

# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
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*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
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1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.*

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 11/01/2021										
High School Lunch	Total	13								
CHICKEN: TENDER, TYSON, WM	3 EACH	1	200	440	1	20.0	14.0	7.0	1.00	0.00
BRD: CHEESY TEXAS TOAST, KLOST	SLICE	1	110	109	1	3.6	19.56	2.62	*0.09	*0.00
GRAVY: COUNTRY	.25 CUP	1	33	244	0	0.0	5.54	1.11	1.11	*N/A*
VEG: POTATO, FF, REGULAR, 3/8	12 pieces	1	140	140	0	2.0	21.0	6.0	0.50	*N/A*
ENT: CHEESE BITES, WILD MIKES	4 EACH	1	280	540	*N/A*	16.0	28.0	12.0	4.00	*N/A*
PIZZA, BIG DADDY, CHEESE, 16"	1 SLICE	1	400	440	7	19.0	42.99	16.0	7.00	*N/A*
PIZZA, BIG DADDYS, PEPP, 16"	1 SLICE	1	410	580	7	20.0	43.0	18.0	7.00	*N/A*
BEEF, PHILLY, 2MMA	2.86 OZ	1	144	390	2	13.07	3.01	8.04	3.01	*N/A*
BRD: RICE, WHITE, 1 CUP	1 CUP	1	194	3	0	4.6	41.16	0.58	0.12	*N/A*
EGG ROLL	1 EACH	1	180	430	2	7.0	21.0	8.0	2.00	*N/A*
SAUCE, ASIAN, 1 OZ	1 OZ	1	43	209	7	0.0	11.0	0.0	0.00	0.00
SAUCE, SWEET N SOUR	1 OZ	1	60	110	11	*N/A*	14.0	*N/A*	*N/A*	*N/A*
SAUCE: GENERAL TSO, YANGS	1 OZ	1	37	79	9	*N/A*	10.0	0.0	*N/A*	*N/A*
SAUCE: KOREAN BBQ	1 OZ	1	62	650	8	1.0	10.0	2.0	0.00	0.00
SAUCE: ORANGE, YANGS	1 OZ	1	46	159	10	*N/A*	11.0	*N/A*	*N/A*	*N/A*
SAUCE: STIR FRY	1 OZ	1	35	440	2	1.0	4.0	1.5	*N/A*	*N/A*
veg: BROCCOLI: frozen	.5 CUP	1	20	19	1	2.19	3.73	0.23	0.03	0.00
QUESADILLA, CON QUESO	1 EACH	1	270	560	2	13.0	31.0	10.0	2.50	0.00
SDW: CHILI DOG	1 EACH	1	406	738	9	18.64	34.97	21.92	*8.12	*0.00
SDW: CLUX DELUXE	1 EACH	1	366	833	5	25.36	43.86	10.14	*1.00	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	420	657	5	20.36	44.86	17.14	*3.00	*N/A*
SDW: BACON CHEESEBURGER	1 EACH	1	398	832	*5	23.27	*28.86	20.77	*6.46	*N/A*
PBJ, GRAPEUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
PBJ, STRWBUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	1	110	130	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
MAYONNAISE, PACKET, 12 grams	12 gram packe	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
SALAD, CEASAR	1 SALAD	1	497	1364	*4	42.12	35.43	18.54	*8.46	*0.00
SALAD, CRISPY CHICKEN	1 SALAD	1	443	1036	*3	27.78	51.18	13.87	*2.74	*0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 11/01/2021										
SALAD, ITALIAN	1 SALAD	1	511	1457	*8	*24.88	*39.83	*27.7	*15.03	*0.00
SALAD, MEXICAN	1 SALAD	1	494	880	*2	24.38	47.47	24.27	8.27	*0.42
SALAD: BERRY, CHICKEN	1 SALAD	1	542	1019	*11	42.98	47.5	19.8	*11.29	*0.00
DRESSING, LT RANCH,MARZETTI	1.5 OZ PACK	1	60	220	4	1.0	9.0	2.5	0.00	0.00
DRESSING, FF 1000 KRAFT	1.5 OZ PACK	1	50	350	0	0.0	12.0	0.0	0.00	0.00
DRESSING, CEASAR, KRAFT	1.5 OZ PACK	1	160	450	2	2.0	3.0	16.0	3.00	0.00
DRESSING, FF FRENCH, KENS	1.5 OZ PACK	1	45	430	9	0.0	11.0	0.0	0.00	0.00
DRESSING, LT ITALIAN, MARZETTI	1.5 OZ PACK	1	15	720	2	0.0	2.0	1.0	0.00	0.00
DRESSING, RAS VIN, KENS	1.5 OZ PACK	1	50	115	10	0.0	12.0	0.0	0.00	0.00
SDW: SUB, ITALIAN COMBO	1 SUB	1	332	914	4	22.0	31.7	12.2	5.05	0.00
CHIP: SUNCHIPS, HARVEST CHEDDA	1 OZ BAG	1	140	200	2	2.0	19.0	6.0	0.50	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	1 ORANGE,2 &5/8"	1	65	0	13	0.99	16.27	0.3	0.04	0.00
FRUIT: BANANA, SM, 1/2 CUP	6 inch banana	1	90	1	12	1.0	23.0	*N/A*	*N/A*	*N/A*
FRUIT: BLUEBERRIES, FROZEN	1/2 CUP	1	40	1	7	0.33	9.43	0.5	0.04	0.00
FRUIT: WATERMELON,CHUNKS	1/2 CUP	1	23	1	5	0.46	5.74	0.11	0.01	0.00
FRUIT: GRAPES,Fresh	1/2 CUP	1	52	2	12	0.54	13.67	0.12	0.04	0.00
FRUIT: CANTALOUPE	1/2 CUP	1	27	13	6	*N/A*	6.5	*N/A*	*N/A*	*N/A*
FRUIT: FRT MIX:canned,In syrup	1/2 CUP	1	69	7	17	0.48	18.07	0.08	0.01	0.00
FRUIT: APPLESAUCE, UNSWEETENED	1/2 CUP	1	48	2	11	0.19	12.78	0.11	0.01	0.00
FRUIT: PEACHES, CANNED, LT SYR	1/2 CUP	1	68	6	*N/A*	0.55	18.26	0.04	0.00	0.00
FRUIT:PEARS canned,light syrup	1/2 CUP	1	72	6	15	0.24	19.04	0.04	0.00	0.00
FRUIT: MIXED BERRY CUP	1 CUP	1	90	0	16	0.0	20.0	0.0	0.00	0.00
FRUIT: PEACH CUP	1 CUP	1	80	0	16	1.0	19.0	0.0	0.00	0.00
FRUIT: STRAWBERRY CUP	1 CUP	1	90	0	18	1.0	22.0	0.0	0.00	0.00
FRUIT: RAISIN BOX	1 BOX	1	127	11	28	1.4	33.73	0.11	0.04	0.00
VEG: TOMATO, GRAPE	1/2 CUP	1	13	4	*N/A*	0.66	2.9	0.15	0.02	*N/A*
VEG: CARROTS, BABY, 1/2 CUP	1/2 CUP	1	25	42	2	*N/A*	5.0	*N/A*	*N/A*	*N/A*
VEG: CELERY STICKS	1/2 CUP	1	8	48	1	0.41	1.78	0.1	0.03	0.00
VEG: CUCUMBER,RAW	1/2 CUP	1	6	1	1	0.35	1.29	0.1	0.05	0.00
VEG: BROCCOLI,raw: fresh	1/2 CUP	1	15	15	1	1.28	3.02	0.17	0.05	0.00
PICKLES, 2 SLICES	1 EACH	1	2	113	0	0.07	0.34	0.04	0.01	0.00
VEG: SIDE SALAD	1 CUP	1	10	4	*0	0.68	1.98	0.16	0.02	*0.00
VEG: TACO HUMMUS	3 OZ CUP	1	120	180	3	6.0	18.0	3.0	0.00	0.00
Weighted Daily Average			847	*1638	*41	*36.85	*105.05	*31.06	*9.36	*0.03
% of Calories					*19.2%	*17.4%	*49.6%	*33.0%	*9.9%	*0.0%
Nutrient Guideline			750-850	1420					<10.00	

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Tue - 11/02/2021										
High School Lunch	Total	12								
ENT: CHILI,WEIGHT BETTER, 2MMA	5.15 OZ	1	152	646	6	14.28	10.02	5.82	2.17	*N/A*
BRD: CORN CHIP, RF, WG, 1/2CUP	1/2 CUP	1	102	124	*N/A*	1.45	14.55	4.36	0.73	*N/A*
BRD: CINN ROLL, PILLSBURY, 2.5	2.5 OZ	1	220	180	9	5.0	33.0	8.0	3.00	*N/A*
GLAZE,POWDERED SUGAR	1 OZ	1	113	3	28	0.19	28.6	0.06	0.04	*0.00
VEG: BEAN, BAKED BUSHES	1/2 CUP	1	171	580	*13	7.14	34.29	1.51	*0.00	*0.00
BOSCO STICKS, PEPPERONI (2)	2 STICKS	1	520	1020	6	22.0	64.0	18.0	9.00	*N/A*
BRD: TORTILLA, 6 INCH (2 EACH)	2 EACH	1	180	220	2	4.0	30.0	5.0	2.00	0.00
BRD: CHIP, TORTILLA, EL SABROS	16 CHIPS	1	210	170	0	3.0	25.0	12.0	1.00	0.00
BRD: CORN CHIP, RF, WG, 1 CUP	2 OZ	1	407	495	*N/A*	5.82	58.18	17.45	2.91	*N/A*
BEEF TACO FILLING, JTM, 2 MMA	2.71	1	126	287	0	13.63	1.93	6.84	2.74	*N/A*
CHICKEN: SHREDD TINGA, COMIDA	2.54 OZ	1	120	380	1	17.0	4.0	4.5	1.00	0.00
CHEESE SAUCE, CHEDDAR, LOL	3 OZ	1	130	550	*N/A*	7.0	5.0	10.0	6.00	*N/A*
CHEESE SAUCE, QUESO BLANCO	2 OZ	1	119	420	*N/A*	7.11	2.03	9.14	5.08	*N/A*
CHEESE: CHEDDAR, SHREDDED, LOL	1/4 CUP	1	110	190	*N/A*	6.0	1.0	9.0	6.00	*N/A*
VEG: CORN/BLACK BEAN	1/2 CUP	1	76	119	*0	3.56	15.71	0.96	0.18	*0.00
VEG: SALSA, COMMODITY 1/2 CUP	1/2 cup	1	40	140	4	0.0	8.0	0.0	0.00	0.00
BRD: RICE, SPANISH 1/2 CUP	1/2 CUP	1	100	310	2	2.5	21.5	2.5	*N/A*	*N/A*
VEG: LETTUCE, SHREDDED	1 CUP	1	8	*N/A*	*N/A*	*N/A*	1.55	*N/A*	*N/A*	*N/A*
SOUR CREAM, LIGHT	1 OZ	1	38	33	2	0.95	2.86	2.38	1.43	*N/A*
JALAPENOS, SLICED	1.05 OZ	1	5	514	*N/A*	*N/A*	1.01	*N/A*	*N/A*	*N/A*
PIZZA, BIG DADDYS, PEPP, 16"	1 SLICE	1	410	580	7	20.0	43.0	18.0	7.00	*N/A*
PIZZA, BIG DADDY, CHEESE, 16"	1 SLICE	1	400	440	7	19.0	42.99	16.0	7.00	*N/A*
CORN DOG, STATE FAIR	4 OZ	1	280	660	9	9.0	31.0	13.0	3.50	0.00
CHICKEN: SMACKERS DARK MEAT	10 EACH	1	293	487	0	18.0	17.0	17.0	3.00	0.00
MOZZ STICKS, FARM RICH, 3 EACH	3 EACH	1	165	330	2	10.0	18.0	6.0	2.00	*N/A*
SDW: CLUX DELUXE	1 EACH	1	366	833	5	25.36	43.86	10.14	*1.00	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	420	657	5	20.36	44.86	17.14	*3.00	*N/A*
SDW: BACON CHEESEBURGER	1 EACH	1	398	832	*5	23.27	*28.86	20.77	*6.46	*N/A*
PBJ, GRAPEUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
PBJ, STRWBUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	1	110	130	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*

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Tue - 11/02/2021										
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*

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MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
MAYONNAISE, PACKET, 12 grams	12 gram packe	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
SALAD, CEASAR	1 SALAD	1	497	1364	*4	42.12	35.43	18.54	*8.46	*0.00
SALAD, CRISPY CHICKEN	1 SALAD	1	443	1036	*3	27.78	51.18	13.87	*2.74	*0.00
SALAD, ITALIAN	1 SALAD	1	511	1457	*8	*24.88	*39.83	*27.7	*15.03	*0.00
SALAD, MEXICAN	1 SALAD	1	494	880	*2	24.38	47.47	24.27	8.27	*0.42
SALAD: BERRY, CHICKEN	1 SALAD	1	542	1019	*11	42.98	47.5	19.8	*11.29	*0.00
DRESSING, LT RANCH,MARZETTI	1.5 OZ PACK	1	60	220	4	1.0	9.0	2.5	0.00	0.00
DRESSING, FF 1000 KRAFT	1.5 OZ PACK	1	50	350	0	0.0	12.0	0.0	0.00	0.00
DRESSING, CEASAR, KRAFT	1.5 OZ PACK	1	160	450	2	2.0	3.0	16.0	3.00	0.00
DRESSING, FF FRENCH, KENS	1.5 OZ PACK	1	45	430	9	0.0	11.0	0.0	0.00	0.00
DRESSING, LT ITALIAN, MARZETTI	1.5 OZ PACK	1	15	720	2	0.0	2.0	1.0	0.00	0.00
DRESSING, RAS VIN, KENS	1.5 OZ PACK	1	50	115	10	0.0	12.0	0.0	0.00	0.00
SDW: SUB, TRKY, HAM, CHZ	1 SUB	1	298	918	*6	23.06	33.71	9.21	3.81	*0.00
CHIP: SUNCHIPS, HARVEST CHEDDA	1 OZ BAG	1	140	200	2	2.0	19.0	6.0	0.50	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	1 ORANGE,2 &5/8"	1	65	0	13	0.99	16.27	0.3	0.04	0.00
FRUIT: BANANA, SM, 1/2 CUP	6 inch banana	1	90	1	12	1.0	23.0	*N/A*	*N/A*	*N/A*
FRUIT: BLUEBERRIES, FROZEN	1/2 CUP	1	40	1	7	0.33	9.43	0.5	0.04	0.00
FRUIT: WATERMELON,CHUNKS	1/2 CUP	1	23	1	5	0.46	5.74	0.11	0.01	0.00
FRUIT: GRAPES,Fresh	1/2 CUP	1	52	2	12	0.54	13.67	0.12	0.04	0.00
FRUIT: CANTALOUPE	1/2 CUP	1	27	13	6	*N/A*	6.5	*N/A*	*N/A*	*N/A*
FRUIT: FRT MIX:canned,ln syrup	1/2 CUP	1	69	7	17	0.48	18.07	0.08	0.01	0.00
FRUIT: APPLESAUCE, UNSWEETENED	1/2 CUP	1	48	2	11	0.19	12.78	0.11	0.01	0.00
FRUIT: PEACHES, CANNED, LT SYR	1/2 CUP	1	68	6	*N/A*	0.55	18.26	0.04	0.00	0.00
FRUIT:PEARS canned,light syrup	1/2 CUP	1	72	6	15	0.24	19.04	0.04	0.00	0.00
FRUIT: MIXED BERRY CUP	1 CUP	1	90	0	16	0.0	20.0	0.0	0.00	0.00
FRUIT: PEACH CUP	1 CUP	1	80	0	16	1.0	19.0	0.0	0.00	0.00
FRUIT: STRAWBERRY CUP	1 CUP	1	90	0	18	1.0	22.0	0.0	0.00	0.00
FRUIT: RAISIN BOX	1 BOX	1	127	11	28	1.4	33.73	0.11	0.04	0.00
VEG: TOMATO, GRAPE	1/2 CUP	1	13	4	*N/A*	0.66	2.9	0.15	0.02	*N/A*
VEG: CARROTS, BABY, 1/2 CUP	1/2 CUP	1	25	42	2	*N/A*	5.0	*N/A*	*N/A*	*N/A*
VEG: CELERY STICKS	1/2 CUP	1	8	48	1	0.41	1.78	0.1	0.03	0.00
VEG: CUCUMBER,RAW	1/2 CUP	1	6	1	1	0.35	1.29	0.1	0.05	0.00
VEG: BROCCOLI.raw: fresh	1/2 CUP	1	15	15	1	1.28	3.02	0.17	0.05	0.00
PICKLES, 2 SLICES	1 EACH	1	2	113	0	0.07	0.34	0.04	0.01	0.00
VEG: SIDE SALAD	1 CUP	1	10	4	*0	0.68	1.98	0.16	0.02	*0.00
VEG: TACO HUMMUS	3 OZ CUP	1	120	180	3	6.0	18.0	3.0	0.00	0.00

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			1033	*1991	*46	*44.64	*126.07	*39.44	*12.48	*0.03
% of Calories					*17.7%	*17.3%	*48.8%	*34.4%	*10.9%	*0.0%
Nutrient Guideline			750-850	1420					<10.00	

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 11/03/2021										
High School Lunch	Total	15								
FRENCH TOAST STICKS, BC, 4 EA	4 EACH	1	347	387	19	8.0	56.0	10.67	1.33	*N/A*
PORK, SAUSAGE JTM PATTIES (2)	2 PATTIES	1	240	344	*N/A*	20.0	2.0	20.0	7.60	0.00
VEG: POTATO, TRITATER, SIMPLOT	2 TRIANGLES	1	220	630	0	3.0	31.0	9.0	1.50	0.00
FRUIT: APPLES, CINN & SUGAR	1/2 CUP	1	70	7	*0	0.04	17.95	0.01	0.00	*0.00
BOSCO CHEESE STICKS (2)	2 EACH	1	459	619	2	23.97	55.92	13.98	7.99	*N/A*
VEG: POTATO, FF, SPICY STRT CU	12 pieces	1	139	387	*N/A*	1.99	19.86	5.96	0.99	*N/A*
PIZZA, BIG DADDY, CHEESE, 16"	1 SLICE	1	400	440	7	19.0	42.99	16.0	7.00	*N/A*
PIZZA, BIG DADDYS, PEPP, 16"	1 SLICE	1	410	580	7	20.0	43.0	18.0	7.00	*N/A*
PIZZA, FRENCH BREAD CHEESE	1 EACH	1	350	450	2	22.0	29.0	18.0	7.00	*N/A*
SDW: TEXAS BURGER	1 EACH	1	507	1331	*13	*24.47	*48.66	*23.97	*7.06	*0.00
SDW: CLUX DELUXE	1 EACH	1	366	833	5	25.36	43.86	10.14	*1.00	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	420	657	5	20.36	44.86	17.14	*3.00	*N/A*
SDW: BACON CHEESEBURGER	1 EACH	1	398	832	*5	23.27	*28.86	20.77	*6.46	*N/A*
CHICKEN, CRIS P BITES	5 PIECES	1	208	546	1	19.0	15.0	8.0	1.00	*N/A*
BRD: RICE, WILD, 1/2 CUP	1/2 CUP COO	1	100	410	1	2.5	21.5	0.25	*N/A*	*N/A*
KED										
VEG: POTATO, SIDEWINDER	5 PIECES	1	90	260	0	1.0	14.0	3.5	0.50	0.00
SAUCE, GARLIC PARM SWBABYRAYS	2 OZ (4 TB)	1	160	880	0	0.0	0.0	16.0	2.00	0.00
SAUCE, BUFFALO, FRANKS	2 OZ	1	14	1664	0	0.34	1.32	0.85	0.13	*N/A*
SAUCE, BLUE CHEESE KRAFT	2 OZ (4 TB)	1	240	640	2	2.0	4.0	24.0	4.00	0.00
SAUCE: BBQ, SWEET BABY RAYS	2 OZ	1	140	580	28	*N/A*	36.0	*N/A*	*N/A*	*N/A*
PBJ, GRAPEUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
PBJ, STRWBUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	1	110	130	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
MAYONNAISE, PACKET, 12 grams	12 gram packe	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
SALAD, CEASAR	1 SALAD	1	497	1364	*4	42.12	35.43	18.54	*8.46	*0.00
SALAD, CRISPY CHICKEN	1 SALAD	1	443	1036	*3	27.78	51.18	13.87	*2.74	*0.00
SALAD, ITALIAN	1 SALAD	1	511	1457	*8	*24.88	*39.83	*27.7	*15.03	*0.00

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 11/03/2021										
SALAD, MEXICAN	1 SALAD	1	494	880	*2	24.38	47.47	24.27	8.27	*0.42
SALAD: BERRY, CHICKEN	1 SALAD	1	542	1019	*11	42.98	47.5	19.8	*11.29	*0.00
DRESSING, LT RANCH,MARZETTI	1.5 OZ PACK	1	60	220	4	1.0	9.0	2.5	0.00	0.00
DRESSING, FF 1000 KRAFT	1.5 OZ PACK	1	50	350	0	0.0	12.0	0.0	0.00	0.00
DRESSING, CEASAR, KRAFT	1.5 OZ PACK	1	160	450	2	2.0	3.0	16.0	3.00	0.00
DRESSING, FF FRENCH, KENS	1.5 OZ PACK	1	45	430	9	0.0	11.0	0.0	0.00	0.00
DRESSING, LT ITALIAN, MARZETTI	1.5 OZ PACK	1	15	720	2	0.0	2.0	1.0	0.00	0.00
DRESSING, RAS VIN, KENS	1.5 OZ PACK	1	50	115	10	0.0	12.0	0.0	0.00	0.00
SDW: SUB, ITALIAN COMBO	1 SUB	1	332	914	4	22.0	31.7	12.2	5.05	0.00
CHIP: SUNCHIPS, HARVEST CHEDDA	1 OZ BAG	1	140	200	2	2.0	19.0	6.0	0.50	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	1 ORANGE,2 &5/8"	1	65	0	13	0.99	16.27	0.3	0.04	0.00
FRUIT: BANANA, SM, 1/2 CUP	6 inch banana	1	90	1	12	1.0	23.0	*N/A*	*N/A*	*N/A*
FRUIT: BLUEBERRIES, FROZEN	1/2 CUP	1	40	1	7	0.33	9.43	0.5	0.04	0.00
FRUIT: WATERMELON,CHUNKS	1/2 CUP	1	23	1	5	0.46	5.74	0.11	0.01	0.00
FRUIT: GRAPES,Fresh	1/2 CUP	1	52	2	12	0.54	13.67	0.12	0.04	0.00
FRUIT: CANTALOUPE	1/2 CUP	1	27	13	6	*N/A*	6.5	*N/A*	*N/A*	*N/A*
FRUIT: FRT MIX:canned,ln syrup	1/2 CUP	1	69	7	17	0.48	18.07	0.08	0.01	0.00
FRUIT: APPLESAUCE, UNSWEETENED	1/2 CUP	1	48	2	11	0.19	12.78	0.11	0.01	0.00
FRUIT: PEACHES, CANNED, LT SYR	1/2 CUP	1	68	6	*N/A*	0.55	18.26	0.04	0.00	0.00
FRUIT:PEARS canned,light syrup	1/2 CUP	1	72	6	15	0.24	19.04	0.04	0.00	0.00
FRUIT: MIXED BERRY CUP	1 CUP	1	90	0	16	0.0	20.0	0.0	0.00	0.00
FRUIT: PEACH CUP	1 CUP	1	80	0	16	1.0	19.0	0.0	0.00	0.00
FRUIT: STRAWBERRY CUP	1 CUP	1	90	0	18	1.0	22.0	0.0	0.00	0.00
FRUIT: RAISIN BOX	1 BOX	1	127	11	28	1.4	33.73	0.11	0.04	0.00
VEG: TOMATO, GRAPE	1/2 CUP	1	13	4	*N/A*	0.66	2.9	0.15	0.02	*N/A*
VEG: CARROTS, BABY, 1/2 CUP	1/2 CUP	1	25	42	2	*N/A*	5.0	*N/A*	*N/A*	*N/A*
VEG: CELERY STICKS	1/2 CUP	1	8	48	1	0.41	1.78	0.1	0.03	0.00
VEG: CUCUMBER,RAW	1/2 CUP	1	6	1	1	0.35	1.29	0.1	0.05	0.00
VEG: BROCCOLI.raw: fresh	1/2 CUP	1	15	15	1	1.28	3.02	0.17	0.05	0.00
PICKLES, 2 SLICES	1 EACH	1	2	113	0	0.07	0.34	0.04	0.01	0.00
VEG: SIDE SALAD	1 CUP	1	10	4	*0	0.68	1.98	0.16	0.02	*0.00
VEG: TACO HUMMUS	3 OZ CUP	1	120	180	3	6.0	18.0	3.0	0.00	0.00
Weighted Daily Average			802	*1678	*35	*33.68	*95.65	*31.79	*9.35	*0.03
% of Calories					*17.6%	*16.8%	*47.7%	*35.7%	*10.5%	*0.0%
Nutrient Guideline			750-850	1420					<10.00	

