

Danville Community School Corporation

Base Menu Spreadsheet

Portion Values - Detailed

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Jan 7, 2019 thru Jan 31, 2019

Middle School Lunch

Generated on: 12/20/2018 2:39:35 PM

Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
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**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/07/2019										
Middle School Lunch	Total	9								
MOZZ STICKS, FARM RICH, 3 EACH	3 EACH	1	164	307	1	10.96	17.54	6.58	2.19	*N/A*
BRD: ONION RINGS, TASTY BRANDS	5 EACH	1	190	310	5	3.0	27.0	8.0	1.50	0.00
VEG: POTATO SKINS	2 SKINS	1	241	507	*0	13.09	*20.01	12.07	6.05	*0.00
ENT: CHEESE BITES, WILD MIKES	4 EACH	1	280	540	*N/A*	16.0	28.0	12.0	4.00	*N/A*
PIZZA, BIG DADDY, CHEESE, 16"	1 SLICE	1	400	440	7	19.0	42.99	16.0	7.00	*N/A*
PIZZA, BIG DADDYS, PEPP, 16"	5.57 OZ	1	410	580	7	20.0	43.0	18.0	7.00	*N/A*
CHICKEN, FAJITA, TYSON	2.9	1	127	323	*N/A*	15.66	1.96	6.85	1.96	*N/A*
CHEESE SAUCE, QUESO BLANCO	2 OZ	1	119	420	*N/A*	7.11	2.03	9.14	5.08	*N/A*
REFRIED BEANS: canned	1 CUP	1	214	881	1	11.85	32.25	4.78	1.50	0.04
VEG: PEPPERS/ONIONS ROASTED	3 OZ	1	45	140	4	1.0	8.0	1.0	*N/A*	*N/A*
SALSA:COMMODITY	1 OZ	1	10	122	*N/A*	0.43	1.98	0.06	0.01	*N/A*
SOUR CREAM, LIGHT	1 OZ	1	38	33	2	0.95	2.86	2.38	1.43	*N/A*
JALAPENOS, SLICED	1.05 OZ	1	5	514	*N/A*	*N/A*	1.01	*N/A*	*N/A*	*N/A*
CHICKEN STICKS, TYSON, 8 PIECE	8 STICKS	1	261	391	1	15.05	16.06	15.05	2.51	*N/A*
MOZZ STICKS, FARM RICH, 3 EACH	3 EACH	1	164	307	1	10.96	17.54	6.58	2.19	*N/A*
SDW: CLUX DELUXE	1 EACH	1	352	853	5	22.06	43.32	10.02	*1.50	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	412	643	5	20.06	43.32	17.02	*3.00	*N/A*
SDW: CHEESEBURGER	1 EACH	1	348	636	*5	20.56	*27.32	17.02	*5.25	*N/A*
SDW: PBJ, UNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, WHITE, 8 OZ	8 OZ	1	91	130	12	8.0	12.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
SAUCE, BUFFALO, FRANKS	1 OZ	1	7	832	0	0.17	0.66	0.43	0.06	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
SAUCE: BBQ, SWEET BABY RAYS	1 OZ	1	54	223	12	*N/A*	14.0	*N/A*	*N/A*	*N/A*
MAYONNAISE, HEINZ, PACKET	1 PACKET	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
FRUIT: PEACH/PEAR/GRAPE MIX	.5 CUP	1	68	6	17	0.56	18.26	0.04	0.00	0.00
FRUIT: APPLE, HALF CUP, USDA	4 OZ	1	32	1	6	*N/A*	8.0	*N/A*	*N/A*	*N/A*
VEG: CUCUMBER,RAW	4 OZ	1	7	1	1	0.35	1.29	0.1	0.01	0.00
VEG: CARROTS, BABY, 1/2 CUP	4 OZ	1	25	42	2	*N/A*	5.0	*N/A*	*N/A*	*N/A*

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Danville Community School Corporation

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Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/07/2019										
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SALAD: CHEF, HAM, EGG, CHEESE	1	1	228	*496	*3	19.27	11.03	*12.96	*6.44	*0.00
BRD: CROUTON, WG, IW	1 PACKAGE	1	80	135	1	2.0	13.0	2.0	*N/A*	*N/A*
BRD: CRACKER, WG, 2 PACK	4 PACKS	1	120	210	2	2.0	18.0	3.0	1.00	*N/A*
Weighted Daily Average			695	*1378	*30	*31.48	*81.18	*26.86	*8.08	*0.00
% of Calories					*17.5%	*18.1%	*46.7%	*34.8%	*10.5%	*0.0%
Nutrient Guideline			600-700	1360					<10.00	

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Tue - 01/08/2019										
Middle School Lunch	Total	9								
BRD: PASTA, ROTINI, 8 OZ COOKE	8 OZ	1	200	*N/A*	2	7.0	42.0	1.0	*N/A*	*N/A*
SAUCE, ALFREDO, JTM, 3.6 OZ	3.66 OZ	1	180	750	6	12.03	10.02	10.02	6.02	*N/A*
SAUCE, BEEF, SPAGHETTI, JTM	5.64 OZ	1	246	354	8	15.0	10.0	16.0	6.00	0.00
BRD: BREADSTICK, KLOSTERMAN	1 EACH	1	70	140	*N/A*	3.0	14.0	0.5	*N/A*	*N/A*
VEG:GREEN BEANS: canned,cooked	.5 CUP	1	14	169	*N/A*	0.81	3.04	0.07	0.01	*N/A*
VEG: POTATO, TATER TOT	4 OZ	1	600	1441	*N/A*	8.0	76.04	28.02	4.00	*N/A*
BOSCO STICKS, PEPPERONI (2)	2 STICKS	1	520	1020	6	22.0	64.0	18.0	9.00	*N/A*
SAUCE: TERIYAKI, MINH	1 OZ	1	42	198	9	0.46	9.71	0.14	0.03	*N/A*
SAUCE: STIR FRY	1 OZ	1	35	440	2	1.0	4.0	1.5	*N/A*	*N/A*
SAUCE, SWEET N SOUR	1 OZ	1	60	110	11	*N/A*	14.0	*N/A*	*N/A*	*N/A*
SAUCE: ORANGE, YANGS	1 OZ	1	46	159	10	*N/A*	11.0	*N/A*	*N/A*	*N/A*
CHICKEN, GENERAL TSO, LINGS	3.6 OZ	1	116	293	*N/A*	11.08	11.08	3.02	0.50	*N/A*
BRD: RICE, WHITE, 1 CUP	1 CUP	1	242	0	0	4.43	53.18	0.41	0.09	0.00
BRD: NOODLE, ASIAN, 2 BG	8 OZ	1	302	599	27	8.41	66.36	*0.43	*0.09	*N/A*
EGG ROLL	1 EACH	1	180	430	2	7.0	21.0	8.0	2.00	*N/A*
VEG: STIR FRY W/ SAUCE	1/2 CUP	1	51	260	6	3.17	8.67	*0.75	*N/A*	*N/A*
PIZZA, HOMEMADE, MAC & CHEESE	1 SLICE	1	400	920	6	20.5	43.13	16.25	9.62	*0.19
PIZZA, HOMEMADE, CHEESE	1 SLICE	1	327	551	5	16.75	30.75	*15.5	*10.00	*0.00
PIZZA, HOMEMADE, PEPPERONI	1 SLICE	1	347	614	5	17.52	30.8	*17.35	*10.71	*0.06
BOSCO PRETZEL CHEESE STICK	2 EACH	1	381	462	6	14.05	52.19	12.04	4.01	*N/A*
CHEESE SAUCE, CHEDDAR, LOL	3 OZ	1	138	550	*N/A*	6.88	4.13	9.63	6.19	*N/A*
SDW: CLUX DELUXE	1 EACH	1	352	853	5	22.06	43.32	10.02	*1.50	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	412	643	5	20.06	43.32	17.02	*3.00	*N/A*
SDW: CHEESEBURGER	1 EACH	1	348	636	*5	20.56	*27.32	17.02	*5.25	*N/A*
SDW: PBJ, UNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, WHITE, 8 OZ	8 OZ	1	91	130	12	8.0	12.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
SAUCE, BUFFALO, FRANKS	1 OZ	1	7	832	0	0.17	0.66	0.43	0.06	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00

