

Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

Page 1

Generated on: 12/20/2018 2:39:56 PM

Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
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**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

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Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/07/2019										
High School Breakfast	Total	3								
BRD: DUTCH WAFFLE	1 EACH	1	300	350	12	4.0	43.0	13.0	3.00	*N/A*
POWDERED SUGAR	TSP SIFTED	1	8	0	2	0.0	2.08	0.0	0.00	*N/A*
SDW: SAUSAGE CHEESE BISCUIT	1 EACH	1	303	780	*3	13.36	25.98	15.89	7.02	*N/A*
SDW: EGG CHEESE BAGEL	1 SANDWICH	1	390	790	3	18.5	37.0	19.5	*4.75	*N/A*
SDW: EGG/CHEESE BISCUIT	1 EACH	1	420	880	4	16.5	28.0	27.0	8.75	*N/A*
SDW: EGG/CHEESE ENG MUFFIN	1 EACH	1	350	670	3	17.5	27.0	20.0	*4.75	*N/A*
SDW: SAUS/CHEESE ENG MUFFIN	1 EACH	1	233	570	*2	14.36	24.98	8.89	*3.02	*N/A*
SDW: SAUS/EGG/CHEESE BIS	1 EACH	1	493	1090	*4	22.36	28.98	31.89	10.52	*N/A*
SDW: SAUS/EGG/CHEESE ENG MUFFI	1 EACH	1	423	880	*3	23.36	27.98	24.89	*6.52	*N/A*
FRENCH TOAST STICKS, BC, 4 EA	4 EACH	1	374	402	15	9.7	59.57	11.08	1.39	*N/A*
BRD: DONUT, HOLES, 6 EACH	6 EACH	1	279	299	7	4.99	29.92	14.96	6.98	*N/A*
TORNADO: SAUS/EGG/CHEESE	1 EA	1	176	280	*N/A*	5.0	21.0	8.0	2.00	*N/A*
GLAZE, POWDERED SUGAR	1 FL OZ	1	111	1	28	0.0	28.32	0.0	0.00	*0.00
BRD: LRG, CEREAL, FROSTED FLAK	2 OZ BOWL	1	220	270	21	3.0	51.0	0.0	0.00	0.00
BRD: LRG CEREAL, HONEY GRAHAM	1 BOWL	1	230	490	19	3.0	43.0	6.0	0.50	0.00
BRD: LRG CEREAL, HONEY NUT SCO	1 BOWL	1	200	400	18	4.0	46.0	2.0	*N/A*	*N/A*
BRD: CEREAL LRG, MARSH MATEYS	1 BOWL	1	210	380	23	4.0	47.0	2.0	0.00	0.00
BRD: POPTART, BLUE, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, FUDGE, TWIN PACK	1 TWIN PACK	1	359	389	33	4.98	75.74	5.98	1.99	*N/A*
BRD: POPTART, STRAWB, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, BRCINN, TWIN PAC	1 TWIN PACK	1	369	379	31	4.98	74.74	4.98	1.99	*N/A*
MUFFIN, OTIS, APPLE CIN, 2 OZ	2 OZ	1	190	130	16	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BANANA, 2 OZ	2 OZ	1	190	130	17	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BLUE, 4 OZ	4 OZ	1	380	260	32	6.0	60.0	12.0	4.00	*N/A*
MUFFIN, OTIS, CHOC, 4 OZ	4 OZ	1	380	260	34	8.0	64.0	12.0	4.00	*N/A*
CHEESE, STRING, IW, BONGARDS	1 OZ	1	80	200	*N/A*	6.0	1.0	6.0	3.50	*N/A*
YOGURT, 4 OZ, DANNON	4 OZ	1	80	60	15	4.0	15.0	*N/A*	*N/A*	*N/A*
BRD: BENEFIT BAR, OAT/CHOC CHI	1 BAR	1	290	240	22	5.0	47.0	9.0	3.00	*N/A*
BRD: DONUT, POWDERED	1 PACKAGE	1	310	260	19	4.0	45.0	13.0	6.00	*N/A*
BRD: DONUT, CHOCOLATE, MINI	1 PACKAGE	1	319	260	17	4.99	41.93	15.97	8.98	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SYRUP, PANCAKE, 1 GALLON	1 OZ	1	100	27	24	*N/A*	25.5	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/07/2019										
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, VANILLA, 8 OZ	8 OZ	1	130	170	22	8.0	24.0	*N/A*	*N/A*	*N/A*
Weighted Daily Average			3131	*4158	*211	*85.85	471.39	*102.50	*34.05	*0.00
% of Calories					*26.9%	*11.0%	60.2%	*29.5%	*9.8%	*0.0%
Nutrient Guideline			450-600	640					<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/08/2019										
High School Breakfast	Total	3								
EGG, OMELET, PAPERETTI'S	1 OMELET	1	210	499	1	11.98	3.0	16.98	5.99	*N/A*
BRD: BREAD, CIN TOAST, KLOSTER	1 SLICE	1	88	76	2	3.02	14.41	2.42	*0.09	*0.00
SDW: SAUSAGE CHEESE BISCUIT	1 EACH	1	303	780	*3	13.36	25.98	15.89	7.02	*N/A*
SDW: EGG CHEESE BAGEL	1 SANDWICH	1	390	790	3	18.5	37.0	19.5	*4.75	*N/A*
SDW: EGG/CHEESE BISCUIT	1 EACH	1	420	880	4	16.5	28.0	27.0	8.75	*N/A*
SDW: EGG/CHEESE ENG MUFFIN	1 EACH	1	350	670	3	17.5	27.0	20.0	*4.75	*N/A*
SDW: SAUS/CHEESE ENG MUFFIN	1 EACH	1	233	570	*2	14.36	24.98	8.89	*3.02	*N/A*
SDW: SAUS/EGG/CHEESE BIS	1 EACH	1	493	1090	*4	22.36	28.98	31.89	10.52	*N/A*
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FRENCH TOAST STICKS, BC, 4 EA	4 EACH	1	374	402	15	9.7	59.57	11.08	1.39	*N/A*
BRD: DONUT, HOLES, 6 EACH	6 EACH	1	279	299	7	4.99	29.92	14.96	6.98	*N/A*
TORNADO: SAUS/EGG/CHEESE	1 EA	1	176	280	*N/A*	5.0	21.0	8.0	2.00	*N/A*
GLAZE, POWDERED SUGAR	1 FL OZ	1	111	1	28	0.0	28.32	0.0	0.00	*0.00
BRD: LRG, CEREAL, FROSTED FLAK	2 OZ BOWL	1	220	270	21	3.0	51.0	0.0	0.00	0.00
BRD: LRG CEREAL, HONEY GRAHAM	1 BOWL	1	230	490	19	3.0	43.0	6.0	0.50	0.00
BRD: LRG CEREAL, HONEY NUT SCO	1 BOWL	1	200	400	18	4.0	46.0	2.0	*N/A*	*N/A*
BRD: CEREAL LRG, MARSH MATEYS	1 BOWL	1	210	380	23	4.0	47.0	2.0	0.00	0.00
BRD: POPTART, BLUE, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, FUDGE, TWIN PACK	1 TWIN PACK	1	359	389	33	4.98	75.74	5.98	1.99	*N/A*
BRD: POPTART, STRAWB, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, BRCINN, TWIN PAC	1 TWIN PACK	1	369	379	31	4.98	74.74	4.98	1.99	*N/A*
MUFFIN, OTIS, APPLE CIN, 2 OZ	2 OZ	1	190	130	16	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BANANA, 2 OZ	2 OZ	1	190	130	17	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BLUE, 4 OZ	4 OZ	1	380	260	32	6.0	60.0	12.0	4.00	*N/A*
MUFFIN, OTIS, CHOC, 4 OZ	4 OZ	1	380	260	34	8.0	64.0	12.0	4.00	*N/A*
CHEESE, STRING, IW, BONGARDS	1 OZ	1	80	200	*N/A*	6.0	1.0	6.0	3.50	*N/A*
YOGURT, 4 OZ, DANNON	4 OZ	1	80	60	15	4.0	15.0	*N/A*	*N/A*	*N/A*
BRD: BENEFIT BAR, OAT/CHOC CHI	1 BAR	1	290	240	22	5.0	47.0	9.0	3.00	*N/A*
BRD: DONUT, POWDERED	1 PACKAGE	1	310	260	19	4.0	45.0	13.0	6.00	*N/A*
BRD: DONUT, CHOCOLATE, MINI	1 PACKAGE	1	319	260	17	4.99	41.93	15.97	8.98	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SYRUP, PANCAKE, 1 GALLON	1 OZ	1	100	27	24	*N/A*	25.5	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00

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Tue - 01/08/2019										
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, VANILLA, 8 OZ	8 OZ	1	130	170	22	8.0	24.0	*N/A*	*N/A*	*N/A*
Weighted Daily Average			3127	*4233	*207	*89.52	462.17	*104.63	*35.08	*0.00
% of Calories					*26.4%	*11.5%	59.1%	*30.1%	*10.1%	*0.0%
Nutrient Guideline			450-600	640					<10.00	