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High School Lunch

Portion Values - Detailed

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Thu - 11/04/2021										
High School Lunch	Total	12								
PIZZA: PIZZA HUT CHEESE	1 LRG SLICE	1	320	640	2	16.0	36.0	12.0	7.00	0.00
PIZZA: PIZZA HUT PEPPERONI	1 LRG SLICE	1	350	740	2	17.0	35.0	16.0	7.80	0.00
PIZZA: PIZZA HUT SAUSAGE	1 LRG SLICE	1	370	780	2	17.0	35.0	18.0	8.00	0.00
VEG: GREEN BEANS W/ DICED HAM	1/2 CUP	1	27	*224	*1	*2.1	4.58	*0.54	*0.25	*0.00
VEG: POTATO, CURLY FRY, 1/2 CUP	3 OZ PORTIO	1	155	420	*N/A*	2.0	21.0	7.0	1.00	*N/A*
BOSCO STICKS, PEPPERONI (2)	2 STICKS	1	520	1020	6	22.0	64.0	18.0	9.00	*N/A*
DORITOS TOP N GO	1 BAG	1	190	280	*N/A*	3.0	27.0	7.0	1.00	*N/A*
CHEESE SAUCE, CHEDDAR, LOL	3 OZ	1	130	550	*N/A*	7.0	5.0	10.0	6.00	*N/A*
BEEF TACO FILLING, JTM, 2 MMA	2.71	1	126	287	0	13.63	1.93	6.84	2.74	*N/A*
VEG: SALSA, COMMODITY 1/2 CUP	1/2 cup	1	40	140	4	0.0	8.0	0.0	0.00	0.00
SOUR CREAM, LIGHT	1 OZ	1	38	33	2	0.95	2.86	2.38	1.43	*N/A*
JALAPENOS, SLICED	1.05 OZ	1	5	514	*N/A*	*N/A*	1.01	*N/A*	*N/A*	*N/A*
VEG: LETTUCE, SHREDDED	1 CUP	1	8	*N/A*	*N/A*	*N/A*	1.55	*N/A*	*N/A*	*N/A*
VEG: REFRIED BEANS W CHEESE	1/2 cup	1	180	289	*1	8.41	26.08	3.54	1.34	*0.00
CHICKEN, NASHVILLE HOT BITES	10 PIECES	1	170	420	2	14.0	11.0	8.0	1.50	0.00
BRD: CHEESY TEXAS TOAST, ALPHA	SLICE	1	217	390	*1	9.81	20.13	10.67	6.01	*0.00
SDW: PULLED PORK RICHES	1 SANDWICH	1	361	708	*18	16.4	*42.91	13.18	*4.01	*0.00
SDW: CLUX DELUXE	1 EACH	1	366	833	5	25.36	43.86	10.14	*1.00	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	420	657	5	20.36	44.86	17.14	*3.00	*N/A*
SDW: BACON CHEESEBURGER	1 EACH	1	398	832	*5	23.27	*28.86	20.77	*6.46	*N/A*
PBJ, GRAPEUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
PBJ, STRWBUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
JUICE: FROZEN	4 OZ	1	60	5	13	*N/A*	16.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	1	110	130	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
MAYONNAISE, PACKET, 12 grams	12 gram packe	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
SALAD, CEASAR	1 SALAD	1	497	1364	*4	42.12	35.43	18.54	*8.46	*0.00
SALAD, CRISPY CHICKEN	1 SALAD	1	443	1036	*3	27.78	51.18	13.87	*2.74	*0.00
SALAD, ITALIAN	1 SALAD	1	511	1457	*8	*24.88	*39.83	*27.7	*15.03	*0.00

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 11/04/2021										
SALAD, MEXICAN	1 SALAD	1	494	880	*2	24.38	47.47	24.27	8.27	*0.42
SALAD: BERRY, CHICKEN	1 SALAD	1	542	1019	*11	42.98	47.5	19.8	*11.29	*0.00
DRESSING, FF 1000 KRAFT	1.5 OZ PACK	1	50	350	0	0.0	12.0	0.0	0.00	0.00
DRESSING, CEASAR, KRAFT	1.5 OZ PACK	1	160	450	2	2.0	3.0	16.0	3.00	0.00
DRESSING, FF FRENCH, KENS	1.5 OZ PACK	1	45	430	9	0.0	11.0	0.0	0.00	0.00
DRESSING, LT ITALIAN, MARZETTI	1.5 OZ PACK	1	15	720	2	0.0	2.0	1.0	0.00	0.00
DRESSING, RAS VIN, KENS	1.5 OZ PACK	1	50	115	10	0.0	12.0	0.0	0.00	0.00
DRESSING, LT RANCH, MARZETTI	1.5 OZ PACK	1	60	220	4	1.0	9.0	2.5	0.00	0.00
SDW: SUB, TRKY, HAM, CHZ	1 SUB	1	298	918	*6	23.06	33.71	9.21	3.81	*0.00
CHIP: SUNCHIPS, HARVEST CHEDDA	1 OZ BAG	1	140	200	2	2.0	19.0	6.0	0.50	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	1 ORANGE, 2 & 5/8"	1	65	0	13	0.99	16.27	0.3	0.04	0.00
FRUIT: BANANA, SM, 1/2 CUP	6 inch banana	1	90	1	12	1.0	23.0	*N/A*	*N/A*	*N/A*
FRUIT: BLUEBERRIES, FROZEN	1/2 CUP	1	40	1	7	0.33	9.43	0.5	0.04	0.00
FRUIT: WATERMELON, CHUNKS	1/2 CUP	1	23	1	5	0.46	5.74	0.11	0.01	0.00
FRUIT: GRAPES, Fresh	1/2 CUP	1	52	2	12	0.54	13.67	0.12	0.04	0.00
FRUIT: CANTALOUPE	1/2 CUP	1	27	13	6	*N/A*	6.5	*N/A*	*N/A*	*N/A*
FRUIT: FRT MIX: canned, In syrup	1/2 CUP	1	69	7	17	0.48	18.07	0.08	0.01	0.00
FRUIT: APPLESAUCE, UNSWEETENED	1/2 CUP	1	48	2	11	0.19	12.78	0.11	0.01	0.00
FRUIT: PEACHES, CANNED, LT SYR	1/2 CUP	1	68	6	*N/A*	0.55	18.26	0.04	0.00	0.00
FRUIT: PEARS canned, light syrup	1/2 CUP	1	72	6	15	0.24	19.04	0.04	0.00	0.00
FRUIT: MIXED BERRY CUP	1 CUP	1	90	0	16	0.0	20.0	0.0	0.00	0.00
FRUIT: PEACH CUP	1 CUP	1	80	0	16	1.0	19.0	0.0	0.00	0.00
FRUIT: STRAWBERRY CUP	1 CUP	1	90	0	18	1.0	22.0	0.0	0.00	0.00
FRUIT: RAISIN BOX	1 BOX	1	127	11	28	1.4	33.73	0.11	0.04	0.00
VEG: TOMATO, GRAPE	1/2 CUP	1	13	4	*N/A*	0.66	2.9	0.15	0.02	*N/A*
VEG: CARROTS, BABY, 1/2 CUP	1/2 CUP	1	25	42	2	*N/A*	5.0	*N/A*	*N/A*	*N/A*
VEG: CELERY STICKS	1/2 CUP	1	8	48	1	0.41	1.78	0.1	0.03	0.00
VEG: CUCUMBER, RAW	1/2 CUP	1	6	1	1	0.35	1.29	0.1	0.05	0.00
VEG: BROCCOLI, raw: fresh	1/2 CUP	1	15	15	1	1.28	3.02	0.17	0.05	0.00
PICKLES, 2 SLICES	1 EACH	1	2	113	0	0.07	0.34	0.04	0.01	0.00
VEG: SIDE SALAD	1 CUP	1	10	4	*0	0.68	1.98	0.16	0.02	*0.00
VEG: TACO HUMMUS	3 OZ CUP	1	120	180	3	6.0	18.0	3.0	0.00	0.00
Weighted Daily Average			931	*1871	*42	*40.69	*113.14	*34.91	*11.75	*0.03
% of Calories					*18.0%	*17.5%	*48.6%	*33.8%	*11.4%	*0.0%
Nutrient Guideline			750-850	1420					<10.00	

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 11/05/2021										
High School Lunch	Total	12								
CHICKEN AND NOODLES	1 CUP	1	187	632	*1	21.5	17.61	3.72	1.05	*0.01
BRD: ROLL, SISTER SCH, 2 GR	1 EACH	1	180	320	6	4.0	30.0	5.0	1.50	*N/A*
VEG:GREEN BEANS W/ DICED HAM	1/2 CUP	1	27	*224	*1	*2.1	4.58	*0.54	*0.25	*0.00
PEANUT BUTTER BARS-updated	1 EACH	1	249	98	*19	5.23	24.56	15.94	5.02	*0.02
VEG: POTATO, CRINKLE FRY	12 PIECES	1	130	160	0	2.0	21.0	4.5	0.50	0.00
BOSCO CHEESE STICKS (2)	2 EACH	1	459	619	2	23.97	55.92	13.98	7.99	*N/A*
CHICKEN,YANGS BRDED, UNSAUCE	3.6 OZ WT	1	129	151	0	13.75	10.0	3.75	0.00	0.00
BRD: RICE, WHITE, 1 CUP	1 CUP	1	194	3	0	4.6	41.16	0.58	0.12	*N/A*
EGG ROLL	1 EACH	1	180	430	2	7.0	21.0	8.0	2.00	*N/A*
VEG: STIR FRY	1/2 CUP	1	33	40	5	2.67	6.67	*N/A*	*N/A*	*N/A*
PIZZA, BIG DADDYS, PEPP, 16"	1 SLICE	1	410	580	7	20.0	43.0	18.0	7.00	*N/A*
PIZZA, BIG DADDY, CHEESE, 16"	1 SLICE	1	400	440	7	19.0	42.99	16.0	7.00	*N/A*
FISH: SHRIMP POPPERS	20 PIECES	1	230	760	1	12.0	23.0	10.0	1.50	*N/A*
MOZZ STICKS, FARM RICH, 3 EACH	3 EACH	1	165	330	2	10.0	18.0	6.0	2.00	*N/A*
BRD: HUSHPUPIES, SAVANNAH	3 EACH	1	190	240	2	2.0	22.0	10.0	1.50	0.00
ENT: MINI CHEESE CALZONES	5 OZ	1	320	370	7	18.0	41.0	10.0	4.50	0.00
SDW: CLUX DELUXE	1 EACH	1	366	833	5	25.36	43.86	10.14	*1.00	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	420	657	5	20.36	44.86	17.14	*3.00	*N/A*
SDW: BACON CHEESEBURGER	1 EACH	1	398	832	*5	23.27	*28.86	20.77	*6.46	*N/A*
PBJ, GRAPEUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
PBJ, STRWBUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	1	110	130	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
MAYONNAISE, PACKET, 12 grams	12 gram packe	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
SALAD, CEASAR	1 SALAD	1	497	1364	*4	42.12	35.43	18.54	*8.46	*0.00
SALAD, CRISPY CHICKEN	1 SALAD	1	443	1036	*3	27.78	51.18	13.87	*2.74	*0.00
SALAD, ITALIAN	1 SALAD	1	511	1457	*8	*24.88	*39.83	*27.7	*15.03	*0.00
SALAD, MEXICAN	1 SALAD	1	494	880	*2	24.38	47.47	24.27	8.27	*0.42
SALAD: BERRY, CHICKEN	1 SALAD	1	542	1019	*11	42.98	47.5	19.8	*11.29	*0.00

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 11/05/2021										
DRESSING, FF 1000 KRAFT	1.5 OZ PACK	1	50	350	0	0.0	12.0	0.0	0.00	0.00
DRESSING, CEASAR, KRAFT	1.5 OZ PACK	1	160	450	2	2.0	3.0	16.0	3.00	0.00
DRESSING, FF FRENCH, KENS	1.5 OZ PACK	1	45	430	9	0.0	11.0	0.0	0.00	0.00
DRESSING, LT ITALIAN, MARZETTI	1.5 OZ PACK	1	15	720	2	0.0	2.0	1.0	0.00	0.00
DRESSING, RAS VIN, KENS	1.5 OZ PACK	1	50	115	10	0.0	12.0	0.0	0.00	0.00
DRESSING, LT RANCH,MARZETTI	1.5 OZ PACK	1	60	220	4	1.0	9.0	2.5	0.00	0.00
SDW: SUB, ITALIAN COMBO	1 SUB	1	332	914	4	22.0	31.7	12.2	5.05	0.00
CHIP: SUNCHIPS, HARVEST CHEDDA	1 OZ BAG	1	140	200	2	2.0	19.0	6.0	0.50	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	1 ORANGE,2 &5/8"	1	65	0	13	0.99	16.27	0.3	0.04	0.00
FRUIT: BANANA, SM, 1/2 CUP	6 inch banana	1	90	1	12	1.0	23.0	*N/A*	*N/A*	*N/A*
FRUIT: BLUEBERRIES, FROZEN	1/2 CUP	1	40	1	7	0.33	9.43	0.5	0.04	0.00
FRUIT: WATERMELON,CHUNKS	1/2 CUP	1	23	1	5	0.46	5.74	0.11	0.01	0.00
FRUIT: GRAPES,Fresh	1/2 CUP	1	52	2	12	0.54	13.67	0.12	0.04	0.00
FRUIT: CANTALOUPE	1/2 CUP	1	27	13	6	*N/A*	6.5	*N/A*	*N/A*	*N/A*
FRUIT: FRT MIX:canned,ln syrup	1/2 CUP	1	69	7	17	0.48	18.07	0.08	0.01	0.00
FRUIT: APPLESAUCE, UNSWEETENED	1/2 CUP	1	48	2	11	0.19	12.78	0.11	0.01	0.00
FRUIT: PEACHES, CANNED, LT SYR	1/2 CUP	1	68	6	*N/A*	0.55	18.26	0.04	0.00	0.00
FRUIT:PEARS canned,light syrup	1/2 CUP	1	72	6	15	0.24	19.04	0.04	0.00	0.00
FRUIT: MIXED BERRY CUP	1 CUP	1	90	0	16	0.0	20.0	0.0	0.00	0.00
FRUIT: PEACH CUP	1 CUP	1	80	0	16	1.0	19.0	0.0	0.00	0.00
FRUIT: STRAWBERRY CUP	1 CUP	1	90	0	18	1.0	22.0	0.0	0.00	0.00
FRUIT: RAISIN BOX	1 BOX	1	127	11	28	1.4	33.73	0.11	0.04	0.00
VEG: TOMATO, GRAPE	1/2 CUP	1	13	4	*N/A*	0.66	2.9	0.15	0.02	*N/A*
VEG: CARROTS, BABY, 1/2 CUP	1/2 CUP	1	25	42	2	*N/A*	5.0	*N/A*	*N/A*	*N/A*
VEG: CELERY STICKS	1/2 CUP	1	8	48	1	0.41	1.78	0.1	0.03	0.00
VEG: CUCUMBER,RAW	1/2 CUP	1	6	1	1	0.35	1.29	0.1	0.05	0.00
VEG: BROCCOLI,raw: fresh	1/2 CUP	1	15	15	1	1.28	3.02	0.17	0.05	0.00
PICKLES, 2 SLICES	1 EACH	1	2	113	0	0.07	0.34	0.04	0.01	0.00
VEG: SIDE SALAD	1 CUP	1	10	4	*0	0.68	1.98	0.16	0.02	*0.00
VEG: TACO HUMMUS	3 OZ CUP	1	120	180	3	6.0	18.0	3.0	0.00	0.00
Weighted Daily Average			951	*1701	*42	*42.15	*118.26	*34.56	*10.59	*0.04
% of Calories					*17.8%	*17.7%	*49.7%	*32.7%	*10.0%	*0.0%
Nutrient Guideline			750-850	1420					<10.00	

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Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 11/08/2021										
High School Lunch	Total	13								
BRD: BISCUIT, PILLSBURY	2.2 OZ	1	170	570	2	3.0	22.0	8.0	5.00	0.00
SAUSAGE GRAVY, JTM, CN	3.95 OZ WT	1	174	510	1	7.0	8.0	12.0	6.90	0.00
EGG: SCRAMBLED W BUTTER	1/4 CUP (2.1	1	90	230	*N/A*	5.0	*N/A*	7.0	1.50	0.00
VEG: POTATO, SHOESTRING SIMPLO	2.39 OZ	1	130	200	0	1.0	19.0	6.0	1.00	0.00
VEG: POTATO, DICED, SEASONED	3 OZ WT	1	130	390	*N/A*	2.0	21.0	4.0	0.50	*N/A*
ENT: CHEESE BITES, WILD MIKES	4 EACH	1	280	540	*N/A*	16.0	28.0	12.0	4.00	*N/A*
PIZZA, BIG DADDY, CHEESE, 16"	1 SLICE	1	400	440	7	19.0	42.99	16.0	7.00	*N/A*
PIZZA, BIG DADDYS, PEPP, 16"	1 SLICE	1	410	580	7	20.0	43.0	18.0	7.00	*N/A*
BEEF, PHILLY, 2MMA	2.86 OZ	1	144	390	2	13.07	3.01	8.04	3.01	*N/A*
BRD: RICE, WHITE, 1 CUP	1 CUP	1	194	3	0	4.6	41.16	0.58	0.12	*N/A*
SAUCE, ASIAN, 1 OZ	1 OZ	1	43	209	7	0.0	11.0	0.0	0.00	0.00
SAUCE, SWEET N SOUR	1 OZ	1	60	110	11	*N/A*	14.0	*N/A*	*N/A*	*N/A*
SAUCE: GENERAL TSO, YANGS	1 OZ	1	37	79	9	*N/A*	10.0	0.0	*N/A*	*N/A*
SAUCE: KOREAN BBQ	1 OZ	1	62	650	8	1.0	10.0	2.0	0.00	0.00
SAUCE: ORANGE, YANGS	1 OZ	1	46	159	10	*N/A*	11.0	*N/A*	*N/A*	*N/A*
SAUCE: STIR FRY	1 OZ	1	35	440	2	1.0	4.0	1.5	*N/A*	*N/A*
veg: BROCCOLI: frozen	.5 CUP	1	20	19	1	2.19	3.73	0.23	0.03	0.00
BRD: PRETZEL, KING, 5 OZ	1 EACH	1	340	300	2	12.0	72.0	2.0	*N/A*	*N/A*
CHEESE SAUCE, CHEDDAR, LOL	3 OZ	1	130	550	*N/A*	7.0	5.0	10.0	6.00	*N/A*
CHEESE STICK, LOL, COLBY JACK	1 STICK	1	110	200	0	7.0	0.0	9.0	6.00	0.00
CHEESE, STICK, MOZZ, LOL	1 EACH	1	80	200	1	6.0	2.0	6.0	4.00	0.00
ENT: STEAK CUT CHEESE FRIES	6 OZ WT	1	530	1280	*2	20.0	*44.0	30.0	14.00	*0.00
BRD: BISCUIT, PILLSBURY	2.2 OZ	1	170	570	2	3.0	22.0	8.0	5.00	0.00
MARGARINE: SMART BALANCE CUP	1 CUP	1	30	30	*N/A*	*N/A*	*N/A*	3.0	1.00	*N/A*
SDW: CLUX DELUXE	1 EACH	1	366	833	5	25.36	43.86	10.14	*1.00	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	420	657	5	20.36	44.86	17.14	*3.00	*N/A*
SDW: BACON CHEESEBURGER	1 EACH	1	398	832	*5	23.27	*28.86	20.77	*6.46	*N/A*
PBJ, GRAPEUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
PBJ, STRWBUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	1	110	130	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 11/08/2021										
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
MAYONNAISE, PACKET, 12 grams	12 gram packe	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
SALAD, CEASAR	1 SALAD	1	497	1364	*4	42.12	35.43	18.54	*8.46	*0.00
SALAD, CRISPY CHICKEN	1 SALAD	1	443	1036	*3	27.78	51.18	13.87	*2.74	*0.00
SALAD, ITALIAN	1 SALAD	1	511	1457	*8	*24.88	*39.83	*27.7	*15.03	*0.00
SALAD, MEXICAN	1 SALAD	1	494	880	*2	24.38	47.47	24.27	8.27	*0.42
SALAD: BERRY, CHICKEN	1 SALAD	1	542	1019	*11	42.98	47.5	19.8	*11.29	*0.00
DRESSING, FF 1000 KRAFT	1.5 OZ PACK	1	50	350	0	0.0	12.0	0.0	0.00	0.00
DRESSING, CEASAR, KRAFT	1.5 OZ PACK	1	160	450	2	2.0	3.0	16.0	3.00	0.00
DRESSING, FF FRENCH, KENS	1.5 OZ PACK	1	45	430	9	0.0	11.0	0.0	0.00	0.00
DRESSING, LT ITALIAN, MARZETTI	1.5 OZ PACK	1	15	720	2	0.0	2.0	1.0	0.00	0.00
DRESSING, RAS VIN, KENS	1.5 OZ PACK	1	50	115	10	0.0	12.0	0.0	0.00	0.00
DRESSING, LT RANCH,MARZETTI	1.5 OZ PACK	1	60	220	4	1.0	9.0	2.5	0.00	0.00
SDW: SUB, ITALIAN COMBO	1 SUB	1	332	914	4	22.0	31.7	12.2	5.05	0.00
CHIP: SUNCHIPS, HARVEST CHEDDA	1 OZ BAG	1	140	200	2	2.0	19.0	6.0	0.50	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	1 ORANGE,2 &5/8"	1	65	0	13	0.99	16.27	0.3	0.04	0.00
FRUIT: BANANA, SM, 1/2 CUP	6 inch banana	1	90	1	12	1.0	23.0	*N/A*	*N/A*	*N/A*
FRUIT: BLUEBERRIES, FROZEN	1/2 CUP	1	40	1	7	0.33	9.43	0.5	0.04	0.00
FRUIT: WATERMELON,CHUNKS	1/2 CUP	1	23	1	5	0.46	5.74	0.11	0.01	0.00
FRUIT: GRAPES,Fresh	1/2 CUP	1	52	2	12	0.54	13.67	0.12	0.04	0.00
FRUIT: CANTALOUPE	1/2 CUP	1	27	13	6	*N/A*	6.5	*N/A*	*N/A*	*N/A*
FRUIT: FRT MIX:canned,ln syrup	1/2 CUP	1	69	7	17	0.48	18.07	0.08	0.01	0.00
FRUIT: APPLESAUCE, UNSWEETENED	1/2 CUP	1	48	2	11	0.19	12.78	0.11	0.01	0.00
FRUIT: PEACHES, CANNED, LT SYR	1/2 CUP	1	68	6	*N/A*	0.55	18.26	0.04	0.00	0.00
FRUIT:PEARS canned,light syrup	1/2 CUP	1	72	6	15	0.24	19.04	0.04	0.00	0.00
FRUIT: MIXED BERRY CUP	1 CUP	1	90	0	16	0.0	20.0	0.0	0.00	0.00
FRUIT: PEACH CUP	1 CUP	1	80	0	16	1.0	19.0	0.0	0.00	0.00
FRUIT: STRAWBERRY CUP	1 CUP	1	90	0	18	1.0	22.0	0.0	0.00	0.00
FRUIT: RAISIN BOX	1 BOX	1	127	11	28	1.4	33.73	0.11	0.04	0.00
VEG: TOMATO, GRAPE	1/2 CUP	1	13	4	*N/A*	0.66	2.9	0.15	0.02	*N/A*
VEG: CARROTS, BABY, 1/2 CUP	1/2 CUP	1	25	42	2	*N/A*	5.0	*N/A*	*N/A*	*N/A*
VEG: CELERY STICKS	1/2 CUP	1	8	48	1	0.41	1.78	0.1	0.03	0.00
VEG: CUCUMBER,RAW	1/2 CUP	1	6	1	1	0.35	1.29	0.1	0.05	0.00
VEG: BROCCOLI,raw: fresh	1/2 CUP	1	15	15	1	1.28	3.02	0.17	0.05	0.00
PICKLES, 2 SLICES	1 EACH	1	2	113	0	0.07	0.34	0.04	0.01	0.00
VEG: SIDE SALAD	1 CUP	1	10	4	*0	0.68	1.98	0.16	0.02	*0.00
VEG: TACO HUMMUS	3 OZ CUP	1	120	180	3	6.0	18.0	3.0	0.00	0.00