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Tue - 01/08/2019										
SAUCE: BBQ, SWEET BABY RAYS	1 OZ	1	54	223	12	*N/A*	14.0	*N/A*	*N/A*	*N/A*
MAYONNAISE, HEINZ, PACKET	1 PACKET	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
FRUIT: FRT MIX:canned,In syrup	.5 CUP	1	69	7	17	0.48	18.07	0.08	0.01	0.00
FRUIT: BLUEBERRIES, FROZEN	1/2 CUP	1	40	1	7	0.33	9.43	0.5	0.04	0.00
VEG: TOMATO, WEDGE, 1/2 CUP	4 OZ	1	32	9	4	1.0	7.0	*N/A*	*N/A*	*N/A*
VEG: BROCCOLI,raw: fresh	.5 CUP	1	15	15	1	1.28	3.02	0.17	0.02	0.00
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SALAD: CHEF, HAM, EGG, CHEESE	1	1	228	*496	*3	19.27	11.03	*12.96	*6.44	*0.00
BRD: CROUTON, WG, IW	1 PACKAGE	1	80	135	1	2.0	13.0	2.0	*N/A*	*N/A*
BRD: CRACKER, WG, 2 PACK	4 PACKS	1	120	210	2	2.0	18.0	3.0	1.00	*N/A*
Weighted Daily Average			901	*1781	*40	*35.50	*116.94	*31.39	*10.96	*0.03
% of Calories					*17.6%	*15.8%	*51.9%	*31.3%	*10.9%	*0.0%
Nutrient Guideline			600-700	1360					<10.00	

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Wed - 01/09/2019										
Middle School Lunch	Total	10								
CHICKEN AND NOODLES	1 CUP	1	203	78	*1	23.94	17.65	4.31	1.21	*0.01
BRD: ROLL, SISTER SCH, 1 GR	1 EACH	1	140	240	4	3.0	23.0	4.0	1.00	*N/A*
PEANUT BUTTER BARS	1 EACH	1	136	108	*11	2.97	19.05	5.71	1.15	*0.01
VEG: GREEN BEANS: canned, cooked	.5 CUP	1	14	169	*N/A*	0.81	3.04	0.07	0.01	*N/A*
VEG: POTATO, FF, SPICY STRT CU	12 pieces	1	139	387	*N/A*	1.99	19.86	5.96	0.99	*N/A*
BOSCO CHEESE STICKS (2)	2 EACH	1	459	619	2	23.97	55.92	13.98	7.99	*N/A*
PIZZA, HOMEMADE, MEAT LOVER'S	1 SLICE	1	442	973	*5	24.92	*31.29	*24.6	*13.11	*0.05
PIZZA, HOMEMADE, PEPPERONI	1 SLICE	1	347	614	5	17.52	30.8	*17.35	*10.71	*0.06
PIZZA, HOMEMADE, CHEESE	1 SLICE	1	327	551	5	16.75	30.75	*15.5	*10.00	*0.00
TACOS, 6 INCH SHELLS	2 TACOS	1	385	927	*0	26.62	26.93	16.84	8.74	*0.00
BRD: RICE, SPANISH 4 OZ	4 OZ	1	95	410	1	3.0	21.0	0.5	*N/A*	*N/A*
SALSA: COMMODITY	1 OZ	1	10	122	*N/A*	0.43	1.98	0.06	0.01	*N/A*
SOUR CREAM, LIGHT	1 OZ	1	38	33	2	0.95	2.86	2.38	1.43	*N/A*
JALAPENOS, SLICED	1.05 OZ	1	5	514	*N/A*	*N/A*	1.01	*N/A*	*N/A*	*N/A*
CHICKEN, CRIS P BITES	5 PIECES	1	208	546	1	19.0	15.0	8.0	1.00	*N/A*
SAUCE, SWEET N SOUR	1 OZ	1	60	110	11	*N/A*	14.0	*N/A*	*N/A*	*N/A*
BRD: BISCUIT, PILLSBURY	2.25 OZ	1	190	660	3	4.0	27.0	7.0	4.00	*N/A*
SDW: CLUX DELUXE	1 EACH	1	352	853	5	22.06	43.32	10.02	*1.50	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	412	643	5	20.06	43.32	17.02	*3.00	*N/A*
SDW: CHEESEBURGER	1 EACH	1	348	636	*5	20.56	*27.32	17.02	*5.25	*N/A*
SDW: PBJ, UNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, WHITE, 8 OZ	8 OZ	1	91	130	12	8.0	12.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
SAUCE, BUFFALO, FRANKS	1 OZ	1	7	832	0	0.17	0.66	0.43	0.06	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
SAUCE: BBQ, SWEET BABY RAYS	1 OZ	1	54	223	12	*N/A*	14.0	*N/A*	*N/A*	*N/A*
MAYONNAISE, HEINZ, PACKET	1 PACKET	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
FRUIT: GRAPES, Fresh	.5 CUP	1	31	1	7	0.29	7.89	0.16	0.05	0.00
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/09/2019										
VEG: CAULIFLOWER,raw: fresh	.5 CUP	1	13	15	1	0.96	2.49	0.14	0.07	0.00
VEG: PEPPER STRIPS, 1/2 CUP	4 OZ	1	30	*N/A*	*N/A*	1.0	6.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SALAD: CHEF, HAM, EGG, CHEESE	1	1	228	*496	*3	19.27	11.03	*12.96	*6.44	*0.00
BRD: CROUTON, WG, IW	1 PACKAGE	1	80	135	1	2.0	13.0	2.0	*N/A*	*N/A*
BRD: CRACKER, WG, 2 PACK	4 PACKS	1	120	210	2	2.0	18.0	3.0	1.00	*N/A*
Weighted Daily Average			679	*1362	*28	*30.94	*80.63	*24.97	*9.17	*0.01
% of Calories					*16.4%	*18.2%	*47.5%	*33.1%	*12.2%	*0.0%
Nutrient Guideline			600-700	1360					<10.00	