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Wed - 01/09/2019										
High School Breakfast	Total	3								
BRD: CINN ROLL, PILLSBURY, 2.5	2.5 OZ	1	220	180	9	5.0	33.0	8.0	3.00	*N/A*
GLAZE,POWDERED SUGAR	1 FL OZ	1	111	1	28	0.0	28.32	0.0	0.00	*0.00
SDW: SAUSAGE CHEESE BISCUIT	1 EACH	1	303	780	*3	13.36	25.98	15.89	7.02	*N/A*
SDW: EGG CHEESE BAGEL	1 SANDWICH	1	390	790	3	18.5	37.0	19.5	*4.75	*N/A*
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SDW: EGG/CHEESE ENG MUFFIN	1 EACH	1	350	670	3	17.5	27.0	20.0	*4.75	*N/A*
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BRD: DONUT, HOLES, 6 EACH	6 EACH	1	279	299	7	4.99	29.92	14.96	6.98	*N/A*
TORNADO: SAUS/EGG/CHEESE	1 EA	1	176	280	*N/A*	5.0	21.0	8.0	2.00	*N/A*
GLAZE,POWDERED SUGAR	1 FL OZ	1	111	1	28	0.0	28.32	0.0	0.00	*0.00
BRD: LRG, CEREAL, FROSTED FLAK	2 OZ BOWL	1	220	270	21	3.0	51.0	0.0	0.00	0.00
BRD: LRG CEREAL, HONEY GRAHAM	1 BOWL	1	230	490	19	3.0	43.0	6.0	0.50	0.00
BRD: LRG CEREAL, HONEY NUT SCO	1 BOWL	1	200	400	18	4.0	46.0	2.0	*N/A*	*N/A*
BRD: CEREAL LRG, MARSH MATEYS	1 BOWL	1	210	380	23	4.0	47.0	2.0	0.00	0.00
BRD: POPTART, BLUE,TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, FUDGE, TWIN PACK	1 TWIN PACK	1	359	389	33	4.98	75.74	5.98	1.99	*N/A*
BRD: POPTART, STRAWB,TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, BRCINN, TWIN PAC	1 TWIN PACK	1	369	379	31	4.98	74.74	4.98	1.99	*N/A*
MUFFIN, OTIS, APPLE CIN, 2 OZ	2 OZ	1	190	130	16	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BANANA, 2 OZ	2 OZ	1	190	130	17	3.0	31.0	6.0	2.00	*N/A*
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CHEESE, STRING, IW, BONGARDS	1 OZ	1	80	200	*N/A*	6.0	1.0	6.0	3.50	*N/A*
YOGURT, 4 OZ, DANNON	4 OZ	1	80	60	15	4.0	15.0	*N/A*	*N/A*	*N/A*
BRD: BENEFIT BAR, OAT/CHOC CHI	1 BAR	1	290	240	22	5.0	47.0	9.0	3.00	*N/A*
BRD: DONUT, POWDERED	1 PACKAGE	1	310	260	19	4.0	45.0	13.0	6.00	*N/A*
BRD: DONUT, CHOCOLATE, MINI	1 PACKAGE	1	319	260	17	4.99	41.93	15.97	8.98	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SYRUP, PANCAKE, 1 GALLON	1 OZ	1	100	27	24	*N/A*	25.5	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/09/2019										
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, VANILLA, 8 OZ	8 OZ	1	130	170	22	8.0	24.0	*N/A*	*N/A*	*N/A*
Weighted Daily Average			3138	*4101	*218	*86.19	476.80	*100.83	*34.05	*0.00
% of Calories					*27.8%	*11.0%	60.8%	*28.9%	*9.8%	*0.0%
Nutrient Guideline			450-600	640					<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/10/2019										
High School Breakfast	Total	3								
CHICKEN: MAPLE BITES, 5 EA	5 EACH	1	147	205	*N/A*	8.08	8.08	8.71	2.21	0.00
BRD: WAFFLE, WG, 1 EACH	1 EACH	1	65	180	2	2.0	11.5	1.75	0.25	*N/A*
SDW: SAUSAGE CHEESE BISCUIT	1 EACH	1	303	780	*3	13.36	25.98	15.89	7.02	*N/A*
SDW: EGG CHEESE BAGEL	1 SANDWICH	1	390	790	3	18.5	37.0	19.5	*4.75	*N/A*
SDW: EGG/CHEESE BISCUIT	1 EACH	1	420	880	4	16.5	28.0	27.0	8.75	*N/A*
SDW: EGG/CHEESE ENG MUFFIN	1 EACH	1	350	670	3	17.5	27.0	20.0	*4.75	*N/A*
SDW: SAUS/CHEESE ENG MUFFIN	1 EACH	1	233	570	*2	14.36	24.98	8.89	*3.02	*N/A*
SDW: SAUS/EGG/CHEESE BIS	1 EACH	1	493	1090	*4	22.36	28.98	31.89	10.52	*N/A*
SDW: SAUS/EGG/CHEESE ENG MUFFI	1 EACH	1	423	880	*3	23.36	27.98	24.89	*6.52	*N/A*
FRENCH TOAST STICKS, BC, 4 EA	4 EACH	1	374	402	15	9.7	59.57	11.08	1.39	*N/A*
BRD: DONUT, HOLES, 6 EACH	6 EACH	1	279	299	7	4.99	29.92	14.96	6.98	*N/A*
TORNADO: SAUS/EGG/CHEESE	1 EA	1	176	280	*N/A*	5.0	21.0	8.0	2.00	*N/A*
GLAZE, POWDERED SUGAR	1 FL OZ	1	111	1	28	0.0	28.32	0.0	0.00	*0.00
BRD: LRG, CEREAL, FROSTED FLAK	2 OZ BOWL	1	220	270	21	3.0	51.0	0.0	0.00	0.00
BRD: LRG CEREAL, HONEY GRAHAM	1 BOWL	1	230	490	19	3.0	43.0	6.0	0.50	0.00
BRD: LRG CEREAL, HONEY NUT SCO	1 BOWL	1	200	400	18	4.0	46.0	2.0	*N/A*	*N/A*
BRD: CEREAL LRG, MARSH MATEYS	1 BOWL	1	210	380	23	4.0	47.0	2.0	0.00	0.00
BRD: POPTART, BLUE, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, FUDGE, TWIN PACK	1 TWIN PACK	1	359	389	33	4.98	75.74	5.98	1.99	*N/A*
BRD: POPTART, STRAWB, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, BRCINN, TWIN PAC	1 TWIN PACK	1	369	379	31	4.98	74.74	4.98	1.99	*N/A*
MUFFIN, OTIS, APPLE CIN, 2 OZ	2 OZ	1	190	130	16	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BANANA, 2 OZ	2 OZ	1	190	130	17	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BLUE, 4 OZ	4 OZ	1	380	260	32	6.0	60.0	12.0	4.00	*N/A*
MUFFIN, OTIS, CHOC, 4 OZ	4 OZ	1	380	260	34	8.0	64.0	12.0	4.00	*N/A*
CHEESE, STRING, IW, BONGARDS	1 OZ	1	80	200	*N/A*	6.0	1.0	6.0	3.50	*N/A*
YOGURT, 4 OZ, DANNON	4 OZ	1	80	60	15	4.0	15.0	*N/A*	*N/A*	*N/A*
BRD: BENEFIT BAR, OAT/CHOC CHI	1 BAR	1	290	240	22	5.0	47.0	9.0	3.00	*N/A*
BRD: DONUT, POWDERED	1 PACKAGE	1	310	260	19	4.0	45.0	13.0	6.00	*N/A*
BRD: DONUT, CHOCOLATE, MINI	1 PACKAGE	1	319	260	17	4.99	41.93	15.97	8.98	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SYRUP, PANCAKE, 1 GALLON	1 OZ	1	100	27	24	*N/A*	25.5	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/10/2019										
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, VANILLA, 8 OZ	8 OZ	1	130	170	22	8.0	24.0	*N/A*	*N/A*	*N/A*
Weighted Daily Average			3099	*4169	*207	*87.88	462.89	*101.65	*33.87	*0.00
% of Calories					*26.7%	*11.3%	59.8%	*29.5%	*9.8%	*0.0%
Nutrient Guideline			450-600	640					<10.00	

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 01/11/2019										
High School Breakfast	Total	3								
BRD: BISCUIT, PILLSBURY	2.25 OZ	1	190	660	3	4.0	27.0	7.0	4.00	*N/A*
GRAVY: SAUSAGE, WHITE	4 OZ	1	155	450	*N/A*	4.27	8.53	10.67	5.33	*N/A*
SDW: SAUSAGE CHEESE BISCUIT	1 EACH	1	303	780	*3	13.36	25.98	15.89	7.02	*N/A*
SDW: EGG CHEESE BAGEL	1 SANDWICH	1	390	790	3	18.5	37.0	19.5	*4.75	*N/A*
SDW: EGG/CHEESE BISCUIT	1 EACH	1	420	880	4	16.5	28.0	27.0	8.75	*N/A*
SDW: EGG/CHEESE ENG MUFFIN	1 EACH	1	350	670	3	17.5	27.0	20.0	*4.75	*N/A*
SDW: SAUS/CHEESE ENG MUFFIN	1 EACH	1	233	570	*2	14.36	24.98	8.89	*3.02	*N/A*
SDW: SAUS/EGG/CHEESE BIS	1 EACH	1	493	1090	*4	22.36	28.98	31.89	10.52	*N/A*
SDW: SAUS/EGG/CHEESE ENG MUFFI	1 EACH	1	423	880	*3	23.36	27.98	24.89	*6.52	*N/A*
FRENCH TOAST STICKS, BC, 4 EA	4 EACH	1	374	402	15	9.7	59.57	11.08	1.39	*N/A*
BRD: DONUT, HOLES, 6 EACH	6 EACH	1	279	299	7	4.99	29.92	14.96	6.98	*N/A*
TORNADO: SAUS/EGG/CHEESE	1 EA	1	176	280	*N/A*	5.0	21.0	8.0	2.00	*N/A*
GLAZE, POWDERED SUGAR	1 FL OZ	1	111	1	28	0.0	28.32	0.0	0.00	*0.00
BRD: LRG, CEREAL, FROSTED FLAK	2 OZ BOWL	1	220	270	21	3.0	51.0	0.0	0.00	0.00
BRD: LRG CEREAL, HONEY GRAHAM	1 BOWL	1	230	490	19	3.0	43.0	6.0	0.50	0.00
BRD: LRG CEREAL, HONEY NUT SCO	1 BOWL	1	200	400	18	4.0	46.0	2.0	*N/A*	*N/A*
BRD: CEREAL LRG, MARSH MATEYS	1 BOWL	1	210	380	23	4.0	47.0	2.0	0.00	0.00
BRD: POPTART, BLUE, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, FUDGE, TWIN PACK	1 TWIN PACK	1	359	389	33	4.98	75.74	5.98	1.99	*N/A*
BRD: POPTART, STRAWB, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, BRCINN, TWIN PAC	1 TWIN PACK	1	369	379	31	4.98	74.74	4.98	1.99	*N/A*
MUFFIN, OTIS, APPLE CIN, 2 OZ	2 OZ	1	190	130	16	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BANANA, 2 OZ	2 OZ	1	190	130	17	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BLUE, 4 OZ	4 OZ	1	380	260	32	6.0	60.0	12.0	4.00	*N/A*
MUFFIN, OTIS, CHOC, 4 OZ	4 OZ	1	380	260	34	8.0	64.0	12.0	4.00	*N/A*
CHEESE, STRING, IW, BONGARDS	1 OZ	1	80	200	*N/A*	6.0	1.0	6.0	3.50	*N/A*
YOGURT, 4 OZ, DANNON	4 OZ	1	80	60	15	4.0	15.0	*N/A*	*N/A*	*N/A*
BRD: BENEFIT BAR, OAT/CHOC CHI	1 BAR	1	290	240	22	5.0	47.0	9.0	3.00	*N/A*
BRD: DONUT, POWDERED	1 PACKAGE	1	310	260	19	4.0	45.0	13.0	6.00	*N/A*
BRD: DONUT, CHOCOLATE, MINI	1 PACKAGE	1	319	260	17	4.99	41.93	15.97	8.98	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SYRUP, PANCAKE, 1 GALLON	1 OZ	1	100	27	24	*N/A*	25.5	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 01/11/2019										
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, VANILLA, 8 OZ	8 OZ	1	130	170	22	8.0	24.0	*N/A*	*N/A*	*N/A*
Weighted Daily Average			3143	*4411	*207	*87.28	468.21	*104.05	*36.16	*0.00
% of Calories					*26.3%	*11.1%	59.6%	*29.8%	*10.4%	*0.0%
Nutrient Guideline			450-600	640					<10.00	

