 | *N/A* |
| SUNFLOWER SEEDS BULK | 1 OZ | 1 | 160 | 110 | 1 | 5.0 | 6.0 | 14.0 | 1.50 | *N/A* |
| VEG: BEAN, GARBANZO | 4 OZ | 1 | 122 | 384 | 1 | 4.37 | 17.47 | 0.87 | *N/A* | *N/A* |
| COTTAGE CHEESE | .5 CUP | 1 | 81 | 459 | 3 | 14.0 | 3.07 | 1.15 | 0.73 | *N/A* |
| CARROT STICKS | .25 CUP | 1 | 13 | 21 | 1 | 0.28 | 2.92 | 0.07 | 0.01 | 0.00 |
| VEG: TOMATO, DICED | .25 CUP | 1 | 15 | 7 | 0 | 0.25 | 2.98 | 0.0 | 0.00 | 0.00 |
| VEG: ONION, RED, CHOPPED | .25 CUP | 1 | 16 | 2 | *N/A* | 0.44 | 3.74 | 0.04 | 0.02 | *N/A* |
| BANANA PEPPER | 1 OZ | 1 | 5 | 282 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| BLUEBERRIES,Fresh | .25 CUP | 1 | 21 | 0 | 4 | 0.27 | 5.36 | 0.12 | 0.01 | 0.00 |
| STRAWBERRIES,FRESH | .25 CUP | 1 | 12 | 0 | 2 | 0.24 | 2.76 | 0.11 | 0.01 | 0.00 |
| BRD: CRACKER, WG, 2 PACK | 2 PACKS | 1 | 120 | 210 | 2 | 2.0 | 18.0 | 3.0 | 1.00 | *N/A* |
| BRD: CROUTON, WG, IW | 1 PACKAGE | 1 | 80 | 135 | 1 | 2.0 | 13.0 | 2.0 | *N/A* | *N/A* |
| DRESSING: CAESAR, KRAFT | 1 OZ (2T) | 1 | 160 | 450 | 2 | 2.0 | 12.0 | 16.0 | 3.00 | *N/A* |
| DRESSING: FF FRENCH | 1 OZ (2T) | 1 | 50 | 350 | 7 | *N/A* | 10.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF ITALIAN, KRAFT | 1 OZ (2T) | 1 | 15 | 270 | 2 | *N/A* | 3.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF RASP VIN., KRAFT | 1 OZ (2T) | 1 | 40 | 380 | 9 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| Weighted Daily Average | | | 1004 | *2296 | *36 | *43.99 | *108.02 | *43.24 | *15.26 | *0.01 |
| % of Calories | | | | | *14.3% | *17.5% | *43.0% | *38.8% | *13.7% | *0.0% |
| Nutrient Guideline | | | 750-850 | 1420 | | | | | <10.00 | |

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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

| | Portion Size | Reimb Qty | Cals (kcal) | Sodm (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|---------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 02/21/2019 | | | | | | | | | | |
| High School Lunch | Total | 8 | | | | | | | | |
| PIZZA, DOMINOES, CHEESE | 1 SLICE | 1 | 300 | 790 | 3 | 15.0 | 31.0 | 14.0 | 8.00 | *N/A* |
| PIZZA, DOMINOES, PEPPERONI | 1 SLICE | 1 | 310 | 790 | 3 | 15.0 | 31.0 | 14.0 | 8.00 | *N/A* |
| PIZZA: PIZZA HUT, LRG SAUSAGE | 1 LRG SLICE | 1 | 350 | 840 | 6 | 15.0 | 40.0 | 14.0 | 6.00 | 0.00 |
| VEG: BEAN, BAKED BUSHES | 4 OZ | 1 | 123 | 482 | 11 | 5.26 | 25.4 | 0.88 | *N/A* | *N/A* |
| VEG: POTATO, CURLY FRY, 1/2 CUP | 3 OZ PORTIO | 1 | 155 | 420 | *N/A* | 2.0 | 21.0 | 7.0 | 1.00 | *N/A* |
| BOSCO STICKS, PEPPERONI (2) | 2 STICKS | 1 | 520 | 1020 | 6 | 22.0 | 64.0 | 18.0 | 9.00 | *N/A* |
| SAUCE: TERIYAKI, MINH | 1 OZ | 1 | 42 | 198 | 9 | 0.46 | 9.71 | 0.14 | 0.03 | *N/A* |
| SAUCE: STIR FRY | 1 OZ | 1 | 35 | 440 | 2 | 1.0 | 4.0 | 1.5 | *N/A* | *N/A* |
| SAUCE, SWEET N SOUR | 1 OZ | 1 | 60 | 110 | 11 | *N/A* | 14.0 | *N/A* | *N/A* | *N/A* |
| SAUCE: GENERAL TSO, YANGS | 1 OZ | 1 | 37 | 79 | 9 | *N/A* | 10.0 | 0.0 | *N/A* | *N/A* |
| CHICKEN, MANDARIN ORANGE, LING | 3.6 OZ | 1 | 151 | 282 | *N/A* | 11.08 | 19.13 | 3.02 | 0.50 | *N/A* |
| BRD: RICE, WHITE, 1 CUP | 1 CUP | 1 | 242 | 0 | 0 | 4.43 | 53.18 | 0.41 | 0.09 | 0.00 |
| BRD: NOODLE, ASIAN, 2 BG | 8 OZ | 1 | 302 | 599 | 27 | 8.41 | 66.36 | *0.43 | *0.09 | *N/A* |
| EGG ROLL | 1 EACH | 1 | 180 | 430 | 2 | 7.0 | 21.0 | 8.0 | 2.00 | *N/A* |
| CORN DOG, STATE FAIR | 4 OZ | 1 | 280 | 660 | 9 | 9.0 | 31.0 | 13.0 | 3.50 | 0.00 |
| SDW: CLUX DELUXE | 1 EACH | 1 | 352 | 853 | 5 | 22.06 | 43.32 | 10.02 | *1.50 | *N/A* |
| SDW: CHICKEN PTY, SPICY | 1 EACH | 1 | 412 | 643 | 5 | 20.06 | 43.32 | 17.02 | *3.00 | *N/A* |
| SDW: BACON CHEESEBURGER | 1 EACH | 1 | 390 | 818 | *5 | 22.98 | *27.32 | 20.65 | *6.46 | *N/A* |
| SDW: PBJ, UNCRUSTABLES, 5.3 OZ | 1 SANDWICH | 1 | 630 | 630 | 28 | 19.0 | 64.0 | 33.0 | 7.00 | *N/A* |
| JUICE, 4 OZ, APPLE | 4 OZ | 1 | 50 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE, 4 OZ, ORANGE | 4 OZ | 1 | 50 | 15 | 11 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, APPLE CHERRY | 4 OZ | 1 | 60 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, GRAPE | 4 OZ | 1 | 77 | 20 | 18 | *N/A* | 19.0 | *N/A* | *N/A* | *N/A* |
| MILK: 1%, WHITE, 8 OZ | 8 OZ | 1 | 100 | 120 | 11 | 8.0 | 11.0 | 2.5 | 1.50 | 0.00 |
| MILK: SKIM, CHOCOLATE, 8 OZ | 8 OZ | 1 | 120 | 180 | 18 | 8.0 | 20.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, VANILLA, 8 OZ | 8 OZ | 1 | 130 | 170 | 22 | 8.0 | 24.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, STRAWBERRY, 8 OZ | 8 OZ | 1 | 120 | 120 | 22 | 8.0 | 22.0 | *N/A* | *N/A* | *N/A* |
| KETCHUP, 1.5 GALLON, HEINZ | 1 OZ | 1 | 38 | 308 | 7 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| RANCH, HEINZ, 1.5 GAL | 1 OZ | 1 | 160 | 240 | 1 | *N/A* | 1.0 | 17.0 | 3.00 | *N/A* |
| BBQ SAUCE, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 453 | 7 | *N/A* | 10.88 | *N/A* | *N/A* | *N/A* |
| MUSTARD, HONEY, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 160 | 5 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| SAUCE, BUFFALO, FRANKS | 1 OZ | 1 | 7 | 832 | 0 | 0.17 | 0.66 | 0.43 | 0.06 | *N/A* |
| MUSTARD: individual PC | Pkt 5g | 1 | 3 | 55 | 0 | 0.19 | 0.29 | 0.17 | 0.01 | 0.00 |
| SAUCE: BBQ, SWEET BABY RAYS | 1 OZ | 1 | 54 | 223 | 12 | *N/A* | 14.0 | *N/A* | *N/A* | *N/A* |
| MAYONNAISE, HEINZ, PACKET | 1 PACKET | 1 | 80 | 75 | 1 | *N/A* | 1.0 | 8.0 | 1.50 | *N/A* |
| FRUIT: PEACH/PEAR/GRAPE MIX | .5 CUP | 1 | 68 | 6 | 17 | 0.56 | 18.26 | 0.04 | 0.00 | 0.00 |
| FRUIT: WATERMELON, CHUNKS | .5 CUP | 1 | 23 | 1 | 5 | 0.46 | 5.74 | 0.11 | 0.01 | 0.00 |
| VEG: CELERY STICKS | .5 CUP | 1 | 10 | 48 | 1 | 0.41 | 1.78 | 0.1 | 0.03 | 0.00 |
| VEG: CUCUMBER, RAW | 4 OZ | 1 | 7 | 1 | 1 | 0.35 | 1.29 | 0.1 | 0.01 | 0.00 |