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			904	*1820	*40	*37.52	*110.27	*34.78	*12.10	*0.03
% of Calories					*17.8%	*16.6%	*48.8%	*34.6%	*12.0%	*0.0%
Nutrient Guideline			750-850	1420					<10.00	

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Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 11/09/2021										
High School Lunch	Total	12								
ENT: CHICKEN NOODLE DEEP DISH	1/2 CUP	1	262	1941	*1	19.15	33.11	5.08	0.82	*0.00
VEG: POTATO, MASHED, IDAHOAN	1/2 CUP	1	80	310	*N/A*	2.0	17.0	1.0	*N/A*	*N/A*
BRD: BISCUIT, PILLSBURY	2.25 OZ	1	174	583	2	3.07	22.5	8.18	5.11	0.00
VEG: POTATO, TATER TOT	8 pieces	1	150	360	*N/A*	2.0	19.01	7.0	1.00	*N/A*
BOSCO STICKS, PEPPERONI (2)	2 STICKS	1	520	1020	6	22.0	64.0	18.0	9.00	*N/A*
PIZZA, BIG DADDY, CHEESE, 16"	1 SLICE	1	400	440	7	19.0	42.99	16.0	7.00	*N/A*
PIZZA, BIG DADDYS, PEPP, 16"	1 SLICE	1	410	580	7	20.0	43.0	18.0	7.00	*N/A*
BRD: TORTILLA, 6 INCH (2 EACH)	2 EACH	1	180	220	2	4.0	30.0	5.0	2.00	0.00
BRD: CHIP, TORTILLA, EL SABROS	16 CHIPS	1	210	170	0	3.0	25.0	12.0	1.00	0.00
BRD: CORN CHIP, RF, WG, 1 CUP	1 CUP (1.4 OZ)	1	204	247	*N/A*	2.91	29.09	8.73	1.45	*N/A*
BEEF TACO FILLING, JTM, 2 MMA	2.71	1	126	287	0	13.63	1.93	6.84	2.74	*N/A*
CHICKEN: SHREDD TINGA, COMIDA	2.54 OZ	1	120	380	1	17.0	4.0	4.5	1.00	0.00
CHEESE SAUCE, CHEDDAR, LOL	3 OZ	1	130	550	*N/A*	7.0	5.0	10.0	6.00	*N/A*
CHEESE: CHEDDAR, SHREDDED, LOL	1/4 CUP	1	110	190	*N/A*	6.0	1.0	9.0	6.00	*N/A*
BRD: RICE, SPANISH 1/2 CUP	1/2 CUP	1	100	310	2	2.5	21.5	2.5	*N/A*	*N/A*
VEG: LETTUCE, SHREDDED	1 CUP	1	8	*N/A*	*N/A*	*N/A*	1.55	*N/A*	*N/A*	*N/A*
VEG: SALSA, COMMODITY 1/2 CUP	1/2 cup	1	40	140	4	0.0	8.0	0.0	0.00	0.00
SOUR CREAM, LIGHT	1 OZ	1	38	33	2	0.95	2.86	2.38	1.43	*N/A*
VEG: CORN/BLACK BEAN	1/2 CUP	1	76	119	*0	3.56	15.71	0.96	0.18	*0.00
JALAPENOS, SLICED	1.05 OZ	1	5	514	*N/A*	*N/A*	1.01	*N/A*	*N/A*	*N/A*
BRD: WAFFLE, BELGIUM	1 EACH	1	290	160	18	4.0	37.0	14.0	6.00	0.00
CHICKEN: SMACKERS DARK MEAT	10 EACH	1	293	487	0	18.0	17.0	17.0	3.00	0.00
SYRUP, PANCAKE, 1 GALLON	1 OZ	1	100	27	24	*N/A*	25.5	*N/A*	*N/A*	*N/A*
SDW: PORK RIB BBQ ON BUN	1 EACH	1	360	910	13	18.0	39.0	14.0	5.00	*0.00
SDW: CLUX DELUXE	1 EACH	1	366	833	5	25.36	43.86	10.14	*1.00	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	420	657	5	20.36	44.86	17.14	*3.00	*N/A*
SDW: BACON CHEESEBURGER	1 EACH	1	398	832	*5	23.27	*28.86	20.77	*6.46	*N/A*
PBJ, GRAPEUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
PBJ, STRWBUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	1	110	130	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 11/09/2021										
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*

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Base Menu Spreadsheet

High School Lunch

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MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
MAYONNAISE, PACKET, 12 grams	12 gram packe	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
SALAD, CEASAR	1 SALAD	1	497	1364	*4	42.12	35.43	18.54	*8.46	*0.00
SALAD, CRISPY CHICKEN	1 SALAD	1	443	1036	*3	27.78	51.18	13.87	*2.74	*0.00
SALAD, ITALIAN	1 SALAD	1	511	1457	*8	*24.88	*39.83	*27.7	*15.03	*0.00
SALAD, MEXICAN	1 SALAD	1	494	880	*2	24.38	47.47	24.27	8.27	*0.42
SALAD: BERRY, CHICKEN	1 SALAD	1	542	1019	*11	42.98	47.5	19.8	*11.29	*0.00
DRESSING, FF 1000 KRAFT	1.5 OZ PACK	1	50	350	0	0.0	12.0	0.0	0.00	0.00
DRESSING, CEASAR, KRAFT	1.5 OZ PACK	1	160	450	2	2.0	3.0	16.0	3.00	0.00
DRESSING, FF FRENCH, KENS	1.5 OZ PACK	1	45	430	9	0.0	11.0	0.0	0.00	0.00
DRESSING, LT ITALIAN, MARZETTI	1.5 OZ PACK	1	15	720	2	0.0	2.0	1.0	0.00	0.00
DRESSING, RAS VIN, KENS	1.5 OZ PACK	1	50	115	10	0.0	12.0	0.0	0.00	0.00
DRESSING, LT RANCH,MARZETTI	1.5 OZ PACK	1	60	220	4	1.0	9.0	2.5	0.00	0.00
SDW: SUB, TRKY, HAM, CHZ	1 SUB	1	298	918	*6	23.06	33.71	9.21	3.81	*0.00
CHIP: SUNCHIPS, HARVEST CHEDDA	1 OZ BAG	1	140	200	2	2.0	19.0	6.0	0.50	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	1 ORANGE,2 &5/8"	1	65	0	13	0.99	16.27	0.3	0.04	0.00
FRUIT: BANANA, SM, 1/2 CUP	6 inch banana	1	90	1	12	1.0	23.0	*N/A*	*N/A*	*N/A*
FRUIT: BLUEBERRIES, FROZEN	1/2 CUP	1	40	1	7	0.33	9.43	0.5	0.04	0.00
FRUIT: WATERMELON,CHUNKS	1/2 CUP	1	23	1	5	0.46	5.74	0.11	0.01	0.00
FRUIT: GRAPES,Fresh	1/2 CUP	1	52	2	12	0.54	13.67	0.12	0.04	0.00
FRUIT: CANTALOUPE	1/2 CUP	1	27	13	6	*N/A*	6.5	*N/A*	*N/A*	*N/A*
FRUIT: FRT MIX:canned,ln syrup	1/2 CUP	1	69	7	17	0.48	18.07	0.08	0.01	0.00
FRUIT: APPLESAUCE, UNSWEETENED	1/2 CUP	1	48	2	11	0.19	12.78	0.11	0.01	0.00
FRUIT: PEACHES, CANNED, LT SYR	1/2 CUP	1	68	6	*N/A*	0.55	18.26	0.04	0.00	0.00
FRUIT:PEARS canned,light syrup	1/2 CUP	1	72	6	15	0.24	19.04	0.04	0.00	0.00
FRUIT: MIXED BERRY CUP	1 CUP	1	90	0	16	0.0	20.0	0.0	0.00	0.00
FRUIT: PEACH CUP	1 CUP	1	80	0	16	1.0	19.0	0.0	0.00	0.00
FRUIT: STRAWBERRY CUP	1 CUP	1	90	0	18	1.0	22.0	0.0	0.00	0.00
FRUIT: RAISIN BOX	1 BOX	1	127	11	28	1.4	33.73	0.11	0.04	0.00
VEG: TOMATO, GRAPE	1/2 CUP	1	13	4	*N/A*	0.66	2.9	0.15	0.02	*N/A*
VEG: CARROTS, BABY, 1/2 CUP	1/2 CUP	1	25	42	2	*N/A*	5.0	*N/A*	*N/A*	*N/A*
VEG: CELERY STICKS	1/2 CUP	1	8	48	1	0.41	1.78	0.1	0.03	0.00
VEG: CUCUMBER,RAW	1/2 CUP	1	6	1	1	0.35	1.29	0.1	0.05	0.00
VEG: BROCCOLI,raw: fresh	1/2 CUP	1	15	15	1	1.28	3.02	0.17	0.05	0.00
PICKLES, 2 SLICES	1 EACH	1	2	113	0	0.07	0.34	0.04	0.01	0.00
VEG: SIDE SALAD	1 CUP	1	10	4	*0	0.68	1.98	0.16	0.02	*0.00
VEG: TACO HUMMUS	3 OZ CUP	1	120	180	3	6.0	18.0	3.0	0.00	0.00

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Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			1024	*2083	*45	*43.90	*125.45	*38.83	*12.47	*0.03
% of Calories					*17.6%	*17.2%	*49.0%	*34.1%	*11.0%	*0.0%
Nutrient Guideline			750-850	1420					<10.00	

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 11/10/2021										
High School Lunch	Total	15								
ENT: MAC & CHEESE LOL	6 OZ	1	290	980	6	17.0	32.0	11.0	6.00	0.00
ENT: 3 CHEESE CAVATAPPI	6 OZ WT	1	321	803	3	16.0	27.0	16.0	9.20	0.00
BRD: BREADSTICK, KLOSTERMAN	1 EACH	1	90	181	*N/A*	3.87	18.06	0.65	*N/A*	*N/A*
PORK: HAM, DICED/SL, COMMODITY	1.22 OZ	1	37	232	1	5.0	2.0	2.0	1.00	*N/A*
PORK: BACON PCS, 2 T	2 TABLESPO	1	70	300	*N/A*	4.0	*N/A*	6.0	2.00	*N/A*
ONS										
VEG: TOMATOES, CANNED	1/2 CUP	1	48	373	*N/A*	3.12	10.32	0.36	0.05	*N/A*
VEG: BEAN, BAKED BUSHES	1/2 CUP	1	171	580	*13	7.14	34.29	1.51	*0.00	*0.00
VEG: POTATO, FF, SPICY STRT CU	12 pieces	1	139	387	*N/A*	1.99	19.86	5.96	0.99	*N/A*
BOSCO CHEESE STICKS (2)	2 EACH	1	459	619	2	23.97	55.92	13.98	7.99	*N/A*
PIZZA, BIG DADDY, CHEESE, 16"	1 SLICE	1	400	440	7	19.0	42.99	16.0	7.00	*N/A*
PIZZA, BIG DADDYS, PEPP, 16"	1 SLICE	1	410	580	7	20.0	43.0	18.0	7.00	*N/A*
BRD: RAMEN, NOODLES, 1 CUP	1 CUP	1	200	430	1	8.0	40.0	1.0	0.00	0.00
BEEF, PHILLY, 2MMA	2.86 OZ	1	144	390	2	13.07	3.01	8.04	3.01	*N/A*
CHICKEN, PULLED	2.3 OZ	1	83	64	0	13.79	0.0	2.3	0.00	0.00
PORK, PULLED, RICHS NO SAUCE	2.3 OZ	1	150	190	*N/A*	11.0	*N/A*	11.0	4.00	0.00
BROTH, BEEF	1 CUP	1	20	145	1	*0.0	3.0	1.0	*0.00	*0.00
BROTH, CHICKEN	1 CUP	1	10	750	*0	0.8	0.72	0.42	0.12	*0.00
VEG: CORN: frozen, yellow, 1/4	1/4 CUP	1	33	0	1	1.05	7.96	0.28	0.04	0.00
VEG: CARROTS, MATCHSTICK	.25 CUP	1	13	21	1	0.28	2.92	0.07	0.01	0.00
VEG: EDAMAME	1/4 CUP	1	47	2	1	4.62	3.45	2.02	0.24	0.00
VEG: MUSHROOM	1/4 CUP	1	5	1	0	0.74	0.78	0.08	0.01	0.00
CHICKEN, CRIS P BITES	5 PIECES	1	208	546	1	19.0	15.0	8.0	1.00	*N/A*
BRD: BISCUIT, PILLSBURY	2.2 OZ	1	170	570	2	3.0	22.0	8.0	5.00	0.00
SAUCE, SWEET N SOUR	1 OZ	1	60	110	11	*N/A*	14.0	*N/A*	*N/A*	*N/A*
MARGARINE: SMART BALANCE CUP	1 CUP	1	30	30	*N/A*	*N/A*	*N/A*	3.0	1.00	*N/A*
SDW: MEATBALL SUB	1 SANDWICH	1	438	1149	*12	27.31	45.74	14.73	*6.30	*0.00
SDW: CLUX DELUXE	1 EACH	1	366	833	5	25.36	43.86	10.14	*1.00	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	420	657	5	20.36	44.86	17.14	*3.00	*N/A*
SDW: BACON CHEESEBURGER	1 EACH	1	398	832	*5	23.27	*28.86	20.77	*6.46	*N/A*
PBJ, GRAPEUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
PBJ, STRWBUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	1	110	130	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 11/10/2021										
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*

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High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
MAYONNAISE, PACKET, 12 grams	12 gram packe	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
SALAD, CEASAR	1 SALAD	1	497	1364	*4	42.12	35.43	18.54	*8.46	*0.00
SALAD, CRISPY CHICKEN	1 SALAD	1	443	1036	*3	27.78	51.18	13.87	*2.74	*0.00
SALAD, ITALIAN	1 SALAD	1	511	1457	*8	*24.88	*39.83	*27.7	*15.03	*0.00
SALAD, MEXICAN	1 SALAD	1	494	880	*2	24.38	47.47	24.27	8.27	*0.42
SALAD: BERRY, CHICKEN	1 SALAD	1	542	1019	*11	42.98	47.5	19.8	*11.29	*0.00
DRESSING, FF 1000 KRAFT	1.5 OZ PACK	1	50	350	0	0.0	12.0	0.0	0.00	0.00
DRESSING, CEASAR, KRAFT	1.5 OZ PACK	1	160	450	2	2.0	3.0	16.0	3.00	0.00
DRESSING, FF FRENCH, KENS	1.5 OZ PACK	1	45	430	9	0.0	11.0	0.0	0.00	0.00
DRESSING, LT ITALIAN, MARZETTI	1.5 OZ PACK	1	15	720	2	0.0	2.0	1.0	0.00	0.00
DRESSING, RAS VIN, KENS	1.5 OZ PACK	1	50	115	10	0.0	12.0	0.0	0.00	0.00
DRESSING, LT RANCH, MARZETTI	1.5 OZ PACK	1	60	220	4	1.0	9.0	2.5	0.00	0.00
SDW: SUB, ITALIAN COMBO	1 SUB	1	332	914	4	22.0	31.7	12.2	5.05	0.00
CHIP: SUNCHIPS, HARVEST CHEDDA	1 OZ BAG	1	140	200	2	2.0	19.0	6.0	0.50	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	1 ORANGE, 2 & 5/8"	1	65	0	13	0.99	16.27	0.3	0.04	0.00
FRUIT: BANANA, SM, 1/2 CUP	6 inch banana	1	90	1	12	1.0	23.0	*N/A*	*N/A*	*N/A*
FRUIT: BLUEBERRIES, FROZEN	1/2 CUP	1	40	1	7	0.33	9.43	0.5	0.04	0.00
FRUIT: WATERMELON, CHUNKS	1/2 CUP	1	23	1	5	0.46	5.74	0.11	0.01	0.00
FRUIT: GRAPES, Fresh	1/2 CUP	1	52	2	12	0.54	13.67	0.12	0.04	0.00
FRUIT: CANTALOUPE	1/2 CUP	1	27	13	6	*N/A*	6.5	*N/A*	*N/A*	*N/A*
FRUIT: FRT MIX: canned, ln syrup	1/2 CUP	1	69	7	17	0.48	18.07	0.08	0.01	0.00
FRUIT: APPLESAUCE, UNSWEETENED	1/2 CUP	1	48	2	11	0.19	12.78	0.11	0.01	0.00
FRUIT: PEACHES, CANNED, LT SYR	1/2 CUP	1	68	6	*N/A*	0.55	18.26	0.04	0.00	0.00
FRUIT: PEARS canned, light syrup	1/2 CUP	1	72	6	15	0.24	19.04	0.04	0.00	0.00
FRUIT: MIXED BERRY CUP	1 CUP	1	90	0	16	0.0	20.0	0.0	0.00	0.00
FRUIT: PEACH CUP	1 CUP	1	80	0	16	1.0	19.0	0.0	0.00	0.00
FRUIT: STRAWBERRY CUP	1 CUP	1	90	0	18	1.0	22.0	0.0	0.00	0.00
FRUIT: RAISIN BOX	1 BOX	1	127	11	28	1.4	33.73	0.11	0.04	0.00
VEG: TOMATO, GRAPE	1/2 CUP	1	13	4	*N/A*	0.66	2.9	0.15	0.02	*N/A*
VEG: CARROTS, BABY, 1/2 CUP	1/2 CUP	1	25	42	2	*N/A*	5.0	*N/A*	*N/A*	*N/A*
VEG: CELERY STICKS	1/2 CUP	1	8	48	1	0.41	1.78	0.1	0.03	0.00
VEG: CUCUMBER, RAW	1/2 CUP	1	6	1	1	0.35	1.29	0.1	0.05	0.00
VEG: BROCCOLI, raw: fresh	1/2 CUP	1	15	15	1	1.28	3.02	0.17	0.05	0.00
PICKLES, 2 SLICES	1 EACH	1	2	113	0	0.07	0.34	0.04	0.01	0.00

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
VEG: SIDE SALAD	1 CUP	1	10	4	*0	0.68	1.98	0.16	0.02	*0.00
VEG: TACO HUMMUS	3 OZ CUP	1	120	180	3	6.0	18.0	3.0	0.00	0.00
Weighted Daily Average			799	*1659	*35	*37.45	*96.04	*29.34	*9.81	*0.03
% of Calories					*17.4%	*18.8%	*48.1%	*33.1%	*11.1%	*0.0%
Nutrient Guideline			750-850	1420					<10.00	

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Thu - 11/11/2021										
High School Lunch	Total	12								
PIZZA, PAPA JOHNS 16" CHEESE	SLICE	1	370	970	5	15.0	43.0	16.0	8.00	*N/A*
PIZZA, PAPA JOHNS, PEPP 16"	SLICE	1	390	1070	5	16.0	43.0	18.0	8.00	*N/A*
PIZZA, PAPA JOHNS, SAUS, 16 IN	1 SLICE	1	400	1050	5	15.0	43.0	19.0	9.00	*N/A*
VEG:GREEN BEANS W/ DICED HAM	1/2 CUP	1	27	*224	*1	*2.1	4.58	*0.54	*0.25	*0.00
VEG: POTATO, CURLY FRY, 1/2 CUP	3 OZ PORTIO	1	155	420	*N/A*	2.0	21.0	7.0	1.00	*N/A*
BOSCO STICKS, PEPPERONI (2)	2 STICKS	1	520	1020	6	22.0	64.0	18.0	9.00	*N/A*
BRD: CHIP, TORTILLA, EL SABROS	16 CHIPS	1	210	170	0	3.0	25.0	12.0	1.00	0.00
PORK, PULLED, RICHS NO SAUCE	2.3 OZ	1	150	190	*N/A*	11.0	*N/A*	11.0	4.00	0.00
CHEESE, SAUCE, WHITE LOL	3 OZ	1	130	540	*N/A*	8.0	3.0	10.0	6.00	0.00
VEG: SALSA, COMMODITY 1/2 CUP	1/2 cup	1	40	140	4	0.0	8.0	0.0	0.00	0.00
SAUCE: BBQ, SWEET BABY RAYS	1 OZ	1	70	290	14	*N/A*	18.0	*N/A*	*N/A*	*N/A*
VEG: LETTUCE, SHREDDED	1 CUP	1	8	*N/A*	*N/A*	*N/A*	1.55	*N/A*	*N/A*	*N/A*
JALAPENOS, SLICED	1.05 OZ	1	5	514	*N/A*	*N/A*	1.01	*N/A*	*N/A*	*N/A*
CHICKEN STICKS, TYSON, 8 PIECE	8 STICKS	1	261	391	1	15.05	16.06	15.05	2.51	*N/A*
BRD: ONION RINGS, TASTY BRANDS	5 EACH	1	190	310	5	3.0	27.0	8.0	1.50	0.00
SDW: PHILLY CHEESE STEAK	1 Sandwich	1	320	1008	*2	23.57	6.48	21.41	10.43	*0.00
SDW: CLUX DELUXE	1 EACH	1	366	833	5	25.36	43.86	10.14	*1.00	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	420	657	5	20.36	44.86	17.14	*3.00	*N/A*
SDW: BACON CHEESEBURGER	1 EACH	1	398	832	*5	23.27	*28.86	20.77	*6.46	*N/A*
PBJ, GRAPEUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
PBJ, STRWBUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	1	110	130	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
MAYONNAISE, PACKET, 12 grams	12 gram packe	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
SALAD, CEASAR	1 SALAD	1	497	1364	*4	42.12	35.43	18.54	*8.46	*0.00
SALAD, CRISPY CHICKEN	1 SALAD	1	443	1036	*3	27.78	51.18	13.87	*2.74	*0.00
SALAD, ITALIAN	1 SALAD	1	511	1457	*8	*24.88	*39.83	*27.7	*15.03	*0.00
SALAD, MEXICAN	1 SALAD	1	494	880	*2	24.38	47.47	24.27	8.27	*0.42
SALAD: BERRY, CHICKEN	1 SALAD	1	542	1019	*11	42.98	47.5	19.8	*11.29	*0.00