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/14/2019										
High School Breakfast	Total	3								
BRD: PANCAKE, EGG, CONFETTI	1 POUCH	1	220	300	11	4.0	36.0	7.0	1.00	0.00
SDW: SAUSAGE CHEESE BISCUIT	1 EACH	1	303	780	*3	13.36	25.98	15.89	7.02	*N/A*
SDW: EGG CHEESE BAGEL	1 SANDWICH	1	390	790	3	18.5	37.0	19.5	*4.75	*N/A*
SDW: EGG/CHEESE BISCUIT	1 EACH	1	420	880	4	16.5	28.0	27.0	8.75	*N/A*
SDW: EGG/CHEESE ENG MUFFIN	1 EACH	1	350	670	3	17.5	27.0	20.0	*4.75	*N/A*
SDW: SAUS/CHEESE ENG MUFFIN	1 EACH	1	233	570	*2	14.36	24.98	8.89	*3.02	*N/A*
SDW: SAUS/EGG/CHEESE BIS	1 EACH	1	493	1090	*4	22.36	28.98	31.89	10.52	*N/A*
SDW: SAUS/EGG/CHEESE ENG MUFFI	1 EACH	1	423	880	*3	23.36	27.98	24.89	*6.52	*N/A*
FRENCH TOAST STICKS, BC, 4 EA	4 EACH	1	374	402	15	9.7	59.57	11.08	1.39	*N/A*
BRD: DONUT, HOLES, 6 EACH	6 EACH	1	279	299	7	4.99	29.92	14.96	6.98	*N/A*
TORNADO: SAUS/EGG/CHEESE	1 EA	1	176	280	*N/A*	5.0	21.0	8.0	2.00	*N/A*
GLAZE, POWDERED SUGAR	1 FL OZ	1	111	1	28	0.0	28.32	0.0	0.00	*0.00
BRD: LRG, CEREAL, FROSTED FLAK	2 OZ BOWL	1	220	270	21	3.0	51.0	0.0	0.00	0.00
BRD: LRG CEREAL, HONEY GRAHAM	1 BOWL	1	230	490	19	3.0	43.0	6.0	0.50	0.00
BRD: LRG CEREAL, HONEY NUT SCO	1 BOWL	1	200	400	18	4.0	46.0	2.0	*N/A*	*N/A*
BRD: CEREAL LRG, MARSH MATEYS	1 BOWL	1	210	380	23	4.0	47.0	2.0	0.00	0.00
BRD: POPTART, BLUE, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, FUDGE, TWIN PACK	1 TWIN PACK	1	359	389	33	4.98	75.74	5.98	1.99	*N/A*
BRD: POPTART, STRAWB, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, BRCINN, TWIN PAC	1 TWIN PACK	1	369	379	31	4.98	74.74	4.98	1.99	*N/A*
MUFFIN, OTIS, APPLE CIN, 2 OZ	2 OZ	1	190	130	16	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BANANA, 2 OZ	2 OZ	1	190	130	17	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BLUE, 4 OZ	4 OZ	1	380	260	32	6.0	60.0	12.0	4.00	*N/A*
MUFFIN, OTIS, CHOC, 4 OZ	4 OZ	1	380	260	34	8.0	64.0	12.0	4.00	*N/A*
CHEESE, STRING, IW, BONGARDS	1 OZ	1	80	200	*N/A*	6.0	1.0	6.0	3.50	*N/A*
YOGURT, 4 OZ, DANNON	4 OZ	1	80	60	15	4.0	15.0	*N/A*	*N/A*	*N/A*
BRD: BENEFIT BAR, OAT/CHOC CHI	1 BAR	1	290	240	22	5.0	47.0	9.0	3.00	*N/A*
BRD: DONUT, POWDERED	1 PACKAGE	1	310	260	19	4.0	45.0	13.0	6.00	*N/A*
BRD: DONUT, CHOCOLATE, MINI	1 PACKAGE	1	319	260	17	4.99	41.93	15.97	8.98	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SYRUP, PANCAKE, 1 GALLON	1 OZ	1	100	27	24	*N/A*	25.5	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/14/2019										
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, VANILLA, 8 OZ	8 OZ	1	130	170	22	8.0	24.0	*N/A*	*N/A*	*N/A*
Weighted Daily Average % of Calories			3101	*4141	*210 *27.0%	*85.85 *11.1%	468.36 60.4%	*100.50 *29.2%	*33.38 *9.7%	*0.00 *0.0%
Nutrient Guideline			450-600	640					<10.00	

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/15/2019										
High School Breakfast	Total	3								
PANCAKES WRAP ON STICK	1 EACH	1	201	311	4	7.02	17.04	10.03	2.51	*N/A*
SDW: SAUSAGE CHEESE BISCUIT	1 EACH	1	303	780	*3	13.36	25.98	15.89	7.02	*N/A*
SDW: EGG CHEESE BAGEL	1 SANDWICH	1	390	790	3	18.5	37.0	19.5	*4.75	*N/A*
SDW: EGG/CHEESE BISCUIT	1 EACH	1	420	880	4	16.5	28.0	27.0	8.75	*N/A*
SDW: EGG/CHEESE ENG MUFFIN	1 EACH	1	350	670	3	17.5	27.0	20.0	*4.75	*N/A*
SDW: SAUS/CHEESE ENG MUFFIN	1 EACH	1	233	570	*2	14.36	24.98	8.89	*3.02	*N/A*
SDW: SAUS/EGG/CHEESE BIS	1 EACH	1	493	1090	*4	22.36	28.98	31.89	10.52	*N/A*
SDW: SAUS/EGG/CHEESE ENG MUFFI	1 EACH	1	423	880	*3	23.36	27.98	24.89	*6.52	*N/A*
FRENCH TOAST STICKS, BC, 4 EA	4 EACH	1	374	402	15	9.7	59.57	11.08	1.39	*N/A*
BRD: DONUT, HOLES, 6 EACH	6 EACH	1	279	299	7	4.99	29.92	14.96	6.98	*N/A*
TORNADO: SAUS/EGG/CHEESE	1 EA	1	176	280	*N/A*	5.0	21.0	8.0	2.00	*N/A*
GLAZE, POWDERED SUGAR	1 FL OZ	1	111	1	28	0.0	28.32	0.0	0.00	*0.00
BRD: LRG, CEREAL, FROSTED FLAK	2 OZ BOWL	1	220	270	21	3.0	51.0	0.0	0.00	0.00
BRD: LRG CEREAL, HONEY GRAHAM	1 BOWL	1	230	490	19	3.0	43.0	6.0	0.50	0.00
BRD: LRG CEREAL, HONEY NUT SCO	1 BOWL	1	200	400	18	4.0	46.0	2.0	*N/A*	*N/A*
BRD: CEREAL LRG, MARSH MATEYS	1 BOWL	1	210	380	23	4.0	47.0	2.0	0.00	0.00
BRD: POPTART, BLUE, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, FUDGE, TWIN PACK	1 TWIN PACK	1	359	389	33	4.98	75.74	5.98	1.99	*N/A*
BRD: POPTART, STRAWB, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, BRCINN, TWIN PAC	1 TWIN PACK	1	369	379	31	4.98	74.74	4.98	1.99	*N/A*
MUFFIN, OTIS, APPLE CIN, 2 OZ	2 OZ	1	190	130	16	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BANANA, 2 OZ	2 OZ	1	190	130	17	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BLUE, 4 OZ	4 OZ	1	380	260	32	6.0	60.0	12.0	4.00	*N/A*
MUFFIN, OTIS, CHOC, 4 OZ	4 OZ	1	380	260	34	8.0	64.0	12.0	4.00	*N/A*
CHEESE, STRING, IW, BONGARDS	1 OZ	1	80	200	*N/A*	6.0	1.0	6.0	3.50	*N/A*
YOGURT, 4 OZ, DANNON	4 OZ	1	80	60	15	4.0	15.0	*N/A*	*N/A*	*N/A*
BRD: BENEFIT BAR, OAT/CHOC CHI	1 BAR	1	290	240	22	5.0	47.0	9.0	3.00	*N/A*
BRD: DONUT, POWDERED	1 PACKAGE	1	310	260	19	4.0	45.0	13.0	6.00	*N/A*
BRD: DONUT, CHOCOLATE, MINI	1 PACKAGE	1	319	260	17	4.99	41.93	15.97	8.98	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SYRUP, PANCAKE, 1 GALLON	1 OZ	1	100	27	24	*N/A*	25.5	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/15/2019										
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, VANILLA, 8 OZ	8 OZ	1	130	170	22	8.0	24.0	*N/A*	*N/A*	*N/A*
Weighted Daily Average % of Calories			3095	*4144	*207 *26.8%	*86.86 *11.2%	462.05 59.7%	*101.51 *29.5%	*33.88 *9.9%	*0.00 *0.0%
Nutrient Guideline			450-600	640					<10.00	