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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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Generated on: 1/25/2019 12:18:20 PM

| | Portion Size | Reimb Qty | Cals (kcal) | Sodm (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 02/21/2019 | | | | | | | | | | |
| VEG: LETTUCE, ROMAINE 2 CUPS | 2 CUPS | 1 | 16 | 8 | 1 | 1.0 | 3.0 | *N/A* | *N/A* | *N/A* |
| BRD: SUB BUN, KLOSTERMAN | 1 SUB BUN | 1 | 170 | 280 | 4 | 6.0 | 30.0 | 2.5 | *N/A* | *N/A* |
| CHEESE, SLICE, AMERICAN BONGAR | 1 SLICE | 1 | 40 | 140 | 0 | 3.5 | 1.0 | 3.0 | 1.25 | *N/A* |
| CHEESE: WHITE AMERICAN | 1 SLICE | 1 | 55 | 200 | 0 | 2.5 | 1.0 | 4.5 | 2.50 | 0.00 |
| CHEESE: MOZZARELLA, SHRED, COM | 1 OZ | 1 | 60 | 170 | *N/A* | 7.0 | 1.0 | 3.0 | 2.00 | *N/A* |
| CHEESE: CHEDDAR, SHREDDED | 1 OZ | 1 | 80 | 200 | *N/A* | 7.0 | 1.0 | 6.0 | 4.00 | *N/A* |
| EGG, DICED | 1 OZ | 1 | 47 | 35 | 1 | 3.53 | 0.59 | 2.94 | 0.88 | *N/A* |
| PORK: HAM, DICED/SL, COMMODITY | 1.22 OZ | 1 | 37 | 232 | 1 | 5.0 | 2.0 | 2.0 | 1.00 | *N/A* |
| CHICKEN, BREAST, GRILLED, TYSO | 1 PIECE | 1 | 119 | 316 | *N/A* | 21.73 | 0.99 | 2.47 | 0.49 | *N/A* |
| PORK: BACON PCS, ARMOUR, 2 T | 1 OZ | 1 | 70 | 300 | *N/A* | 4.0 | *N/A* | 6.0 | 2.00 | *N/A* |
| SUNFLOWER SEEDS BULK | 1 OZ | 1 | 160 | 110 | 1 | 5.0 | 6.0 | 14.0 | 1.50 | *N/A* |
| VEG: BEAN, GARBANZO | 4 OZ | 1 | 122 | 384 | 1 | 4.37 | 17.47 | 0.87 | *N/A* | *N/A* |
| COTTAGE CHEESE | .5 CUP | 1 | 81 | 459 | 3 | 14.0 | 3.07 | 1.15 | 0.73 | *N/A* |
| CARROT STICKS | .25 CUP | 1 | 13 | 21 | 1 | 0.28 | 2.92 | 0.07 | 0.01 | 0.00 |
| VEG: TOMATO, DICED | .25 CUP | 1 | 15 | 7 | 0 | 0.25 | 2.98 | 0.0 | 0.00 | 0.00 |
| VEG: ONION, RED, CHOPPED | .25 CUP | 1 | 16 | 2 | *N/A* | 0.44 | 3.74 | 0.04 | 0.02 | *N/A* |
| BANANA PEPPER | 1 OZ | 1 | 5 | 282 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| BLUEBERRIES, Fresh | .25 CUP | 1 | 21 | 0 | 4 | 0.27 | 5.36 | 0.12 | 0.01 | 0.00 |
| STRAWBERRIES, FRESH | .25 CUP | 1 | 12 | 0 | 2 | 0.24 | 2.76 | 0.11 | 0.01 | 0.00 |
| BRD: CRACKER, WG, 2 PACK | 2 PACKS | 1 | 120 | 210 | 2 | 2.0 | 18.0 | 3.0 | 1.00 | *N/A* |
| BRD: CROUTON, WG, IW | 1 PACKAGE | 1 | 80 | 135 | 1 | 2.0 | 13.0 | 2.0 | *N/A* | *N/A* |
| DRESSING: CAESAR, KRAFT | 1 OZ (2T) | 1 | 160 | 450 | 2 | 2.0 | 12.0 | 16.0 | 3.00 | *N/A* |
| DRESSING: FF FRENCH | 1 OZ (2T) | 1 | 50 | 350 | 7 | *N/A* | 10.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF ITALIAN, KRAFT | 1 OZ (2T) | 1 | 15 | 270 | 2 | *N/A* | 3.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF RASP VIN., KRAFT | 1 OZ (2T) | 1 | 40 | 380 | 9 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| Weighted Daily Average | | | 964 | *2257 | *46 | *40.75 | *122.19 | *34.16 | *10.34 | *0.00 |
| % of Calories | | | | | *18.9% | *16.9% | *50.7% | *31.9% | *9.7% | *0.0% |
| Nutrient Guideline | | | 750-850 | 1420 | | | | | <10.00 | |

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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

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|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 02/22/2019 | | | | | | | | | | |
| High School Lunch | Total | 8 | | | | | | | | |
| ENT: CHILI,WEIGHT BETTER, 2MMA | 5.15 OZ | 1 | 152 | 646 | 6 | 14.28 | 10.02 | 5.82 | 2.17 | *N/A* |
| BRD: CINN ROLL, PILLSBURY, 2.5 | 2.5 OZ | 1 | 220 | 180 | 9 | 5.0 | 33.0 | 8.0 | 3.00 | *N/A* |
| GLAZE,POWDERED SUGAR | 1 FL OZ | 1 | 111 | 1 | 28 | 0.0 | 28.32 | 0.0 | 0.00 | *0.00 |
| VEG: POTATO, CRINKLE FRY | 12 PIECES | 1 | 130 | 160 | 0 | 2.0 | 21.0 | 4.5 | 0.50 | 0.00 |
| VEG: CARROTS: canned, cooked | .5 CUP | 1 | 18 | 177 | 2 | 0.47 | 4.04 | 0.14 | 0.03 | 0.00 |
| BOSCO CHEESE STICKS (2) | 2 EACH | 1 | 459 | 619 | 2 | 23.97 | 55.92 | 13.98 | 7.99 | *N/A* |
| PIZZA, HOMEMADE, MEAT LOVER'S | 1 SLICE | 1 | 442 | 973 | *5 | 24.92 | *31.29 | *24.6 | *13.11 | *0.05 |
| PIZZA, HOMEMADE, CHEESE | 1 SLICE | 1 | 327 | 551 | 5 | 16.75 | 30.75 | *15.5 | *10.00 | *0.00 |
| PIZZA, HOMEMADE, PEPPERONI | 1 SLICE | 1 | 347 | 614 | 5 | 17.52 | 30.8 | *17.35 | *10.71 | *0.06 |
| BRD: RICE, BROWN, 8 OZ COOKED | 8 OZ | 1 | 182 | *N/A* | *N/A* | 4.0 | 37.47 | 1.7 | *N/A* | *N/A* |
| CHEESE SAUCE, QUESO BLANCO | 2 OZ | 1 | 119 | 420 | *N/A* | 7.11 | 2.03 | 9.14 | 5.08 | *N/A* |
| STEAK: STRIPS, GOOD SOURCE | 1.25 OZ | 1 | 160 | 590 | 1 | 21.0 | 3.0 | 7.0 | 2.50 | 0.00 |
| VEG: PEPPERS/ONIONS ROASTED | 3 OZ | 1 | 45 | 140 | 4 | 1.0 | 8.0 | 1.0 | *N/A* | *N/A* |
| VEG: BEAN, BLACK, 1/2 CUP | .5 CUP | 1 | 120 | 360 | 1 | 6.0 | 16.0 | 0.29 | 0.08 | 0.00 |
| SALSA:COMMODITY | 1 OZ | 1 | 10 | 122 | *N/A* | 0.43 | 1.98 | 0.06 | 0.01 | *N/A* |
| SOUR CREAM, LIGHT | 1 OZ | 1 | 38 | 33 | 2 | 0.95 | 2.86 | 2.38 | 1.43 | *N/A* |
| JALAPENOS, SLICED | 1.05 OZ | 1 | 5 | 514 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| CHICKEN: BUFFALO BITES;PROVIEW | 4 EACH | 1 | 260 | 640 | *N/A* | 19.0 | 14.0 | 15.0 | 1.50 | *N/A* |
| BRD: CHEESY TEXAS TOAST, KLOST | SLICE | 1 | 162 | 290 | *1 | 10.0 | 17.06 | 7.24 | *4.02 | *0.00 |
| SDW: CLUX DELUXE | 1 EACH | 1 | 352 | 853 | 5 | 22.06 | 43.32 | 10.02 | *1.50 | *N/A* |
| SDW: CHICKEN PTY, SPICY | 1 EACH | 1 | 412 | 643 | 5 | 20.06 | 43.32 | 17.02 | *3.00 | *N/A* |
| SDW: BACON CHEESEBURGER | 1 EACH | 1 | 390 | 818 | *5 | 22.98 | *27.32 | 20.65 | *6.46 | *N/A* |
| SDW: PBJ, UNCRUSTABLES, 5.3 OZ | 1 SANDWICH | 1 | 630 | 630 | 28 | 19.0 | 64.0 | 33.0 | 7.00 | *N/A* |
| JUICE, 4 OZ, APPLE | 4 OZ | 1 | 50 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE, 4 OZ, ORANGE | 4 OZ | 1 | 50 | 15 | 11 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, APPLE CHERRY | 4 OZ | 1 | 60 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, GRAPE | 4 OZ | 1 | 77 | 20 | 18 | *N/A* | 19.0 | *N/A* | *N/A* | *N/A* |
| MILK: 1%, WHITE, 8 OZ | 8 OZ | 1 | 100 | 120 | 11 | 8.0 | 11.0 | 2.5 | 1.50 | 0.00 |
| MILK: SKIM, CHOCOLATE, 8 OZ | 8 OZ | 1 | 120 | 180 | 18 | 8.0 | 20.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, VANILLA, 8 OZ | 8 OZ | 1 | 130 | 170 | 22 | 8.0 | 24.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, STRAWBERRY, 8 OZ | 8 OZ | 1 | 120 | 120 | 22 | 8.0 | 22.0 | *N/A* | *N/A* | *N/A* |
| KETCHUP, 1.5 GALLON, HEINZ | 1 OZ | 1 | 38 | 308 | 7 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| RANCH, HEINZ, 1.5 GAL | 1 OZ | 1 | 160 | 240 | 1 | *N/A* | 1.0 | 17.0 | 3.00 | *N/A* |
| BBQ SAUCE, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 453 | 7 | *N/A* | 10.88 | *N/A* | *N/A* | *N/A* |
| MUSTARD, HONEY, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 160 | 5 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| SAUCE, BUFFALO, FRANKS | 1 OZ | 1 | 7 | 832 | 0 | 0.17 | 0.66 | 0.43 | 0.06 | *N/A* |
| MUSTARD: individual PC | Pkt 5g | 1 | 3 | 55 | 0 | 0.19 | 0.29 | 0.17 | 0.01 | 0.00 |
| SAUCE: BBQ, SWEET BABY RAYS | 1 OZ | 1 | 54 | 223 | 12 | *N/A* | 14.0 | *N/A* | *N/A* | *N/A* |
| MAYONNAISE, HEINZ, PACKET | 1 PACKET | 1 | 80 | 75 | 1 | *N/A* | 1.0 | 8.0 | 1.50 | *N/A* |