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Jan 7, 2019 thru Jan 31, 2019

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Middle School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/10/2019										
Middle School Lunch	Total	9								
PIZZA, DOMINOES, CHEESE	1 SLICE	1	300	790	3	15.0	31.0	14.0	8.00	*N/A*
PIZZA, DOMINOES, PEPPERONI	1 SLICE	1	310	790	3	15.0	31.0	14.0	8.00	*N/A*
PIZZA, DOMINOES, SAUSAGE	1 SLICE	1	310	790	3	15.0	31.0	14.0	8.00	*N/A*
VEG: BEAN, BAKED BUSHES	4 OZ	1	123	482	11	5.26	25.4	0.88	*N/A*	*N/A*
VEG: POTATO, CURLY FRY, 1/2 CUP	3 OZ PORTIO	1	155	420	*N/A*	2.0	21.0	7.0	1.00	*N/A*
BOSCO STICKS, PEPPERONI (2)	2 STICKS	1	520	1020	6	22.0	64.0	18.0	9.00	*N/A*
SAUCE: STIR FRY	1 OZ	1	35	440	2	1.0	4.0	1.5	*N/A*	*N/A*
SAUCE: TERIYAKI, MINH	1 OZ	1	42	198	9	0.46	9.71	0.14	0.03	*N/A*
SAUCE, SWEET N SOUR	1 OZ	1	60	110	11	*N/A*	14.0	*N/A*	*N/A*	*N/A*
SAUCE: GENERAL TSO, YANGS	1 OZ	1	37	79	9	*N/A*	10.0	0.0	*N/A*	*N/A*
CHICKEN, MANDARIN ORANGE, LING	3.6 OZ	1	151	282	*N/A*	11.08	19.13	3.02	0.50	*N/A*
BRD: RICE, WHITE, 1 CUP	1 CUP	1	242	0	0	4.43	53.18	0.41	0.09	0.00
BRD: NOODLE, ASIAN, 2 BG	8 OZ	1	302	599	27	8.41	66.36	*0.43	*0.09	*N/A*
EGG ROLL	1 EACH	1	180	430	2	7.0	21.0	8.0	2.00	*N/A*
VEG: STIR FRY W/ SAUCE	1/2 CUP	1	51	260	6	3.17	8.67	*0.75	*N/A*	*N/A*
ENT: CHEESE STUFFED CROISSANT	1 CROISSANT	1	410	980	6	14.0	34.0	24.0	12.00	0.00
SDW: CLUX DELUXE	1 EACH	1	352	853	5	22.06	43.32	10.02	*1.50	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	412	643	5	20.06	43.32	17.02	*3.00	*N/A*
SDW: CHEESEBURGER	1 EACH	1	348	636	*5	20.56	*27.32	17.02	*5.25	*N/A*
SDW: PBJ, UNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, WHITE, 8 OZ	8 OZ	1	91	130	12	8.0	12.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
SAUCE, BUFFALO, FRANKS	1 OZ	1	7	832	0	0.17	0.66	0.43	0.06	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
SAUCE: BBQ, SWEET BABY RAYS	1 OZ	1	54	223	12	*N/A*	14.0	*N/A*	*N/A*	*N/A*
MAYONNAISE, HEINZ, PACKET	1 PACKET	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
FRUIT: PEACH/PEAR/GRAPE MIX	.5 CUP	1	68	6	17	0.56	18.26	0.04	0.00	0.00
FRUIT: WATERMELON, CHUNKS	.5 CUP	1	23	1	5	0.46	5.74	0.11	0.01	0.00
VEG: CELERY STICKS	.5 CUP	1	10	48	1	0.41	1.78	0.1	0.03	0.00

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/10/2019										
VEG: CUCUMBER, RAW	4 OZ	1	7	1	1	0.35	1.29	0.1	0.01	0.00
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SALAD: CHEF, HAM, EGG, CHEESE	1	1	228	*496	*3	19.27	11.03	*12.96	*6.44	*0.00
BRD: CROUTON, WG, IW	1 PACKAGE	1	80	135	1	2.0	13.0	2.0	*N/A*	*N/A*
BRD: CRACKER, WG, 2 PACK	4 PACKS	1	120	210	2	2.0	18.0	3.0	1.00	*N/A*
Weighted Daily Average			755	*1585	*38	*29.21	*100.70	*25.51	*8.78	*0.00
% of Calories					*20.0%	*15.5%	*53.4%	*30.4%	*10.5%	*0.0%
Nutrient Guideline			600-700	1360					<10.00	

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Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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Fri - 01/11/2019										
Middle School Lunch	Total	10								
ENT: BREADED BEEF STICKS ADVAN	4 STICKS	1	320	330	1	16.0	19.0	20.0	5.00	0.00
BRD: ROLL, SISTER SCH, 1 GR	1 EACH	1	140	240	4	3.0	23.0	4.0	1.00	*N/A*
VEG: POTATO, MASHED, IDAHOAN	1/2 CUP	1	80	310	*N/A*	2.0	17.0	1.0	*N/A*	*N/A*
GRAVY: COUNTRY	.25 CUP	1	33	244	0	0.0	5.54	1.11	1.11	*N/A*
VEG: POTATO, CRINKLE FRY	12 PIECES	1	130	160	0	2.0	21.0	4.5	0.50	0.00
BOSCO CHEESE STICKS (2)	2 EACH	1	459	619	2	23.97	55.92	13.98	7.99	*N/A*
PIZZA, HOMEMADE, MEAT LOVER'S	1 SLICE	1	442	973	*5	24.92	*31.29	*24.6	*13.11	*0.05
PIZZA, HOMEMADE, CHEESE	1 SLICE	1	327	551	5	16.75	30.75	*15.5	*10.00	*0.00
PIZZA, HOMEMADE, PEPPERONI	1 SLICE	1	347	614	5	17.52	30.8	*17.35	*10.71	*0.06
BRD: CORN CHIP, RF, WG, 2 OZ	2 OZ	1	280	340	*N/A*	4.0	40.0	12.0	2.00	*N/A*
BEEF TACO FILLING, JTM, 2 MMA	2.71	1	126	287	0	13.63	1.93	6.84	2.74	*N/A*
CHEESE SAUCE, CHEDDAR, LOL	3 OZ	1	138	550	*N/A*	6.88	4.13	9.63	6.19	*N/A*
SALSA:COMMODITY	1 OZ	1	10	122	*N/A*	0.43	1.98	0.06	0.01	*N/A*
SOUR CREAM, LIGHT	1 OZ	1	38	33	2	0.95	2.86	2.38	1.43	*N/A*
JALAPENOS, SLICED	1.05 OZ	1	5	514	*N/A*	*N/A*	1.01	*N/A*	*N/A*	*N/A*
SDW: PHILLY CHEESE STEAK	1 Sandwich	1	471	1278	*6	28.66	34.05	23.71	*10.61	*N/A*
SDW: CLUX DELUXE	1 EACH	1	352	853	5	22.06	43.32	10.02	*1.50	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	412	643	5	20.06	43.32	17.02	*3.00	*N/A*
SDW: CHEESEBURGER	1 EACH	1	348	636	*5	20.56	*27.32	17.02	*5.25	*N/A*
SDW: PBJ, UNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, WHITE, 8 OZ	8 OZ	1	91	130	12	8.0	12.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
SAUCE, BUFFALO, FRANKS	1 OZ	1	7	832	0	0.17	0.66	0.43	0.06	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
SAUCE: BBQ, SWEET BABY RAYS	1 OZ	1	54	223	12	*N/A*	14.0	*N/A*	*N/A*	*N/A*
MAYONNAISE, HEINZ, PACKET	1 PACKET	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
FRUIT: ROSY APPLESAUCE	4 oz	1	75	35	17	0.75	19.19	0.11	0.01	*0.00
FRUIT: STRAWBERRIES: frozen	.5 CUP	1	122	4	31	0.68	33.05	0.17	0.01	0.00
VEG: LETTUCE, ROMAINE, 1 CUP	8 OZ	1	8	*N/A*	*N/A*	*N/A*	1.55	*N/A*	*N/A*	*N/A*