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Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/16/2019										
High School Breakfast	Total	3								
EGG, OMELET, PAPETTI'S	1 OMELET	1	210	499	1	11.98	3.0	16.98	5.99	*N/A*
BRD: BREAD, CIN TOAST, KLOSTER	1 SLICE	1	88	76	2	3.02	14.41	2.42	*0.09	*0.00
SDW: SAUSAGE CHEESE BISCUIT	1 EACH	1	303	780	*3	13.36	25.98	15.89	7.02	*N/A*
SDW: EGG CHEESE BAGEL	1 SANDWICH	1	390	790	3	18.5	37.0	19.5	*4.75	*N/A*
SDW: EGG/CHEESE BISCUIT	1 EACH	1	420	880	4	16.5	28.0	27.0	8.75	*N/A*
SDW: EGG/CHEESE ENG MUFFIN	1 EACH	1	350	670	3	17.5	27.0	20.0	*4.75	*N/A*
SDW: SAUS/CHEESE ENG MUFFIN	1 EACH	1	233	570	*2	14.36	24.98	8.89	*3.02	*N/A*
SDW: SAUS/EGG/CHEESE BIS	1 EACH	1	493	1090	*4	22.36	28.98	31.89	10.52	*N/A*
SDW: SAUS/EGG/CHEESE ENG MUFFI	1 EACH	1	423	880	*3	23.36	27.98	24.89	*6.52	*N/A*
FRENCH TOAST STICKS, BC, 4 EA	4 EACH	1	374	402	15	9.7	59.57	11.08	1.39	*N/A*
BRD: DONUT, HOLES, 6 EACH	6 EACH	1	279	299	7	4.99	29.92	14.96	6.98	*N/A*
TORNADO: SAUS/EGG/CHEESE	1 EA	1	176	280	*N/A*	5.0	21.0	8.0	2.00	*N/A*
GLAZE, POWDERED SUGAR	1 FL OZ	1	111	1	28	0.0	28.32	0.0	0.00	*0.00
BRD: LRG, CEREAL, FROSTED FLAK	2 OZ BOWL	1	220	270	21	3.0	51.0	0.0	0.00	0.00
BRD: LRG CEREAL, HONEY GRAHAM	1 BOWL	1	230	490	19	3.0	43.0	6.0	0.50	0.00
BRD: LRG CEREAL, HONEY NUT SCO	1 BOWL	1	200	400	18	4.0	46.0	2.0	*N/A*	*N/A*
BRD: CEREAL LRG, MARSH MATEYS	1 BOWL	1	210	380	23	4.0	47.0	2.0	0.00	0.00
BRD: POPTART, BLUE, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, FUDGE, TWIN PACK	1 TWIN PACK	1	359	389	33	4.98	75.74	5.98	1.99	*N/A*
BRD: POPTART, STRAWB, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, BRCINN, TWIN PAC	1 TWIN PACK	1	369	379	31	4.98	74.74	4.98	1.99	*N/A*
MUFFIN, OTIS, APPLE CIN, 2 OZ	2 OZ	1	190	130	16	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BANANA, 2 OZ	2 OZ	1	190	130	17	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BLUE, 4 OZ	4 OZ	1	380	260	32	6.0	60.0	12.0	4.00	*N/A*
MUFFIN, OTIS, CHOC, 4 OZ	4 OZ	1	380	260	34	8.0	64.0	12.0	4.00	*N/A*
CHEESE, STRING, IW, BONGARDS	1 OZ	1	80	200	*N/A*	6.0	1.0	6.0	3.50	*N/A*
YOGURT, 4 OZ, DANNON	4 OZ	1	80	60	15	4.0	15.0	*N/A*	*N/A*	*N/A*
BRD: BENEFIT BAR, OAT/CHOC CHI	1 BAR	1	290	240	22	5.0	47.0	9.0	3.00	*N/A*
BRD: DONUT, POWDERED	1 PACKAGE	1	310	260	19	4.0	45.0	13.0	6.00	*N/A*
BRD: DONUT, CHOCOLATE, MINI	1 PACKAGE	1	319	260	17	4.99	41.93	15.97	8.98	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SYRUP, PANCAKE, 1 GALLON	1 OZ	1	100	27	24	*N/A*	25.5	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/16/2019										
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, VANILLA, 8 OZ	8 OZ	1	130	170	22	8.0	24.0	*N/A*	*N/A*	*N/A*
Weighted Daily Average			3127	*4233	*207	*89.52	462.17	*104.63	*35.08	*0.00
% of Calories					*26.4%	*11.5%	59.1%	*30.1%	*10.1%	*0.0%
Nutrient Guideline			450-600	640					<10.00	

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High School Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/17/2019										
High School Breakfast	Total	3								
BRD: WAFFLE, BELGIUM	1 EACH	1	290	160	18	4.0	37.0	14.0	6.00	0.00
SDW: SAUSAGE CHEESE BISCUIT	1 EACH	1	303	780	*3	13.36	25.98	15.89	7.02	*N/A*
SDW: EGG CHEESE BAGEL	1 SANDWICH	1	390	790	3	18.5	37.0	19.5	*4.75	*N/A*
SDW: EGG/CHEESE BISCUIT	1 EACH	1	420	880	4	16.5	28.0	27.0	8.75	*N/A*
SDW: EGG/CHEESE ENG MUFFIN	1 EACH	1	350	670	3	17.5	27.0	20.0	*4.75	*N/A*
SDW: SAUS/CHEESE ENG MUFFIN	1 EACH	1	233	570	*2	14.36	24.98	8.89	*3.02	*N/A*
SDW: SAUS/EGG/CHEESE BIS	1 EACH	1	493	1090	*4	22.36	28.98	31.89	10.52	*N/A*
SDW: SAUS/EGG/CHEESE ENG MUFFI	1 EACH	1	423	880	*3	23.36	27.98	24.89	*6.52	*N/A*
FRENCH TOAST STICKS, BC, 4 EA	4 EACH	1	374	402	15	9.7	59.57	11.08	1.39	*N/A*
BRD: DONUT, HOLES, 6 EACH	6 EACH	1	279	299	7	4.99	29.92	14.96	6.98	*N/A*
TORNADO: SAUS/EGG/CHEESE	1 EA	1	176	280	*N/A*	5.0	21.0	8.0	2.00	*N/A*
GLAZE, POWDERED SUGAR	1 FL OZ	1	111	1	28	0.0	28.32	0.0	0.00	*0.00
BRD: LRG, CEREAL, FROSTED FLAK	2 OZ BOWL	1	220	270	21	3.0	51.0	0.0	0.00	0.00
BRD: LRG CEREAL, HONEY GRAHAM	1 BOWL	1	230	490	19	3.0	43.0	6.0	0.50	0.00
BRD: LRG CEREAL, HONEY NUT SCO	1 BOWL	1	200	400	18	4.0	46.0	2.0	*N/A*	*N/A*
BRD: CEREAL LRG, MARSH MATEYS	1 BOWL	1	210	380	23	4.0	47.0	2.0	0.00	0.00
BRD: POPTART, BLUE, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, FUDGE, TWIN PACK	1 TWIN PACK	1	359	389	33	4.98	75.74	5.98	1.99	*N/A*
BRD: POPTART, STRAWB, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, BRCINN, TWIN PAC	1 TWIN PACK	1	369	379	31	4.98	74.74	4.98	1.99	*N/A*
MUFFIN, OTIS, APPLE CIN, 2 OZ	2 OZ	1	190	130	16	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BANANA, 2 OZ	2 OZ	1	190	130	17	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BLUE, 4 OZ	4 OZ	1	380	260	32	6.0	60.0	12.0	4.00	*N/A*
MUFFIN, OTIS, CHOC, 4 OZ	4 OZ	1	380	260	34	8.0	64.0	12.0	4.00	*N/A*
CHEESE, STRING, IW, BONGARDS	1 OZ	1	80	200	*N/A*	6.0	1.0	6.0	3.50	*N/A*
YOGURT, 4 OZ, DANNON	4 OZ	1	80	60	15	4.0	15.0	*N/A*	*N/A*	*N/A*
BRD: BENEFIT BAR, OAT/CHOC CHI	1 BAR	1	290	240	22	5.0	47.0	9.0	3.00	*N/A*
BRD: DONUT, POWDERED	1 PACKAGE	1	310	260	19	4.0	45.0	13.0	6.00	*N/A*
BRD: DONUT, CHOCOLATE, MINI	1 PACKAGE	1	319	260	17	4.99	41.93	15.97	8.98	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SYRUP, PANCAKE, 1 GALLON	1 OZ	1	100	27	24	*N/A*	25.5	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/17/2019										
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, VANILLA, 8 OZ	8 OZ	1	130	170	22	8.0	24.0	*N/A*	*N/A*	*N/A*
Weighted Daily Average % of Calories			3125	*4094	*212 *27.1%	*85.85 *11.0%	468.70 60.0%	*102.83 *29.6%	*35.05 *10.1%	*0.00 *0.0%
Nutrient Guideline			450-600	640					<10.00	

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 01/18/2019										
High School Breakfast	Total	3								
BRD: BISCUIT, PILLSBURY	2.25 OZ	1	190	660	3	4.0	27.0	7.0	4.00	*N/A*
GRAVY: SAUSAGE, WHITE	4 OZ	1	155	450	*N/A*	4.27	8.53	10.67	5.33	*N/A*
SDW: SAUSAGE CHEESE BISCUIT	1 EACH	1	303	780	*3	13.36	25.98	15.89	7.02	*N/A*
SDW: EGG CHEESE BAGEL	1 SANDWICH	1	390	790	3	18.5	37.0	19.5	*4.75	*N/A*
SDW: EGG/CHEESE BISCUIT	1 EACH	1	420	880	4	16.5	28.0	27.0	8.75	*N/A*
SDW: EGG/CHEESE ENG MUFFIN	1 EACH	1	350	670	3	17.5	27.0	20.0	*4.75	*N/A*
SDW: SAUS/CHEESE ENG MUFFIN	1 EACH	1	233	570	*2	14.36	24.98	8.89	*3.02	*N/A*
SDW: SAUS/EGG/CHEESE BIS	1 EACH	1	493	1090	*4	22.36	28.98	31.89	10.52	*N/A*
SDW: SAUS/EGG/CHEESE ENG MUFFI	1 EACH	1	423	880	*3	23.36	27.98	24.89	*6.52	*N/A*
FRENCH TOAST STICKS, BC, 4 EA	4 EACH	1	374	402	15	9.7	59.57	11.08	1.39	*N/A*
BRD: DONUT, HOLES, 6 EACH	6 EACH	1	279	299	7	4.99	29.92	14.96	6.98	*N/A*
TORNADO: SAUS/EGG/CHEESE	1 EA	1	176	280	*N/A*	5.0	21.0	8.0	2.00	*N/A*
GLAZE, POWDERED SUGAR	1 FL OZ	1	111	1	28	0.0	28.32	0.0	0.00	*0.00
BRD: LRG, CEREAL, FROSTED FLAK	2 OZ BOWL	1	220	270	21	3.0	51.0	0.0	0.00	0.00
BRD: LRG CEREAL, HONEY GRAHAM	1 BOWL	1	230	490	19	3.0	43.0	6.0	0.50	0.00
BRD: LRG CEREAL, HONEY NUT SCO	1 BOWL	1	200	400	18	4.0	46.0	2.0	*N/A*	*N/A*
BRD: CEREAL LRG, MARSH MATEYS	1 BOWL	1	210	380	23	4.0	47.0	2.0	0.00	0.00
BRD: POPTART, BLUE, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, FUDGE, TWIN PACK	1 TWIN PACK	1	359	389	33	4.98	75.74	5.98	1.99	*N/A*
BRD: POPTART, STRAWB, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, BRCINN, TWIN PAC	1 TWIN PACK	1	369	379	31	4.98	74.74	4.98	1.99	*N/A*
MUFFIN, OTIS, APPLE CIN, 2 OZ	2 OZ	1	190	130	16	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BANANA, 2 OZ	2 OZ	1	190	130	17	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BLUE, 4 OZ	4 OZ	1	380	260	32	6.0	60.0	12.0	4.00	*N/A*
MUFFIN, OTIS, CHOC, 4 OZ	4 OZ	1	380	260	34	8.0	64.0	12.0	4.00	*N/A*
CHEESE, STRING, IW, BONGARDS	1 OZ	1	80	200	*N/A*	6.0	1.0	6.0	3.50	*N/A*
YOGURT, 4 OZ, DANNON	4 OZ	1	80	60	15	4.0	15.0	*N/A*	*N/A*	*N/A*
BRD: BENEFIT BAR, OAT/CHOC CHI	1 BAR	1	290	240	22	5.0	47.0	9.0	3.00	*N/A*
BRD: DONUT, POWDERED	1 PACKAGE	1	310	260	19	4.0	45.0	13.0	6.00	*N/A*
BRD: DONUT, CHOCOLATE, MINI	1 PACKAGE	1	319	260	17	4.99	41.93	15.97	8.98	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SYRUP, PANCAKE, 1 GALLON	1 OZ	1	100	27	24	*N/A*	25.5	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 01/18/2019										
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, VANILLA, 8 OZ	8 OZ	1	130	170	22	8.0	24.0	*N/A*	*N/A*	*N/A*
Weighted Daily Average			3143	*4411	*207	*87.28	468.21	*104.05	*36.16	*0.00
% of Calories					*26.3%	*11.1%	59.6%	*29.8%	*10.4%	*0.0%
Nutrient Guideline			450-600	640					<10.00	