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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 02/22/2019 | | | | | | | | | | |
| FRUIT: ROSY APPLESAUCE | 4 oz | 1 | 75 | 35 | 17 | 0.75 | 19.19 | 0.11 | 0.01 | *0.00 |
| FRUIT: STRAWBERRIES: frozen | .5 CUP | 1 | 122 | 4 | 31 | 0.68 | 33.05 | 0.17 | 0.01 | 0.00 |
| VEG: LETTUCE, ROMAINE, 1 CUP | 8 OZ | 1 | 8 | *N/A* | *N/A* | *N/A* | 1.55 | *N/A* | *N/A* | *N/A* |
| VEG: CARROTS, BABY, 1/2 CUP | 4 OZ | 1 | 25 | 42 | 2 | *N/A* | 5.0 | *N/A* | *N/A* | *N/A* |
| VEG: LETTUCE, ROMAINE 2 CUPS | 2 CUPS | 1 | 16 | 8 | 1 | 1.0 | 3.0 | *N/A* | *N/A* | *N/A* |
| BRD: SUB BUN, KLOSTERMAN | 1 SUB BUN | 1 | 170 | 280 | 4 | 6.0 | 30.0 | 2.5 | *N/A* | *N/A* |
| CHEESE, SLICE, AMERICAN BONGAR | 1 SLICE | 1 | 40 | 140 | 0 | 3.5 | 1.0 | 3.0 | 1.25 | *N/A* |
| CHEESE: WHITE AMERICAN | 1 SLICE | 1 | 55 | 200 | 0 | 2.5 | 1.0 | 4.5 | 2.50 | 0.00 |
| CHEESE: MOZZARELLA, SHRED, COM | 1 OZ | 1 | 60 | 170 | *N/A* | 7.0 | 1.0 | 3.0 | 2.00 | *N/A* |
| CHEESE: CHEDDAR, SHREDDED | 1 OZ | 1 | 80 | 200 | *N/A* | 7.0 | 1.0 | 6.0 | 4.00 | *N/A* |
| EGG, DICED | 1 OZ | 1 | 47 | 35 | 1 | 3.53 | 0.59 | 2.94 | 0.88 | *N/A* |
| PORK: HAM, DICED/SL, COMMODITY | 1.22 OZ | 1 | 37 | 232 | 1 | 5.0 | 2.0 | 2.0 | 1.00 | *N/A* |
| CHICKEN, BREAST, GRILLED, TYSO | 1 PIECE | 1 | 119 | 316 | *N/A* | 21.73 | 0.99 | 2.47 | 0.49 | *N/A* |
| PORK: BACON PCS, ARMOUR, 2 T | 1 OZ | 1 | 70 | 300 | *N/A* | 4.0 | *N/A* | 6.0 | 2.00 | *N/A* |
| SUNFLOWER SEEDS BULK | 1 OZ | 1 | 160 | 110 | 1 | 5.0 | 6.0 | 14.0 | 1.50 | *N/A* |
| VEG: BEAN, GARBANZO | 4 OZ | 1 | 122 | 384 | 1 | 4.37 | 17.47 | 0.87 | *N/A* | *N/A* |
| COTTAGE CHEESE | .5 CUP | 1 | 81 | 459 | 3 | 14.0 | 3.07 | 1.15 | 0.73 | *N/A* |
| CARROT STICKS | .25 CUP | 1 | 13 | 21 | 1 | 0.28 | 2.92 | 0.07 | 0.01 | 0.00 |
| VEG: TOMATO, DICED | .25 CUP | 1 | 15 | 7 | 0 | 0.25 | 2.98 | 0.0 | 0.00 | 0.00 |
| VEG: ONION, RED, CHOPPED | .25 CUP | 1 | 16 | 2 | *N/A* | 0.44 | 3.74 | 0.04 | 0.02 | *N/A* |
| BANANA PEPPER | 1 OZ | 1 | 5 | 282 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| BLUEBERRIES, Fresh | .25 CUP | 1 | 21 | 0 | 4 | 0.27 | 5.36 | 0.12 | 0.01 | 0.00 |
| STRAWBERRIES, FRESH | .25 CUP | 1 | 12 | 0 | 2 | 0.24 | 2.76 | 0.11 | 0.01 | 0.00 |
| BRD: CRACKER, WG, 2 PACK | 2 PACKS | 1 | 120 | 210 | 2 | 2.0 | 18.0 | 3.0 | 1.00 | *N/A* |
| BRD: CROUTON, WG, IW | 1 PACKAGE | 1 | 80 | 135 | 1 | 2.0 | 13.0 | 2.0 | *N/A* | *N/A* |
| DRESSING: CAESAR, KRAFT | 1 OZ (2T) | 1 | 160 | 450 | 2 | 2.0 | 12.0 | 16.0 | 3.00 | *N/A* |
| DRESSING: FF FRENCH | 1 OZ (2T) | 1 | 50 | 350 | 7 | *N/A* | 10.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF ITALIAN, KRAFT | 1 OZ (2T) | 1 | 15 | 270 | 2 | *N/A* | 3.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF RASP VIN., KRAFT | 1 OZ (2T) | 1 | 40 | 380 | 9 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| Weighted Daily Average | | | 1007 | *2246 | *45 | *48.05 | *114.63 | *39.07 | *13.32 | *0.01 |
| % of Calories | | | | | *18.1% | *19.1% | *45.5% | *34.9% | *11.9% | *0.0% |
| Nutrient Guideline | | | 750-850 | 1420 | | | | | <10.00 | |

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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