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 01/11/2019										
VEG: CARROTS, BABY, 1/2 CUP	4 OZ	1	25	42	2	*N/A*	5.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SALAD: CHEF, HAM, EGG, CHEESE	1	1	228	*496	*3	19.27	11.03	*12.96	*6.44	*0.00
BRD: CROUTON, WG, IW	1 PACKAGE	1	80	135	1	2.0	13.0	2.0	*N/A*	*N/A*
BRD: CRACKER, WG, 2 PACK	4 PACKS	1	120	210	2	2.0	18.0	3.0	1.00	*N/A*
Weighted Daily Average			703	*1378	*30	*29.94	*81.49	*28.00	*10.27	*0.01
% of Calories					*17.0%	*17.0%	*46.3%	*35.8%	*13.1%	*0.0%
Nutrient Guideline			600-700	1360					<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/14/2019										
Middle School Lunch	Total	10								
CHICKEN, TENDERS, PROVIEW,3 EA	3 EACH	1	242	538	0	21.98	19.98	6.99	1.00	*N/A*
BRD: CHEESY TEXAS TOAST, KLOST	SLICE	1	162	290	*1	10.0	17.06	7.24	*4.02	*0.00
GRAVY: COUNTRY	.25 CUP	1	33	244	0	0.0	5.54	1.11	1.11	*N/A*
VEG: POTATO, FF, REGULAR, 3/8	12 pieces	1	140	140	0	2.0	21.0	6.0	0.50	*N/A*
ENT: CHEESE BITES, WILD MIKES	4 EACH	1	280	540	*N/A*	16.0	28.0	12.0	4.00	*N/A*
PIZZA, BIG DADDY, CHEESE, 16"	1 SLICE	1	400	440	7	19.0	42.99	16.0	7.00	*N/A*
PIZZA, BIG DADDYS, PEPP, 16"	5.57 OZ	1	410	580	7	20.0	43.0	18.0	7.00	*N/A*
CHIP, TORTILLA, BULK, BAROFUN	18 CHIPS	1	200	170	*N/A*	3.0	30.0	8.0	1.00	*N/A*
BEEF TACO FILLING, JTM, 2 MMA	2.71	1	126	287	0	13.63	1.93	6.84	2.74	*N/A*
CHEESE: CHEDDAR, SHREDDED	1 OZ	1	80	200	*N/A*	7.0	1.0	6.0	4.00	*N/A*
SALSA:COMMODITY	1 OZ	1	10	122	*N/A*	0.43	1.98	0.06	0.01	*N/A*
SOUR CREAM, LIGHT	1 OZ	1	38	33	2	0.95	2.86	2.38	1.43	*N/A*
JALAPENOS, SLICED	1.05 OZ	1	5	514	*N/A*	*N/A*	1.01	*N/A*	*N/A*	*N/A*
BOSCO PRETZEL CHEESE STICK	2 EACH	1	381	462	6	14.05	52.19	12.04	4.01	*N/A*
CHEESE SAUCE, CHEDDAR, LOL	3 OZ	1	138	550	*N/A*	6.88	4.13	9.63	6.19	*N/A*
SDW: CLUX DELUXE	1 EACH	1	352	853	5	22.06	43.32	10.02	*1.50	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	412	643	5	20.06	43.32	17.02	*3.00	*N/A*
SDW: CHEESEBURGER	1 EACH	1	348	636	*5	20.56	*27.32	17.02	*5.25	*N/A*
SDW: PBJ, UNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, WHITE, 8 OZ	8 OZ	1	91	130	12	8.0	12.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
SAUCE, BUFFALO, FRANKS	1 OZ	1	7	832	0	0.17	0.66	0.43	0.06	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
SAUCE: BBQ, SWEET BABY RAYS	1 OZ	1	54	223	12	*N/A*	14.0	*N/A*	*N/A*	*N/A*
MAYONNAISE, HEINZ, PACKET	1 PACKET	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
FRUIT: PEACH/PEAR/GRAPE MIX	.5 CUP	1	68	6	17	0.56	18.26	0.04	0.00	0.00
FRUIT: APPLE, HALF CUP, USDA	4 OZ	1	32	1	6	*N/A*	8.0	*N/A*	*N/A*	*N/A*
VEG: CUCUMBER,RAW	4 OZ	1	7	1	1	0.35	1.29	0.1	0.01	0.00
VEG: CARROTS, BABY, 1/2 CUP	4 OZ	1	25	42	2	*N/A*	5.0	*N/A*	*N/A*	*N/A*

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/14/2019										
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SALAD: CHEF, HAM, EGG, CHEESE	1	1	228	*496	*3	19.27	11.03	*12.96	*6.44	*0.00
BRD: CROUTON, WG, IW	1 PACKAGE	1	80	135	1	2.0	13.0	2.0	*N/A*	*N/A*
BRD: CRACKER, WG, 2 PACK	4 PACKS	1	120	210	2	2.0	18.0	3.0	1.00	*N/A*
Weighted Daily Average			624	*1170	*27	*27.31	*74.10	*23.55	*7.43	*0.00
% of Calories					*17.2%	*17.5%	*47.5%	*34.0%	*10.7%	*0.0%
Nutrient Guideline			600-700	1360					<10.00	