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High School Lunch

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Thu - 11/11/2021										
DRESSING, FF 1000 KRAFT	1.5 OZ PACK	1	50	350	0	0.0	12.0	0.0	0.00	0.00
DRESSING, CEASAR, KRAFT	1.5 OZ PACK	1	160	450	2	2.0	3.0	16.0	3.00	0.00
DRESSING, FF FRENCH, KENS	1.5 OZ PACK	1	45	430	9	0.0	11.0	0.0	0.00	0.00
DRESSING, LT ITALIAN, MARZETTI	1.5 OZ PACK	1	15	720	2	0.0	2.0	1.0	0.00	0.00
DRESSING, RAS VIN, KENS	1.5 OZ PACK	1	50	115	10	0.0	12.0	0.0	0.00	0.00
DRESSING, LT RANCH,MARZETTI	1.5 OZ PACK	1	60	220	4	1.0	9.0	2.5	0.00	0.00
SDW: SUB, TRKY, HAM, CHZ	1 SUB	1	298	918	*6	23.06	33.71	9.21	3.81	*0.00
CHIP: SUNCHIPS, HARVEST CHEDDA	1 OZ BAG	1	140	200	2	2.0	19.0	6.0	0.50	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	1 ORANGE,2 &5/8"	1	65	0	13	0.99	16.27	0.3	0.04	0.00
FRUIT: BANANA, SM, 1/2 CUP	6 inch banana	1	90	1	12	1.0	23.0	*N/A*	*N/A*	*N/A*
FRUIT: BLUEBERRIES, FROZEN	1/2 CUP	1	40	1	7	0.33	9.43	0.5	0.04	0.00
FRUIT: WATERMELON,CHUNKS	1/2 CUP	1	23	1	5	0.46	5.74	0.11	0.01	0.00
FRUIT: GRAPES,Fresh	1/2 CUP	1	52	2	12	0.54	13.67	0.12	0.04	0.00
FRUIT: CANTALOUPE	1/2 CUP	1	27	13	6	*N/A*	6.5	*N/A*	*N/A*	*N/A*
FRUIT: FRT MIX:canned,ln syrup	1/2 CUP	1	69	7	17	0.48	18.07	0.08	0.01	0.00
FRUIT: APPLESAUCE, UNSWEETENED	1/2 CUP	1	48	2	11	0.19	12.78	0.11	0.01	0.00
FRUIT: PEACHES, CANNED, LT SYR	1/2 CUP	1	68	6	*N/A*	0.55	18.26	0.04	0.00	0.00
FRUIT:PEARS canned,light syrup	1/2 CUP	1	72	6	15	0.24	19.04	0.04	0.00	0.00
FRUIT: MIXED BERRY CUP	1 CUP	1	90	0	16	0.0	20.0	0.0	0.00	0.00
FRUIT: PEACH CUP	1 CUP	1	80	0	16	1.0	19.0	0.0	0.00	0.00
FRUIT: STRAWBERRY CUP	1 CUP	1	90	0	18	1.0	22.0	0.0	0.00	0.00
FRUIT: RAISIN BOX	1 BOX	1	127	11	28	1.4	33.73	0.11	0.04	0.00
VEG: TOMATO, GRAPE	1/2 CUP	1	13	4	*N/A*	0.66	2.9	0.15	0.02	*N/A*
VEG: CARROTS, BABY, 1/2 CUP	1/2 CUP	1	25	42	2	*N/A*	5.0	*N/A*	*N/A*	*N/A*
VEG: CELERY STICKS	1/2 CUP	1	8	48	1	0.41	1.78	0.1	0.03	0.00
VEG: CUCUMBER,RAW	1/2 CUP	1	6	1	1	0.35	1.29	0.1	0.05	0.00
VEG: BROCCOLI,raw: fresh	1/2 CUP	1	15	15	1	1.28	3.02	0.17	0.05	0.00
PICKLES, 2 SLICES	1 EACH	1	2	113	0	0.07	0.34	0.04	0.01	0.00
VEG: SIDE SALAD	1 CUP	1	10	4	*0	0.68	1.98	0.16	0.02	*0.00
VEG: TACO HUMMUS	3 OZ CUP	1	120	180	3	6.0	18.0	3.0	0.00	0.00
Weighted Daily Average			929	*1944	*41	*39.56	*110.27	*36.81	*12.05	*0.03
% of Calories					*17.9%	*17.0%	*47.5%	*35.7%	*11.7%	*0.0%
Nutrient Guideline			750-850	1420					<10.00	

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 11/12/2021										
High School Lunch	Total	12								
CHICKEN: SMACKERS DARK MEAT	10 EACH	1	293	487	0	18.0	17.0	17.0	3.00	0.00
VEG: POTATO, MASHED, IDAHOAN	1/2 CUP	1	80	310	*N/A*	2.0	17.0	1.0	*N/A*	*N/A*
GRAVY: COUNTRY	.25 CUP	1	33	244	0	0.0	5.54	1.11	1.11	*N/A*
VEG: CORN: frozen, yellow	1/2 CUP	1	74	52	*3	*2.1	17.27	*0.55	*0.08	*0.00
CHEESE: CHEDDAR, SHREDDED, LOL	1/4 CUP	1	110	190	*N/A*	6.0	1.0	9.0	6.00	*N/A*
BRD: BISCUIT, PILLSBURY	2.2 OZ	1	170	570	2	3.0	22.0	8.0	5.00	0.00
VEG: POTATO, SIDEWINDER	5 PIECES	1	90	260	0	1.0	14.0	3.5	0.50	0.00
BOSCO CHEESE STICKS (2)	2 EACH	1	459	619	2	23.97	55.92	13.98	7.99	*N/A*
PIZZA, BIG DADDY, CHEESE, 16"	1 SLICE	1	400	440	7	19.0	42.99	16.0	7.00	*N/A*
PIZZA, BIG DADDYS, PEPP, 16"	1 SLICE	1	410	580	7	20.0	43.0	18.0	7.00	*N/A*
CHICKEN,YANGS BRDED, UNSAUCED	3.6 OZ WT	1	129	151	0	13.75	10.0	3.75	0.00	0.00
BRD: RICE, WHITE, 1 CUP	1 CUP	1	194	3	0	4.6	41.16	0.58	0.12	*N/A*
EGG ROLL	1 EACH	1	180	430	2	7.0	21.0	8.0	2.00	*N/A*
SAUCE, ASIAN, 1 OZ	1 OZ	1	43	209	7	0.0	11.0	0.0	0.00	0.00
SAUCE, SWEET N SOUR	1 OZ	1	60	110	11	*N/A*	14.0	*N/A*	*N/A*	*N/A*
SAUCE: GENERAL TSO, YANGS	1 OZ	1	37	79	9	*N/A*	10.0	0.0	*N/A*	*N/A*
SAUCE: KOREAN BBQ	1 OZ	1	62	650	8	1.0	10.0	2.0	0.00	0.00
SAUCE: ORANGE, YANGS	1 OZ	1	46	159	10	*N/A*	11.0	*N/A*	*N/A*	*N/A*
SAUCE: STIR FRY	1 OZ	1	35	440	2	1.0	4.0	1.5	*N/A*	*N/A*
SAUCE: TERIYAKI, MINH	1 OZ	1	50	250	11	0.5	12.0	0.5	0.00	*N/A*
SDW: CHICKEN PATTY, DILL	1 EACH	1	332	663	6	30.06	39.32	6.52	*1.00	*N/A*
VEG: POTATO, SIDEWINDER	5 PIECES	1	90	260	0	1.0	14.0	3.5	0.50	0.00
SAUCE: CHICKN'DIPPIN	1 OZ	1	130	135	5	0.0	6.0	12.0	2.00	0.00
SDW: ITALIAN CHICKEN/CHEESE	1 EACH	1	445	1119	*4	40.18	*29.34	17.26	7.00	*0.00
SDW: CLUX DELUXE	1 EACH	1	366	833	5	25.36	43.86	10.14	*1.00	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	420	657	5	20.36	44.86	17.14	*3.00	*N/A*
SDW: BACON CHEESEBURGER	1 EACH	1	398	832	*5	23.27	*28.86	20.77	*6.46	*N/A*
PBJ, GRAPEUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
PBJ, STRWBUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	1	110	130	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 11/12/2021										
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
MAYONNAISE, PACKET, 12 grams	12 gram packe	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
SALAD, CEASAR	1 SALAD	1	497	1364	*4	42.12	35.43	18.54	*8.46	*0.00
SALAD, CRISPY CHICKEN	1 SALAD	1	443	1036	*3	27.78	51.18	13.87	*2.74	*0.00
SALAD, ITALIAN	1 SALAD	1	511	1457	*8	*24.88	*39.83	*27.7	*15.03	*0.00
SALAD, MEXICAN	1 SALAD	1	494	880	*2	24.38	47.47	24.27	8.27	*0.42
SALAD: BERRY, CHICKEN	1 SALAD	1	542	1019	*11	42.98	47.5	19.8	*11.29	*0.00
DRESSING, FF 1000 KRAFT	1.5 OZ PACK	1	50	350	0	0.0	12.0	0.0	0.00	0.00
DRESSING, CEASAR, KRAFT	1.5 OZ PACK	1	160	450	2	2.0	3.0	16.0	3.00	0.00
DRESSING, FF FRENCH, KENS	1.5 OZ PACK	1	45	430	9	0.0	11.0	0.0	0.00	0.00
DRESSING, LT ITALIAN, MARZETTI	1.5 OZ PACK	1	15	720	2	0.0	2.0	1.0	0.00	0.00
DRESSING, RAS VIN, KENS	1.5 OZ PACK	1	50	115	10	0.0	12.0	0.0	0.00	0.00
DRESSING, LT RANCH,MARZETTI	1.5 OZ PACK	1	60	220	4	1.0	9.0	2.5	0.00	0.00
SDW: SUB, ITALIAN COMBO	1 SUB	1	332	914	4	22.0	31.7	12.2	5.05	0.00
CHIP: SUNCHIPS, HARVEST CHEDDA	1 OZ BAG	1	140	200	2	2.0	19.0	6.0	0.50	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	1 ORANGE,2 &5/8"	1	65	0	13	0.99	16.27	0.3	0.04	0.00
FRUIT: BANANA, SM, 1/2 CUP	6 inch banana	1	90	1	12	1.0	23.0	*N/A*	*N/A*	*N/A*
FRUIT: BLUEBERRIES, FROZEN	1/2 CUP	1	40	1	7	0.33	9.43	0.5	0.04	0.00
FRUIT: WATERMELON,CHUNKS	1/2 CUP	1	23	1	5	0.46	5.74	0.11	0.01	0.00
FRUIT: GRAPES,Fresh	1/2 CUP	1	52	2	12	0.54	13.67	0.12	0.04	0.00
FRUIT: CANTALOUPE	1/2 CUP	1	27	13	6	*N/A*	6.5	*N/A*	*N/A*	*N/A*
FRUIT: FRT MIX:canned,ln syrup	1/2 CUP	1	69	7	17	0.48	18.07	0.08	0.01	0.00
FRUIT: APPLESAUCE, UNSWEETENED	1/2 CUP	1	48	2	11	0.19	12.78	0.11	0.01	0.00
FRUIT: PEACHES, CANNED, LT SYR	1/2 CUP	1	68	6	*N/A*	0.55	18.26	0.04	0.00	0.00
FRUIT:PEARS canned,light syrup	1/2 CUP	1	72	6	15	0.24	19.04	0.04	0.00	0.00
FRUIT: MIXED BERRY CUP	1 CUP	1	90	0	16	0.0	20.0	0.0	0.00	0.00
FRUIT: PEACH CUP	1 CUP	1	80	0	16	1.0	19.0	0.0	0.00	0.00
FRUIT: STRAWBERRY CUP	1 CUP	1	90	0	18	1.0	22.0	0.0	0.00	0.00
FRUIT: RAISIN BOX	1 BOX	1	127	11	28	1.4	33.73	0.11	0.04	0.00
VEG: TOMATO, GRAPE	1/2 CUP	1	13	4	*N/A*	0.66	2.9	0.15	0.02	*N/A*
VEG: CARROTS, BABY, 1/2 CUP	1/2 CUP	1	25	42	2	*N/A*	5.0	*N/A*	*N/A*	*N/A*
VEG: CELERY STICKS	1/2 CUP	1	8	48	1	0.41	1.78	0.1	0.03	0.00
VEG: CUCUMBER,RAW	1/2 CUP	1	6	1	1	0.35	1.29	0.1	0.05	0.00
VEG: BROCCOLI,raw: fresh	1/2 CUP	1	15	15	1	1.28	3.02	0.17	0.05	0.00
PICKLES, 2 SLICES	1 EACH	1	2	113	0	0.07	0.34	0.04	0.01	0.00
VEG: SIDE SALAD	1 CUP	1	10	4	*0	0.68	1.98	0.16	0.02	*0.00
VEG: TACO HUMMUS	3 OZ CUP	1	120	180	3	6.0	18.0	3.0	0.00	0.00

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			991	*1952	*45	*44.34	*122.10	*36.04	*11.29	*0.03
% of Calories					*18.3%	*17.9%	*49.3%	*32.7%	*10.3%	*0.0%
Nutrient Guideline			750-850	1420					<10.00	

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High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 11/15/2021										
High School Lunch	Total	12								
VEG: POTATO, BAKED, 100 CT	1 POTATO	1	91	176	1	1.0	21.0	0.0	0.00	0.00
ENT: CHILI, WEIGH BETTER, 1MMA	2.57 OZ	1	76	323	3	7.14	5.01	2.91	1.09	*N/A*
CHEESE SAUCE, CHEDDAR, LOL	3 OZ	1	130	550	*N/A*	7.0	5.0	10.0	6.00	*N/A*
CHEESE: CHEDDAR, SHREDDED, LOL	1/4 CUP	1	110	190	*N/A*	6.0	1.0	9.0	6.00	*N/A*
PORK: BACON PCS, 2 T	1 OZ	1	70	300	*N/A*	4.0	*N/A*	6.0	2.00	*N/A*
veg: BROCCOLI: frozen	.5 CUP	1	20	19	1	2.19	3.73	0.23	0.03	0.00
BRD: BISCUIT, PILLSBURY	2.25 OZ	1	174	583	2	3.07	22.5	8.18	5.11	0.00
VEG: POTATO, FF, REGULAR, 3/8	12 pieces	1	140	140	0	2.0	21.0	6.0	0.50	*N/A*
ENT: CHEESE BITES, WILD MIKES	4 EACH	1	280	540	*N/A*	16.0	28.0	12.0	4.00	*N/A*
PIZZA, BIG DADDY, CHEESE, 16"	1 SLICE	1	400	440	7	19.0	42.99	16.0	7.00	*N/A*
PIZZA, BIG DADDY, PEPP, 16"	1 SLICE	1	410	580	7	20.0	43.0	18.0	7.00	*N/A*
BEEF, PHILLY, 2MMA	2.86 OZ	1	144	390	2	13.07	3.01	8.04	3.01	*N/A*
BRD: RICE, WHITE, 1 CUP	1 CUP	1	194	3	0	4.6	41.16	0.58	0.12	*N/A*
EGG ROLL	1 EACH	1	180	430	2	7.0	21.0	8.0	2.00	*N/A*
veg: BROCCOLI: frozen	.5 CUP	1	20	19	1	2.19	3.73	0.23	0.03	0.00
SAUCE, ASIAN, 1 OZ	1 OZ	1	43	209	7	0.0	11.0	0.0	0.00	0.00
SAUCE, SWEET N SOUR	1 OZ	1	60	110	11	*N/A*	14.0	*N/A*	*N/A*	*N/A*
SAUCE: GENERAL TSO, YANGS	1 OZ	1	37	79	9	*N/A*	10.0	0.0	*N/A*	*N/A*
SAUCE: KOREAN BBQ	1 OZ	1	62	650	8	1.0	10.0	2.0	0.00	0.00
SAUCE: ORANGE, YANGS	1 OZ	1	46	159	10	*N/A*	11.0	*N/A*	*N/A*	*N/A*
SAUCE: STIR FRY	1 OZ	1	35	440	2	1.0	4.0	1.5	*N/A*	*N/A*
SAUCE: TERIYAKI, MINH	1 OZ	1	50	250	11	0.5	12.0	0.5	0.00	*N/A*
CHICKEN: TENDER, TYSON, WM	3 EACH	1	200	440	1	20.0	14.0	7.0	1.00	0.00
BRD: BISCUIT, PILLSBURY	2.2 OZ	1	170	570	2	3.0	22.0	8.0	5.00	0.00
SDW: PORK RIB BBQ ON BUN	1 EACH	1	360	910	13	18.0	39.0	14.0	5.00	*0.00
PBJ, GRAPEUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
PBJ, STRWBUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
SDW: BACON CHEESEBURGER	1 EACH	1	398	832	*5	23.27	*28.86	20.77	*6.46	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	420	657	5	20.36	44.86	17.14	*3.00	*N/A*
SDW: CLUX DELUXE	1 EACH	1	366	833	5	25.36	43.86	10.14	*1.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	1	110	130	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 11/15/2021										
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*

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High School Lunch

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
MAYONNAISE, PACKET, 12 grams	12 gram packe	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
SALAD, CEASAR	1 SALAD	1	497	1364	*4	42.12	35.43	18.54	*8.46	*0.00
SALAD, CRISPY CHICKEN	1 SALAD	1	443	1036	*3	27.78	51.18	13.87	*2.74	*0.00
SALAD, ITALIAN	1 SALAD	1	511	1457	*8	*24.88	*39.83	*27.7	*15.03	*0.00
SALAD, MEXICAN	1 SALAD	1	494	880	*2	24.38	47.47	24.27	8.27	*0.42
SALAD: BERRY, CHICKEN	1 SALAD	1	542	1019	*11	42.98	47.5	19.8	*11.29	*0.00
DRESSING, FF 1000 KRAFT	1.5 OZ PACK	1	50	350	0	0.0	12.0	0.0	0.00	0.00
DRESSING, CEASAR, KRAFT	1.5 OZ PACK	1	160	450	2	2.0	3.0	16.0	3.00	0.00
DRESSING, FF FRENCH, KENS	1.5 OZ PACK	1	45	430	9	0.0	11.0	0.0	0.00	0.00
DRESSING, LT ITALIAN, MARZETTI	1.5 OZ PACK	1	15	720	2	0.0	2.0	1.0	0.00	0.00
DRESSING, RAS VIN, KENS	1.5 OZ PACK	1	50	115	10	0.0	12.0	0.0	0.00	0.00
DRESSING, LT RANCH,MARZETTI	1.5 OZ PACK	1	60	220	4	1.0	9.0	2.5	0.00	0.00
SDW: SUB, ITALIAN COMBO	1 SUB	1	332	914	4	22.0	31.7	12.2	5.05	0.00
CHIP: SUNCHIPS, HARVEST CHEDDA	1 OZ BAG	1	140	200	2	2.0	19.0	6.0	0.50	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	1 ORANGE,2 &5/8"	1	65	0	13	0.99	16.27	0.3	0.04	0.00
FRUIT: BANANA, SM, 1/2 CUP	6 inch banana	1	90	1	12	1.0	23.0	*N/A*	*N/A*	*N/A*
FRUIT: BLUEBERRIES, FROZEN	1/2 CUP	1	40	1	7	0.33	9.43	0.5	0.04	0.00
FRUIT: WATERMELON,CHUNKS	1/2 CUP	1	23	1	5	0.46	5.74	0.11	0.01	0.00
FRUIT: GRAPES,Fresh	1/2 CUP	1	52	2	12	0.54	13.67	0.12	0.04	0.00
FRUIT: CANTALOUPE	1/2 CUP	1	27	13	6	*N/A*	6.5	*N/A*	*N/A*	*N/A*
FRUIT: FRT MIX:canned,ln syrup	1/2 CUP	1	69	7	17	0.48	18.07	0.08	0.01	0.00
FRUIT: APPLESAUCE, UNSWEETENED	1/2 CUP	1	48	2	11	0.19	12.78	0.11	0.01	0.00
FRUIT: PEACHES, CANNED, LT SYR	1/2 CUP	1	68	6	*N/A*	0.55	18.26	0.04	0.00	0.00
FRUIT:PEARS canned,light syrup	1/2 CUP	1	72	6	15	0.24	19.04	0.04	0.00	0.00
FRUIT: MIXED BERRY CUP	1 CUP	1	90	0	16	0.0	20.0	0.0	0.00	0.00
FRUIT: PEACH CUP	1 CUP	1	80	0	16	1.0	19.0	0.0	0.00	0.00
FRUIT: STRAWBERRY CUP	1 CUP	1	90	0	18	1.0	22.0	0.0	0.00	0.00
FRUIT: RAISIN BOX	1 BOX	1	127	11	28	1.4	33.73	0.11	0.04	0.00
VEG: TOMATO, GRAPE	1/2 CUP	1	13	4	*N/A*	0.66	2.9	0.15	0.02	*N/A*
VEG: CARROTS, BABY, 1/2 CUP	1/2 CUP	1	25	42	2	*N/A*	5.0	*N/A*	*N/A*	*N/A*
VEG: CELERY STICKS	1/2 CUP	1	8	48	1	0.41	1.78	0.1	0.03	0.00
VEG: CUCUMBER,RAW	1/2 CUP	1	6	1	1	0.35	1.29	0.1	0.05	0.00
VEG: BROCCOLI.raw: fresh	1/2 CUP	1	15	15	1	1.28	3.02	0.17	0.05	0.00
PICKLES, 2 SLICES	1 EACH	1	2	113	0	0.07	0.34	0.04	0.01	0.00
VEG: SIDE SALAD	1 CUP	1	10	4	*0	0.68	1.98	0.16	0.02	*0.00
VEG: TACO HUMMUS	3 OZ CUP	1	120	180	3	6.0	18.0	3.0	0.00	0.00

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			953	*1959	*46	*41.31	*117.15	*35.58	*11.67	*0.03
% of Calories					*19.2%	*17.3%	*49.2%	*33.6%	*11.0%	*0.0%
Nutrient Guideline			750-850	1420					<10.00	

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Nov 1, 2021 thru Nov 30, 2021