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|--------------------------------|---------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Mon - 02/25/2019 | | | | | | | | | | |
| High School Lunch | | | | | | | | | | |
| VEG: POTATO, BAKED, 120 CT | Total | 8 | | | | | | | | |
| 1 POTATO | 1 | | 57 | 3 | 1 | 1.2 | 13.0 | *N/A* | *N/A* | *N/A* |
| CHEESE SAUCE, CHEDDAR, LOL | 3 OZ | 1 | 138 | 550 | *N/A* | 6.88 | 4.13 | 9.63 | 6.19 | *N/A* |
| CHEESE: CHEDDAR, SHREDDED | 1 OZ | 1 | 80 | 200 | *N/A* | 7.0 | 1.0 | 6.0 | 4.00 | *N/A* |
| PORK: BACON PCS, ARMOUR, 2 T | 1 OZ | 1 | 70 | 300 | *N/A* | 4.0 | *N/A* | 6.0 | 2.00 | *N/A* |
| BRD: BISCUIT, PILLSBURY | 2.25 OZ | 1 | 190 | 660 | 3 | 4.0 | 27.0 | 7.0 | 4.00 | *N/A* |
| VEG: POTATO, FF, REGULAR, 3/8 | 12 pieces | 1 | 140 | 140 | 0 | 2.0 | 21.0 | 6.0 | 0.50 | *N/A* |
| ENT: CHEESE BITES, WILD MIKES | 4 EACH | 1 | 280 | 540 | *N/A* | 16.0 | 28.0 | 12.0 | 4.00 | *N/A* |
| PIZZA, BIG DADDY, CHEESE, 16" | 1 SLICE | 1 | 400 | 440 | 7 | 19.0 | 42.99 | 16.0 | 7.00 | *N/A* |
| PIZZA, BIG DADDYS, PEPP, 16" | 5.57 OZ | 1 | 410 | 580 | 7 | 20.0 | 43.0 | 18.0 | 7.00 | *N/A* |
| BRD: TORTILLA, 6 INCH (2 EACH) | 2 EACH | 1 | 178 | 436 | *N/A* | 5.95 | 23.79 | 3.97 | 1.98 | 0.00 |
| BEEF TACO FILLING, JTM, 2 MMA | 2.71 | 1 | 126 | 287 | 0 | 13.63 | 1.93 | 6.84 | 2.74 | *N/A* |
| CHEESE: CHEDDAR, SHREDDED | 1 OZ | 1 | 80 | 200 | *N/A* | 7.0 | 1.0 | 6.0 | 4.00 | *N/A* |
| BRD: RICE, SPANISH 4 OZ | 4 OZ | 1 | 95 | 410 | 1 | 3.0 | 21.0 | 0.5 | *N/A* | *N/A* |
| VEG: REFRIED BEAN, SANTIAGO | 4 OZ | 1 | 141 | 510 | *N/A* | 8.0 | 24.0 | 1.5 | 0.50 | *N/A* |
| VEG: POTATO, FF, REGULAR, 3/8 | 12 pieces | 1 | 140 | 140 | 0 | 2.0 | 21.0 | 6.0 | 0.50 | *N/A* |
| CHEESE SAUCE, CHEDDAR, LOL | 3 OZ | 1 | 138 | 550 | *N/A* | 6.88 | 4.13 | 9.63 | 6.19 | *N/A* |
| PORK: BACON PCS, ARMOUR, 2 T | 2 TABLESPOONS | 1 | 70 | 300 | *N/A* | 4.0 | *N/A* | 6.0 | 2.00 | *N/A* |
| BOSCO CHEESE STICKS (1) | 1 EACH | 1 | 115 | 155 | 0 | 5.99 | 13.98 | 3.49 | 2.00 | *N/A* |
| SDW: PBJ, UNCRUSTABLES, 5.3 OZ | 1 SANDWICH | 1 | 630 | 630 | 28 | 19.0 | 64.0 | 33.0 | 7.00 | *N/A* |
| JUICE, 4 OZ, APPLE | 4 OZ | 1 | 50 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE, 4 OZ, ORANGE | 4 OZ | 1 | 50 | 15 | 11 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, APPLE CHERRY | 4 OZ | 1 | 60 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, GRAPE | 4 OZ | 1 | 77 | 20 | 18 | *N/A* | 19.0 | *N/A* | *N/A* | *N/A* |
| MILK: 1%, WHITE, 8 OZ | 8 OZ | 1 | 100 | 120 | 11 | 8.0 | 11.0 | 2.5 | 1.50 | 0.00 |
| MILK: SKIM, CHOCOLATE, 8 OZ | 8 OZ | 1 | 120 | 180 | 18 | 8.0 | 20.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, VANILLA, 8 OZ | 8 OZ | 1 | 130 | 170 | 22 | 8.0 | 24.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, STRAWBERRY, 8 OZ | 8 OZ | 1 | 120 | 120 | 22 | 8.0 | 22.0 | *N/A* | *N/A* | *N/A* |
| KETCHUP, 1.5 GALLON, HEINZ | 1 OZ | 1 | 38 | 308 | 7 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| RANCH, HEINZ, 1.5 GAL | 1 OZ | 1 | 160 | 240 | 1 | *N/A* | 1.0 | 17.0 | 3.00 | *N/A* |
| BBQ SAUCE, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 453 | 7 | *N/A* | 10.88 | *N/A* | *N/A* | *N/A* |
| MUSTARD, HONEY, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 160 | 5 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| SAUCE, BUFFALO, FRANKS | 1 OZ | 1 | 7 | 832 | 0 | 0.17 | 0.66 | 0.43 | 0.06 | *N/A* |
| MUSTARD: individual PC | Pkt 5g | 1 | 3 | 55 | 0 | 0.19 | 0.29 | 0.17 | 0.01 | 0.00 |
| SAUCE: BBQ, SWEET BABY RAYS | 1 OZ | 1 | 54 | 223 | 12 | *N/A* | 14.0 | *N/A* | *N/A* | *N/A* |
| MAYONNAISE, HEINZ, PACKET | 1 PACKET | 1 | 80 | 75 | 1 | *N/A* | 1.0 | 8.0 | 1.50 | *N/A* |
| FRUIT: PEACH/PEAR/GRAPE MIX | .5 CUP | 1 | 68 | 6 | 17 | 0.56 | 18.26 | 0.04 | 0.00 | 0.00 |
| FRUIT: APPLE, HALF CUP, USDA | 4 OZ | 1 | 32 | 1 | 6 | *N/A* | 8.0 | *N/A* | *N/A* | *N/A* |
| VEG: CUCUMBER,RAW | 4 OZ | 1 | 7 | 1 | 1 | 0.35 | 1.29 | 0.1 | 0.01 | 0.00 |

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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

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High School Lunch

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|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Mon - 02/25/2019 | | | | | | | | | | |
| VEG: CARROTS, BABY, 1/2 CUP | 4 OZ | 1 | 25 | 42 | 2 | *N/A* | 5.0 | *N/A* | *N/A* | *N/A* |
| VEG: LETTUCE, ROMAINE 2 CUPS | 2 CUPS | 1 | 16 | 8 | 1 | 1.0 | 3.0 | *N/A* | *N/A* | *N/A* |
| BRD: SUB BUN, KLOSTERMAN | 1 SUB BUN | 1 | 170 | 280 | 4 | 6.0 | 30.0 | 2.5 | *N/A* | *N/A* |
| CHEESE, SLICE, AMERICAN BONGAR | 1 SLICE | 1 | 40 | 140 | 0 | 3.5 | 1.0 | 3.0 | 1.25 | *N/A* |
| CHEESE: WHITE AMERICAN | 1 SLICE | 1 | 55 | 200 | 0 | 2.5 | 1.0 | 4.5 | 2.50 | 0.00 |
| CHEESE: MOZZARELLA, SHRED, COM | 1 OZ | 1 | 60 | 170 | *N/A* | 7.0 | 1.0 | 3.0 | 2.00 | *N/A* |
| CHEESE: CHEDDAR, SHREDDED | 1 OZ | 1 | 80 | 200 | *N/A* | 7.0 | 1.0 | 6.0 | 4.00 | *N/A* |
| EGG, DICED | 1 OZ | 1 | 47 | 35 | 1 | 3.53 | 0.59 | 2.94 | 0.88 | *N/A* |
| PORK: HAM, DICED/SL, COMMODITY | 1.22 OZ | 1 | 37 | 232 | 1 | 5.0 | 2.0 | 2.0 | 1.00 | *N/A* |
| CHICKEN, BREAST, GRILLED, TYSO | 1 PIECE | 1 | 119 | 316 | *N/A* | 21.73 | 0.99 | 2.47 | 0.49 | *N/A* |
| PORK: BACON PCS, ARMOUR, 2 T | 1 OZ | 1 | 70 | 300 | *N/A* | 4.0 | *N/A* | 6.0 | 2.00 | *N/A* |
| SUNFLOWER SEEDS BULK | 1 OZ | 1 | 160 | 110 | 1 | 5.0 | 6.0 | 14.0 | 1.50 | *N/A* |
| VEG: BEAN, GARBANZO | 4 OZ | 1 | 122 | 384 | 1 | 4.37 | 17.47 | 0.87 | *N/A* | *N/A* |
| COTTAGE CHEESE | .5 CUP | 1 | 81 | 459 | 3 | 14.0 | 3.07 | 1.15 | 0.73 | *N/A* |
| CARROT STICKS | .25 CUP | 1 | 13 | 21 | 1 | 0.28 | 2.92 | 0.07 | 0.01 | 0.00 |
| VEG: TOMATO, DICED | .25 CUP | 1 | 15 | 7 | 0 | 0.25 | 2.98 | 0.0 | 0.00 | 0.00 |
| VEG: ONION, RED, CHOPPED | .25 CUP | 1 | 16 | 2 | *N/A* | 0.44 | 3.74 | 0.04 | 0.02 | *N/A* |
| BANANA PEPPER | 1 OZ | 1 | 5 | 282 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| BLUEBERRIES, Fresh | .25 CUP | 1 | 21 | 0 | 4 | 0.27 | 5.36 | 0.12 | 0.01 | 0.00 |
| STRAWBERRIES, FRESH | .25 CUP | 1 | 12 | 0 | 2 | 0.24 | 2.76 | 0.11 | 0.01 | 0.00 |
| BRD: CRACKER, WG, 2 PACK | 2 PACKS | 1 | 120 | 210 | 2 | 2.0 | 18.0 | 3.0 | 1.00 | *N/A* |
| BRD: CROUTON, WG, IW | 1 PACKAGE | 1 | 80 | 135 | 1 | 2.0 | 13.0 | 2.0 | *N/A* | *N/A* |
| DRESSING: CAESAR, KRAFT | 1 OZ (2T) | 1 | 160 | 450 | 2 | 2.0 | 12.0 | 16.0 | 3.00 | *N/A* |
| DRESSING: FF FRENCH | 1 OZ (2T) | 1 | 50 | 350 | 7 | *N/A* | 10.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF ITALIAN, KRAFT | 1 OZ (2T) | 1 | 15 | 270 | 2 | *N/A* | 3.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF RASP VIN., KRAFT | 1 OZ (2T) | 1 | 40 | 380 | 9 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| Weighted Daily Average | | | 793 | *1875 | *34 | *35.11 | *89.90 | *31.95 | *11.01 | *0.00 |
| % of Calories | | | | | *17.3% | *17.7% | *45.4% | *36.3% | *12.5% | *0.0% |
| Nutrient Guideline | | | 750-850 | 1420 | | | | | <10.00 | |