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/15/2019										
Middle School Lunch	Total	9								
ENT: CHICKEN & DUMPLINGS	6 DUMPLING	1	228	947	1	16.14	22.0	7.02	2.00	0.50
BRD: ROLL, SISTER SCH, 1 GR	1 EACH	1	140	240	4	3.0	23.0	4.0	1.00	*N/A*
VEG: POTATO, TATER TOT	4 OZ	1	600	1441	*N/A*	8.0	76.04	28.02	4.00	*N/A*
VEG: CARROTS: canned, cooked	.5 CUP	1	18	177	2	0.47	4.04	0.14	0.03	0.00
BOSCO STICKS, PEPPERONI (2)	2 STICKS	1	520	1020	6	22.0	64.0	18.0	9.00	*N/A*
SAUCE: STIR FRY	1 OZ	1	35	440	2	1.0	4.0	1.5	*N/A*	*N/A*
SAUCE: GENERAL TSO, YANGS	1 OZ	1	37	79	9	*N/A*	10.0	0.0	*N/A*	*N/A*
SAUCE: TERIYAKI, MINH	1 OZ	1	42	198	9	0.46	9.71	0.14	0.03	*N/A*
SAUCE, SWEET N SOUR	1 OZ	1	60	110	11	*N/A*	14.0	*N/A*	*N/A*	*N/A*
CHICKEN, MANDARIN ORANGE, LING	3.6 OZ	1	151	282	*N/A*	11.08	19.13	3.02	0.50	*N/A*
BRD: RICE, WHITE, 1 CUP	1 CUP	1	242	0	0	4.43	53.18	0.41	0.09	0.00
BRD: NOODLE, ASIAN, 2 BG	8 OZ	1	302	599	27	8.41	66.36	*0.43	*0.09	*N/A*
EGG ROLL	1 EACH	1	180	430	2	7.0	21.0	8.0	2.00	*N/A*
VEG: STIR FRY W/ SAUCE	1/2 CUP	1	51	260	6	3.17	8.67	*0.75	*N/A*	*N/A*
PIZZA, HOMEMADE, TACO	1 SLICE	1	414	1076	*2	26.32	45.48	14.57	7.15	*0.01
PIZZA, HOMEMADE, CHEESE	1 SLICE	1	327	551	5	16.75	30.75	*15.5	*10.00	*0.00
PIZZA, HOMEMADE, PEPPERONI	1 SLICE	1	347	614	5	17.52	30.8	*17.35	*10.71	*0.06
SDW: FLTBRD, SPIN/ARTICHOKE	1 EACH	1	474	1379	*4	24.89	39.17	23.76	8.53	*0.22
SDW: CLUX DELUXE	1 EACH	1	352	853	5	22.06	43.32	10.02	*1.50	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	412	643	5	20.06	43.32	17.02	*3.00	*N/A*
SDW: CHEESEBURGER	1 EACH	1	348	636	*5	20.56	*27.32	17.02	*5.25	*N/A*
SDW: PBJ, UNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, WHITE, 8 OZ	8 OZ	1	91	130	12	8.0	12.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
SAUCE, BUFFALO, FRANKS	1 OZ	1	7	832	0	0.17	0.66	0.43	0.06	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
SAUCE: BBQ, SWEET BABY RAYS	1 OZ	1	54	223	12	*N/A*	14.0	*N/A*	*N/A*	*N/A*
MAYONNAISE, HEINZ, PACKET	1 PACKET	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
FRUIT: FRT MIX:canned,ln syrup	.5 CUP	1	69	7	17	0.48	18.07	0.08	0.01	0.00

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/15/2019										
FRUIT: BLUEBERRIES, FROZEN	1/2 CUP	1	40	1	7	0.33	9.43	0.5	0.04	0.00
VEG: TOMATO, WEDGE, 1/2 CUP	4 OZ	1	32	9	4	1.0	7.0	*N/A*	*N/A*	*N/A*
VEG: BROCCOLI, raw: fresh	.5 CUP	1	15	15	1	1.28	3.02	0.17	0.02	0.00
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SALAD: CHEF, HAM, EGG, CHEESE	1	1	228	*496	*3	19.27	11.03	*12.96	*6.44	*0.00
BRD: CROUTON, WG, IW	1 PACKAGE	1	80	135	1	2.0	13.0	2.0	*N/A*	*N/A*
BRD: CRACKER, WG, 2 PACK	4 PACKS	1	120	210	2	2.0	18.0	3.0	1.00	*N/A*
Weighted Daily Average			865	*1823	*38	*34.56	*112.74	*29.61	*9.50	*0.09
% of Calories					*17.6%	*16.0%	*52.2%	*30.8%	*9.9%	*0.1%
Nutrient Guideline			600-700	1360					<10.00	