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High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 11/16/2021										
High School Lunch	Total	12								
CHICKEN: OVEN ROASTED, 8 PC	1 PIECE	1	215	591	*N/A*	12.0	11.0	13.0	3.00	*N/A*
BRD: ROLL, SISTER SCH, 2 GR	1 EACH	1	180	320	6	4.0	30.0	5.0	1.50	*N/A*
VEG: POTATO, MASHED, IDAHOAN	1/2 CUP	1	80	310	*N/A*	2.0	17.0	1.0	*N/A*	*N/A*
GRAVY: CHICKEN, LS	.25 CUP	1	35	248	2	*N/A*	5.32	0.89	*N/A*	*N/A*
BRD: BROWNIE, COMM FOODS	1 X 2 INCH P	1	80	100	11	1.0	15.0	2.0	1.00	*N/A*
VEG: POTATO, TATER TOT	8 pieces	1	150	360	*N/A*	2.0	19.01	7.0	1.00	*N/A*
BOSCO STICKS, PEPPERONI (2)	2 STICKS	1	520	1020	6	22.0	64.0	18.0	9.00	*N/A*
BRD: TORTILLA, 6 INCH (2 EACH)	2 EACH	1	180	220	2	4.0	30.0	5.0	2.00	0.00
BRD: CHIP, TORTILLA, EL SABROS	16 CHIPS	1	210	170	0	3.0	25.0	12.0	1.00	0.00
BRD: CORN CHIP, RF, WG, 1 CUP	1 CUP (1.4 OZ)	1	204	247	*N/A*	2.91	29.09	8.73	1.45	*N/A*
BEEF TACO FILLING, JTM, 2 MMA	2.71	1	126	287	0	13.63	1.93	6.84	2.74	*N/A*
CHICKEN: SHREDD TINGA, COMIDA	2.54 OZ	1	120	380	1	17.0	4.0	4.5	1.00	0.00
CHEESE SAUCE, CHEDDAR, LOL	3 OZ	1	130	550	*N/A*	7.0	5.0	10.0	6.00	*N/A*
CHEESE: CHEDDAR, SHREDDED, LOL	1/4 CUP	1	110	190	*N/A*	6.0	1.0	9.0	6.00	*N/A*
VEG: CORN/BLACK BEAN	1/2 CUP	1	76	119	*0	3.56	15.71	0.96	0.18	*0.00
VEG: SALSA, COMMODITY 1/2 CUP	1/2 cup	1	40	140	4	0.0	8.0	0.0	0.00	0.00
BRD: RICE, SPANISH 1/2 CUP	1/2 CUP	1	100	310	2	2.5	21.5	2.5	*N/A*	*N/A*
VEG: LETTUCE, SHREDDED	1 CUP	1	8	*N/A*	*N/A*	*N/A*	1.55	*N/A*	*N/A*	*N/A*
JALAPENOS, SLICED	1.05 OZ	1	5	514	*N/A*	*N/A*	1.01	*N/A*	*N/A*	*N/A*
PIZZA, BIG DADDY, CHEESE, 16"	1 SLICE	1	400	440	7	19.0	42.99	16.0	7.00	*N/A*
PIZZA, BIG DADDYS, PEPP, 16"	1 SLICE	1	410	580	7	20.0	43.0	18.0	7.00	*N/A*
CHICKEN: SMACKERS DARK MEAT	10 EACH	1	293	487	0	18.0	17.0	17.0	3.00	0.00
MOZZ STICKS, FARM RICH, 3 EACH	3 EACH	1	165	330	2	10.0	18.0	6.0	2.00	*N/A*
SDW: HAM & CHEESE HAWAIIAN BRD	2 SLIDERS	1	364	1044	11	19.0	38.0	17.0	9.00	*0.00
SDW: CLUX DELUXE	1 EACH	1	366	833	5	25.36	43.86	10.14	*1.00	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	420	657	5	20.36	44.86	17.14	*3.00	*N/A*
SDW: CHEESEBURGER	1 EACH	1	360	660	5	19.68	28.43	18.57	*7.30	*0.80
PBJ, GRAPEUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
PBJ, STRWBUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	1	110	130	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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Tue - 11/16/2021										
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*

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Nov 1, 2021 thru Nov 30, 2021

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High School Lunch

Portion Values - Detailed

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MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
MAYONNAISE, PACKET, 12 grams	12 gram packe	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
SALAD, CEASAR	1 SALAD	1	497	1364	*4	42.12	35.43	18.54	*8.46	*0.00
SALAD, CRISPY CHICKEN	1 SALAD	1	443	1036	*3	27.78	51.18	13.87	*2.74	*0.00
SALAD, ITALIAN	1 SALAD	1	511	1457	*8	*24.88	*39.83	*27.7	*15.03	*0.00
SALAD, MEXICAN	1 SALAD	1	494	880	*2	24.38	47.47	24.27	8.27	*0.42
SALAD: BERRY, CHICKEN	1 SALAD	1	542	1019	*11	42.98	47.5	19.8	*11.29	*0.00
DRESSING, FF 1000 KRAFT	1.5 OZ PACK	1	50	350	0	0.0	12.0	0.0	0.00	0.00
DRESSING, CEASAR, KRAFT	1.5 OZ PACK	1	160	450	2	2.0	3.0	16.0	3.00	0.00
DRESSING, FF FRENCH, KENS	1.5 OZ PACK	1	45	430	9	0.0	11.0	0.0	0.00	0.00
DRESSING, LT ITALIAN, MARZETTI	1.5 OZ PACK	1	15	720	2	0.0	2.0	1.0	0.00	0.00
DRESSING, RAS VIN, KENS	1.5 OZ PACK	1	50	115	10	0.0	12.0	0.0	0.00	0.00
DRESSING, LT RANCH,MARZETTI	1.5 OZ PACK	1	60	220	4	1.0	9.0	2.5	0.00	0.00
SDW: SUB, TRKY, HAM, CHZ	1 SUB	1	298	918	*6	23.06	33.71	9.21	3.81	*0.00
CHIP: SUNCHIPS, HARVEST CHEDDA	1 OZ BAG	1	140	200	2	2.0	19.0	6.0	0.50	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	1 ORANGE,2 &5/8"	1	65	0	13	0.99	16.27	0.3	0.04	0.00
FRUIT: BANANA, SM, 1/2 CUP	6 inch banana	1	90	1	12	1.0	23.0	*N/A*	*N/A*	*N/A*
FRUIT: BLUEBERRIES, FROZEN	1/2 CUP	1	40	1	7	0.33	9.43	0.5	0.04	0.00
FRUIT: WATERMELON,CHUNKS	1/2 CUP	1	23	1	5	0.46	5.74	0.11	0.01	0.00
FRUIT: GRAPES,Fresh	1/2 CUP	1	52	2	12	0.54	13.67	0.12	0.04	0.00
FRUIT: CANTALOUPE	1/2 CUP	1	27	13	6	*N/A*	6.5	*N/A*	*N/A*	*N/A*
FRUIT: FRT MIX:canned,ln syrup	1/2 CUP	1	69	7	17	0.48	18.07	0.08	0.01	0.00
FRUIT: APPLESAUCE, UNSWEETENED	1/2 CUP	1	48	2	11	0.19	12.78	0.11	0.01	0.00
FRUIT: PEACHES, CANNED, LT SYR	1/2 CUP	1	68	6	*N/A*	0.55	18.26	0.04	0.00	0.00
FRUIT:PEARS canned,light syrup	1/2 CUP	1	72	6	15	0.24	19.04	0.04	0.00	0.00
FRUIT: MIXED BERRY CUP	1 CUP	1	90	0	16	0.0	20.0	0.0	0.00	0.00
FRUIT: PEACH CUP	1 CUP	1	80	0	16	1.0	19.0	0.0	0.00	0.00
FRUIT: STRAWBERRY CUP	1 CUP	1	90	0	18	1.0	22.0	0.0	0.00	0.00
FRUIT: RAISIN BOX	1 BOX	1	127	11	28	1.4	33.73	0.11	0.04	0.00
VEG: TOMATO, GRAPE	1/2 CUP	1	13	4	*N/A*	0.66	2.9	0.15	0.02	*N/A*
VEG: CARROTS, BABY, 1/2 CUP	1/2 CUP	1	25	42	2	*N/A*	5.0	*N/A*	*N/A*	*N/A*
VEG: CELERY STICKS	1/2 CUP	1	8	48	1	0.41	1.78	0.1	0.03	0.00
VEG: CUCUMBER,RAW	1/2 CUP	1	6	1	1	0.35	1.29	0.1	0.05	0.00
VEG: BROCCOLI,raw: fresh	1/2 CUP	1	15	15	1	1.28	3.02	0.17	0.05	0.00
PICKLES, 2 SLICES	1 EACH	1	2	113	0	0.07	0.34	0.04	0.01	0.00
VEG: SIDE SALAD	1 CUP	1	10	4	*0	0.68	1.98	0.16	0.02	*0.00
VEG: TACO HUMMUS	3 OZ CUP	1	120	180	3	6.0	18.0	3.0	0.00	0.00

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			1005	*1983	*43	*43.67	*121.86	*38.66	*12.39	*0.10
% of Calories					*17.0%	*17.4%	*48.5%	*34.6%	*11.1%	*0.1%
Nutrient Guideline			750-850	1420					<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 11/17/2021										
High School Lunch	Total	14								
BRD: PANCAKES, BUTTERMILK	2 EACH	1	140	206	7	2.6	28.0	1.6	0.00	0.00
PORK, SAUSAGE JTM PATTIES (2)	2 PATTIES	1	240	344	*N/A*	20.0	2.0	20.0	7.60	0.00
FRUIT: BLUEBERRIES, thickened	1/2 CUP	1	104	1	22	0.33	26.01	0.5	0.04	*0.00
VEG: POTATO, TRITATER, SIMPLOT	2 TRIANGLES	1	220	630	0	3.0	31.0	9.0	1.50	0.00
VEG: POTATO, FF, SPICY STRT CU	12 pieces	1	139	387	*N/A*	1.99	19.86	5.96	0.99	*N/A*
BOSCO CHEESE STICKS (2)	2 EACH	1	459	619	2	23.97	55.92	13.98	7.99	*N/A*
PIZZA, BIG DADDY, CHEESE, 16"	1 SLICE	1	400	440	7	19.0	42.99	16.0	7.00	*N/A*
PIZZA, BIG DADDYS, PEPP, 16"	1 SLICE	1	410	580	7	20.0	43.0	18.0	7.00	*N/A*
CHICKEN, CRIS P BITES	5 PIECES	1	208	546	1	19.0	15.0	8.0	1.00	*N/A*
BRD: RICE, WILD, 1/2 CUP	1/2 CUP COO	1	100	410	1	2.5	21.5	0.25	*N/A*	*N/A*
	KED									
VEG: POTATO, SIDEWINDER	5 PIECES	1	90	260	0	1.0	14.0	3.5	0.50	0.00
SAUCE, GARLIC PARM SWBABYRAYS	2 OZ (4 TB)	1	160	880	0	0.0	0.0	16.0	2.00	0.00
SAUCE, BUFFALO, FRANKS	2 OZ	1	14	1664	0	0.34	1.32	0.85	0.13	*N/A*
SAUCE, BLUE CHEESE KRAFT	2 OZ (4 TB)	1	240	640	2	2.0	4.0	24.0	4.00	0.00
SAUCE: BBQ, SWEET BABY RAYS	2 OZ	1	140	580	28	*N/A*	36.0	*N/A*	*N/A*	*N/A*
CHICKEN, NASHVILLE HOT BITES	10 PIECES	1	170	420	2	14.0	11.0	8.0	1.50	0.00
BRD: CHEESY TEXAS TOAST, KLOST	SLICE	1	110	109	1	3.6	19.56	2.62	*0.09	*0.00
SDW: TEXAS BURGER	1 EACH	1	507	1331	*13	*24.47	*48.66	*23.97	*7.06	*0.00
SDW: CLUX DELUXE	1 EACH	1	366	833	5	25.36	43.86	10.14	*1.00	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	420	657	5	20.36	44.86	17.14	*3.00	*N/A*
SDW: BACON CHEESEBURGER	1 EACH	1	398	832	*5	23.27	*28.86	20.77	*6.46	*N/A*
PBJ, GRAPEUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
PBJ, STRWBUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	1	110	130	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
MAYONNAISE, PACKET, 12 grams	12 gram packe	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
SALAD, CEASAR	1 SALAD	1	497	1364	*4	42.12	35.43	18.54	*8.46	*0.00
SALAD, CRISPY CHICKEN	1 SALAD	1	443	1036	*3	27.78	51.18	13.87	*2.74	*0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 11/17/2021										
SALAD, ITALIAN	1 SALAD	1	511	1457	*8	*24.88	*39.83	*27.7	*15.03	*0.00
SALAD, MEXICAN	1 SALAD	1	494	880	*2	24.38	47.47	24.27	8.27	*0.42
SALAD: BERRY, CHICKEN	1 SALAD	1	542	1019	*11	42.98	47.5	19.8	*11.29	*0.00
DRESSING, FF 1000 KRAFT	1.5 OZ PACK	1	50	350	0	0.0	12.0	0.0	0.00	0.00
DRESSING, CEASAR, KRAFT	1.5 OZ PACK	1	160	450	2	2.0	3.0	16.0	3.00	0.00
DRESSING, FF FRENCH, KENS	1.5 OZ PACK	1	45	430	9	0.0	11.0	0.0	0.00	0.00
DRESSING, LT ITALIAN, MARZETTI	1.5 OZ PACK	1	15	720	2	0.0	2.0	1.0	0.00	0.00
DRESSING, RAS VIN, KENS	1.5 OZ PACK	1	50	115	10	0.0	12.0	0.0	0.00	0.00
DRESSING, LT RANCH,MARZETTI	1.5 OZ PACK	1	60	220	4	1.0	9.0	2.5	0.00	0.00
SDW: SUB, ITALIAN COMBO	1 SUB	1	332	914	4	22.0	31.7	12.2	5.05	0.00
CHIP: SUNCHIPS, HARVEST CHEDDA	1 OZ BAG	1	140	200	2	2.0	19.0	6.0	0.50	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	1 ORANGE,2 &5/8"	1	65	0	13	0.99	16.27	0.3	0.04	0.00
FRUIT: BANANA, SM, 1/2 CUP	6 inch banana	1	90	1	12	1.0	23.0	*N/A*	*N/A*	*N/A*
FRUIT: BLUEBERRIES, FROZEN	1/2 CUP	1	40	1	7	0.33	9.43	0.5	0.04	0.00
FRUIT: WATERMELON,CHUNKS	1/2 CUP	1	23	1	5	0.46	5.74	0.11	0.01	0.00
FRUIT: GRAPES,Fresh	1/2 CUP	1	52	2	12	0.54	13.67	0.12	0.04	0.00
FRUIT: CANTALOUPE	1/2 CUP	1	27	13	6	*N/A*	6.5	*N/A*	*N/A*	*N/A*
FRUIT: FRT MIX:canned,ln syrup	1/2 CUP	1	69	7	17	0.48	18.07	0.08	0.01	0.00
FRUIT: APPLESAUCE, UNSWEETENED	1/2 CUP	1	48	2	11	0.19	12.78	0.11	0.01	0.00
FRUIT: PEACHES, CANNED, LT SYR	1/2 CUP	1	68	6	*N/A*	0.55	18.26	0.04	0.00	0.00
FRUIT:PEARS canned,light syrup	1/2 CUP	1	72	6	15	0.24	19.04	0.04	0.00	0.00
FRUIT: MIXED BERRY CUP	1 CUP	1	90	0	16	0.0	20.0	0.0	0.00	0.00
FRUIT: PEACH CUP	1 CUP	1	80	0	16	1.0	19.0	0.0	0.00	0.00
FRUIT: STRAWBERRY CUP	1 CUP	1	90	0	18	1.0	22.0	0.0	0.00	0.00
FRUIT: RAISIN BOX	1 BOX	1	127	11	28	1.4	33.73	0.11	0.04	0.00
VEG: TOMATO, GRAPE	1/2 CUP	1	13	4	*N/A*	0.66	2.9	0.15	0.02	*N/A*
VEG: CARROTS, BABY, 1/2 CUP	1/2 CUP	1	25	42	2	*N/A*	5.0	*N/A*	*N/A*	*N/A*
VEG: CELERY STICKS	1/2 CUP	1	8	48	1	0.41	1.78	0.1	0.03	0.00
VEG: CUCUMBER,RAW	1/2 CUP	1	6	1	1	0.35	1.29	0.1	0.05	0.00
VEG: BROCCOLI,raw: fresh	1/2 CUP	1	15	15	1	1.28	3.02	0.17	0.05	0.00
PICKLES, 2 SLICES	1 EACH	1	2	113	0	0.07	0.34	0.04	0.01	0.00
VEG: SIDE SALAD	1 CUP	1	10	4	*0	0.68	1.98	0.16	0.02	*0.00
VEG: TACO HUMMUS	3 OZ CUP	1	120	180	3	6.0	18.0	3.0	0.00	0.00
Weighted Daily Average			842	*1790	*39	*35.41	*101.17	*32.93	*9.54	*0.03
% of Calories					*18.4%	*16.8%	*48.1%	*35.2%	*10.2%	*0.0%
Nutrient Guideline			750-850	1420					<10.00	

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
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High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 11/18/2021										
High School Lunch	Total	12								
PIZZA: PIZZA HUT CHEESE	1 LRG SLICE	1	320	640	2	16.0	36.0	12.0	7.00	0.00
PIZZA: PIZZA HUT PEPPERONI	1 LRG SLICE	1	350	740	2	17.0	35.0	16.0	7.80	0.00
PIZZA: PIZZA HUT SAUSAGE	1 LRG SLICE	1	370	780	2	17.0	35.0	18.0	8.00	0.00
VEG: BEAN, BAKED BUSHES	1/2 CUP	1	171	580	*13	7.14	34.29	1.51	*0.00	*0.00
VEG: POTATO, CURLY FRY, 1/2 CUP	3 OZ PORTIO	1	155	420	*N/A*	2.0	21.0	7.0	1.00	*N/A*
BOSCO STICKS, PEPPERONI (2)	2 STICKS	1	520	1020	6	22.0	64.0	18.0	9.00	*N/A*
DORITOS TOP N GO	1 BAG	1	190	280	*N/A*	3.0	27.0	7.0	1.00	*N/A*
BEEF TACO FILLING, JTM, 2 MMA	2.71	1	126	287	0	13.63	1.93	6.84	2.74	*N/A*
CHEESE SAUCE, CHEDDAR, LOL	3 OZ	1	130	550	*N/A*	7.0	5.0	10.0	6.00	*N/A*
VEG: SALSA, COMMODITY 1/2 CUP	1/2 cup	1	40	140	4	0.0	8.0	0.0	0.00	0.00
VEG: LETTUCE, SHREDDED	1 CUP	1	8	*N/A*	*N/A*	*N/A*	1.55	*N/A*	*N/A*	*N/A*
SOUR CREAM, LIGHT	1 OZ	1	38	33	2	0.95	2.86	2.38	1.43	*N/A*
JALAPENOS, SLICED	1.05 OZ	1	5	514	*N/A*	*N/A*	1.01	*N/A*	*N/A*	*N/A*
CORN DOG, STATE FAIR	4 OZ	1	280	660	9	9.0	31.0	13.0	3.50	0.00
SDW: PULLED PORK	1 EACH	1	424	1047	12	23.26	35.77	20.9	*5.46	*N/A*
SDW: CLUX DELUXE	1 EACH	1	366	833	5	25.36	43.86	10.14	*1.00	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	420	657	5	20.36	44.86	17.14	*3.00	*N/A*
SDW: BACON CHEESEBURGER	1 EACH	1	398	832	*5	23.27	*28.86	20.77	*6.46	*N/A*
PBJ, GRAPEUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
PBJ, STRWBUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	1	110	130	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
MAYONNAISE, PACKET, 12 grams	12 gram packe	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
SALAD, CEASAR	1 SALAD	1	497	1364	*4	42.12	35.43	18.54	*8.46	*0.00
SALAD, CRISPY CHICKEN	1 SALAD	1	443	1036	*3	27.78	51.18	13.87	*2.74	*0.00
SALAD, ITALIAN	1 SALAD	1	511	1457	*8	*24.88	*39.83	*27.7	*15.03	*0.00
SALAD, MEXICAN	1 SALAD	1	494	880	*2	24.38	47.47	24.27	8.27	*0.42
SALAD: BERRY, CHICKEN	1 SALAD	1	542	1019	*11	42.98	47.5	19.8	*11.29	*0.00
DRESSING, FF 1000 KRAFT	1.5 OZ PACK	1	50	350	0	0.0	12.0	0.0	0.00	0.00

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Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

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Thu - 11/18/2021										
DRESSING, CEASAR, KRAFT	1.5 OZ PACK	1	160	450	2	2.0	3.0	16.0	3.00	0.00
DRESSING, FF FRENCH, KENS	1.5 OZ PACK	1	45	430	9	0.0	11.0	0.0	0.00	0.00
DRESSING, LT ITALIAN, MARZETTI	1.5 OZ PACK	1	15	720	2	0.0	2.0	1.0	0.00	0.00
DRESSING, RAS VIN, KENS	1.5 OZ PACK	1	50	115	10	0.0	12.0	0.0	0.00	0.00
DRESSING, LT RANCH,MARZETTI	1.5 OZ PACK	1	60	220	4	1.0	9.0	2.5	0.00	0.00
SDW: SUB, TRKY, HAM, CHZ	1 SUB	1	298	918	*6	23.06	33.71	9.21	3.81	*0.00
CHIP: SUNCHIPS, HARVEST CHEDDA	1 OZ BAG	1	140	200	2	2.0	19.0	6.0	0.50	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	1 ORANGE,2 &5/8"	1	65	0	13	0.99	16.27	0.3	0.04	0.00
FRUIT: BANANA, SM, 1/2 CUP	6 inch banana	1	90	1	12	1.0	23.0	*N/A*	*N/A*	*N/A*
FRUIT: BLUEBERRIES, FROZEN	1/2 CUP	1	40	1	7	0.33	9.43	0.5	0.04	0.00
FRUIT: WATERMELON,CHUNKS	1/2 CUP	1	23	1	5	0.46	5.74	0.11	0.01	0.00
FRUIT: GRAPES,Fresh	1/2 CUP	1	52	2	12	0.54	13.67	0.12	0.04	0.00
FRUIT: CANTALOUPE	1/2 CUP	1	27	13	6	*N/A*	6.5	*N/A*	*N/A*	*N/A*
FRUIT: FRT MIX:canned,ln syrup	1/2 CUP	1	69	7	17	0.48	18.07	0.08	0.01	0.00
FRUIT: APPLESAUCE, UNSWEETENED	1/2 CUP	1	48	2	11	0.19	12.78	0.11	0.01	0.00
FRUIT: PEACHES, CANNED, LT SYR	1/2 CUP	1	68	6	*N/A*	0.55	18.26	0.04	0.00	0.00
FRUIT:PEARS canned,light syrup	1/2 CUP	1	72	6	15	0.24	19.04	0.04	0.00	0.00
FRUIT: MIXED BERRY CUP	1 CUP	1	90	0	16	0.0	20.0	0.0	0.00	0.00
FRUIT: PEACH CUP	1 CUP	1	80	0	16	1.0	19.0	0.0	0.00	0.00
FRUIT: STRAWBERRY CUP	1 CUP	1	90	0	18	1.0	22.0	0.0	0.00	0.00
FRUIT: RAISIN BOX	1 BOX	1	127	11	28	1.4	33.73	0.11	0.04	0.00
VEG: TOMATO, GRAPE	1/2 CUP	1	13	4	*N/A*	0.66	2.9	0.15	0.02	*N/A*
VEG: CARROTS, BABY, 1/2 CUP	1/2 CUP	1	25	42	2	*N/A*	5.0	*N/A*	*N/A*	*N/A*
VEG: CELERY STICKS	1/2 CUP	1	8	48	1	0.41	1.78	0.1	0.03	0.00
VEG: CUCUMBER,RAW	1/2 CUP	1	6	1	1	0.35	1.29	0.1	0.05	0.00
VEG: BROCCOLI,raw: fresh	1/2 CUP	1	15	15	1	1.28	3.02	0.17	0.05	0.00
PICKLES, 2 SLICES	1 EACH	1	2	113	0	0.07	0.34	0.04	0.01	0.00
VEG: SIDE SALAD	1 CUP	1	10	4	*0	0.68	1.98	0.16	0.02	*0.00
VEG: TACO HUMMUS	3 OZ CUP	1	120	180	3	6.0	18.0	3.0	0.00	0.00
Weighted Daily Average			919	*1892	*42	*39.75	*111.50	*34.86	*11.41	*0.03
% of Calories					*18.2%	*17.3%	*48.5%	*34.1%	*11.2%	*0.0%
Nutrient Guideline			750-850	1420				<10.00		