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/21/2019										
High School Breakfast	Total	3								
BRD: DUTCH WAFFLE	1 EACH	1	300	350	12	4.0	43.0	13.0	3.00	*N/A*
POWDERED SUGAR	TSP SIFTED	1	8	0	2	0.0	2.08	0.0	0.00	*N/A*
SDW: SAUSAGE CHEESE BISCUIT	1 EACH	1	303	780	*3	13.36	25.98	15.89	7.02	*N/A*
SDW: EGG CHEESE BAGEL	1 SANDWICH	1	390	790	3	18.5	37.0	19.5	*4.75	*N/A*
SDW: EGG/CHEESE BISCUIT	1 EACH	1	420	880	4	16.5	28.0	27.0	8.75	*N/A*
SDW: EGG/CHEESE ENG MUFFIN	1 EACH	1	350	670	3	17.5	27.0	20.0	*4.75	*N/A*
SDW: SAUS/CHEESE ENG MUFFIN	1 EACH	1	233	570	*2	14.36	24.98	8.89	*3.02	*N/A*
SDW: SAUS/EGG/CHEESE BIS	1 EACH	1	493	1090	*4	22.36	28.98	31.89	10.52	*N/A*
SDW: SAUS/EGG/CHEESE ENG MUFFI	1 EACH	1	423	880	*3	23.36	27.98	24.89	*6.52	*N/A*
FRENCH TOAST STICKS, BC, 4 EA	4 EACH	1	374	402	15	9.7	59.57	11.08	1.39	*N/A*
BRD: DONUT, HOLES, 6 EACH	6 EACH	1	279	299	7	4.99	29.92	14.96	6.98	*N/A*
TORNADO: SAUS/EGG/CHEESE	1 EA	1	176	280	*N/A*	5.0	21.0	8.0	2.00	*N/A*
GLAZE, POWDERED SUGAR	1 FL OZ	1	111	1	28	0.0	28.32	0.0	0.00	*0.00
BRD: LRG, CEREAL, FROSTED FLAK	2 OZ BOWL	1	220	270	21	3.0	51.0	0.0	0.00	0.00
BRD: LRG CEREAL, HONEY GRAHAM	1 BOWL	1	230	490	19	3.0	43.0	6.0	0.50	0.00
BRD: LRG CEREAL, HONEY NUT SCO	1 BOWL	1	200	400	18	4.0	46.0	2.0	*N/A*	*N/A*
BRD: CEREAL LRG, MARSH MATEYS	1 BOWL	1	210	380	23	4.0	47.0	2.0	0.00	0.00
BRD: POPTART, BLUE, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, FUDGE, TWIN PACK	1 TWIN PACK	1	359	389	33	4.98	75.74	5.98	1.99	*N/A*
BRD: POPTART, STRAWB, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, BRCINN, TWIN PAC	1 TWIN PACK	1	369	379	31	4.98	74.74	4.98	1.99	*N/A*
MUFFIN, OTIS, APPLE CIN, 2 OZ	2 OZ	1	190	130	16	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BANANA, 2 OZ	2 OZ	1	190	130	17	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BLUE, 4 OZ	4 OZ	1	380	260	32	6.0	60.0	12.0	4.00	*N/A*
MUFFIN, OTIS, CHOC, 4 OZ	4 OZ	1	380	260	34	8.0	64.0	12.0	4.00	*N/A*
CHEESE, STRING, IW, BONGARDS	1 OZ	1	80	200	*N/A*	6.0	1.0	6.0	3.50	*N/A*
YOGURT, 4 OZ, DANNON	4 OZ	1	80	60	15	4.0	15.0	*N/A*	*N/A*	*N/A*
BRD: BENEFIT BAR, OAT/CHOC CHI	1 BAR	1	290	240	22	5.0	47.0	9.0	3.00	*N/A*
BRD: DONUT, POWDERED	1 PACKAGE	1	310	260	19	4.0	45.0	13.0	6.00	*N/A*
BRD: DONUT, CHOCOLATE, MINI	1 PACKAGE	1	319	260	17	4.99	41.93	15.97	8.98	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SYRUP, PANCAKE, 1 GALLON	1 OZ	1	100	27	24	*N/A*	25.5	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/21/2019										
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, VANILLA, 8 OZ	8 OZ	1	130	170	22	8.0	24.0	*N/A*	*N/A*	*N/A*
Weighted Daily Average			3131	*4158	*211	*85.85	471.39	*102.50	*34.05	*0.00
% of Calories					*26.9%	*11.0%	60.2%	*29.5%	*9.8%	*0.0%
Nutrient Guideline			450-600	640					<10.00	

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

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High School Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/22/2019										
High School Breakfast	Total	3								
BRD: TOAST, APPLE CIN	1 SLICE	1	260	300	17	8.0	45.0	6.0	1.00	*N/A*
SDW: SAUSAGE CHEESE BISCUIT	1 EACH	1	303	780	*3	13.36	25.98	15.89	7.02	*N/A*
SDW: EGG CHEESE BAGEL	1 SANDWICH	1	390	790	3	18.5	37.0	19.5	*4.75	*N/A*
SDW: EGG/CHEESE BISCUIT	1 EACH	1	420	880	4	16.5	28.0	27.0	8.75	*N/A*
SDW: EGG/CHEESE ENG MUFFIN	1 EACH	1	350	670	3	17.5	27.0	20.0	*4.75	*N/A*
SDW: SAUS/CHEESE ENG MUFFIN	1 EACH	1	233	570	*2	14.36	24.98	8.89	*3.02	*N/A*
SDW: SAUS/EGG/CHEESE BIS	1 EACH	1	493	1090	*4	22.36	28.98	31.89	10.52	*N/A*
SDW: SAUS/EGG/CHEESE ENG MUFFI	1 EACH	1	423	880	*3	23.36	27.98	24.89	*6.52	*N/A*
FRENCH TOAST STICKS, BC, 4 EA	4 EACH	1	374	402	15	9.7	59.57	11.08	1.39	*N/A*
BRD: DONUT, HOLES, 6 EACH	6 EACH	1	279	299	7	4.99	29.92	14.96	6.98	*N/A*
TORNADO: SAUS/EGG/CHEESE	1 EA	1	176	280	*N/A*	5.0	21.0	8.0	2.00	*N/A*
GLAZE, POWDERED SUGAR	1 FL OZ	1	111	1	28	0.0	28.32	0.0	0.00	*0.00
BRD: LRG, CEREAL, FROSTED FLAK	2 OZ BOWL	1	220	270	21	3.0	51.0	0.0	0.00	0.00
BRD: LRG CEREAL, HONEY GRAHAM	1 BOWL	1	230	490	19	3.0	43.0	6.0	0.50	0.00
BRD: LRG CEREAL, HONEY NUT SCO	1 BOWL	1	200	400	18	4.0	46.0	2.0	*N/A*	*N/A*
BRD: CEREAL LRG, MARSH MATEYS	1 BOWL	1	210	380	23	4.0	47.0	2.0	0.00	0.00
BRD: POPTART, BLUE, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, FUDGE, TWIN PACK	1 TWIN PACK	1	359	389	33	4.98	75.74	5.98	1.99	*N/A*
BRD: POPTART, STRAWB, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, BRCINN, TWIN PAC	1 TWIN PACK	1	369	379	31	4.98	74.74	4.98	1.99	*N/A*
MUFFIN, OTIS, APPLE CIN, 2 OZ	2 OZ	1	190	130	16	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BANANA, 2 OZ	2 OZ	1	190	130	17	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BLUE, 4 OZ	4 OZ	1	380	260	32	6.0	60.0	12.0	4.00	*N/A*
MUFFIN, OTIS, CHOC, 4 OZ	4 OZ	1	380	260	34	8.0	64.0	12.0	4.00	*N/A*
CHEESE, STRING, IW, BONGARDS	1 OZ	1	80	200	*N/A*	6.0	1.0	6.0	3.50	*N/A*
YOGURT, 4 OZ, DANNON	4 OZ	1	80	60	15	4.0	15.0	*N/A*	*N/A*	*N/A*
BRD: BENEFIT BAR, OAT/CHOC CHI	1 BAR	1	290	240	22	5.0	47.0	9.0	3.00	*N/A*
BRD: DONUT, POWDERED	1 PACKAGE	1	310	260	19	4.0	45.0	13.0	6.00	*N/A*
BRD: DONUT, CHOCOLATE, MINI	1 PACKAGE	1	319	260	17	4.99	41.93	15.97	8.98	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SYRUP, PANCAKE, 1 GALLON	1 OZ	1	100	27	24	*N/A*	25.5	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/22/2019										
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, VANILLA, 8 OZ	8 OZ	1	130	170	22	8.0	24.0	*N/A*	*N/A*	*N/A*
Weighted Daily Average % of Calories			3115	*4141	*212 *27.2%	*87.19 *11.2%	471.36 60.5%	*100.16 *28.9%	*33.38 *9.6%	*0.00 *0.0%
Nutrient Guideline			450-600	640					<10.00	