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|--------------------------------|-----------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Tue - 02/26/2019 | | | | | | | | | | |
| High School Lunch | Total | 8 | | | | | | | | |
| LASAGNA WITH GROUND BEEF | SERVINGS | 1 | 282 | 326 | *3 | 18.68 | 27.87 | 10.24 | 5.58 | *0.25 |
| BRD: GARLIC KNOT | 1 KNOT | 1 | 170 | 270 | 2 | 4.0 | 23.0 | 7.0 | 1.50 | *N/A* |
| VEG:GREEN BEANS: canned,cooked | .5 CUP | 1 | 14 | 169 | *N/A* | 0.81 | 3.04 | 0.07 | 0.01 | *N/A* |
| VEG: POTATO, TATER TOT | 8 pieces | 1 | 150 | 360 | *N/A* | 2.0 | 19.01 | 7.0 | 1.00 | *N/A* |
| BOSCO STICKS, PEPPERONI (2) | 2 STICKS | 1 | 520 | 1020 | 6 | 22.0 | 64.0 | 18.0 | 9.00 | *N/A* |
| SAUCE: TERIYAKI, MINH | 1 OZ | 1 | 42 | 198 | 9 | 0.46 | 9.71 | 0.14 | 0.03 | *N/A* |
| SAUCE: STIR FRY | 1 OZ | 1 | 35 | 440 | 2 | 1.0 | 4.0 | 1.5 | *N/A* | *N/A* |
| SAUCE, SWEET N SOUR | 1 OZ | 1 | 60 | 110 | 11 | *N/A* | 14.0 | *N/A* | *N/A* | *N/A* |
| SAUCE: GENERAL TSO, YANGS | 1 OZ | 1 | 37 | 79 | 9 | *N/A* | 10.0 | 0.0 | *N/A* | *N/A* |
| CHICKEN, MANDARIN ORANGE, LING | 3.6 OZ | 1 | 151 | 282 | *N/A* | 11.08 | 19.13 | 3.02 | 0.50 | *N/A* |
| BRD: RICE, WHITE, 1 CUP | 1 CUP | 1 | 242 | 0 | 0 | 4.43 | 53.18 | 0.41 | 0.09 | 0.00 |
| BRD: NOODLE, ASIAN, 2 BG | 8 OZ | 1 | 302 | 599 | 27 | 8.41 | 66.36 | *0.43 | *0.09 | *N/A* |
| EGG ROLL | 1 EACH | 1 | 180 | 430 | 2 | 7.0 | 21.0 | 8.0 | 2.00 | *N/A* |
| VEG: STIR FRY W/ SAUCE | 1/2 CUP | 1 | 51 | 260 | 6 | 3.17 | 8.67 | *0.75 | *N/A* | *N/A* |
| PIZZA, HOMEMADE, TACO | 1 SLICE | 1 | 414 | 1076 | *2 | 26.32 | 45.48 | 14.57 | 7.15 | *0.01 |
| PIZZA, HOMEMADE, CHEESE | 1 SLICE | 1 | 327 | 551 | 5 | 16.75 | 30.75 | *15.5 | *10.00 | *0.00 |
| PIZZA, HOMEMADE, SAUSAGE | 1 SLICE | 1 | 354 | 618 | 5 | 20.25 | 31.25 | *17.0 | *10.50 | *0.00 |
| CHICKEN, DILL BITES, PROVIEU | 5 PIECES (4 OZ) | 1 | 200 | 376 | 1 | 20.0 | 8.75 | 9.0 | 1.52 | *N/A* |
| BRD: BISCUIT, PILLSBURY | 2.25 OZ | 1 | 190 | 660 | 3 | 4.0 | 27.0 | 7.0 | 4.00 | *N/A* |
| SDW: CLUX DELUXE | 1 EACH | 1 | 352 | 853 | 5 | 22.06 | 43.32 | 10.02 | *1.50 | *N/A* |
| SDW: CHICKEN PTY, SPICY | 1 EACH | 1 | 412 | 643 | 5 | 20.06 | 43.32 | 17.02 | *3.00 | *N/A* |
| SDW: CHEESEBURGER | 1 EACH | 1 | 348 | 636 | *5 | 20.56 | *27.32 | 17.02 | *5.25 | *N/A* |
| SDW: PBJ, UNCRUSTABLES, 5.3 OZ | 1 SANDWICH | 1 | 630 | 630 | 28 | 19.0 | 64.0 | 33.0 | 7.00 | *N/A* |
| JUICE, 4 OZ, APPLE | 4 OZ | 1 | 50 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE, 4 OZ, ORANGE | 4 OZ | 1 | 50 | 15 | 11 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, APPLE CHERRY | 4 OZ | 1 | 60 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, GRAPE | 4 OZ | 1 | 77 | 20 | 18 | *N/A* | 19.0 | *N/A* | *N/A* | *N/A* |
| MILK: 1%, WHITE, 8 OZ | 8 OZ | 1 | 100 | 120 | 11 | 8.0 | 11.0 | 2.5 | 1.50 | 0.00 |
| MILK: SKIM, CHOCOLATE, 8 OZ | 8 OZ | 1 | 120 | 180 | 18 | 8.0 | 20.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, VANILLA, 8 OZ | 8 OZ | 1 | 130 | 170 | 22 | 8.0 | 24.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, STRAWBERRY, 8 OZ | 8 OZ | 1 | 120 | 120 | 22 | 8.0 | 22.0 | *N/A* | *N/A* | *N/A* |
| KETCHUP, 1.5 GALLON, HEINZ | 1 OZ | 1 | 38 | 308 | 7 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| RANCH, HEINZ, 1.5 GAL | 1 OZ | 1 | 160 | 240 | 1 | *N/A* | 1.0 | 17.0 | 3.00 | *N/A* |
| BBQ SAUCE, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 453 | 7 | *N/A* | 10.88 | *N/A* | *N/A* | *N/A* |
| MUSTARD, HONEY, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 160 | 5 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| SAUCE, BUFFALO, FRANKS | 1 OZ | 1 | 7 | 832 | 0 | 0.17 | 0.66 | 0.43 | 0.06 | *N/A* |
| MUSTARD: individual PC | Pkt 5g | 1 | 3 | 55 | 0 | 0.19 | 0.29 | 0.17 | 0.01 | 0.00 |
| SAUCE: BBQ, SWEET BABY RAYS | 1 OZ | 1 | 54 | 223 | 12 | *N/A* | 14.0 | *N/A* | *N/A* | *N/A* |

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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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Generated on: 1/25/2019 12:18:21 PM

| | Portion Size | Reimb Qty | Cals (kcal) | Sodm (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Tue - 02/26/2019 | | | | | | | | | | |
| MAYONNAISE, HEINZ, PACKET | 1 PACKET | 1 | 80 | 75 | 1 | *N/A* | 1.0 | 8.0 | 1.50 | *N/A* |
| FRUIT: FRT MIX:canned,In syrup | .5 CUP | 1 | 69 | 7 | 17 | 0.48 | 18.07 | 0.08 | 0.01 | 0.00 |
| FRUIT: BLUEBERRIES, FROZEN | 1/2 CUP | 1 | 40 | 1 | 7 | 0.33 | 9.43 | 0.5 | 0.04 | 0.00 |
| VEG: TOMATO, WEDGE, 1/2 CUP | 4 OZ | 1 | 32 | 9 | 4 | 1.0 | 7.0 | *N/A* | *N/A* | *N/A* |
| VEG: BROCCOLI,raw: fresh | .5 CUP | 1 | 15 | 15 | 1 | 1.28 | 3.02 | 0.17 | 0.02 | 0.00 |
| VEG: LETTUCE, ROMAINE 2 CUPS | 2 CUPS | 1 | 16 | 8 | 1 | 1.0 | 3.0 | *N/A* | *N/A* | *N/A* |
| BRD: SUB BUN, KLOSTERMAN | 1 SUB BUN | 1 | 170 | 280 | 4 | 6.0 | 30.0 | 2.5 | *N/A* | *N/A* |
| CHEESE, SLICE, AMERICAN BONGAR | 1 SLICE | 1 | 40 | 140 | 0 | 3.5 | 1.0 | 3.0 | 1.25 | *N/A* |
| CHEESE: WHITE AMERICAN | 1 SLICE | 1 | 55 | 200 | 0 | 2.5 | 1.0 | 4.5 | 2.50 | 0.00 |
| CHEESE: MOZZARELLA, SHRED, COM | 1 OZ | 1 | 60 | 170 | *N/A* | 7.0 | 1.0 | 3.0 | 2.00 | *N/A* |
| CHEESE: CHEDDAR, SHREDDED | 1 OZ | 1 | 80 | 200 | *N/A* | 7.0 | 1.0 | 6.0 | 4.00 | *N/A* |
| EGG, DICED | 1 OZ | 1 | 47 | 35 | 1 | 3.53 | 0.59 | 2.94 | 0.88 | *N/A* |
| PORK: HAM, DICED/SL, COMMODITY | 1.22 OZ | 1 | 37 | 232 | 1 | 5.0 | 2.0 | 2.0 | 1.00 | *N/A* |
| CHICKEN, BREAST, GRILLED, TYSO | 1 PIECE | 1 | 119 | 316 | *N/A* | 21.73 | 0.99 | 2.47 | 0.49 | *N/A* |
| PORK: BACON PCS, ARMOUR, 2 T | 1 OZ | 1 | 70 | 300 | *N/A* | 4.0 | *N/A* | 6.0 | 2.00 | *N/A* |
| SUNFLOWER SEEDS BULK | 1 OZ | 1 | 160 | 110 | 1 | 5.0 | 6.0 | 14.0 | 1.50 | *N/A* |
| VEG: BEAN, GARBANZO | 4 OZ | 1 | 122 | 384 | 1 | 4.37 | 17.47 | 0.87 | *N/A* | *N/A* |
| COTTAGE CHEESE | .5 CUP | 1 | 81 | 459 | 3 | 14.0 | 3.07 | 1.15 | 0.73 | *N/A* |
| CARROT STICKS | .25 CUP | 1 | 13 | 21 | 1 | 0.28 | 2.92 | 0.07 | 0.01 | 0.00 |
| VEG: TOMATO, DICED | .25 CUP | 1 | 15 | 7 | 0 | 0.25 | 2.98 | 0.0 | 0.00 | 0.00 |
| VEG: ONION, RED, CHOPPED | .25 CUP | 1 | 16 | 2 | *N/A* | 0.44 | 3.74 | 0.04 | 0.02 | *N/A* |
| BANANA PEPPER | 1 OZ | 1 | 5 | 282 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| BLUEBERRIES,Fresh | .25 CUP | 1 | 21 | 0 | 4 | 0.27 | 5.36 | 0.12 | 0.01 | 0.00 |
| STRAWBERRIES,FRESH | .25 CUP | 1 | 12 | 0 | 2 | 0.24 | 2.76 | 0.11 | 0.01 | 0.00 |
| BRD: CRACKER, WG, 2 PACK | 2 PACKS | 1 | 120 | 210 | 2 | 2.0 | 18.0 | 3.0 | 1.00 | *N/A* |
| BRD: CROUTON, WG, IW | 1 PACKAGE | 1 | 80 | 135 | 1 | 2.0 | 13.0 | 2.0 | *N/A* | *N/A* |
| DRESSING: CAESAR, KRAFT | 1 OZ (2T) | 1 | 160 | 450 | 2 | 2.0 | 12.0 | 16.0 | 3.00 | *N/A* |
| DRESSING: FF FRENCH | 1 OZ (2T) | 1 | 50 | 350 | 7 | *N/A* | 10.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF ITALIAN, KRAFT | 1 OZ (2T) | 1 | 15 | 270 | 2 | *N/A* | 3.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF RASP VIN., KRAFT | 1 OZ (2T) | 1 | 40 | 380 | 9 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| Weighted Daily Average | | | 1044 | *2316 | *46 | *47.45 | *129.18 | *36.91 | *12.03 | *0.03 |
| % of Calories | | | | | *17.5% | *18.2% | *49.5% | *31.8% | *10.4% | *0.0% |
| Nutrient Guideline | | | 750-850 | 1420 | | | | | <10.00 | |