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 11/19/2021										
High School Lunch	Total	12								
TURKEY, DELI-SLICED, COMMOD, 2	3.18 OZ	1	71	339	*N/A*	11.35	1.26	2.52	1.26	*N/A*
BRD: ROLL, SISTER SCH, 2 GR	1 EACH	1	180	320	6	4.0	30.0	5.0	1.50	*N/A*
VEG: SW POTATO W MARSHMALLOW	1/2 CUP	1	161	104	12	2.86	37.3	*0.26	*0.05	*0.00
VEG: POTATO, MASHED, IDAHOAN	1/2 CUP	1	80	310	*N/A*	2.0	17.0	1.0	*N/A*	*N/A*
GRAVY: CHICKEN, LS	.25 CUP	1	35	248	2	*N/A*	5.32	0.89	*N/A*	*N/A*
BRD: STUFFING	1/2 CUP	1	120	490	2	4.0	20.0	2.5	*N/A*	*N/A*
DESSERT: APPLE PIE SQUARE	1 SQUARE	1	270	370	18	2.0	37.0	12.0	9.00	0.00
DESSERT: PUMPKIN PIE SQUARE	1 SQUARE	1	260	330	26	5.0	37.0	12.0	4.50	0.00
VEG: POTATO, CRINKLE FRY	12 PIECES	1	130	160	0	2.0	21.0	4.5	0.50	0.00
BOSCO CHEESE STICKS (2)	2 EACH	1	459	619	2	23.97	55.92	13.98	7.99	*N/A*
PIZZA, BIG DADDY, CHEESE, 16"	1 SLICE	1	400	440	7	19.0	42.99	16.0	7.00	*N/A*
PIZZA, BIG DADDYS, PEPP, 16"	1 SLICE	1	410	580	7	20.0	43.0	18.0	7.00	*N/A*
CHICKEN, YANGS BRDED, UNSAUCED	3.6 OZ WT	1	129	151	0	13.75	10.0	3.75	0.00	0.00
BRD: RICE, WHITE, 1 CUP	1 CUP	1	194	3	0	4.6	41.16	0.58	0.12	*N/A*
EGG ROLL	1 EACH	1	180	430	2	7.0	21.0	8.0	2.00	*N/A*
SAUCE, ASIAN, 1 OZ	1 OZ	1	43	209	7	0.0	11.0	0.0	0.00	0.00
SAUCE, SWEET N SOUR	1 OZ	1	60	110	11	*N/A*	14.0	*N/A*	*N/A*	*N/A*
SAUCE: GENERAL TSO, YANGS	1 OZ	1	37	79	9	*N/A*	10.0	0.0	*N/A*	*N/A*
SAUCE: KOREAN BBQ	1 OZ	1	62	650	8	1.0	10.0	2.0	0.00	0.00
SAUCE: ORANGE, YANGS	1 OZ	1	46	159	10	*N/A*	11.0	*N/A*	*N/A*	*N/A*
SAUCE: STIR FRY	1 OZ	1	35	440	2	1.0	4.0	1.5	*N/A*	*N/A*
SAUCE: TERIYAKI, MINH	1 OZ	1	50	250	11	0.5	12.0	0.5	0.00	*N/A*
SDW: FISH	1 EACH	1	322	523	4	19.06	40.33	10.03	*1.50	*N/A*
BRD: HUSHPUPIES, SAVANNAH	3 EACH	1	190	240	2	2.0	22.0	10.0	1.50	0.00
SDW: CHILI DOG	1 EACH	1	406	738	9	18.64	34.97	21.92	*8.12	*0.00
SDW: CLUX DELUXE	1 EACH	1	366	833	5	25.36	43.86	10.14	*1.00	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	420	657	5	20.36	44.86	17.14	*3.00	*N/A*
SDW: BACON CHEESEBURGER	1 EACH	1	398	832	*5	23.27	*28.86	20.77	*6.46	*N/A*
PBJ, GRAPEUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
PBJ, STRWBUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	1	110	130	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 11/19/2021										
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*

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High School Lunch

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MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
MAYONNAISE, PACKET, 12 grams	12 gram packe	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
SALAD, CEASAR	1 SALAD	1	497	1364	*4	42.12	35.43	18.54	*8.46	*0.00
SALAD, CRISPY CHICKEN	1 SALAD	1	443	1036	*3	27.78	51.18	13.87	*2.74	*0.00
SALAD, ITALIAN	1 SALAD	1	511	1457	*8	*24.88	*39.83	*27.7	*15.03	*0.00
SALAD, MEXICAN	1 SALAD	1	494	880	*2	24.38	47.47	24.27	8.27	*0.42
SALAD: BERRY, CHICKEN	1 SALAD	1	542	1019	*11	42.98	47.5	19.8	*11.29	*0.00
DRESSING, FF 1000 KRAFT	1.5 OZ PACK	1	50	350	0	0.0	12.0	0.0	0.00	0.00
DRESSING, CEASAR, KRAFT	1.5 OZ PACK	1	160	450	2	2.0	3.0	16.0	3.00	0.00
DRESSING, FF FRENCH, KENS	1.5 OZ PACK	1	45	430	9	0.0	11.0	0.0	0.00	0.00
DRESSING, LT ITALIAN, MARZETTI	1.5 OZ PACK	1	15	720	2	0.0	2.0	1.0	0.00	0.00
DRESSING, RAS VIN, KENS	1.5 OZ PACK	1	50	115	10	0.0	12.0	0.0	0.00	0.00
DRESSING, LT RANCH,MARZETTI	1.5 OZ PACK	1	60	220	4	1.0	9.0	2.5	0.00	0.00
SDW: SUB, ITALIAN COMBO	1 SUB	1	332	914	4	22.0	31.7	12.2	5.05	0.00
CHIP: SUNCHIPS, HARVEST CHEDDA	1 OZ BAG	1	140	200	2	2.0	19.0	6.0	0.50	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP & 5/8"	1 ORANGE,2 & 5/8"	1	65	0	13	0.99	16.27	0.3	0.04	0.00
FRUIT: BANANA, SM, 1/2 CUP	6 inch banana	1	90	1	12	1.0	23.0	*N/A*	*N/A*	*N/A*
FRUIT: BLUEBERRIES, FROZEN	1/2 CUP	1	40	1	7	0.33	9.43	0.5	0.04	0.00
FRUIT: WATERMELON,CHUNKS	1/2 CUP	1	23	1	5	0.46	5.74	0.11	0.01	0.00
FRUIT: GRAPES,Fresh	1/2 CUP	1	52	2	12	0.54	13.67	0.12	0.04	0.00
FRUIT: CANTALOUPE	1/2 CUP	1	27	13	6	*N/A*	6.5	*N/A*	*N/A*	*N/A*
FRUIT: FRT MIX:canned,ln syrup	1/2 CUP	1	69	7	17	0.48	18.07	0.08	0.01	0.00
FRUIT: APPLESAUCE, UNSWEETENED	1/2 CUP	1	48	2	11	0.19	12.78	0.11	0.01	0.00
FRUIT: PEACHES, CANNED, LT SYR	1/2 CUP	1	68	6	*N/A*	0.55	18.26	0.04	0.00	0.00
FRUIT:PEARS canned,light syrup	1/2 CUP	1	72	6	15	0.24	19.04	0.04	0.00	0.00
FRUIT: MIXED BERRY CUP	1 CUP	1	90	0	16	0.0	20.0	0.0	0.00	0.00
FRUIT: PEACH CUP	1 CUP	1	80	0	16	1.0	19.0	0.0	0.00	0.00
FRUIT: STRAWBERRY CUP	1 CUP	1	90	0	18	1.0	22.0	0.0	0.00	0.00
FRUIT: RAISIN BOX	1 BOX	1	127	11	28	1.4	33.73	0.11	0.04	0.00
VEG: TOMATO, GRAPE	1/2 CUP	1	13	4	*N/A*	0.66	2.9	0.15	0.02	*N/A*
VEG: CARROTS, BABY, 1/2 CUP	1/2 CUP	1	25	42	2	*N/A*	5.0	*N/A*	*N/A*	*N/A*
VEG: CELERY STICKS	1/2 CUP	1	8	48	1	0.41	1.78	0.1	0.03	0.00
VEG: CUCUMBER,RAW	1/2 CUP	1	6	1	1	0.35	1.29	0.1	0.05	0.00
VEG: BROCCOLI.raw: fresh	1/2 CUP	1	15	15	1	1.28	3.02	0.17	0.05	0.00
PICKLES, 2 SLICES	1 EACH	1	2	113	0	0.07	0.34	0.04	0.01	0.00
VEG: SIDE SALAD	1 CUP	1	10	4	*0	0.68	1.98	0.16	0.02	*0.00
VEG: TACO HUMMUS	3 OZ CUP	1	120	180	3	6.0	18.0	3.0	0.00	0.00

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Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			1022	*1942	*50	*41.81	*132.16	*36.30	*11.43	*0.03
% of Calories					*19.8%	*16.4%	*51.7%	*32.0%	*10.1%	*0.0%
Nutrient Guideline			750-850	1420					<10.00	

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High School Lunch

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Mon - 11/22/2021										
High School Lunch	Total	12								
ENT: BREADED BEEF STICKS ADVAN	4 STICKS	1	320	330	1	16.0	19.0	20.0	5.00	0.00
GRAVY: COUNTRY	.25 CUP	1	33	244	0	0.0	5.54	1.11	1.11	*N/A*
BRD: ROLL, SISTER SCH, 2 GR	1 EACH	1	180	320	6	4.0	30.0	5.0	1.50	*N/A*
VEG: POTATO, MASHED, IDAHOAN	1/2 CUP	1	80	310	*N/A*	2.0	17.0	1.0	*N/A*	*N/A*
ENT: CHEESE BITES, WILD MIKES	4 EACH	1	280	540	*N/A*	16.0	28.0	12.0	4.00	*N/A*
VEG: POTATO, MASHED, IDAHOAN	1/2 CUP	1	80	310	*N/A*	2.0	17.0	1.0	*N/A*	*N/A*
VEG: POTATO, SHOESTRING SIMPLO	2.39 OZ	1	130	200	0	1.0	19.0	6.0	1.00	0.00
PIZZA, BIG DADDY, CHEESE, 16"	1 SLICE	1	400	440	7	19.0	42.99	16.0	7.00	*N/A*
PIZZA, BIG DADDYS, PEPP, 16"	1 SLICE	1	410	580	7	20.0	43.0	18.0	7.00	*N/A*
BEEF, PHILLY, 2MMA	2.86 OZ	1	144	390	2	13.07	3.01	8.04	3.01	*N/A*
BRD: RICE, WHITE, 1 CUP	1 CUP	1	194	3	0	4.6	41.16	0.58	0.12	*N/A*
SAUCE, ASIAN, 1 OZ	1 OZ	1	43	209	7	0.0	11.0	0.0	0.00	0.00
SAUCE: KOREAN BBQ	1 OZ	1	62	650	8	1.0	10.0	2.0	0.00	0.00
SAUCE: TERIYAKI, MINH	1 OZ	1	50	250	11	0.5	12.0	0.5	0.00	*N/A*
SAUCE: STIR FRY	1 OZ	1	35	440	2	1.0	4.0	1.5	*N/A*	*N/A*
SAUCE, SWEET N SOUR	1 OZ	1	60	110	11	*N/A*	14.0	*N/A*	*N/A*	*N/A*
SAUCE: ORANGE, YANGS	1 OZ	1	46	159	10	*N/A*	11.0	*N/A*	*N/A*	*N/A*
SAUCE: GENERAL TSO, YANGS	1 OZ	1	37	79	9	*N/A*	10.0	0.0	*N/A*	*N/A*
EGG ROLL	1 EACH	1	180	430	2	7.0	21.0	8.0	2.00	*N/A*
veg: BROCCOLI: frozen	.5 CUP	1	20	19	1	2.19	3.73	0.23	0.03	0.00
CHICKEN STICKS, TYSON, 8 PIECE	8 STICKS	1	261	391	1	15.05	16.06	15.05	2.51	*N/A*
BRD: ONION RINGS, TASTY BRANDS	5 EACH	1	190	310	5	3.0	27.0	8.0	1.50	0.00
ENT: STEAK CUT CHEESE FRIES	6 OZ WT	1	530	1280	*2	20.0	*44.0	30.0	14.00	*0.00
BRD: BISCUIT, PILLSBURY	2.2 OZ	1	170	570	2	3.0	22.0	8.0	5.00	0.00
MARGARINE: SMART BALANCE CUP	1 CUP	1	30	30	*N/A*	*N/A*	*N/A*	3.0	1.00	*N/A*
SDW: CLUX DELUXE	1 EACH	1	366	833	5	25.36	43.86	10.14	*1.00	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	420	657	5	20.36	44.86	17.14	*3.00	*N/A*
SDW: BACON CHEESEBURGER	1 EACH	1	398	832	*5	23.27	*28.86	20.77	*6.46	*N/A*
PBJ, GRAPEUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
PBJ, STRWBUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	1	110	130	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 11/22/2021										
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
MAYONNAISE, PACKET, 12 grams	12 gram packe	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
SALAD, CEASAR	1 SALAD	1	497	1364	*4	42.12	35.43	18.54	*8.46	*0.00
SALAD, CRISPY CHICKEN	1 SALAD	1	443	1036	*3	27.78	51.18	13.87	*2.74	*0.00
SALAD, ITALIAN	1 SALAD	1	511	1457	*8	*24.88	*39.83	*27.7	*15.03	*0.00
SALAD, MEXICAN	1 SALAD	1	494	880	*2	24.38	47.47	24.27	8.27	*0.42
SALAD: BERRY, CHICKEN	1 SALAD	1	542	1019	*11	42.98	47.5	19.8	*11.29	*0.00
DRESSING, FF 1000 KRAFT	1.5 OZ PACK	1	50	350	0	0.0	12.0	0.0	0.00	0.00
DRESSING, CEASAR, KRAFT	1.5 OZ PACK	1	160	450	2	2.0	3.0	16.0	3.00	0.00
DRESSING, FF FRENCH, KENS	1.5 OZ PACK	1	45	430	9	0.0	11.0	0.0	0.00	0.00
DRESSING, LT ITALIAN, MARZETTI	1.5 OZ PACK	1	15	720	2	0.0	2.0	1.0	0.00	0.00
DRESSING, RAS VIN, KENS	1.5 OZ PACK	1	50	115	10	0.0	12.0	0.0	0.00	0.00
DRESSING, LT RANCH,MARZETTI	1.5 OZ PACK	1	60	220	4	1.0	9.0	2.5	0.00	0.00
SDW: SUB, ITALIAN COMBO	1 SUB	1	332	914	4	22.0	31.7	12.2	5.05	0.00
CHIP: SUNCHIPS, HARVEST CHEDDA	1 OZ BAG	1	140	200	2	2.0	19.0	6.0	0.50	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP & 5/8"	1 ORANGE,2 & 5/8"	1	65	0	13	0.99	16.27	0.3	0.04	0.00
FRUIT: BANANA, SM, 1/2 CUP	6 inch banana	1	90	1	12	1.0	23.0	*N/A*	*N/A*	*N/A*
FRUIT: BLUEBERRIES, FROZEN	1/2 CUP	1	40	1	7	0.33	9.43	0.5	0.04	0.00
FRUIT: WATERMELON,CHUNKS	1/2 CUP	1	23	1	5	0.46	5.74	0.11	0.01	0.00
FRUIT: GRAPES,Fresh	1/2 CUP	1	52	2	12	0.54	13.67	0.12	0.04	0.00
FRUIT: CANTALOUPE	1/2 CUP	1	27	13	6	*N/A*	6.5	*N/A*	*N/A*	*N/A*
FRUIT: FRT MIX:canned,ln syrup	1/2 CUP	1	69	7	17	0.48	18.07	0.08	0.01	0.00
FRUIT: APPLESAUCE, UNSWEETENED	1/2 CUP	1	48	2	11	0.19	12.78	0.11	0.01	0.00
FRUIT: PEACHES, CANNED, LT SYR	1/2 CUP	1	68	6	*N/A*	0.55	18.26	0.04	0.00	0.00
FRUIT:PEARS canned,light syrup	1/2 CUP	1	72	6	15	0.24	19.04	0.04	0.00	0.00
FRUIT: MIXED BERRY CUP	1 CUP	1	90	0	16	0.0	20.0	0.0	0.00	0.00
FRUIT: PEACH CUP	1 CUP	1	80	0	16	1.0	19.0	0.0	0.00	0.00
FRUIT: STRAWBERRY CUP	1 CUP	1	90	0	18	1.0	22.0	0.0	0.00	0.00
FRUIT: RAISIN BOX	1 BOX	1	127	11	28	1.4	33.73	0.11	0.04	0.00
VEG: TOMATO, GRAPE	1/2 CUP	1	13	4	*N/A*	0.66	2.9	0.15	0.02	*N/A*
VEG: CARROTS, BABY, 1/2 CUP	1/2 CUP	1	25	42	2	*N/A*	5.0	*N/A*	*N/A*	*N/A*
VEG: CELERY STICKS	1/2 CUP	1	8	48	1	0.41	1.78	0.1	0.03	0.00
VEG: CUCUMBER,RAW	1/2 CUP	1	6	1	1	0.35	1.29	0.1	0.05	0.00
VEG: BROCCOLI.raw: fresh	1/2 CUP	1	15	15	1	1.28	3.02	0.17	0.05	0.00
PICKLES, 2 SLICES	1 EACH	1	2	113	0	0.07	0.34	0.04	0.01	0.00
VEG: SIDE SALAD	1 CUP	1	10	4	*0	0.68	1.98	0.16	0.02	*0.00
VEG: TACO HUMMUS	3 OZ CUP	1	120	180	3	6.0	18.0	3.0	0.00	0.00

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			992	*1967	*45	*40.70	*122.34	*37.81	*11.75	*0.03
% of Calories					*18.2%	*16.4%	*49.4%	*34.3%	*10.7%	*0.0%
Nutrient Guideline			750-850	1420					<10.00	

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Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 11/23/2021										
High School Lunch	Total	12								
BRD: PASTA, 1 CUP COOKED	1 CUP	1	200	*N/A*	2	7.0	42.0	1.0	*N/A*	*N/A*
SAUCE, SPAGHETTI, RED PK	1/2 CUP	1	58	503	6	2.05	10.26	1.03	*N/A*	*N/A*
BEEF: MEATBALLS, MAID RITE (4)	4 EACH	1	140	300	*N/A*	13.0	4.0	9.0	4.00	*N/A*
SAUCE, BEEF, SPAGHETTI, JTM	5.64 OZ	1	167	354	8	15.0	9.0	7.0	2.80	0.00
SAUCE, ALFREDO, JTM, 3.6 OZ	3.66 OZ	1	180	750	6	12.03	10.02	10.02	6.02	*N/A*
BRD: GARLIC, NEW YORK	1 EACH	1	160	280	0	3.0	17.0	9.0	2.00	0.00
VEG: GREEN BEANS W/ DICED HAM	1/2 CUP	1	27	*224	*1	*2.1	4.58	*0.54	*0.25	*0.00
VEG: POTATO, TATER TOT	8 pieces	1	150	360	*N/A*	2.0	19.01	7.0	1.00	*N/A*
BOSCO STICKS, PEPPERONI (2)	2 STICKS	1	520	1020	6	22.0	64.0	18.0	9.00	*N/A*
BRD: CORN CHIP, RF, WG, 1 CUP	1 CUP (1.4 OZ)	1	204	247	*N/A*	2.91	29.09	8.73	1.45	*N/A*
BRD: CHIP, TORTILLA, EL SABROS	16 CHIPS	1	210	170	0	3.0	25.0	12.0	1.00	0.00
BRD: TORTILLA, 6 INCH (2 EACH)	2 EACH	1	180	220	2	4.0	30.0	5.0	2.00	0.00
BEEF TACO FILLING, JTM, 2 MMA	2.71	1	126	287	0	13.63	1.93	6.84	2.74	*N/A*
CHICKEN: SHREDD TINGA, COMIDA	2.54 OZ	1	120	380	1	17.0	4.0	4.5	1.00	0.00
CHEESE SAUCE, CHEDDAR, LOL	3 OZ	1	130	550	*N/A*	7.0	5.0	10.0	6.00	*N/A*
CHEESE: CHEDDAR, SHREDDED, LOL	1/4 CUP	1	110	190	*N/A*	6.0	1.0	9.0	6.00	*N/A*
VEG: CORN/BLACK BEAN	1/2 CUP	1	76	119	*0	3.56	15.71	0.96	0.18	*0.00
VEG: SALSA, COMMODITY 1/2 CUP	1/2 cup	1	40	140	4	0.0	8.0	0.0	0.00	0.00
BRD: RICE, SPANISH 1/2 CUP	1/2 CUP	1	100	310	2	2.5	21.5	2.5	*N/A*	*N/A*
VEG: LETTUCE, SHREDDED	1 CUP	1	8	*N/A*	*N/A*	*N/A*	1.55	*N/A*	*N/A*	*N/A*
SOUR CREAM, LIGHT	1 OZ	1	38	33	2	0.95	2.86	2.38	1.43	*N/A*
JALAPENOS, SLICED	1.05 OZ	1	5	514	*N/A*	*N/A*	1.01	*N/A*	*N/A*	*N/A*
PIZZA, BIG DADDY, CHEESE, 16"	1 SLICE	1	400	440	7	19.0	42.99	16.0	7.00	*N/A*
PIZZA, BIG DADDYS, PEPP, 16"	1 SLICE	1	410	580	7	20.0	43.0	18.0	7.00	*N/A*
BOSCO PRETZEL CHEESE STICK, 2	2 STICKS	1	400	460	6	14.0	54.0	14.0	4.00	*N/A*
CHEESE SAUCE, CHEDDAR, LOL	3 OZ	1	130	550	*N/A*	7.0	5.0	10.0	6.00	*N/A*
SDW: PORK RIB BBQ ON BUN	1 EACH	1	360	910	13	18.0	39.0	14.0	5.00	*0.00
SDW: CLUX DELUXE	1 EACH	1	366	833	5	25.36	43.86	10.14	*1.00	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	420	657	5	20.36	44.86	17.14	*3.00	*N/A*
SDW: BACON CHEESEBURGER	1 EACH	1	398	832	*5	23.27	*28.86	20.77	*6.46	*N/A*
PBJ, GRAPEUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
PBJ, STRWBUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	1	110	130	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 11/23/2021										
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*