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/23/2019										
High School Breakfast	Total	3								
BRD: CINN ROLL, PILLSBURY, 2.5	2.5 OZ	1	220	180	9	5.0	33.0	8.0	3.00	*N/A*
GLAZE, POWDERED SUGAR	1 FL OZ	1	111	1	28	0.0	28.32	0.0	0.00	*0.00
SDW: SAUSAGE CHEESE BISCUIT	1 EACH	1	303	780	*3	13.36	25.98	15.89	7.02	*N/A*
SDW: EGG CHEESE BAGEL	1 SANDWICH	1	390	790	3	18.5	37.0	19.5	*4.75	*N/A*
SDW: EGG/CHEESE BISCUIT	1 EACH	1	420	880	4	16.5	28.0	27.0	8.75	*N/A*
SDW: EGG/CHEESE ENG MUFFIN	1 EACH	1	350	670	3	17.5	27.0	20.0	*4.75	*N/A*
SDW: SAUS/CHEESE ENG MUFFIN	1 EACH	1	233	570	*2	14.36	24.98	8.89	*3.02	*N/A*
SDW: SAUS/EGG/CHEESE BIS	1 EACH	1	493	1090	*4	22.36	28.98	31.89	10.52	*N/A*
SDW: SAUS/EGG/CHEESE ENG MUFFI	1 EACH	1	423	880	*3	23.36	27.98	24.89	*6.52	*N/A*
FRENCH TOAST STICKS, BC, 4 EA	4 EACH	1	374	402	15	9.7	59.57	11.08	1.39	*N/A*
BRD: DONUT, HOLES, 6 EACH	6 EACH	1	279	299	7	4.99	29.92	14.96	6.98	*N/A*
TORNADO: SAUS/EGG/CHEESE	1 EA	1	176	280	*N/A*	5.0	21.0	8.0	2.00	*N/A*
GLAZE, POWDERED SUGAR	1 FL OZ	1	111	1	28	0.0	28.32	0.0	0.00	*0.00
BRD: LRG, CEREAL, FROSTED FLAK	2 OZ BOWL	1	220	270	21	3.0	51.0	0.0	0.00	0.00
BRD: LRG CEREAL, HONEY GRAHAM	1 BOWL	1	230	490	19	3.0	43.0	6.0	0.50	0.00
BRD: LRG CEREAL, HONEY NUT SCO	1 BOWL	1	200	400	18	4.0	46.0	2.0	*N/A*	*N/A*
BRD: CEREAL LRG, MARSH MATEYS	1 BOWL	1	210	380	23	4.0	47.0	2.0	0.00	0.00
BRD: POPTART, BLUE, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, FUDGE, TWIN PACK	1 TWIN PACK	1	359	389	33	4.98	75.74	5.98	1.99	*N/A*
BRD: POPTART, STRAWB, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, BRCINN, TWIN PAC	1 TWIN PACK	1	369	379	31	4.98	74.74	4.98	1.99	*N/A*
MUFFIN, OTIS, APPLE CIN, 2 OZ	2 OZ	1	190	130	16	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BANANA, 2 OZ	2 OZ	1	190	130	17	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BLUE, 4 OZ	4 OZ	1	380	260	32	6.0	60.0	12.0	4.00	*N/A*
MUFFIN, OTIS, CHOC, 4 OZ	4 OZ	1	380	260	34	8.0	64.0	12.0	4.00	*N/A*
CHEESE, STRING, IW, BONGARDS	1 OZ	1	80	200	*N/A*	6.0	1.0	6.0	3.50	*N/A*
YOGURT, 4 OZ, DANNON	4 OZ	1	80	60	15	4.0	15.0	*N/A*	*N/A*	*N/A*
BRD: BENEFIT BAR, OAT/CHOC CHI	1 BAR	1	290	240	22	5.0	47.0	9.0	3.00	*N/A*
BRD: DONUT, POWDERED	1 PACKAGE	1	310	260	19	4.0	45.0	13.0	6.00	*N/A*
BRD: DONUT, CHOCOLATE, MINI	1 PACKAGE	1	319	260	17	4.99	41.93	15.97	8.98	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SYRUP, PANCAKE, 1 GALLON	1 OZ	1	100	27	24	*N/A*	25.5	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/23/2019										
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, VANILLA, 8 OZ	8 OZ	1	130	170	22	8.0	24.0	*N/A*	*N/A*	*N/A*
Weighted Daily Average			3138	*4101	*218	*86.19	476.80	*100.83	*34.05	*0.00
% of Calories					*27.8%	*11.0%	60.8%	*28.9%	*9.8%	*0.0%
Nutrient Guideline			450-600	640					<10.00	

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

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High School Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/24/2019										
High School Breakfast	Total	3								
BRD: DUTCH WAFFLE	1 EACH	1	300	350	12	4.0	43.0	13.0	3.00	*N/A*
SDW: SAUSAGE CHEESE BISCUIT	1 EACH	1	303	780	*3	13.36	25.98	15.89	7.02	*N/A*
SDW: EGG CHEESE BAGEL	1 SANDWICH	1	390	790	3	18.5	37.0	19.5	*4.75	*N/A*
SDW: EGG/CHEESE BISCUIT	1 EACH	1	420	880	4	16.5	28.0	27.0	8.75	*N/A*
SDW: EGG/CHEESE ENG MUFFIN	1 EACH	1	350	670	3	17.5	27.0	20.0	*4.75	*N/A*
SDW: SAUS/CHEESE ENG MUFFIN	1 EACH	1	233	570	*2	14.36	24.98	8.89	*3.02	*N/A*
SDW: SAUS/EGG/CHEESE BIS	1 EACH	1	493	1090	*4	22.36	28.98	31.89	10.52	*N/A*
SDW: SAUS/EGG/CHEESE ENG MUFFI	1 EACH	1	423	880	*3	23.36	27.98	24.89	*6.52	*N/A*
FRENCH TOAST STICKS, BC, 4 EA	4 EACH	1	374	402	15	9.7	59.57	11.08	1.39	*N/A*
BRD: DONUT, HOLES, 6 EACH	6 EACH	1	279	299	7	4.99	29.92	14.96	6.98	*N/A*
TORNADO: SAUS/EGG/CHEESE	1 EA	1	176	280	*N/A*	5.0	21.0	8.0	2.00	*N/A*
GLAZE, POWDERED SUGAR	1 FL OZ	1	111	1	28	0.0	28.32	0.0	0.00	*0.00
BRD: LRG, CEREAL, FROSTED FLAK	2 OZ BOWL	1	220	270	21	3.0	51.0	0.0	0.00	0.00
BRD: LRG CEREAL, HONEY GRAHAM	1 BOWL	1	230	490	19	3.0	43.0	6.0	0.50	0.00
BRD: LRG CEREAL, HONEY NUT SCO	1 BOWL	1	200	400	18	4.0	46.0	2.0	*N/A*	*N/A*
BRD: CEREAL LRG, MARSH MATEYS	1 BOWL	1	210	380	23	4.0	47.0	2.0	0.00	0.00
BRD: POPTART, BLUE, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, FUDGE, TWIN PACK	1 TWIN PACK	1	359	389	33	4.98	75.74	5.98	1.99	*N/A*
BRD: POPTART, STRAWB, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, BRCINN, TWIN PAC	1 TWIN PACK	1	369	379	31	4.98	74.74	4.98	1.99	*N/A*
MUFFIN, OTIS, APPLE CIN, 2 OZ	2 OZ	1	190	130	16	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BANANA, 2 OZ	2 OZ	1	190	130	17	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BLUE, 4 OZ	4 OZ	1	380	260	32	6.0	60.0	12.0	4.00	*N/A*
MUFFIN, OTIS, CHOC, 4 OZ	4 OZ	1	380	260	34	8.0	64.0	12.0	4.00	*N/A*
CHEESE, STRING, IW, BONGARDS	1 OZ	1	80	200	*N/A*	6.0	1.0	6.0	3.50	*N/A*
YOGURT, 4 OZ, DANNON	4 OZ	1	80	60	15	4.0	15.0	*N/A*	*N/A*	*N/A*
BRD: BENEFIT BAR, OAT/CHOC CHI	1 BAR	1	290	240	22	5.0	47.0	9.0	3.00	*N/A*
BRD: DONUT, POWDERED	1 PACKAGE	1	310	260	19	4.0	45.0	13.0	6.00	*N/A*
BRD: DONUT, CHOCOLATE, MINI	1 PACKAGE	1	319	260	17	4.99	41.93	15.97	8.98	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SYRUP, PANCAKE, 1 GALLON	1 OZ	1	100	27	24	*N/A*	25.5	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/24/2019										
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, VANILLA, 8 OZ	8 OZ	1	130	170	22	8.0	24.0	*N/A*	*N/A*	*N/A*
Weighted Daily Average % of Calories			3128	*4158	*210 *26.8%	*85.85 *11.0%	470.70 60.2%	*102.50 *29.5%	*34.05 *9.8%	*0.00 *0.0%
Nutrient Guideline			450-600	640					<10.00	