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/16/2019										
Middle School Lunch	Total	9								
ENT: MAC & CHEESE LOL	6 OZ	1	315	1095	7	18.0	33.75	12.0	6.75	0.37
PORK: HAM, DICED/SL, COMMODITY	1.22 OZ	1	37	232	1	5.0	2.0	2.0	1.00	*N/A*
PORK: BACON PCS, ARMOUR, 2 T	2 TABLESPOONS	1	70	300	*N/A*	4.0	*N/A*	6.0	2.00	*N/A*
VEG: TOMATOES, CANNED	.5 CUP	1	48	373	*N/A*	3.12	10.32	0.36	0.05	*N/A*
VEG: BEAN, BAKED BUSHES	4 OZ	1	123	482	11	5.26	25.4	0.88	*N/A*	*N/A*
BRD: BRDSTICK, FLOWERS,WG,1 OZ	1 BREADSTIC	1	80	105	1	3.0	15.0	1.5	0.50	*N/A*
BOSCO CHEESE STICKS (2)	2 EACH	1	459	619	2	23.97	55.92	13.98	7.99	*N/A*
VEG: POTATO, FF, SPICY STRT CU	12 pieces	1	139	387	*N/A*	1.99	19.86	5.96	0.99	*N/A*
PIZZA, HOMEMADE, MEAT LOVER'S	1 SLICE	1	442	973	*5	24.92	*31.29	*24.6	*13.11	*0.05
PIZZA, HOMEMADE, CHEESE	1 SLICE	1	327	551	5	16.75	30.75	*15.5	*10.00	*0.00
PIZZA, HOMEMADE, PEPPERONI	1 SLICE	1	347	614	5	17.52	30.8	*17.35	*10.71	*0.06
CHIP, TORTILLA, BULK, BAROFUN	18 CHIPS	1	200	170	*N/A*	3.0	30.0	8.0	1.00	*N/A*
BEEF TACO FILLING, JTM, 2 MMA	2.71	1	126	287	0	13.63	1.93	6.84	2.74	*N/A*
CHEESE SAUCE, CHEDDAR, LOL	3 OZ	1	138	550	*N/A*	6.88	4.13	9.63	6.19	*N/A*
SALSA:COMMODITY	1 OZ	1	10	122	*N/A*	0.43	1.98	0.06	0.01	*N/A*
SOUR CREAM, LIGHT	1 OZ	1	38	33	2	0.95	2.86	2.38	1.43	*N/A*
JALAPENOS, SLICED	1.05 OZ	1	5	514	*N/A*	*N/A*	1.01	*N/A*	*N/A*	*N/A*
BUFFALO CRUNCHERS, 4 EACH	4 EACH	1	260	450	1	10.0	20.0	16.0	4.50	*N/A*
SDW: CLUX DELUXE	1 EACH	1	352	853	5	22.06	43.32	10.02	*1.50	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	412	643	5	20.06	43.32	17.02	*3.00	*N/A*
SDW: CHEESEBURGER	1 EACH	1	348	636	*5	20.56	*27.32	17.02	*5.25	*N/A*
SDW: PBJ, UNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, WHITE, 8 OZ	8 OZ	1	91	130	12	8.0	12.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
SAUCE, BUFFALO, FRANKS	1 OZ	1	7	832	0	0.17	0.66	0.43	0.06	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
SAUCE: BBQ, SWEET BABY RAYS	1 OZ	1	54	223	12	*N/A*	14.0	*N/A*	*N/A*	*N/A*
MAYONNAISE, HEINZ, PACKET	1 PACKET	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/16/2019										
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
FRUIT: GRAPES,Fresh	.5 CUP	1	31	1	7	0.29	7.89	0.16	0.05	0.00
VEG: CAULIFLOWER,raw: fresh	.5 CUP	1	13	15	1	0.96	2.49	0.14	0.07	0.00
VEG: PEPPER STRIPS, 1/2 CUP	4 OZ	1	30	*N/A*	*N/A*	1.0	6.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SALAD: CHEF, HAM, EGG, CHEESE	1	1	228	*496	*3	19.27	11.03	*12.96	*6.44	*0.00
BRD: CROUTON, WG, IW	1 PACKAGE	1	80	135	1	2.0	13.0	2.0	*N/A*	*N/A*
BRD: CRACKER, WG, 2 PACK	4 PACKS	1	120	210	2	2.0	18.0	3.0	1.00	*N/A*
Weighted Daily Average			751	*1601	*30	*33.11	*86.91	*29.61	*11.04	*0.05
% of Calories					*15.8%	*17.6%	*46.3%	*35.5%	*13.2%	*0.1%
Nutrient Guideline			600-700	1360					<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/17/2019										
Middle School Lunch	Total	9								
PIZZA: PIZZA HUT LRG CHEESE	1 LRG SLICE	1	290	550	1	13.0	34.0	11.0	6.00	0.00
PIZZA: PIZZA HUT, PAN, CHEESE	1 LRG SLICE	1	360	740	3	15.0	37.0	17.0	7.00	0.00
PIZZA: PIZZA HUT, LRG PEPPERON	1 LRG SLICE	1	300	590	1	12.0	33.0	13.0	6.00	0.00
PIZZA: PIZZA HUT, PAN, PEPPERO	1 LRG SLICE	1	360	740	3	15.0	37.0	17.0	7.00	0.00
PIZZA: PIZZA HUT, LRG SAUSAGE	1 LRG SLICE	1	350	840	6	15.0	40.0	14.0	6.00	0.00
PIZZA: PIZZA HUT, PAN, SAUSAGE	1 LRG SLICE	1	390	770	3	15.0	38.0	20.0	7.00	0.00
VEG: CORN: frozen, yellow	.5 CUP	1	67	1	3	2.1	15.92	0.55	0.08	0.00
VEG: POTATO, CURLY FRY, 1/2 CUP	3 OZ PORTIO	1	155	420	*N/A*	2.0	21.0	7.0	1.00	*N/A*
BOSCO STICKS, PEPPERONI (2)	2 STICKS	1	520	1020	6	22.0	64.0	18.0	9.00	*N/A*
SAUCE: TERIYAKI, MINH	1 OZ	1	42	198	9	0.46	9.71	0.14	0.03	*N/A*
SAUCE: STIR FRY	1 OZ	1	35	440	2	1.0	4.0	1.5	*N/A*	*N/A*
SAUCE, SWEET N SOUR	1 OZ	1	60	110	11	*N/A*	14.0	*N/A*	*N/A*	*N/A*
SAUCE: ORANGE, YANGS	1 OZ	1	46	159	10	*N/A*	11.0	*N/A*	*N/A*	*N/A*
CHICKEN, GENERAL TSO, LINGS	3.6 OZ	1	116	293	*N/A*	11.08	11.08	3.02	0.50	*N/A*
BRD: RICE, WHITE, 1 CUP	1 CUP	1	242	0	0	4.43	53.18	0.41	0.09	0.00
BRD: NOODLE, ASIAN, 2 BG	8 OZ	1	302	599	27	8.41	66.36	*0.43	*0.09	*N/A*
EGG ROLL	1 EACH	1	180	430	2	7.0	21.0	8.0	2.00	*N/A*
VEG: STIR FRY W/ SAUCE	1/2 CUP	1	51	260	6	3.17	8.67	*0.75	*N/A*	*N/A*
SDW: BEEF N CHEDDAR	1 SANDWICH	1	422	939	*4	30.05	29.62	20.43	*9.36	*0.21
SDW: CLUX DELUXE	1 EACH	1	352	853	5	22.06	43.32	10.02	*1.50	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	412	643	5	20.06	43.32	17.02	*3.00	*N/A*
SDW: CHEESEBURGER	1 EACH	1	348	636	*5	20.56	*27.32	17.02	*5.25	*N/A*
SDW: PBJ, UNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, WHITE, 8 OZ	8 OZ	1	91	130	12	8.0	12.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
SAUCE, BUFFALO, FRANKS	1 OZ	1	7	832	0	0.17	0.66	0.43	0.06	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
SAUCE: BBQ, SWEET BABY RAYS	1 OZ	1	54	223	12	*N/A*	14.0	*N/A*	*N/A*	*N/A*
MAYONNAISE, HEINZ, PACKET	1 PACKET	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/17/2019										
FRUIT: PEACH/PEAR/GRAPE MIX	.5 CUP	1	68	6	17	0.56	18.26	0.04	0.00	0.00
FRUIT: WATERMELON,CHUNKS	.5 CUP	1	23	1	5	0.46	5.74	0.11	0.01	0.00
VEG: CELERY STICKS	.5 CUP	1	10	48	1	0.41	1.78	0.1	0.03	0.00
VEG: CUCUMBER,RAW	4 OZ	1	7	1	1	0.35	1.29	0.1	0.01	0.00
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SALAD: CHEF, HAM, EGG, CHEESE	1	1	228	*496	*3	19.27	11.03	*12.96	*6.44	*0.00
BRD: CROUTON, WG, IW	1 PACKAGE	1	80	135	1	2.0	13.0	2.0	*N/A*	*N/A*
BRD: CRACKER, WG, 2 PACK	4 PACKS	1	120	210	2	2.0	18.0	3.0	1.00	*N/A*
Weighted Daily Average			873	*1744	*38	*35.09	*112.38	*30.63	*10.16	*0.02
% of Calories					*17.2%	*16.1%	*51.5%	*31.6%	*10.5%	*0.0%
Nutrient Guideline			600-700	1360				<10.00		