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Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
MUSTARD: individual PC	4.5 GRAM PACKET	1	3	55	0	0.19	0.29	0.17	0.01	0.00
MAYONNAISE, PACKET, 12 grams	12 gram packe	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
SALAD, CEASAR	1 SALAD	1	497	1364	*4	42.12	35.43	18.54	*8.46	*0.00
SALAD, CRISPY CHICKEN	1 SALAD	1	443	1036	*3	27.78	51.18	13.87	*2.74	*0.00
SALAD, ITALIAN	1 SALAD	1	511	1457	*8	*24.88	*39.83	*27.7	*15.03	*0.00
SALAD, MEXICAN	1 SALAD	1	494	880	*2	24.38	47.47	24.27	8.27	*0.42
SALAD: BERRY, CHICKEN	1 SALAD	1	542	1019	*11	42.98	47.5	19.8	*11.29	*0.00
DRESSING, FF 1000 KRAFT	1.5 OZ PACK	1	50	350	0	0.0	12.0	0.0	0.00	0.00
DRESSING, CEASAR, KRAFT	1.5 OZ PACK	1	160	450	2	2.0	3.0	16.0	3.00	0.00
DRESSING, FF FRENCH, KENS	1.5 OZ PACK	1	45	430	9	0.0	11.0	0.0	0.00	0.00
DRESSING, LT ITALIAN, MARZETTI	1.5 OZ PACK	1	15	720	2	0.0	2.0	1.0	0.00	0.00
DRESSING, RAS VIN, KENS	1.5 OZ PACK	1	50	115	10	0.0	12.0	0.0	0.00	0.00
DRESSING, LT RANCH, MARZETTI	1.5 OZ PACK	1	60	220	4	1.0	9.0	2.5	0.00	0.00
SDW: SUB, TRKY, HAM, CHZ	1 SUB	1	298	918	*6	23.06	33.71	9.21	3.81	*0.00
CHIP: SUNCHIPS, HARVEST CHEDDA	1 OZ BAG	1	140	200	2	2.0	19.0	6.0	0.50	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	1 ORANGE, 2 & 5/8"	1	65	0	13	0.99	16.27	0.3	0.04	0.00
FRUIT: BANANA, SM, 1/2 CUP	6 inch banana	1	90	1	12	1.0	23.0	*N/A*	*N/A*	*N/A*
FRUIT: BLUEBERRIES, FROZEN	1/2 CUP	1	40	1	7	0.33	9.43	0.5	0.04	0.00
FRUIT: WATERMELON, CHUNKS	1/2 CUP	1	23	1	5	0.46	5.74	0.11	0.01	0.00
FRUIT: GRAPES, Fresh	1/2 CUP	1	52	2	12	0.54	13.67	0.12	0.04	0.00
FRUIT: CANTALOUPE	1/2 CUP	1	27	13	6	*N/A*	6.5	*N/A*	*N/A*	*N/A*
FRUIT: FRT MIX: canned, In syrup	1/2 CUP	1	69	7	17	0.48	18.07	0.08	0.01	0.00
FRUIT: APPLESAUCE, UNSWEETENED	1/2 CUP	1	48	2	11	0.19	12.78	0.11	0.01	0.00
FRUIT: PEACHES, CANNED, LT SYR	1/2 CUP	1	68	6	*N/A*	0.55	18.26	0.04	0.00	0.00
FRUIT: PEARS canned, light syrup	1/2 CUP	1	72	6	15	0.24	19.04	0.04	0.00	0.00
FRUIT: MIXED BERRY CUP	1 CUP	1	90	0	16	0.0	20.0	0.0	0.00	0.00
FRUIT: PEACH CUP	1 CUP	1	80	0	16	1.0	19.0	0.0	0.00	0.00
FRUIT: STRAWBERRY CUP	1 CUP	1	90	0	18	1.0	22.0	0.0	0.00	0.00
FRUIT: RAISIN BOX	1 BOX	1	127	11	28	1.4	33.73	0.11	0.04	0.00
VEG: TOMATO, GRAPE	1/2 CUP	1	13	4	*N/A*	0.66	2.9	0.15	0.02	*N/A*
VEG: CARROTS, BABY, 1/2 CUP	1/2 CUP	1	25	42	2	*N/A*	5.0	*N/A*	*N/A*	*N/A*
VEG: CELERY STICKS	1/2 CUP	1	8	48	1	0.41	1.78	0.1	0.03	0.00
VEG: CUCUMBER, RAW	1/2 CUP	1	6	1	1	0.35	1.29	0.1	0.05	0.00
VEG: BROCCOLI, raw: fresh	1/2 CUP	1	15	15	1	1.28	3.02	0.17	0.05	0.00
VEG: SIDE SALAD	1 CUP	1	10	4	*0	0.68	1.98	0.16	0.02	*0.00

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			1036	*2051	*43	*45.81	*124.23	*39.93	*13.32	*0.03
% of Calories					*16.8%	*17.7%	*48.0%	*34.7%	*11.6%	*0.0%
Nutrient Guideline			750-850	1420					<10.00	

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High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 11/24/2021										
High School Lunch	Total	16								
ENT: MEATLOAF	3/4" SLICE	1	258	418	*4	*19.02	11.98	*14.26	*5.34	*0.78
BRD: ROLL, SISTER SCH, 2 GR	1 EACH	1	180	320	6	4.0	30.0	5.0	1.50	*N/A*
VEG: POTATO, AU GRATIN	1/2 CUP	1	177	368	*3	5.1	25.51	5.64	3.10	*0.00
VEG: POTATO, FF, SPICY STRT CU	12 pieces	1	139	387	*N/A*	1.99	19.86	5.96	0.99	*N/A*
BOSCO CHEESE STICKS (2)	2 EACH	1	459	619	2	23.97	55.92	13.98	7.99	*N/A*
PIZZA, BIG DADDY, CHEESE, 16"	1 SLICE	1	400	440	7	19.0	42.99	16.0	7.00	*N/A*
PIZZA, BIG DADDYS, PEPP, 16"	1 SLICE	1	410	580	7	20.0	43.0	18.0	7.00	*N/A*
BRD: RAMEN, NOODLES, 1 CUP	1 CUP	1	200	430	1	8.0	40.0	1.0	0.00	0.00
BEEF, PHILLY, 2MMA	2.86 OZ	1	144	390	2	13.07	3.01	8.04	3.01	*N/A*
CHICKEN, PULLED	2.3 OZ	1	83	64	0	13.79	0.0	2.3	0.00	0.00
PORK, PULLED, RICHS NO SAUCE	2.3 OZ	1	150	190	*N/A*	11.0	*N/A*	11.0	4.00	0.00
BROTH, BEEF	1 CUP	1	20	145	1	*0.0	3.0	1.0	*0.00	*0.00
BROTH, CHICKEN	1 CUP	1	10	750	*0	0.8	0.72	0.42	0.12	*0.00
VEG: CARROTS, MATCHSTICK	.25 CUP	1	13	21	1	0.28	2.92	0.07	0.01	0.00
VEG: CORN: frozen, yellow, 1/4	1/4 CUP	1	33	0	1	1.05	7.96	0.28	0.04	0.00
VEG: EDAMAME	1/4 CUP	1	47	2	1	4.62	3.45	2.02	0.24	0.00
VEG: MUSHROOM	1/4 CUP	1	5	1	0	0.74	0.78	0.08	0.01	0.00
CHICKEN, CRIS P BITES	5 PIECES	1	208	546	1	19.0	15.0	8.0	1.00	*N/A*
BRD: BISCUIT, PILLSBURY	2.2 OZ	1	170	570	2	3.0	22.0	8.0	5.00	0.00
ENT: PIZZA BURGERS	2 HALF BUNS	1	373	595	*5	23.13	31.78	17.38	*8.13	*0.47
SDW: CLUX DELUXE	1 EACH	1	366	833	5	25.36	43.86	10.14	*1.00	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	420	657	5	20.36	44.86	17.14	*3.00	*N/A*
SDW: BACON CHEESEBURGER	1 EACH	1	398	832	*5	23.27	*28.86	20.77	*6.46	*N/A*
PBJ, GRAPEUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
PBJ, STRWBUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	1	110	130	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
MAYONNAISE, PACKET, 12 grams	12 gram packe	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
SALAD, CEASAR	1 SALAD	1	497	1364	*4	42.12	35.43	18.54	*8.46	*0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 11/24/2021										
SALAD, CRISPY CHICKEN	1 SALAD	1	443	1036	*3	27.78	51.18	13.87	*2.74	*0.00
SALAD, ITALIAN	1 SALAD	1	511	1457	*8	*24.88	*39.83	*27.7	*15.03	*0.00
SALAD, MEXICAN	1 SALAD	1	494	880	*2	24.38	47.47	24.27	8.27	*0.42
SALAD: BERRY, CHICKEN	1 SALAD	1	542	1019	*11	42.98	47.5	19.8	*11.29	*0.00
DRESSING, FF 1000 KRAFT	1.5 OZ PACK	1	50	350	0	0.0	12.0	0.0	0.00	0.00
DRESSING, CEASAR, KRAFT	1.5 OZ PACK	1	160	450	2	2.0	3.0	16.0	3.00	0.00
DRESSING, FF FRENCH, KENS	1.5 OZ PACK	1	45	430	9	0.0	11.0	0.0	0.00	0.00
DRESSING, LT ITALIAN, MARZETTI	1.5 OZ PACK	1	15	720	2	0.0	2.0	1.0	0.00	0.00
DRESSING, RAS VIN, KENS	1.5 OZ PACK	1	50	115	10	0.0	12.0	0.0	0.00	0.00
DRESSING, LT RANCH, MARZETTI	1.5 OZ PACK	1	60	220	4	1.0	9.0	2.5	0.00	0.00
SDW: SUB, ITALIAN COMBO	1 SUB	1	332	914	4	22.0	31.7	12.2	5.05	0.00
CHIP: SUNCHIPS, HARVEST CHEDDA	1 OZ BAG	1	140	200	2	2.0	19.0	6.0	0.50	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	1 ORANGE, 2 & 5/8"	1	65	0	13	0.99	16.27	0.3	0.04	0.00
FRUIT: BANANA, SM, 1/2 CUP	6 inch banana	1	90	1	12	1.0	23.0	*N/A*	*N/A*	*N/A*
FRUIT: BLUEBERRIES, FROZEN	1/2 CUP	1	40	1	7	0.33	9.43	0.5	0.04	0.00
FRUIT: WATERMELON, CHUNKS	1/2 CUP	1	23	1	5	0.46	5.74	0.11	0.01	0.00
FRUIT: GRAPES, Fresh	1/2 CUP	1	52	2	12	0.54	13.67	0.12	0.04	0.00
FRUIT: CANTALOUPE	1/2 CUP	1	27	13	6	*N/A*	6.5	*N/A*	*N/A*	*N/A*
FRUIT: FRT MIX: canned, ln syrup	1/2 CUP	1	69	7	17	0.48	18.07	0.08	0.01	0.00
FRUIT: APPLESAUCE, UNSWEETENED	1/2 CUP	1	48	2	11	0.19	12.78	0.11	0.01	0.00
FRUIT: PEACHES, CANNED, LT SYR	1/2 CUP	1	68	6	*N/A*	0.55	18.26	0.04	0.00	0.00
FRUIT: PEARS canned, light syrup	1/2 CUP	1	72	6	15	0.24	19.04	0.04	0.00	0.00
FRUIT: MIXED BERRY CUP	1 CUP	1	90	0	16	0.0	20.0	0.0	0.00	0.00
FRUIT: PEACH CUP	1 CUP	1	80	0	16	1.0	19.0	0.0	0.00	0.00
FRUIT: STRAWBERRY CUP	1 CUP	1	90	0	18	1.0	22.0	0.0	0.00	0.00
FRUIT: RAISIN BOX	1 BOX	1	127	11	28	1.4	33.73	0.11	0.04	0.00
VEG: TOMATO, GRAPE	1/2 CUP	1	13	4	*N/A*	0.66	2.9	0.15	0.02	*N/A*
VEG: CARROTS, BABY, 1/2 CUP	1/2 CUP	1	25	42	2	*N/A*	5.0	*N/A*	*N/A*	*N/A*
VEG: CELERY STICKS	1/2 CUP	1	8	48	1	0.41	1.78	0.1	0.03	0.00
VEG: CUCUMBER, RAW	1/2 CUP	1	6	1	1	0.35	1.29	0.1	0.05	0.00
VEG: BROCCOLI, raw: fresh	1/2 CUP	1	15	15	1	1.28	3.02	0.17	0.05	0.00
PICKLES, 2 SLICES	1 EACH	1	2	113	0	0.07	0.34	0.04	0.01	0.00
VEG: SIDE SALAD	1 CUP	1	10	4	*0	0.68	1.98	0.16	0.02	*0.00
VEG: TACO HUMMUS	3 OZ CUP	1	120	180	3	6.0	18.0	3.0	0.00	0.00
Weighted Daily Average			713	*1366	*31	*33.09	*84.78	*26.70	*8.73	*0.10
% of Calories					*17.3%	*18.6%	*47.5%	*33.7%	*11.0%	*0.1%
Nutrient Guideline			750-850	1420					<10.00	

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
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Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 11/25/2021										
High School Lunch	Total	12								
PIZZA, PAPA JOHNS 16" CHEESE	SLICE	1	370	970	5	15.0	43.0	16.0	8.00	*N/A*
PIZZA, PAPA JOHNS, PEPP 16"	SLICE	1	390	1070	5	16.0	43.0	18.0	8.00	*N/A*
PIZZA, PAPA JOHNS, SAUS, 16 IN	1 SLICE	1	400	1050	5	15.0	43.0	19.0	9.00	*N/A*
VEG: BEAN, BAKED BUSHS	1/2 CUP	1	171	580	*13	7.14	34.29	1.51	*0.00	*0.00
VEG: POTATO, CURLY FRY, 1/2 CUP	3 OZ PORTIO	1	155	420	*N/A*	2.0	21.0	7.0	1.00	*N/A*
BOSCO STICKS, PEPPERONI (2)	2 STICKS	1	520	1020	6	22.0	64.0	18.0	9.00	*N/A*
CHICKEN: SHREDD TINGA, COMIDA	2.54 OZ	1	120	380	1	17.0	4.0	4.5	1.00	0.00
BRD: RICE, SPANISH 1 CUP	1 CUP	1	200	620	5	5.0	43.0	5.0	*N/A*	*N/A*
VEG: PEPPERS/ONIONS ROASTED	3 OZ	1	45	140	4	1.0	8.0	1.0	*N/A*	*N/A*
VEG: BEAN, BLACK, 1/2 CUP	.5 CUP	1	120	360	1	6.0	16.0	0.29	0.08	0.00
CHEESE SAUCE, QUESO BLANCO	2 OZ	1	119	420	*N/A*	7.11	2.03	9.14	5.08	*N/A*
VEG: SALSA, COMMODITY 1/2 CUP	1/2 cup	1	40	140	4	0.0	8.0	0.0	0.00	0.00
BRD: PRETZEL, KING, 5 OZ	1 EACH	1	340	300	2	12.0	72.0	2.0	*N/A*	*N/A*
CHEESE SAUCE, CHEDDAR, LOL	3 OZ	1	130	550	*N/A*	7.0	5.0	10.0	6.00	*N/A*
CHEESE STICK, LOL, COLBY JACK	1 STICK	1	110	200	0	7.0	0.0	9.0	6.00	0.00
CHEESE, STICK, MOZZ, LOL	1 EACH	1	80	200	1	6.0	2.0	6.0	4.00	0.00
SDW: PHILLY CHEESE STEAK	1 Sandwich	1	320	1008	*2	23.57	6.48	21.41	10.43	*0.00
SDW: CLUX DELUXE	1 EACH	1	366	833	5	25.36	43.86	10.14	*1.00	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	420	657	5	20.36	44.86	17.14	*3.00	*N/A*
SDW: BACON CHEESEBURGER	1 EACH	1	398	832	*5	23.27	*28.86	20.77	*6.46	*N/A*
PBJ, GRAPEUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
PBJ, STRWBUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	1	110	130	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
MAYONNAISE, PACKET, 12 grams	12 gram packe	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
SALAD, CEASAR	1 SALAD	1	497	1364	*4	42.12	35.43	18.54	*8.46	*0.00
SALAD, CRISPY CHICKEN	1 SALAD	1	443	1036	*3	27.78	51.18	13.87	*2.74	*0.00
SALAD, ITALIAN	1 SALAD	1	511	1457	*8	*24.88	*39.83	*27.7	*15.03	*0.00
SALAD, MEXICAN	1 SALAD	1	494	880	*2	24.38	47.47	24.27	8.27	*0.42

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Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 11/25/2021										
SALAD: BERRY, CHICKEN	1 SALAD	1	542	1019	*11	42.98	47.5	19.8	*11.29	*0.00
DRESSING, FF 1000 KRAFT	1.5 OZ PACK	1	50	350	0	0.0	12.0	0.0	0.00	0.00
DRESSING, CEASAR, KRAFT	1.5 OZ PACK	1	160	450	2	2.0	3.0	16.0	3.00	0.00
DRESSING, FF FRENCH, KENS	1.5 OZ PACK	1	45	430	9	0.0	11.0	0.0	0.00	0.00
DRESSING, LT ITALIAN, MARZETTI	1.5 OZ PACK	1	15	720	2	0.0	2.0	1.0	0.00	0.00
DRESSING, RAS VIN, KENS	1.5 OZ PACK	1	50	115	10	0.0	12.0	0.0	0.00	0.00
DRESSING, LT RANCH,MARZETTI	1.5 OZ PACK	1	60	220	4	1.0	9.0	2.5	0.00	0.00
SDW: SUB, TRKY, HAM, CHZ	1 SUB	1	298	918	*6	23.06	33.71	9.21	3.81	*0.00
CHIP: SUNCHIPS, HARVEST CHEDDA	1 OZ BAG	1	140	200	2	2.0	19.0	6.0	0.50	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	1 ORANGE,2 &5/8"	1	65	0	13	0.99	16.27	0.3	0.04	0.00
FRUIT: BANANA, SM, 1/2 CUP	6 inch banana	1	90	1	12	1.0	23.0	*N/A*	*N/A*	*N/A*
FRUIT: BLUEBERRIES, FROZEN	1/2 CUP	1	40	1	7	0.33	9.43	0.5	0.04	0.00
FRUIT: WATERMELON,CHUNKS	1/2 CUP	1	23	1	5	0.46	5.74	0.11	0.01	0.00
FRUIT: GRAPES,Fresh	1/2 CUP	1	52	2	12	0.54	13.67	0.12	0.04	0.00
FRUIT: CANTALOUPE	1/2 CUP	1	27	13	6	*N/A*	6.5	*N/A*	*N/A*	*N/A*
FRUIT: FRT MIX:canned,In syrup	1/2 CUP	1	69	7	17	0.48	18.07	0.08	0.01	0.00
FRUIT: APPLESAUCE, UNSWEETENED	1/2 CUP	1	48	2	11	0.19	12.78	0.11	0.01	0.00
FRUIT: PEACHES, CANNED, LT SYR	1/2 CUP	1	68	6	*N/A*	0.55	18.26	0.04	0.00	0.00
FRUIT:PEARS canned,light syrup	1/2 CUP	1	72	6	15	0.24	19.04	0.04	0.00	0.00
FRUIT: MIXED BERRY CUP	1 CUP	1	90	0	16	0.0	20.0	0.0	0.00	0.00
FRUIT: PEACH CUP	1 CUP	1	80	0	16	1.0	19.0	0.0	0.00	0.00
FRUIT: STRAWBERRY CUP	1 CUP	1	90	0	18	1.0	22.0	0.0	0.00	0.00
FRUIT: RAISIN BOX	1 BOX	1	127	11	28	1.4	33.73	0.11	0.04	0.00
VEG: TOMATO, GRAPE	1/2 CUP	1	13	4	*N/A*	0.66	2.9	0.15	0.02	*N/A*
VEG: CARROTS, BABY, 1/2 CUP	1/2 CUP	1	25	42	2	*N/A*	5.0	*N/A*	*N/A*	*N/A*
VEG: CELERY STICKS	1/2 CUP	1	8	48	1	0.41	1.78	0.1	0.03	0.00
VEG: CUCUMBER,RAW	1/2 CUP	1	6	1	1	0.35	1.29	0.1	0.05	0.00
VEG: BROCCOLI,raw: fresh	1/2 CUP	1	15	15	1	1.28	3.02	0.17	0.05	0.00
PICKLES, 2 SLICES	1 EACH	1	2	113	0	0.07	0.34	0.04	0.01	0.00
VEG: SIDE SALAD	1 CUP	1	10	4	*0	0.68	1.98	0.16	0.02	*0.00
VEG: TACO HUMMUS	3 OZ CUP	1	120	180	3	6.0	18.0	3.0	0.00	0.00
Weighted Daily Average			961	*2037	*42	*42.32	*117.79	*36.13	*12.63	*0.03
% of Calories					*17.5%	*17.6%	*49.0%	*33.8%	*11.8%	*0.0%
Nutrient Guideline			750-850	1420				<10.00		

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 11/26/2021										
High School Lunch	Total	13								
ENT: LASANA ROLL UP	1 EACH	1	200	290	5	14.0	26.0	4.5	2.50	0.00
SAUCE, BEEF, SPAGHETTI, JTM	5.64 OZ	1	167	354	8	15.0	9.0	7.0	2.80	0.00
BRD: GARLIC KNOT	1 KNOT	1	170	270	2	4.0	23.0	7.0	1.50	*N/A*
VEG: POTATO, SIDEWINDER	5 PIECES	1	90	260	0	1.0	14.0	3.5	0.50	0.00
BOSCO CHEESE STICKS (2)	2 EACH	1	459	619	2	23.97	55.92	13.98	7.99	*N/A*
PIZZA, BIG DADDY, CHEESE, 16"	1 SLICE	1	400	440	7	19.0	42.99	16.0	7.00	*N/A*
PIZZA, BIG DADDYS, PEPP, 16"	1 SLICE	1	410	580	7	20.0	43.0	18.0	7.00	*N/A*
CHICKEN, YANGS BRDED, UNSAUCED	3.6 OZ WT	1	129	151	0	13.75	10.0	3.75	0.00	0.00
BRD: RICE, WHITE, 1 CUP	1 CUP	1	194	3	0	4.6	41.16	0.58	0.12	*N/A*
EGG ROLL	1 EACH	1	180	430	2	7.0	21.0	8.0	2.00	*N/A*
SAUCE, ASIAN, 1 OZ	1 OZ	1	43	209	7	0.0	11.0	0.0	0.00	0.00
SAUCE, SWEET N SOUR	1 OZ	1	60	110	11	*N/A*	14.0	*N/A*	*N/A*	*N/A*
SAUCE: GENERAL TSO, YANGS	1 OZ	1	37	79	9	*N/A*	10.0	0.0	*N/A*	*N/A*
SAUCE: KOREAN BBQ	1 OZ	1	62	650	8	1.0	10.0	2.0	0.00	0.00
SAUCE: ORANGE, YANGS	1 OZ	1	46	159	10	*N/A*	11.0	*N/A*	*N/A*	*N/A*
SAUCE: STIR FRY	1 OZ	1	35	440	2	1.0	4.0	1.5	*N/A*	*N/A*
SAUCE: TERIYAKI, MINH	1 OZ	1	50	250	11	0.5	12.0	0.5	0.00	*N/A*
VEG: STIR FRY	1/2 CUP	1	33	40	5	2.67	6.67	*N/A*	*N/A*	*N/A*
SDW: CHICKEN PATTY, DILL	1 EACH	1	332	663	6	30.06	39.32	6.52	*1.00	*N/A*
VEG: POTATO, SIDEWINDER	5 PIECES	1	90	260	0	1.0	14.0	3.5	0.50	0.00
SAUCE: CHICKN'DIPPIN	1 OZ	1	130	135	5	0.0	6.0	12.0	2.00	0.00
SDW: ITALIAN CHICKEN/CHEESE	1 EACH	1	445	1119	*4	40.18	*29.34	17.26	7.00	*0.00
SDW: CLUX DELUXE	1 EACH	1	366	833	5	25.36	43.86	10.14	*1.00	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	420	657	5	20.36	44.86	17.14	*3.00	*N/A*
SDW: BACON CHEESEBURGER	1 EACH	1	398	832	*5	23.27	*28.86	20.77	*6.46	*N/A*
PBJ, GRAPEUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
PBJ, STRWBUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	1	110	130	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
MUSTARD: individual PC	4.5 GRAM PA	1	3	55	0	0.19	0.29	0.17	0.01	0.00