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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

| | Portion Size | Reimb Qty | Cals (kcal) | Sodm (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Wed - 02/27/2019 | | | | | | | | | | |
| High School Lunch | Total | 7 | | | | | | | | |
| BRD: PANCAKES, AUNT JEMIMA | 2 EACH | 1 | 160 | 260 | 7 | 3.32 | 26.95 | 3.99 | *N/A* | *N/A* |
| PORK, SAUSAGE JTM PATTIES (2) | 2 PATTIES | 1 | 150 | 430 | *N/A* | 12.0 | 2.0 | 10.0 | 3.62 | *N/A* |
| FRUIT: BLUEBERRIES, FROZEN | 1/2 CUP | 1 | 40 | 1 | 7 | 0.33 | 9.43 | 0.5 | 0.04 | 0.00 |
| VEG: POTATO, HASHBROWN PATTIES | 2 EACH | 1 | 280 | 540 | 2 | 4.0 | 30.0 | 16.0 | 4.00 | *N/A* |
| VEG: POTATO, FF, SPICY STRT CU | 12 pieces | 1 | 139 | 387 | *N/A* | 1.99 | 19.86 | 5.96 | 0.99 | *N/A* |
| BOSCO CHEESE STICKS (2) | 2 EACH | 1 | 459 | 619 | 2 | 23.97 | 55.92 | 13.98 | 7.99 | *N/A* |
| PIZZA, HOMEMADE, CHEESE | 1 SLICE | 1 | 327 | 551 | 5 | 16.75 | 30.75 | *15.5 | *10.00 | *0.00 |
| PIZZA, HOMEMADE, PEPPERONI | 1 SLICE | 1 | 347 | 614 | 5 | 17.52 | 30.8 | *17.35 | *10.71 | *0.06 |
| PIZZA, HOMEMADE, MEAT LOVER'S | 1 SLICE | 1 | 442 | 973 | *5 | 24.92 | *31.29 | *24.6 | *13.11 | *0.05 |
| QUESADILLA, CHICKEN/ CHEESE | 12" QUESADI | 1 | 522 | 1616 | *3 | 39.0 | 43.0 | 21.99 | 12.50 | *0.00 |
| | LLA | | | | | | | | | |
| VEG: PEPPERS/ONIONS ROASTED | 3 OZ | 1 | 45 | 140 | 4 | 1.0 | 8.0 | 1.0 | *N/A* | *N/A* |
| SALSA:COMMODITY | 1 OZ | 1 | 10 | 122 | *N/A* | 0.43 | 1.98 | 0.06 | 0.01 | *N/A* |
| SOUR CREAM, LIGHT | 1 OZ | 1 | 38 | 33 | 2 | 0.95 | 2.86 | 2.38 | 1.43 | *N/A* |
| JALAPENOS, SLICED | 1.05 OZ | 1 | 5 | 514 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| FISH: SHRIMP POPPERS | 20 PIECES | 1 | 230 | 760 | 1 | 12.0 | 23.0 | 10.0 | 1.50 | *N/A* |
| MOZZ STICKS, FARM RICH, 4 EACH | 4 EACH | 1 | 219 | 409 | 1 | 14.62 | 23.38 | 8.77 | 2.92 | *N/A* |
| HUSH PUPPIES: 2 EACH, DELTA PR | 2 EACH | 1 | 240 | 720 | 4 | 4.0 | 36.0 | 9.0 | 1.00 | *N/A* |
| SDW: CLUX DELUXE | 1 EACH | 1 | 352 | 853 | 5 | 22.06 | 43.32 | 10.02 | *1.50 | *N/A* |
| SDW: CHICKEN PTY, SPICY | 1 EACH | 1 | 412 | 643 | 5 | 20.06 | 43.32 | 17.02 | *3.00 | *N/A* |
| SDW: BACON CHEESEBURGER | 1 EACH | 1 | 390 | 818 | *5 | 22.98 | *27.32 | 20.65 | *6.46 | *N/A* |
| SDW: PBJ, UNCRUSTABLES, 5.3 OZ | 1 SANDWICH | 1 | 630 | 630 | 28 | 19.0 | 64.0 | 33.0 | 7.00 | *N/A* |
| JUICE, 4 OZ, APPLE | 4 OZ | 1 | 50 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE, 4 OZ, ORANGE | 4 OZ | 1 | 50 | 15 | 11 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, APPLE CHERRY | 4 OZ | 1 | 60 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, GRAPE | 4 OZ | 1 | 77 | 20 | 18 | *N/A* | 19.0 | *N/A* | *N/A* | *N/A* |
| MILK: 1%, WHITE, 8 OZ | 8 OZ | 1 | 100 | 120 | 11 | 8.0 | 11.0 | 2.5 | 1.50 | 0.00 |
| MILK: SKIM, CHOCOLATE, 8 OZ | 8 OZ | 1 | 120 | 180 | 18 | 8.0 | 20.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, VANILLA, 8 OZ | 8 OZ | 1 | 130 | 170 | 22 | 8.0 | 24.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, STRAWBERRY, 8 OZ | 8 OZ | 1 | 120 | 120 | 22 | 8.0 | 22.0 | *N/A* | *N/A* | *N/A* |
| KETCHUP, 1.5 GALLON, HEINZ | 1 OZ | 1 | 38 | 308 | 7 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| RANCH, HEINZ, 1.5 GAL | 1 OZ | 1 | 160 | 240 | 1 | *N/A* | 1.0 | 17.0 | 3.00 | *N/A* |
| BBQ SAUCE, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 453 | 7 | *N/A* | 10.88 | *N/A* | *N/A* | *N/A* |
| MUSTARD, HONEY, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 160 | 5 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| SAUCE, BUFFALO, FRANKS | 1 OZ | 1 | 7 | 832 | 0 | 0.17 | 0.66 | 0.43 | 0.06 | *N/A* |
| MUSTARD: individual PC | Pkt 5g | 1 | 3 | 55 | 0 | 0.19 | 0.29 | 0.17 | 0.01 | 0.00 |
| SAUCE: BBQ, SWEET BABY RAYS | 1 OZ | 1 | 54 | 223 | 12 | *N/A* | 14.0 | *N/A* | *N/A* | *N/A* |
| MAYONNAISE, HEINZ, PACKET | 1 PACKET | 1 | 80 | 75 | 1 | *N/A* | 1.0 | 8.0 | 1.50 | *N/A* |
| FRUIT: GRAPES,Fresh | .5 CUP | 1 | 31 | 1 | 7 | 0.29 | 7.89 | 0.16 | 0.05 | 0.00 |

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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