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Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 01/25/2019										
High School Breakfast	Total	3								
BRD: BISCUIT, PILLSBURY	2.25 OZ	1	190	660	3	4.0	27.0	7.0	4.00	*N/A*
GRAVY: SAUSAGE, WHITE	4 OZ	1	155	450	*N/A*	4.27	8.53	10.67	5.33	*N/A*
SDW: SAUSAGE CHEESE BISCUIT	1 EACH	1	303	780	*3	13.36	25.98	15.89	7.02	*N/A*
SDW: EGG CHEESE BAGEL	1 SANDWICH	1	390	790	3	18.5	37.0	19.5	*4.75	*N/A*
SDW: EGG/CHEESE BISCUIT	1 EACH	1	420	880	4	16.5	28.0	27.0	8.75	*N/A*
SDW: EGG/CHEESE ENG MUFFIN	1 EACH	1	350	670	3	17.5	27.0	20.0	*4.75	*N/A*
SDW: SAUS/CHEESE ENG MUFFIN	1 EACH	1	233	570	*2	14.36	24.98	8.89	*3.02	*N/A*
SDW: SAUS/EGG/CHEESE BIS	1 EACH	1	493	1090	*4	22.36	28.98	31.89	10.52	*N/A*
SDW: SAUS/EGG/CHEESE ENG MUFFI	1 EACH	1	423	880	*3	23.36	27.98	24.89	*6.52	*N/A*
FRENCH TOAST STICKS, BC, 4 EA	4 EACH	1	374	402	15	9.7	59.57	11.08	1.39	*N/A*
BRD: DONUT, HOLES, 6 EACH	6 EACH	1	279	299	7	4.99	29.92	14.96	6.98	*N/A*
TORNADO: SAUS/EGG/CHEESE	1 EA	1	176	280	*N/A*	5.0	21.0	8.0	2.00	*N/A*
GLAZE, POWDERED SUGAR	1 FL OZ	1	111	1	28	0.0	28.32	0.0	0.00	*0.00
BRD: LRG, CEREAL, FROSTED FLAK	2 OZ BOWL	1	220	270	21	3.0	51.0	0.0	0.00	0.00
BRD: LRG CEREAL, HONEY GRAHAM	1 BOWL	1	230	490	19	3.0	43.0	6.0	0.50	0.00
BRD: LRG CEREAL, HONEY NUT SCO	1 BOWL	1	200	400	18	4.0	46.0	2.0	*N/A*	*N/A*
BRD: CEREAL LRG, MARSH MATEYS	1 BOWL	1	210	380	23	4.0	47.0	2.0	0.00	0.00
BRD: POPTART, BLUE, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, FUDGE, TWIN PACK	1 TWIN PACK	1	359	389	33	4.98	75.74	5.98	1.99	*N/A*
BRD: POPTART, STRAWB, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, BRCINN, TWIN PAC	1 TWIN PACK	1	369	379	31	4.98	74.74	4.98	1.99	*N/A*
MUFFIN, OTIS, APPLE CIN, 2 OZ	2 OZ	1	190	130	16	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BANANA, 2 OZ	2 OZ	1	190	130	17	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BLUE, 4 OZ	4 OZ	1	380	260	32	6.0	60.0	12.0	4.00	*N/A*
MUFFIN, OTIS, CHOC, 4 OZ	4 OZ	1	380	260	34	8.0	64.0	12.0	4.00	*N/A*
CHEESE, STRING, IW, BONGARDS	1 OZ	1	80	200	*N/A*	6.0	1.0	6.0	3.50	*N/A*
YOGURT, 4 OZ, DANNON	4 OZ	1	80	60	15	4.0	15.0	*N/A*	*N/A*	*N/A*
BRD: BENEFIT BAR, OAT/CHOC CHI	1 BAR	1	290	240	22	5.0	47.0	9.0	3.00	*N/A*
BRD: DONUT, POWDERED	1 PACKAGE	1	310	260	19	4.0	45.0	13.0	6.00	*N/A*
BRD: DONUT, CHOCOLATE, MINI	1 PACKAGE	1	319	260	17	4.99	41.93	15.97	8.98	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SYRUP, PANCAKE, 1 GALLON	1 OZ	1	100	27	24	*N/A*	25.5	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 01/25/2019										
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, VANILLA, 8 OZ	8 OZ	1	130	170	22	8.0	24.0	*N/A*	*N/A*	*N/A*
Weighted Daily Average			3143	*4411	*207	*87.28	468.21	*104.05	*36.16	*0.00
% of Calories					*26.3%	*11.1%	59.6%	*29.8%	*10.4%	*0.0%
Nutrient Guideline			450-600	640					<10.00	

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/28/2019										
High School Breakfast	Total	3								
BRD: WAFFLE, BELGIUM	1 EACH	1	290	160	18	4.0	37.0	14.0	6.00	0.00
SDW: SAUSAGE CHEESE BISCUIT	1 EACH	1	303	780	*3	13.36	25.98	15.89	7.02	*N/A*
SDW: EGG CHEESE BAGEL	1 SANDWICH	1	390	790	3	18.5	37.0	19.5	*4.75	*N/A*
SDW: EGG/CHEESE BISCUIT	1 EACH	1	420	880	4	16.5	28.0	27.0	8.75	*N/A*
SDW: EGG/CHEESE ENG MUFFIN	1 EACH	1	350	670	3	17.5	27.0	20.0	*4.75	*N/A*
SDW: SAUS/CHEESE ENG MUFFIN	1 EACH	1	233	570	*2	14.36	24.98	8.89	*3.02	*N/A*
SDW: SAUS/EGG/CHEESE BIS	1 EACH	1	493	1090	*4	22.36	28.98	31.89	10.52	*N/A*
SDW: SAUS/EGG/CHEESE ENG MUFFI	1 EACH	1	423	880	*3	23.36	27.98	24.89	*6.52	*N/A*
FRENCH TOAST STICKS, BC, 4 EA	4 EACH	1	374	402	15	9.7	59.57	11.08	1.39	*N/A*
BRD: DONUT, HOLES, 6 EACH	6 EACH	1	279	299	7	4.99	29.92	14.96	6.98	*N/A*
TORNADO: SAUS/EGG/CHEESE	1 EA	1	176	280	*N/A*	5.0	21.0	8.0	2.00	*N/A*
GLAZE, POWDERED SUGAR	1 FL OZ	1	111	1	28	0.0	28.32	0.0	0.00	*0.00
BRD: LRG, CEREAL, FROSTED FLAK	2 OZ BOWL	1	220	270	21	3.0	51.0	0.0	0.00	0.00
BRD: LRG CEREAL, HONEY GRAHAM	1 BOWL	1	230	490	19	3.0	43.0	6.0	0.50	0.00
BRD: LRG CEREAL, HONEY NUT SCO	1 BOWL	1	200	400	18	4.0	46.0	2.0	*N/A*	*N/A*
BRD: CEREAL LRG, MARSH MATEYS	1 BOWL	1	210	380	23	4.0	47.0	2.0	0.00	0.00
BRD: POPTART, BLUE, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, FUDGE, TWIN PACK	1 TWIN PACK	1	359	389	33	4.98	75.74	5.98	1.99	*N/A*
BRD: POPTART, STRAWB, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, BRCINN, TWIN PAC	1 TWIN PACK	1	369	379	31	4.98	74.74	4.98	1.99	*N/A*
MUFFIN, OTIS, APPLE CIN, 2 OZ	2 OZ	1	190	130	16	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BANANA, 2 OZ	2 OZ	1	190	130	17	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BLUE, 4 OZ	4 OZ	1	380	260	32	6.0	60.0	12.0	4.00	*N/A*
MUFFIN, OTIS, CHOC, 4 OZ	4 OZ	1	380	260	34	8.0	64.0	12.0	4.00	*N/A*
CHEESE, STRING, IW, BONGARDS	1 OZ	1	80	200	*N/A*	6.0	1.0	6.0	3.50	*N/A*
YOGURT, 4 OZ, DANNON	4 OZ	1	80	60	15	4.0	15.0	*N/A*	*N/A*	*N/A*
BRD: BENEFIT BAR, OAT/CHOC CHI	1 BAR	1	290	240	22	5.0	47.0	9.0	3.00	*N/A*
BRD: DONUT, POWDERED	1 PACKAGE	1	310	260	19	4.0	45.0	13.0	6.00	*N/A*
BRD: DONUT, CHOCOLATE, MINI	1 PACKAGE	1	319	260	17	4.99	41.93	15.97	8.98	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SYRUP, PANCAKE, 1 GALLON	1 OZ	1	100	27	24	*N/A*	25.5	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/28/2019										
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, VANILLA, 8 OZ	8 OZ	1	130	170	22	8.0	24.0	*N/A*	*N/A*	*N/A*
Weighted Daily Average % of Calories			3125	*4094	*212 *27.1%	*85.85 *11.0%	468.70 60.0%	*102.83 *29.6%	*35.05 *10.1%	*0.00 *0.0%
Nutrient Guideline			450-600	640					<10.00	

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/29/2019										
High School Breakfast	Total	3								
PANCAKES WRAP ON STICK	1 EACH	1	201	311	4	7.02	17.04	10.03	2.51	*N/A*
SDW: SAUSAGE CHEESE BISCUIT	1 EACH	1	303	780	*3	13.36	25.98	15.89	7.02	*N/A*
SDW: EGG CHEESE BAGEL	1 SANDWICH	1	390	790	3	18.5	37.0	19.5	*4.75	*N/A*
SDW: EGG/CHEESE BISCUIT	1 EACH	1	420	880	4	16.5	28.0	27.0	8.75	*N/A*
SDW: EGG/CHEESE ENG MUFFIN	1 EACH	1	350	670	3	17.5	27.0	20.0	*4.75	*N/A*
SDW: SAUS/CHEESE ENG MUFFIN	1 EACH	1	233	570	*2	14.36	24.98	8.89	*3.02	*N/A*
SDW: SAUS/EGG/CHEESE BIS	1 EACH	1	493	1090	*4	22.36	28.98	31.89	10.52	*N/A*
SDW: SAUS/EGG/CHEESE ENG MUFFI	1 EACH	1	423	880	*3	23.36	27.98	24.89	*6.52	*N/A*
FRENCH TOAST STICKS, BC, 4 EA	4 EACH	1	374	402	15	9.7	59.57	11.08	1.39	*N/A*
BRD: DONUT, HOLES, 6 EACH	6 EACH	1	279	299	7	4.99	29.92	14.96	6.98	*N/A*
TORNADO: SAUS/EGG/CHEESE	1 EA	1	176	280	*N/A*	5.0	21.0	8.0	2.00	*N/A*
GLAZE, POWDERED SUGAR	1 FL OZ	1	111	1	28	0.0	28.32	0.0	0.00	*0.00
BRD: LRG, CEREAL, FROSTED FLAK	2 OZ BOWL	1	220	270	21	3.0	51.0	0.0	0.00	0.00
BRD: LRG CEREAL, HONEY GRAHAM	1 BOWL	1	230	490	19	3.0	43.0	6.0	0.50	0.00
BRD: LRG CEREAL, HONEY NUT SCO	1 BOWL	1	200	400	18	4.0	46.0	2.0	*N/A*	*N/A*
BRD: CEREAL LRG, MARSH MATEYS	1 BOWL	1	210	380	23	4.0	47.0	2.0	0.00	0.00
BRD: POPTART, BLUE, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, FUDGE, TWIN PACK	1 TWIN PACK	1	359	389	33	4.98	75.74	5.98	1.99	*N/A*
BRD: POPTART, STRAWB, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, BRCINN, TWIN PAC	1 TWIN PACK	1	369	379	31	4.98	74.74	4.98	1.99	*N/A*
MUFFIN, OTIS, APPLE CIN, 2 OZ	2 OZ	1	190	130	16	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BANANA, 2 OZ	2 OZ	1	190	130	17	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BLUE, 4 OZ	4 OZ	1	380	260	32	6.0	60.0	12.0	4.00	*N/A*
MUFFIN, OTIS, CHOC, 4 OZ	4 OZ	1	380	260	34	8.0	64.0	12.0	4.00	*N/A*
CHEESE, STRING, IW, BONGARDS	1 OZ	1	80	200	*N/A*	6.0	1.0	6.0	3.50	*N/A*
YOGURT, 4 OZ, DANNON	4 OZ	1	80	60	15	4.0	15.0	*N/A*	*N/A*	*N/A*
BRD: BENEFIT BAR, OAT/CHOC CHI	1 BAR	1	290	240	22	5.0	47.0	9.0	3.00	*N/A*
BRD: DONUT, POWDERED	1 PACKAGE	1	310	260	19	4.0	45.0	13.0	6.00	*N/A*
BRD: DONUT, CHOCOLATE, MINI	1 PACKAGE	1	319	260	17	4.99	41.93	15.97	8.98	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SYRUP, PANCAKE, 1 GALLON	1 OZ	1	100	27	24	*N/A*	25.5	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/29/2019										
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, VANILLA, 8 OZ	8 OZ	1	130	170	22	8.0	24.0	*N/A*	*N/A*	*N/A*
Weighted Daily Average % of Calories			3095	*4144	*207 *26.8%	*86.86 *11.2%	462.05 59.7%	*101.51 *29.5%	*33.88 *9.9%	*0.00 *0.0%
Nutrient Guideline			450-600	640					<10.00	