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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Fri - 01/18/2019										
Middle School Lunch	Total	9								
FRENCH TOAST STICKS, BC, 4 EA	4 EACH	1	374	402	15	9.7	59.57	11.08	1.39	*N/A*
EGG: SCRAMBLED/BAC/CHEESE	2.5 OZ	1	149	334	*N/A*	9.92	0.99	11.16	4.34	*N/A*
FRUIT: APPLES, CINN & SUGAR	1/2 CUP	1	51	5	4	0.01	12.9	0.0	0.00	*0.00
VEG: POTATO, HASHBROWN PATTIES	2 EACH	1	280	540	2	4.0	30.0	16.0	4.00	*N/A*
VEG: POTATO, CRINKLE FRY	12 PIECES	1	130	160	0	2.0	21.0	4.5	0.50	0.00
BOSCO CHEESE STICKS (2)	2 EACH	1	459	619	2	23.97	55.92	13.98	7.99	*N/A*
VEG: POTATO, TATER TOT, 1 CUP	16 PIECES	1	300	720	*N/A*	4.0	38.02	14.01	2.00	*N/A*
BEEF TACO FILLING, JTM, 2 MMA	2.71	1	126	287	0	13.63	1.93	6.84	2.74	*N/A*
PORK: BACON PCS, ARMOUR, 2 T	2 TABLESPO	1	70	300	*N/A*	4.0	*N/A*	6.0	2.00	*N/A*
	ONS									
CHEESE SAUCE, CHEDDAR, LOL	3 OZ	1	138	550	*N/A*	6.88	4.13	9.63	6.19	*N/A*
BRD: RICE, SPANISH 4 OZ	4 OZ	1	95	410	1	3.0	21.0	0.5	*N/A*	*N/A*
SALSA:COMMODITY	1 OZ	1	10	122	*N/A*	0.43	1.98	0.06	0.01	*N/A*
SOUR CREAM, LIGHT	1 OZ	1	38	33	2	0.95	2.86	2.38	1.43	*N/A*
JALAPENOS, SLICED	1.05 OZ	1	5	514	*N/A*	*N/A*	1.01	*N/A*	*N/A*	*N/A*
PIZZA, HOMEMADE, MEAT LOVER'S	1 SLICE	1	442	973	*5	24.92	*31.29	*24.6	*13.11	*0.05
PIZZA, HOMEMADE, CHEESE	1 SLICE	1	327	551	5	16.75	30.75	*15.5	*10.00	*0.00
PIZZA, HOMEMADE, PEPPERONI	1 SLICE	1	347	614	5	17.52	30.8	*17.35	*10.71	*0.06
BRD: CINN ROLL, PILLSBURY, 2.5	2.5 OZ	1	220	180	9	5.0	33.0	8.0	3.00	*N/A*
GLAZE,POWDERED SUGAR	1 FL OZ	1	111	1	28	0.0	28.32	0.0	0.00	*0.00
EGG, OMELET, PAPETTI'S	1 OMELET	1	210	499	1	11.98	3.0	16.98	5.99	*N/A*
SDW: CLUX DELUXE	1 EACH	1	352	853	5	22.06	43.32	10.02	*1.50	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	412	643	5	20.06	43.32	17.02	*3.00	*N/A*
SDW: CHEESEBURGER	1 EACH	1	348	636	*5	20.56	*27.32	17.02	*5.25	*N/A*
SDW: PBJ, UNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, WHITE, 8 OZ	8 OZ	1	91	130	12	8.0	12.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
SAUCE, BUFFALO, FRANKS	1 OZ	1	7	832	0	0.17	0.66	0.43	0.06	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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Fri - 01/18/2019										
SAUCE: BBQ, SWEET BABY RAYS	1 OZ	1	54	223	12	*N/A*	14.0	*N/A*	*N/A*	*N/A*
MAYONNAISE, HEINZ, PACKET	1 PACKET	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
FRUIT: ROSY APPLESAUCE	4 oz	1	75	35	17	0.75	19.19	0.11	0.01	*0.00
FRUIT: STRAWBERRIES: frozen	.5 CUP	1	122	4	31	0.68	33.05	0.17	0.01	0.00
VEG: LETTUCE, ROMAINE, 1 CUP	8 OZ	1	8	*N/A*	*N/A*	*N/A*	1.55	*N/A*	*N/A*	*N/A*
VEG: CARROTS, BABY, 1/2 CUP	4 OZ	1	25	42	2	*N/A*	5.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SALAD: CHEF, HAM, EGG, CHEESE	1	1	228	*496	*3	19.27	11.03	*12.96	*6.44	*0.00
BRD: CROUTON, WG, IW	1 PACKAGE	1	80	135	1	2.0	13.0	2.0	*N/A*	*N/A*
BRD: CRACKER, WG, 2 PACK	4 PACKS	1	120	210	2	2.0	18.0	3.0	1.00	*N/A*
Weighted Daily Average			841	*1604	*39	*33.04	*100.34	*33.55	*11.74	*0.01
% of Calories					*18.4%	*15.7%	*47.7%	*35.9%	*12.6%	*0.0%
Nutrient Guideline			600-700	1360					<10.00	

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Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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Mon - 01/21/2019										
Middle School Lunch	Total	10								
CHICKEN, POPCORN, TYSON	12 PIECES	1	250	370	1	15.02	15.02	14.01	2.70	*N/A*
VEG: POTATO, MASHED, IDAHOAN,	1 CUP	1	160	620	*N/A*	4.0	34.0	2.0	*N/A*	*N/A*
GRAVY: CHICKEN, LS	.25 CUP	1	35	248	2	*N/A*	5.32	0.89	*N/A*	*N/A*
BRD: ROLL, SISTER SCH, 1 GR	1 EACH	1	140	240	4	3.0	23.0	4.0	1.00	*N/A*
VEG: CORN: frozen, yellow, 1/4	.25 CUP	1	33	0	1	1.05	7.96	0.28	0.04	0.00
CHEESE: CHEDDAR, SHREDDED	.5 OZ	1	40	100	*N/A*	3.5	0.5	3.0	2.00	*N/A*
VEG: POTATO, FF, REGULAR, 3/8	12 pieces	1	140	140	0	2.0	21.0	6.0	0.50	*N/A*
ENT: CHEESE BITES, WILD MIKES	4 EACH	1	280	540	*N/A*	16.0	28.0	12.0	4.00	*N/A*
PIZZA, BIG DADDY, CHEESE, 16"	1 SLICE	1	400	440	7	19.0	42.99	16.0	7.00	*N/A*
PIZZA, BIG DADDYS, PEPP, 16"	5.57 OZ	1	410	580	7	20.0	43.0	18.0	7.00	*N/A*
TACOS, 6 INCH SHELLS	2 TACOS	1	385	927	*0	26.62	26.93	16.84	8.74	*0.00
BRD: RICE, SPANISH 4 OZ	4 OZ	1	95	410	1	3.0	21.0	0.5	*N/A*	*N/A*
VEG: REFRIED BEAN, SANTIAGO	4 OZ	1	141	510	*N/A*	8.0	24.0	1.5	0.50	*N/A*
SALSA:COMMODITY	1 OZ	1	10	122	*N/A*	0.43	1.98	0.06	0.01	*N/A*
SOUR CREAM, LIGHT	1 OZ	1	38	33	2	0.95	2.86	2.38	1.43	*N/A*
JALAPENOS, SLICED	1.05 OZ	1	5	514	*N/A*	*N/A*	1.01	*N/A*	*N/A*	*N/A*
BRD: PRETZEL, KING, 5 OZ	1 EACH	1	340	300	2	12.0	72.0	2.0	*N/A*	*N/A*
CHEESE SAUCE, CHEDDAR, LOL	3 OZ	1	138	550	*N/A*	6.88	4.13	9.63	6.19	*N/A*
PEANUT BUTTER, USDA, 1 MEAT EQ	2 TABLESPOONS	1	200	140	3	7.0	6.0	16.0	3.00	*N/A*
SDW: CLUX DELUXE	1 EACH	1	352	853	5	22.06	43.32	10.02	*1.50	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	412	643	5	20.06	43.32	17.02	*3.00	*N/A*
SDW: CHEESEBURGER	1 EACH	1	348	636	*5	20.56	*27.32	17.02	*5.25	*N/A*
SDW: PBJ, UNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, WHITE, 8 OZ	8 OZ	1	91	130	12	8.0	12.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
SAUCE, BUFFALO, FRANKS	1 OZ	1	7	832	0	0.17	0.66	0.43	0.06	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
SAUCE: BBQ, SWEET BABY RAYS	1 OZ	1	54	223	12	*N/A*	14.0	*N/A*	*N/A*	*N/A*