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|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Wed - 02/27/2019 | | | | | | | | | | |
| FRUIT: ORANGE, 1/2 CUP | 4 OZ | 1 | 63 | 2 | *N/A* | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| VEG: CAULIFLOWER,raw: fresh | .5 CUP | 1 | 13 | 15 | 1 | 0.96 | 2.49 | 0.14 | 0.07 | 0.00 |
| VEG: PEPPER STRIPS, 1/2 CUP | 4 OZ | 1 | 30 | *N/A* | *N/A* | 1.0 | 6.0 | *N/A* | *N/A* | *N/A* |
| BRD: SUB BUN, KLOSTERMAN | 1 SUB BUN | 1 | 170 | 280 | 4 | 6.0 | 30.0 | 2.5 | *N/A* | *N/A* |
| PORK: HAM, SHAVED, JOHN MORREL | 4 SLICES | 1 | 67 | 633 | 1 | 9.33 | 1.33 | 2.67 | 1.00 | *N/A* |
| CHEESE: WHITE AMERICAN | 1 SLICE | 1 | 55 | 200 | 0 | 2.5 | 1.0 | 4.5 | 2.50 | 0.00 |
| CHEESE, SLICE, AMERICAN BONGAR | 1 SLICE | 1 | 40 | 140 | 0 | 3.5 | 1.0 | 3.0 | 1.25 | *N/A* |
| VEG: LETTUCE, ROMAINE 2 CUPS | 2 CUPS | 1 | 16 | 8 | 1 | 1.0 | 3.0 | *N/A* | *N/A* | *N/A* |
| CHEESE: MOZZARELLA, SHRED, COM | 1 OZ | 1 | 60 | 170 | *N/A* | 7.0 | 1.0 | 3.0 | 2.00 | *N/A* |
| CHEESE: CHEDDAR, SHREDDED | 1 OZ | 1 | 80 | 200 | *N/A* | 7.0 | 1.0 | 6.0 | 4.00 | *N/A* |
| EGG, DICED | 1 OZ | 1 | 47 | 35 | 1 | 3.53 | 0.59 | 2.94 | 0.88 | *N/A* |
| PORK: HAM, DICED/SL, COMMODITY | 1.22 OZ | 1 | 37 | 232 | 1 | 5.0 | 2.0 | 2.0 | 1.00 | *N/A* |
| CHICKEN, BREAST, GRILLED, TYSO | 1 PIECE | 1 | 119 | 316 | *N/A* | 21.73 | 0.99 | 2.47 | 0.49 | *N/A* |
| PORK: BACON PCS, ARMOUR, 2 T | 1 OZ | 1 | 70 | 300 | *N/A* | 4.0 | *N/A* | 6.0 | 2.00 | *N/A* |
| SUNFLOWER SEEDS BULK | 1 OZ | 1 | 160 | 110 | 1 | 5.0 | 6.0 | 14.0 | 1.50 | *N/A* |
| VEG: BEAN, GARBANZO | 4 OZ | 1 | 122 | 384 | 1 | 4.37 | 17.47 | 0.87 | *N/A* | *N/A* |
| COTTAGE CHEESE | .5 CUP | 1 | 81 | 459 | 3 | 14.0 | 3.07 | 1.15 | 0.73 | *N/A* |
| CARROT STICKS | .25 CUP | 1 | 13 | 21 | 1 | 0.28 | 2.92 | 0.07 | 0.01 | 0.00 |
| VEG: TOMATO, DICED | .25 CUP | 1 | 15 | 7 | 0 | 0.25 | 2.98 | 0.0 | 0.00 | 0.00 |
| VEG: ONION, RED, CHOPPED | .25 CUP | 1 | 16 | 2 | *N/A* | 0.44 | 3.74 | 0.04 | 0.02 | *N/A* |
| BANANA PEPPER | 1 OZ | 1 | 5 | 282 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| BLUEBERRIES,Fresh | .25 CUP | 1 | 21 | 0 | 4 | 0.27 | 5.36 | 0.12 | 0.01 | 0.00 |
| STRAWBERRIES,FRESH | .25 CUP | 1 | 12 | 0 | 2 | 0.24 | 2.76 | 0.11 | 0.01 | 0.00 |
| BRD: CRACKER, WG, 2 PACK | 2 PACKS | 1 | 120 | 210 | 2 | 2.0 | 18.0 | 3.0 | 1.00 | *N/A* |
| BRD: CROUTON, WG, IW | 1 PACKAGE | 1 | 80 | 135 | 1 | 2.0 | 13.0 | 2.0 | *N/A* | *N/A* |
| DRESSING: CAESAR, KRAFT | 1 OZ (2T) | 1 | 160 | 450 | 2 | 2.0 | 12.0 | 16.0 | 3.00 | *N/A* |
| DRESSING: FF FRENCH | 1 OZ (2T) | 1 | 50 | 350 | 7 | *N/A* | 10.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF ITALIAN, KRAFT | 1 OZ (2T) | 1 | 15 | 270 | 2 | *N/A* | 3.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF RASP VIN., KRAFT | 1 OZ (2T) | 1 | 40 | 380 | 9 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| Weighted Daily Average | | | 1196 | *2885 | *43 | *56.70 | *130.95 | *48.95 | *16.48 | *0.02 |
| % of Calories | | | | | *14.4% | *19.0% | *43.8% | *36.8% | *12.4% | *0.0% |
| Nutrient Guideline | | | 750-850 | 1420 | | | | | <10.00 | |

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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

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|---------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 02/28/2019 | | | | | | | | | | |
| High School Lunch | Total | 8 | | | | | | | | |
| PIZZA: PIZZA HUT LRG CHEESE | 1 LRG SLICE | 1 | 290 | 550 | 1 | 13.0 | 34.0 | 11.0 | 6.00 | 0.00 |
| PIZZA: PIZZA HUT, PAN, CHEESE | 1 LRG SLICE | 1 | 360 | 740 | 3 | 15.0 | 37.0 | 17.0 | 7.00 | 0.00 |
| PIZZA: PIZZA HUT, LRG SAUSAGE | 1 LRG SLICE | 1 | 350 | 840 | 6 | 15.0 | 40.0 | 14.0 | 6.00 | 0.00 |
| PIZZA: PIZZA HUT, PAN, SAUSAGE | 1 LRG SLICE | 1 | 390 | 770 | 3 | 15.0 | 38.0 | 20.0 | 7.00 | 0.00 |
| PIZZA: PIZZA HUT, LRG PEPPERON | 1 LRG SLICE | 1 | 300 | 590 | 1 | 12.0 | 33.0 | 13.0 | 6.00 | 0.00 |
| PIZZA: PIZZA HUT, PAN, PEPPERO | 1 LRG SLICE | 1 | 360 | 740 | 3 | 15.0 | 37.0 | 17.0 | 7.00 | 0.00 |
| VEG: BEAN, BAKED BUSHS | 4 OZ | 1 | 123 | 482 | 11 | 5.26 | 25.4 | 0.88 | *N/A* | *N/A* |
| VEG: POTATO, CURLY FRY, 1/2 CUP | 3 OZ PORTIO | 1 | 155 | 420 | *N/A* | 2.0 | 21.0 | 7.0 | 1.00 | *N/A* |
| BOSCO STICKS, PEPPERONI (2) | 2 STICKS | 1 | 520 | 1020 | 6 | 22.0 | 64.0 | 18.0 | 9.00 | *N/A* |
| SAUCE: TERIYAKI, MINH | 1 OZ | 1 | 42 | 198 | 9 | 0.46 | 9.71 | 0.14 | 0.03 | *N/A* |
| SAUCE: STIR FRY | 1 OZ | 1 | 35 | 440 | 2 | 1.0 | 4.0 | 1.5 | *N/A* | *N/A* |
| SAUCE, SWEET N SOUR | 1 OZ | 1 | 60 | 110 | 11 | *N/A* | 14.0 | *N/A* | *N/A* | *N/A* |
| SAUCE: GENERAL TSO, YANGS | 1 OZ | 1 | 37 | 79 | 9 | *N/A* | 10.0 | 0.0 | *N/A* | *N/A* |
| CHICKEN, MANDARIN ORANGE, LING | 3.6 OZ | 1 | 151 | 282 | *N/A* | 11.08 | 19.13 | 3.02 | 0.50 | *N/A* |
| BRD: RICE, WHITE, 1 CUP | 1 CUP | 1 | 242 | 0 | 0 | 4.43 | 53.18 | 0.41 | 0.09 | 0.00 |
| BRD: NOODLE, ASIAN, 2 BG | 8 OZ | 1 | 302 | 599 | 27 | 8.41 | 66.36 | *0.43 | *0.09 | *N/A* |
| EGG ROLL | 1 EACH | 1 | 180 | 430 | 2 | 7.0 | 21.0 | 8.0 | 2.00 | *N/A* |
| VEG: STIR FRY W/ SAUCE | 1/2 CUP | 1 | 51 | 260 | 6 | 3.17 | 8.67 | *0.75 | *N/A* | *N/A* |
| SDW: PULLED PORK | 1 EACH | 1 | 424 | 1047 | 12 | 23.26 | 35.77 | 20.9 | *5.46 | *N/A* |
| SDW: CLUX DELUXE | 1 EACH | 1 | 352 | 853 | 5 | 22.06 | 43.32 | 10.02 | *1.50 | *N/A* |
| SDW: CHICKEN PTY, SPICY | 1 EACH | 1 | 412 | 643 | 5 | 20.06 | 43.32 | 17.02 | *3.00 | *N/A* |
| SDW: BACON CHEESEBURGER | 1 EACH | 1 | 390 | 818 | *5 | 22.98 | *27.32 | 20.65 | *6.46 | *N/A* |
| SDW: PBJ, UNCRUSTABLES, 5.3 OZ | 1 SANDWICH | 1 | 630 | 630 | 28 | 19.0 | 64.0 | 33.0 | 7.00 | *N/A* |
| JUICE, 4 OZ, APPLE | 4 OZ | 1 | 50 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE, 4 OZ, ORANGE | 4 OZ | 1 | 50 | 15 | 11 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, APPLE CHERRY | 4 OZ | 1 | 60 | *N/A* | 12 | *N/A* | 13.0 | *N/A* | *N/A* | *N/A* |
| JUICE: 4 OZ, GRAPE | 4 OZ | 1 | 77 | 20 | 18 | *N/A* | 19.0 | *N/A* | *N/A* | *N/A* |
| MILK: 1%, WHITE, 8 OZ | 8 OZ | 1 | 100 | 120 | 11 | 8.0 | 11.0 | 2.5 | 1.50 | 0.00 |
| MILK: SKIM, CHOCOLATE, 8 OZ | 8 OZ | 1 | 120 | 180 | 18 | 8.0 | 20.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, VANILLA, 8 OZ | 8 OZ | 1 | 130 | 170 | 22 | 8.0 | 24.0 | *N/A* | *N/A* | *N/A* |
| MILK: SKIM, STRAWBERRY, 8 OZ | 8 OZ | 1 | 120 | 120 | 22 | 8.0 | 22.0 | *N/A* | *N/A* | *N/A* |
| KETCHUP, 1.5 GALLON, HEINZ | 1 OZ | 1 | 38 | 308 | 7 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| RANCH, HEINZ, 1.5 GAL | 1 OZ | 1 | 160 | 240 | 1 | *N/A* | 1.0 | 17.0 | 3.00 | *N/A* |
| BBQ SAUCE, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 453 | 7 | *N/A* | 10.88 | *N/A* | *N/A* | *N/A* |
| MUSTARD, HONEY, HEINZ, 1.5 GAL | 1 OZ | 1 | 40 | 160 | 5 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| SAUCE, BUFFALO, FRANKS | 1 OZ | 1 | 7 | 832 | 0 | 0.17 | 0.66 | 0.43 | 0.06 | *N/A* |
| MUSTARD: individual PC | Pkt 5g | 1 | 3 | 55 | 0 | 0.19 | 0.29 | 0.17 | 0.01 | 0.00 |
| SAUCE: BBQ, SWEET BABY RAYS | 1 OZ | 1 | 54 | 223 | 12 | *N/A* | 14.0 | *N/A* | *N/A* | *N/A* |
| MAYONNAISE, HEINZ, PACKET | 1 PACKET | 1 | 80 | 75 | 1 | *N/A* | 1.0 | 8.0 | 1.50 | *N/A* |