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/30/2019										
High School Breakfast	Total	3								
BRD: WAFFLE, WG, 2 EACH	2 EACH	1	130	360	4	4.0	23.0	3.5	0.50	*N/A*
PORK, SAUSAGE PATTY, JTM 1.33	1 PATTY	1	74	212	*N/A*	5.91	0.98	4.92	1.78	*N/A*
SYRUP, PANCAKE, 1 GALLON	1 OZ	1	100	27	24	*N/A*	25.5	*N/A*	*N/A*	*N/A*
SDW: SAUSAGE CHEESE BISCUIT	1 EACH	1	303	780	*3	13.36	25.98	15.89	7.02	*N/A*
SDW: EGG CHEESE BAGEL	1 SANDWICH	1	390	790	3	18.5	37.0	19.5	*4.75	*N/A*
SDW: EGG/CHEESE BISCUIT	1 EACH	1	420	880	4	16.5	28.0	27.0	8.75	*N/A*
SDW: EGG/CHEESE ENG MUFFIN	1 EACH	1	350	670	3	17.5	27.0	20.0	*4.75	*N/A*
SDW: SAUS/CHEESE ENG MUFFIN	1 EACH	1	233	570	*2	14.36	24.98	8.89	*3.02	*N/A*
SDW: SAUS/EGG/CHEESE BIS	1 EACH	1	493	1090	*4	22.36	28.98	31.89	10.52	*N/A*
SDW: SAUS/EGG/CHEESE ENG MUFFI	1 EACH	1	423	880	*3	23.36	27.98	24.89	*6.52	*N/A*
FRENCH TOAST STICKS, BC, 4 EA	4 EACH	1	374	402	15	9.7	59.57	11.08	1.39	*N/A*
BRD: DONUT, HOLES, 6 EACH	6 EACH	1	279	299	7	4.99	29.92	14.96	6.98	*N/A*
TORNADO: SAUS/EGG/CHEESE	1 EA	1	176	280	*N/A*	5.0	21.0	8.0	2.00	*N/A*
GLAZE, POWDERED SUGAR	1 FL OZ	1	111	1	28	0.0	28.32	0.0	0.00	*0.00
BRD: LRG, CEREAL, FROSTED FLAK	2 OZ BOWL	1	220	270	21	3.0	51.0	0.0	0.00	0.00
BRD: LRG CEREAL, HONEY GRAHAM	1 BOWL	1	230	490	19	3.0	43.0	6.0	0.50	0.00
BRD: LRG CEREAL, HONEY NUT SCO	1 BOWL	1	200	400	18	4.0	46.0	2.0	*N/A*	*N/A*
BRD: CEREAL LRG, MARSH MATEYS	1 BOWL	1	210	380	23	4.0	47.0	2.0	0.00	0.00
BRD: POPTART, BLUE, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, FUDGE, TWIN PACK	1 TWIN PACK	1	359	389	33	4.98	75.74	5.98	1.99	*N/A*
BRD: POPTART, STRAWB, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, BRCINN, TWIN PAC	1 TWIN PACK	1	369	379	31	4.98	74.74	4.98	1.99	*N/A*
MUFFIN, OTIS, APPLE CIN, 2 OZ	2 OZ	1	190	130	16	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BANANA, 2 OZ	2 OZ	1	190	130	17	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BLUE, 4 OZ	4 OZ	1	380	260	32	6.0	60.0	12.0	4.00	*N/A*
MUFFIN, OTIS, CHOC, 4 OZ	4 OZ	1	380	260	34	8.0	64.0	12.0	4.00	*N/A*
CHEESE, STRING, IW, BONGARDS	1 OZ	1	80	200	*N/A*	6.0	1.0	6.0	3.50	*N/A*
YOGURT, 4 OZ, DANNON	4 OZ	1	80	60	15	4.0	15.0	*N/A*	*N/A*	*N/A*
BRD: BENEFIT BAR, OAT/CHOC CHI	1 BAR	1	290	240	22	5.0	47.0	9.0	3.00	*N/A*
BRD: DONUT, POWDERED	1 PACKAGE	1	310	260	19	4.0	45.0	13.0	6.00	*N/A*
BRD: DONUT, CHOCOLATE, MINI	1 PACKAGE	1	319	260	17	4.99	41.93	15.97	8.98	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SYRUP, PANCAKE, 1 GALLON	1 OZ	1	100	27	24	*N/A*	25.5	*N/A*	*N/A*	*N/A*

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/30/2019										
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, VANILLA, 8 OZ	8 OZ	1	130	170	22	8.0	24.0	*N/A*	*N/A*	*N/A*
Weighted Daily Average			3129	*4240	*215	*87.82	472.86	*100.97	*33.81	*0.00
% of Calories					*27.5%	*11.2%	60.4%	*29.0%	*9.7%	*0.0%
Nutrient Guideline			450-600	640					<10.00	

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/31/2019										
High School Breakfast	Total	3								
BRD: PANCAKES, AUNT JEMIMA	2 EACH	1	160	260	7	3.32	26.95	3.99	*N/A*	*N/A*
PORK, SAUSAGE PATTY, JTM 1.33	1 PATTY	1	74	212	*N/A*	5.91	0.98	4.92	1.78	*N/A*
SDW: SAUSAGE CHEESE BISCUIT	1 EACH	1	303	780	*3	13.36	25.98	15.89	7.02	*N/A*
SDW: EGG CHEESE BAGEL	1 SANDWICH	1	390	790	3	18.5	37.0	19.5	*4.75	*N/A*
SDW: EGG/CHEESE BISCUIT	1 EACH	1	420	880	4	16.5	28.0	27.0	8.75	*N/A*
SDW: EGG/CHEESE ENG MUFFIN	1 EACH	1	350	670	3	17.5	27.0	20.0	*4.75	*N/A*
SDW: SAUS/CHEESE ENG MUFFIN	1 EACH	1	233	570	*2	14.36	24.98	8.89	*3.02	*N/A*
SDW: SAUS/EGG/CHEESE BIS	1 EACH	1	493	1090	*4	22.36	28.98	31.89	10.52	*N/A*
SDW: SAUS/EGG/CHEESE ENG MUFFI	1 EACH	1	423	880	*3	23.36	27.98	24.89	*6.52	*N/A*
FRENCH TOAST STICKS, BC, 4 EA	4 EACH	1	374	402	15	9.7	59.57	11.08	1.39	*N/A*
BRD: DONUT, HOLES, 6 EACH	6 EACH	1	279	299	7	4.99	29.92	14.96	6.98	*N/A*
TORNADO: SAUS/EGG/CHEESE	1 EA	1	176	280	*N/A*	5.0	21.0	8.0	2.00	*N/A*
GLAZE, POWDERED SUGAR	1 FL OZ	1	111	1	28	0.0	28.32	0.0	0.00	*0.00
BRD: LRG, CEREAL, FROSTED FLAK	2 OZ BOWL	1	220	270	21	3.0	51.0	0.0	0.00	0.00
BRD: LRG CEREAL, HONEY GRAHAM	1 BOWL	1	230	490	19	3.0	43.0	6.0	0.50	0.00
BRD: LRG CEREAL, HONEY NUT SCO	1 BOWL	1	200	400	18	4.0	46.0	2.0	*N/A*	*N/A*
BRD: CEREAL LRG, MARSH MATEYS	1 BOWL	1	210	380	23	4.0	47.0	2.0	0.00	0.00
BRD: POPTART, BLUE, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, FUDGE, TWIN PACK	1 TWIN PACK	1	359	389	33	4.98	75.74	5.98	1.99	*N/A*
BRD: POPTART, STRAWB, TWIN PACK	1 TWIN PACK	1	359	359	30	3.99	74.74	4.48	1.99	*N/A*
BRD: POPTART, BRCINN, TWIN PAC	1 TWIN PACK	1	369	379	31	4.98	74.74	4.98	1.99	*N/A*
MUFFIN, OTIS, APPLE CIN, 2 OZ	2 OZ	1	190	130	16	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BANANA, 2 OZ	2 OZ	1	190	130	17	3.0	31.0	6.0	2.00	*N/A*
MUFFIN, OTIS, BLUE, 4 OZ	4 OZ	1	380	260	32	6.0	60.0	12.0	4.00	*N/A*
MUFFIN, OTIS, CHOC, 4 OZ	4 OZ	1	380	260	34	8.0	64.0	12.0	4.00	*N/A*
CHEESE, STRING, IW, BONGARDS	1 OZ	1	80	200	*N/A*	6.0	1.0	6.0	3.50	*N/A*
YOGURT, 4 OZ, DANNON	4 OZ	1	80	60	15	4.0	15.0	*N/A*	*N/A*	*N/A*
BRD: BENEFIT BAR, OAT/CHOC CHI	1 BAR	1	290	240	22	5.0	47.0	9.0	3.00	*N/A*
BRD: DONUT, POWDERED	1 PACKAGE	1	310	260	19	4.0	45.0	13.0	6.00	*N/A*
BRD: DONUT, CHOCOLATE, MINI	1 PACKAGE	1	319	260	17	4.99	41.93	15.97	8.98	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SYRUP, PANCAKE, 1 GALLON	1 OZ	1	100	27	24	*N/A*	25.5	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00

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Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

High School Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/31/2019										
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, VANILLA, 8 OZ	8 OZ	1	130	170	22	8.0	24.0	*N/A*	*N/A*	*N/A*
Weighted Daily Average			3106	*4198	*208	*87.60	465.68	*101.14	*33.64	*0.00
% of Calories					*26.8%	*11.3%	60.0%	*29.3%	*9.7%	*0.0%
Nutrient Guideline			450-600	640					<10.00	

Weighted Average			3123	*4197	*210	*86.98	468.35	*102.30	*34.47	*0.00
					*60.5%	*11.1%	60.0%	*29.5%	*9.9%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	3123		450 - 600	521%			2523	Correction Required - Calories too High
Sodium 1 (mg)	4197		640		Missing		3557	Correction Required - Sodium too High
Sodium 2 (mg)	4197		570		Missing		3627	Correction Required - Sodium too High
Sugars (g)	210	26.90%			Missing			
Protein (g)	86.98	11.14%			Missing			
Carbohydrate (g)	468.35	59.99%						
Total Fat (g)	102.30	29.48%			Missing			
Saturated Fat (g)	34.47	9.93%	<10.00%		Missing			
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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