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 11/26/2021										
	CKET									
MAYONNAISE, PACKET, 12 grams	12 gram packe	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
SALAD, CEASAR	1 SALAD	1	497	1364	*4	42.12	35.43	18.54	*8.46	*0.00
SALAD, CRISPY CHICKEN	1 SALAD	1	443	1036	*3	27.78	51.18	13.87	*2.74	*0.00
SALAD, ITALIAN	1 SALAD	1	511	1457	*8	*24.88	*39.83	*27.7	*15.03	*0.00
SALAD, MEXICAN	1 SALAD	1	494	880	*2	24.38	47.47	24.27	8.27	*0.42
SALAD: BERRY, CHICKEN	1 SALAD	1	542	1019	*11	42.98	47.5	19.8	*11.29	*0.00
DRESSING, FF 1000 KRAFT	1.5 OZ PACK	1	50	350	0	0.0	12.0	0.0	0.00	0.00
DRESSING, CEASAR, KRAFT	1.5 OZ PACK	1	160	450	2	2.0	3.0	16.0	3.00	0.00
DRESSING, FF FRENCH, KENS	1.5 OZ PACK	1	45	430	9	0.0	11.0	0.0	0.00	0.00
DRESSING, LT ITALIAN, MARZETTI	1.5 OZ PACK	1	15	720	2	0.0	2.0	1.0	0.00	0.00
DRESSING, RAS VIN, KENS	1.5 OZ PACK	1	50	115	10	0.0	12.0	0.0	0.00	0.00
DRESSING, LT RANCH,MARZETTI	1.5 OZ PACK	1	60	220	4	1.0	9.0	2.5	0.00	0.00
SDW: SUB, ITALIAN COMBO	1 SUB	1	332	914	4	22.0	31.7	12.2	5.05	0.00
CHIP: SUNCHIPS, HARVEST CHEDDA	1 OZ BAG	1	140	200	2	2.0	19.0	6.0	0.50	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	1 ORANGE,2 &5/8"	1	65	0	13	0.99	16.27	0.3	0.04	0.00
FRUIT: BANANA, SM, 1/2 CUP	6 inch banana	1	90	1	12	1.0	23.0	*N/A*	*N/A*	*N/A*
FRUIT: BLUEBERRIES, FROZEN	1/2 CUP	1	40	1	7	0.33	9.43	0.5	0.04	0.00
FRUIT: WATERMELON,CHUNKS	1/2 CUP	1	23	1	5	0.46	5.74	0.11	0.01	0.00
FRUIT: GRAPES,Fresh	1/2 CUP	1	52	2	12	0.54	13.67	0.12	0.04	0.00
FRUIT: CANTALOUPE	1/2 CUP	1	27	13	6	*N/A*	6.5	*N/A*	*N/A*	*N/A*
FRUIT: FRT MIX:canned,ln syrup	1/2 CUP	1	69	7	17	0.48	18.07	0.08	0.01	0.00
FRUIT: APPLESAUCE, UNSWEETENED	1/2 CUP	1	48	2	11	0.19	12.78	0.11	0.01	0.00
FRUIT: PEACHES, CANNED, LT SYR	1/2 CUP	1	68	6	*N/A*	0.55	18.26	0.04	0.00	0.00
FRUIT:PEARS canned,light syrup	1/2 CUP	1	72	6	15	0.24	19.04	0.04	0.00	0.00
FRUIT: MIXED BERRY CUP	1 CUP	1	90	0	16	0.0	20.0	0.0	0.00	0.00
FRUIT: PEACH CUP	1 CUP	1	80	0	16	1.0	19.0	0.0	0.00	0.00
FRUIT: STRAWBERRY CUP	1 CUP	1	90	0	18	1.0	22.0	0.0	0.00	0.00
FRUIT: RAISIN BOX	1 BOX	1	127	11	28	1.4	33.73	0.11	0.04	0.00
VEG: TOMATO, GRAPE	1/2 CUP	1	13	4	*N/A*	0.66	2.9	0.15	0.02	*N/A*
VEG: CARROTS, BABY, 1/2 CUP	1/2 CUP	1	25	42	2	*N/A*	5.0	*N/A*	*N/A*	*N/A*
VEG: CELERY STICKS	1/2 CUP	1	8	48	1	0.41	1.78	0.1	0.03	0.00
VEG: CUCUMBER,RAW	1/2 CUP	1	6	1	1	0.35	1.29	0.1	0.05	0.00
VEG: BROCCOLI,raw: fresh	1/2 CUP	1	15	15	1	1.28	3.02	0.17	0.05	0.00
PICKLES, 2 SLICES	1 EACH	1	2	113	0	0.07	0.34	0.04	0.01	0.00
VEG: SIDE SALAD	1 CUP	1	10	4	*0	0.68	1.98	0.16	0.02	*0.00
VEG: TACO HUMMUS	3 OZ CUP	1	120	180	3	6.0	18.0	3.0	0.00	0.00

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			900	*1733	*43	*41.28	*111.54	*31.87	*9.78	*0.03
% of Calories					*19.2%	*18.4%	*49.6%	*31.9%	*9.8%	*0.0%
Nutrient Guideline			750-850	1420					<10.00	

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Mon - 11/29/2021										
High School Lunch	Total	13								
CHICKEN: TENDER, TYSON, WM	3 EACH	1	200	440	1	20.0	14.0	7.0	1.00	0.00
BRD: CHEESY TEXAS TOAST, KLOST	SLICE	1	110	109	1	3.6	19.56	2.62	*0.09	*0.00
GRAVY: COUNTRY	.25 CUP	1	33	244	0	0.0	5.54	1.11	1.11	*N/A*
VEG: POTATO, FF, REGULAR, 3/8	12 pieces	1	140	140	0	2.0	21.0	6.0	0.50	*N/A*
ENT: CHEESE BITES, WILD MIKES	4 EACH	1	280	540	*N/A*	16.0	28.0	12.0	4.00	*N/A*
PIZZA, BIG DADDY, CHEESE, 16"	1 SLICE	1	400	440	7	19.0	42.99	16.0	7.00	*N/A*
PIZZA, BIG DADDYS, PEPP, 16"	1 SLICE	1	410	580	7	20.0	43.0	18.0	7.00	*N/A*
BEEF, PHILLY, 2MMA	2.86 OZ	1	144	390	2	13.07	3.01	8.04	3.01	*N/A*
BRD: RICE, WHITE, 1 CUP	1 CUP	1	194	3	0	4.6	41.16	0.58	0.12	*N/A*
EGG ROLL	1 EACH	1	180	430	2	7.0	21.0	8.0	2.00	*N/A*
SAUCE, ASIAN, 1 OZ	1 OZ	1	43	209	7	0.0	11.0	0.0	0.00	0.00
SAUCE, SWEET N SOUR	1 OZ	1	60	110	11	*N/A*	14.0	*N/A*	*N/A*	*N/A*
SAUCE: GENERAL TSO, YANGS	1 OZ	1	37	79	9	*N/A*	10.0	0.0	*N/A*	*N/A*
SAUCE: KOREAN BBQ	1 OZ	1	62	650	8	1.0	10.0	2.0	0.00	0.00
SAUCE: ORANGE, YANGS	1 OZ	1	46	159	10	*N/A*	11.0	*N/A*	*N/A*	*N/A*
SAUCE: STIR FRY	1 OZ	1	35	440	2	1.0	4.0	1.5	*N/A*	*N/A*
veg: BROCCOLI: frozen	.5 CUP	1	20	19	1	2.19	3.73	0.23	0.03	0.00
QUESADILLA, CON QUESO	1 EACH	1	270	560	2	13.0	31.0	10.0	2.50	0.00
SDW: CHILI DOG	1 EACH	1	406	738	9	18.64	34.97	21.92	*8.12	*0.00
SDW: CLUX DELUXE	1 EACH	1	366	833	5	25.36	43.86	10.14	*1.00	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	420	657	5	20.36	44.86	17.14	*3.00	*N/A*
SDW: BACON CHEESEBURGER	1 EACH	1	398	832	*5	23.27	*28.86	20.77	*6.46	*N/A*
PBJ, GRAPEUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
PBJ, STRWBUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	1	110	130	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
MAYONNAISE, PACKET, 12 grams	12 gram packe	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
SALAD, CEASAR	1 SALAD	1	497	1364	*4	42.12	35.43	18.54	*8.46	*0.00
SALAD, CRISPY CHICKEN	1 SALAD	1	443	1036	*3	27.78	51.18	13.87	*2.74	*0.00

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Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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Mon - 11/29/2021										
SALAD, ITALIAN	1 SALAD	1	511	1457	*8	*24.88	*39.83	*27.7	*15.03	*0.00
SALAD, MEXICAN	1 SALAD	1	494	880	*2	24.38	47.47	24.27	8.27	*0.42
SALAD: BERRY, CHICKEN	1 SALAD	1	542	1019	*11	42.98	47.5	19.8	*11.29	*0.00
DRESSING, LT RANCH,MARZETTI	1.5 OZ PACK	1	60	220	4	1.0	9.0	2.5	0.00	0.00
DRESSING, FF 1000 KRAFT	1.5 OZ PACK	1	50	350	0	0.0	12.0	0.0	0.00	0.00
DRESSING, CEASAR, KRAFT	1.5 OZ PACK	1	160	450	2	2.0	3.0	16.0	3.00	0.00
DRESSING, FF FRENCH, KENS	1.5 OZ PACK	1	45	430	9	0.0	11.0	0.0	0.00	0.00
DRESSING, LT ITALIAN, MARZETTI	1.5 OZ PACK	1	15	720	2	0.0	2.0	1.0	0.00	0.00
DRESSING, RAS VIN, KENS	1.5 OZ PACK	1	50	115	10	0.0	12.0	0.0	0.00	0.00
SDW: SUB, ITALIAN COMBO	1 SUB	1	332	914	4	22.0	31.7	12.2	5.05	0.00
CHIP: SUNCHIPS, HARVEST CHEDDA	1 OZ BAG	1	140	200	2	2.0	19.0	6.0	0.50	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	1 ORANGE,2 &5/8"	1	65	0	13	0.99	16.27	0.3	0.04	0.00
FRUIT: BANANA, SM, 1/2 CUP	6 inch banana	1	90	1	12	1.0	23.0	*N/A*	*N/A*	*N/A*
FRUIT: BLUEBERRIES, FROZEN	1/2 CUP	1	40	1	7	0.33	9.43	0.5	0.04	0.00
FRUIT: WATERMELON,CHUNKS	1/2 CUP	1	23	1	5	0.46	5.74	0.11	0.01	0.00
FRUIT: GRAPES,Fresh	1/2 CUP	1	52	2	12	0.54	13.67	0.12	0.04	0.00
FRUIT: CANTALOUPE	1/2 CUP	1	27	13	6	*N/A*	6.5	*N/A*	*N/A*	*N/A*
FRUIT: FRT MIX:canned,In syrup	1/2 CUP	1	69	7	17	0.48	18.07	0.08	0.01	0.00
FRUIT: APPLESAUCE, UNSWEETENED	1/2 CUP	1	48	2	11	0.19	12.78	0.11	0.01	0.00
FRUIT: PEACHES, CANNED, LT SYR	1/2 CUP	1	68	6	*N/A*	0.55	18.26	0.04	0.00	0.00
FRUIT:PEARS canned,light syrup	1/2 CUP	1	72	6	15	0.24	19.04	0.04	0.00	0.00
FRUIT: MIXED BERRY CUP	1 CUP	1	90	0	16	0.0	20.0	0.0	0.00	0.00
FRUIT: PEACH CUP	1 CUP	1	80	0	16	1.0	19.0	0.0	0.00	0.00
FRUIT: STRAWBERRY CUP	1 CUP	1	90	0	18	1.0	22.0	0.0	0.00	0.00
FRUIT: RAISIN BOX	1 BOX	1	127	11	28	1.4	33.73	0.11	0.04	0.00
VEG: TOMATO, GRAPE	1/2 CUP	1	13	4	*N/A*	0.66	2.9	0.15	0.02	*N/A*
VEG: CARROTS, BABY, 1/2 CUP	1/2 CUP	1	25	42	2	*N/A*	5.0	*N/A*	*N/A*	*N/A*
VEG: CELERY STICKS	1/2 CUP	1	8	48	1	0.41	1.78	0.1	0.03	0.00
VEG: CUCUMBER,RAW	1/2 CUP	1	6	1	1	0.35	1.29	0.1	0.05	0.00
VEG: BROCCOLI,raw: fresh	1/2 CUP	1	15	15	1	1.28	3.02	0.17	0.05	0.00
PICKLES, 2 SLICES	1 EACH	1	2	113	0	0.07	0.34	0.04	0.01	0.00
VEG: SIDE SALAD	1 CUP	1	10	4	*0	0.68	1.98	0.16	0.02	*0.00
VEG: TACO HUMMUS	3 OZ CUP	1	120	180	3	6.0	18.0	3.0	0.00	0.00
Weighted Daily Average			847	*1638	*41	*36.85	*105.05	*31.06	*9.36	*0.03
% of Calories					*19.2%	*17.4%	*49.6%	*33.0%	*9.9%	*0.0%
Nutrient Guideline			750-850	1420					<10.00	

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 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
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Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 11/30/2021										
High School Lunch	Total	12								
CHICKEN, CRIS P BITES	5 PIECES	1	208	546	1	19.0	15.0	8.0	1.00	*N/A*
BRD: PARMESAN NOODLES, 4 OZ	1/2 CUP	1	225	480	*1	11.05	22.87	10.27	5.76	*0.00
VEG: BEAN, BAKED BUSHES	1/2 CUP	1	171	580	*13	7.14	34.29	1.51	*0.00	*0.00
BOSCO STICKS, PEPPERONI (2)	2 STICKS	1	520	1020	6	22.0	64.0	18.0	9.00	*N/A*
BRD: TORTILLA, 6 INCH (2 EACH)	2 EACH	1	180	220	2	4.0	30.0	5.0	2.00	0.00
BRD: CHIP, TORTILLA, EL SABROS	16 CHIPS	1	210	170	0	3.0	25.0	12.0	1.00	0.00
BRD: CORN CHIP, RF, WG, 1 CUP	2 OZ	1	407	495	*N/A*	5.82	58.18	17.45	2.91	*N/A*
BEEF TACO FILLING, JTM, 2 MMA	2.71	1	126	287	0	13.63	1.93	6.84	2.74	*N/A*
CHICKEN: SHREDD TINGA, COMIDA	2.54 OZ	1	120	380	1	17.0	4.0	4.5	1.00	0.00
CHEESE SAUCE, CHEDDAR, LOL	3 OZ	1	130	550	*N/A*	7.0	5.0	10.0	6.00	*N/A*
CHEESE SAUCE, QUESO BLANCO	2 OZ	1	119	420	*N/A*	7.11	2.03	9.14	5.08	*N/A*
CHEESE: CHEDDAR, SHREDDED, LOL	1/4 CUP	1	110	190	*N/A*	6.0	1.0	9.0	6.00	*N/A*
VEG: CORN/BLACK BEAN	1/2 CUP	1	76	119	*0	3.56	15.71	0.96	0.18	*0.00
VEG: SALSA, COMMODITY 1/2 CUP	1/2 cup	1	40	140	4	0.0	8.0	0.0	0.00	0.00
BRD: RICE, SPANISH 1/2 CUP	1/2 CUP	1	100	310	2	2.5	21.5	2.5	*N/A*	*N/A*
VEG: LETTUCE, SHREDDED	1 CUP	1	8	*N/A*	*N/A*	*N/A*	1.55	*N/A*	*N/A*	*N/A*
SOUR CREAM, LIGHT	1 OZ	1	38	33	2	0.95	2.86	2.38	1.43	*N/A*
JALAPENOS, SLICED	1.05 OZ	1	5	514	*N/A*	*N/A*	1.01	*N/A*	*N/A*	*N/A*
PIZZA, BIG DADDYS, PEPP, 16"	1 SLICE	1	410	580	7	20.0	43.0	18.0	7.00	*N/A*
PIZZA, BIG DADDY, CHEESE, 16"	1 SLICE	1	400	440	7	19.0	42.99	16.0	7.00	*N/A*
CORN DOG, STATE FAIR	4 OZ	1	280	660	9	9.0	31.0	13.0	3.50	0.00
CHICKEN: SMACKERS DARK MEAT	10 EACH	1	293	487	0	18.0	17.0	17.0	3.00	0.00
MOZZ STICKS, FARM RICH, 3 EACH	3 EACH	1	165	330	2	10.0	18.0	6.0	2.00	*N/A*
SDW: CLUX DELUXE	1 EACH	1	366	833	5	25.36	43.86	10.14	*1.00	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	420	657	5	20.36	44.86	17.14	*3.00	*N/A*
SDW: BACON CHEESEBURGER	1 EACH	1	398	832	*5	23.27	*28.86	20.77	*6.46	*N/A*
PBJ, GRAPEUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
PBJ, STRWBUNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	1	110	130	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	1	120	180	18	8.0	20.0	0.0	0.00	0.00
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 11/30/2021										
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
MAYONNAISE, PACKET, 12 grams	12 gram packe	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
SALAD, CEASAR	1 SALAD	1	497	1364	*4	42.12	35.43	18.54	*8.46	*0.00
SALAD, CRISPY CHICKEN	1 SALAD	1	443	1036	*3	27.78	51.18	13.87	*2.74	*0.00
SALAD, ITALIAN	1 SALAD	1	511	1457	*8	*24.88	*39.83	*27.7	*15.03	*0.00
SALAD, MEXICAN	1 SALAD	1	494	880	*2	24.38	47.47	24.27	8.27	*0.42
SALAD: BERRY, CHICKEN	1 SALAD	1	542	1019	*11	42.98	47.5	19.8	*11.29	*0.00
DRESSING, LT RANCH,MARZETTI	1.5 OZ PACK	1	60	220	4	1.0	9.0	2.5	0.00	0.00
DRESSING, FF 1000 KRAFT	1.5 OZ PACK	1	50	350	0	0.0	12.0	0.0	0.00	0.00
DRESSING, CEASAR, KRAFT	1.5 OZ PACK	1	160	450	2	2.0	3.0	16.0	3.00	0.00
DRESSING, FF FRENCH, KENS	1.5 OZ PACK	1	45	430	9	0.0	11.0	0.0	0.00	0.00
DRESSING, LT ITALIAN, MARZETTI	1.5 OZ PACK	1	15	720	2	0.0	2.0	1.0	0.00	0.00
DRESSING, RAS VIN, KENS	1.5 OZ PACK	1	50	115	10	0.0	12.0	0.0	0.00	0.00
SDW: SUB, TRKY, HAM, CHZ	1 SUB	1	298	918	*6	23.06	33.71	9.21	3.81	*0.00
CHIP: SUNCHIPS, HARVEST CHEDDA	1 OZ BAG	1	140	200	2	2.0	19.0	6.0	0.50	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	1 ORANGE,2 &5/8"	1	65	0	13	0.99	16.27	0.3	0.04	0.00
FRUIT: BANANA, SM, 1/2 CUP	6 inch banana	1	90	1	12	1.0	23.0	*N/A*	*N/A*	*N/A*
FRUIT: BLUEBERRIES, FROZEN	1/2 CUP	1	40	1	7	0.33	9.43	0.5	0.04	0.00
FRUIT: WATERMELON,CHUNKS	1/2 CUP	1	23	1	5	0.46	5.74	0.11	0.01	0.00
FRUIT: GRAPES,Fresh	1/2 CUP	1	52	2	12	0.54	13.67	0.12	0.04	0.00
FRUIT: CANTALOUPE	1/2 CUP	1	27	13	6	*N/A*	6.5	*N/A*	*N/A*	*N/A*
FRUIT: FRT MIX:canned,ln syrup	1/2 CUP	1	69	7	17	0.48	18.07	0.08	0.01	0.00
FRUIT: APPLESAUCE, UNSWEETENED	1/2 CUP	1	48	2	11	0.19	12.78	0.11	0.01	0.00
FRUIT: PEACHES, CANNED, LT SYR	1/2 CUP	1	68	6	*N/A*	0.55	18.26	0.04	0.00	0.00
FRUIT:PEARS canned,light syrup	1/2 CUP	1	72	6	15	0.24	19.04	0.04	0.00	0.00
FRUIT: MIXED BERRY CUP	1 CUP	1	90	0	16	0.0	20.0	0.0	0.00	0.00
FRUIT: PEACH CUP	1 CUP	1	80	0	16	1.0	19.0	0.0	0.00	0.00
FRUIT: STRAWBERRY CUP	1 CUP	1	90	0	18	1.0	22.0	0.0	0.00	0.00
FRUIT: RAISIN BOX	1 BOX	1	127	11	28	1.4	33.73	0.11	0.04	0.00
VEG: TOMATO, GRAPE	1/2 CUP	1	13	4	*N/A*	0.66	2.9	0.15	0.02	*N/A*
VEG: CARROTS, BABY, 1/2 CUP	1/2 CUP	1	25	42	2	*N/A*	5.0	*N/A*	*N/A*	*N/A*
VEG: CELERY STICKS	1/2 CUP	1	8	48	1	0.41	1.78	0.1	0.03	0.00
VEG: CUCUMBER,RAW	1/2 CUP	1	6	1	1	0.35	1.29	0.1	0.05	0.00
VEG: BROCCOLI.raw: fresh	1/2 CUP	1	15	15	1	1.28	3.02	0.17	0.05	0.00
PICKLES, 2 SLICES	1 EACH	1	2	113	0	0.07	0.34	0.04	0.01	0.00
VEG: SIDE SALAD	1 CUP	1	10	4	*0	0.68	1.98	0.16	0.02	*0.00
VEG: TACO HUMMUS	3 OZ CUP	1	120	180	3	6.0	18.0	3.0	0.00	0.00

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# Danville Community School Corporation

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			1020	*1997	*42	*45.40	*122.05	*39.44	*12.54	*0.03
% of Calories					*16.6%	*17.8%	*47.9%	*34.8%	*11.1%	*0.0%
Nutrient Guideline			750-850	1420					<10.00	

Weighted Average			928	*1850	*42	*40.37	*113.36	*34.95	*11.17	*0.04
					*40.5%	*17.4%	*48.9%	*33.9%	*10.8%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	928		750 - 850	109%			78	Correction Required - Calories too High
Sodium 1 (mg)	1850		1420		Missing		430	Correction Required - Sodium too High
Sodium 2 (mg)	1850		1080		Missing		770	Correction Required - Sodium too High
Sugars (g)	42	18.01%			Missing			
Protein (g)	40.37	17.40%			Missing			
Carbohydrate (g)	113.36	48.86%			Missing			
Total Fat (g)	34.95	33.89%			Missing			
Saturated Fat (g)	11.17	10.83%	<10.00%		Missing			Correction Required - Sat. Fat too High
Trans Fat <sup>1</sup> (g)	0.04	0.04%			Missing			

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