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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

| | Portion Size | Reimb Qty | Cals (kcal) | Sodm (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------|--------------|-----------|-------------|-----------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 02/28/2019 | | | | | | | | | | |
| FRUIT: PEACH/PEAR/GRAPE MIX | .5 CUP | 1 | 68 | 6 | 17 | 0.56 | 18.26 | 0.04 | 0.00 | 0.00 |
| FRUIT: WATERMELON,CHUNKS | .5 CUP | 1 | 23 | 1 | 5 | 0.46 | 5.74 | 0.11 | 0.01 | 0.00 |
| VEG: CELERY STICKS | .5 CUP | 1 | 10 | 48 | 1 | 0.41 | 1.78 | 0.1 | 0.03 | 0.00 |
| VEG: CUCUMBER,RAW | 4 OZ | 1 | 7 | 1 | 1 | 0.35 | 1.29 | 0.1 | 0.01 | 0.00 |
| VEG: LETTUCE, ROMAINE 2 CUPS | 2 CUPS | 1 | 16 | 8 | 1 | 1.0 | 3.0 | *N/A* | *N/A* | *N/A* |
| BRD: SUB BUN, KLOSTERMAN | 1 SUB BUN | 1 | 170 | 280 | 4 | 6.0 | 30.0 | 2.5 | *N/A* | *N/A* |
| CHEESE, SLICE, AMERICAN BONGAR | 1 SLICE | 1 | 40 | 140 | 0 | 3.5 | 1.0 | 3.0 | 1.25 | *N/A* |
| CHEESE: WHITE AMERICAN | 1 SLICE | 1 | 55 | 200 | 0 | 2.5 | 1.0 | 4.5 | 2.50 | 0.00 |
| CHEESE: MOZZARELLA, SHRED, COM | 1 OZ | 1 | 60 | 170 | *N/A* | 7.0 | 1.0 | 3.0 | 2.00 | *N/A* |
| CHEESE: CHEDDAR, SHREDDED | 1 OZ | 1 | 80 | 200 | *N/A* | 7.0 | 1.0 | 6.0 | 4.00 | *N/A* |
| EGG, DICED | 1 OZ | 1 | 47 | 35 | 1 | 3.53 | 0.59 | 2.94 | 0.88 | *N/A* |
| PORK: HAM, DICED/SL, COMMODITY | 1.22 OZ | 1 | 37 | 232 | 1 | 5.0 | 2.0 | 2.0 | 1.00 | *N/A* |
| CHICKEN, BREAST, GRILLED, TYSO | 1 PIECE | 1 | 119 | 316 | *N/A* | 21.73 | 0.99 | 2.47 | 0.49 | *N/A* |
| PORK: BACON PCS, ARMOUR, 2 T | 1 OZ | 1 | 70 | 300 | *N/A* | 4.0 | *N/A* | 6.0 | 2.00 | *N/A* |
| SUNFLOWER SEEDS BULK | 1 OZ | 1 | 160 | 110 | 1 | 5.0 | 6.0 | 14.0 | 1.50 | *N/A* |
| VEG: BEAN, GARBANZO | 4 OZ | 1 | 122 | 384 | 1 | 4.37 | 17.47 | 0.87 | *N/A* | *N/A* |
| COTTAGE CHEESE | .5 CUP | 1 | 81 | 459 | 3 | 14.0 | 3.07 | 1.15 | 0.73 | *N/A* |
| CARROT STICKS | .25 CUP | 1 | 13 | 21 | 1 | 0.28 | 2.92 | 0.07 | 0.01 | 0.00 |
| VEG: TOMATO, DICED | .25 CUP | 1 | 15 | 7 | 0 | 0.25 | 2.98 | 0.0 | 0.00 | 0.00 |
| VEG: ONION, RED, CHOPPED | .25 CUP | 1 | 16 | 2 | *N/A* | 0.44 | 3.74 | 0.04 | 0.02 | *N/A* |
| BANANA PEPPER | 1 OZ | 1 | 5 | 282 | *N/A* | *N/A* | 1.01 | *N/A* | *N/A* | *N/A* |
| BLUEBERRIES,Fresh | .25 CUP | 1 | 21 | 0 | 4 | 0.27 | 5.36 | 0.12 | 0.01 | 0.00 |
| STRAWBERRIES,FRESH | .25 CUP | 1 | 12 | 0 | 2 | 0.24 | 2.76 | 0.11 | 0.01 | 0.00 |
| BRD: CRACKER, WG, 2 PACK | 2 PACKS | 1 | 120 | 210 | 2 | 2.0 | 18.0 | 3.0 | 1.00 | *N/A* |
| BRD: CROUTON, WG, IW | 1 PACKAGE | 1 | 80 | 135 | 1 | 2.0 | 13.0 | 2.0 | *N/A* | *N/A* |
| DRESSING: CAESAR, KRAFT | 1 OZ (2T) | 1 | 160 | 450 | 2 | 2.0 | 12.0 | 16.0 | 3.00 | *N/A* |
| DRESSING: FF FRENCH | 1 OZ (2T) | 1 | 50 | 350 | 7 | *N/A* | 10.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF ITALIAN, KRAFT | 1 OZ (2T) | 1 | 15 | 270 | 2 | *N/A* | 3.0 | *N/A* | *N/A* | *N/A* |
| DRESSING: FF RASP VIN., KRAFT | 1 OZ (2T) | 1 | 40 | 380 | 9 | *N/A* | 9.0 | *N/A* | *N/A* | *N/A* |
| Weighted Daily Average | | | 1124 | *2564 | *47 | *47.93 | *138.49 | *41.49 | *12.71 | *0.00 |
| % of Calories | | | | | *16.8% | *17.1% | *49.3% | *33.2% | *10.2% | *0.0% |
| Nutrient Guideline | | | 750-850 | 1420 | | | | | <10.00 | |

| | | | | | | | | | | |
|------------------|--|--|-----|-------|--------|--------|---------|--------|--------|-------|
| Weighted Average | | | 997 | *2268 | *42 | *44.69 | *116.56 | *38.60 | *12.59 | *0.02 |
| | | | | | *37.6% | *17.9% | *46.8% | *34.8% | *11.4% | *0.0% |

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Danville Community School Corporation

Feb 1, 2019 thru Feb 28, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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Generated on: 1/25/2019 12:18:21 PM

| Nutrient | Menu AVG | % of Cals | Portion Size Weekly Target | Reimb Qty % of Target | Cals (kcal) Miss Data | Sodm (mg) Shortfall | Sugars (g) Overage | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) | Error Messages (if any) |
|----------------------------|----------|-----------|-------------------------------|--------------------------|--------------------------|------------------------|-----------------------|-----------|----------|-----------|-----------|-------------------------|---|
| Calories | 997 | | 750 - 850 | 117% | | | | | 147 | | | | Correction Required - Calories too High |
| Sodium 1 (mg) | 2268 | | 1420 | | Missing | | | | 848 | | | | Correction Required - Sodium too High |
| Sodium 2 (mg) | 2268 | | 1080 | | Missing | | | | 1188 | | | | Correction Required - Sodium too High |
| Sugars (g) | 42 | 16.70% | | | Missing | | | | | | | | |
| Protein (g) | 44.69 | 17.93% | | | Missing | | | | | | | | |
| Carbohydrate (g) | 116.56 | 46.76% | | | Missing | | | | | | | | |
| Total Fat (g) | 38.60 | 34.84% | | | Missing | | | | | | | | |
| Saturated Fat (g) | 12.59 | 11.37% | <10.00% | | Missing | | | | | | | | Correction Required - Sat. Fat too High |
| Trans Fat ¹ (g) | 0.02 | 0.02% | | | Missing | | | | | | | | |

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