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/21/2019										
MAYONNAISE, HEINZ, PACKET	1 PACKET	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
FRUIT: PEACH/PEAR/GRAPE MIX	.5 CUP	1	68	6	17	0.56	18.26	0.04	0.00	0.00
FRUIT: APPLE, HALF CUP, USDA	4 OZ	1	32	1	6	*N/A*	8.0	*N/A*	*N/A*	*N/A*
VEG: CUCUMBER, RAW	4 OZ	1	7	1	1	0.35	1.29	0.1	0.01	0.00
VEG: CARROTS, BABY, 1/2 CUP	4 OZ	1	25	42	2	*N/A*	5.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SALAD: CHEF, HAM, EGG, CHEESE	1	1	228	*496	*3	19.27	11.03	*12.96	*6.44	*0.00
BRD: CROUTON, WG, IW	1 PACKAGE	1	80	135	1	2.0	13.0	2.0	*N/A*	*N/A*
BRD: CRACKER, WG, 2 PACK	4 PACKS	1	120	210	2	2.0	18.0	3.0	1.00	*N/A*
Weighted Daily Average			683	*1337	*27	*28.67	*84.91	*24.83	*7.44	*0.00
% of Calories					*16.1%	*16.8%	*49.7%	*32.7%	*9.8%	*0.0%
Nutrient Guideline			600-700	1360					<10.00	

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/22/2019										
Middle School Lunch	Total	9								
BEEF AND NOODLES	1 CUP	1	227	92	*1	25.91	17.65	5.85	2.10	*0.01
VEG: POTATO, MASHED, IDAHOAN	1/2 CUP	1	80	310	*N/A*	2.0	17.0	1.0	*N/A*	*N/A*
GRAVY: BROWN, LS	.25 CUP	1	35	248	2	*N/A*	5.32	0.89	*N/A*	*N/A*
BRD: ROLL, SISTER SCH, 1 GR	1 EACH	1	140	240	4	3.0	23.0	4.0	1.00	*N/A*
VEG: POTATO, TATER TOT	8 pieces	1	150	360	*N/A*	2.0	19.01	7.0	1.00	*N/A*
BOSCO STICKS, PEPPERONI (2)	2 STICKS	1	520	1020	6	22.0	64.0	18.0	9.00	*N/A*
PIZZA, HOMEMADE, MAC & CHEESE	1 SLICE	1	400	920	6	20.5	43.13	16.25	9.62	*0.19
PIZZA, HOMEMADE, CHEESE	1 SLICE	1	327	551	5	16.75	30.75	*15.5	*10.00	*0.00
PIZZA, HOMEMADE, PEPPERONI	1 SLICE	1	347	614	5	17.52	30.8	*17.35	*10.71	*0.06
SAUCE: TERIYAKI, MINH	1 OZ	1	42	198	9	0.46	9.71	0.14	0.03	*N/A*
SAUCE: STIR FRY	1 OZ	1	35	440	2	1.0	4.0	1.5	*N/A*	*N/A*
SAUCE, SWEET N SOUR	1 OZ	1	60	110	11	*N/A*	14.0	*N/A*	*N/A*	*N/A*
SAUCE: GENERAL TSO, YANGS	1 OZ	1	37	79	9	*N/A*	10.0	0.0	*N/A*	*N/A*
CHICKEN, MANDARIN ORANGE, LING	3.6 OZ	1	151	282	*N/A*	11.08	19.13	3.02	0.50	*N/A*
BRD: RICE, WHITE, 1 CUP	1 CUP	1	242	0	0	4.43	53.18	0.41	0.09	0.00
BRD: NOODLE, ASIAN, 2 BG	8 OZ	1	302	599	27	8.41	66.36	*0.43	*0.09	*N/A*
EGG ROLL	1 EACH	1	180	430	2	7.0	21.0	8.0	2.00	*N/A*
VEG: STIR FRY W/ SAUCE	1/2 CUP	1	51	260	6	3.17	8.67	*0.75	*N/A*	*N/A*
BRD: WAFFLE, WG, 2 EACH	2 EACH	1	130	360	4	4.0	23.0	3.5	0.50	*N/A*
CHICKEN: MAPLE BITES	9 EACH	1	266	371	*N/A*	14.6	14.6	15.75	4.00	0.00
SYRUP, PANCAKE, 1 GALLON	1 OZ	1	100	27	24	*N/A*	25.5	*N/A*	*N/A*	*N/A*
SDW: CLUX DELUXE	1 EACH	1	352	853	5	22.06	43.32	10.02	*1.50	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	412	643	5	20.06	43.32	17.02	*3.00	*N/A*
SDW: CHEESEBURGER	1 EACH	1	348	636	*5	20.56	*27.32	17.02	*5.25	*N/A*
SDW: PBJ, UNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, WHITE, 8 OZ	8 OZ	1	91	130	12	8.0	12.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
SAUCE, BUFFALO, FRANKS	1 OZ	1	7	832	0	0.17	0.66	0.43	0.06	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/22/2019										
SAUCE: BBQ, SWEET BABY RAYS	1 OZ	1	54	223	12	*N/A*	14.0	*N/A*	*N/A*	*N/A*
MAYONNAISE, HEINZ, PACKET	1 PACKET	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
FRUIT: FRT MIX:canned,In syrup	.5 CUP	1	69	7	17	0.48	18.07	0.08	0.01	0.00
FRUIT: BLUEBERRIES, FROZEN	1/2 CUP	1	40	1	7	0.33	9.43	0.5	0.04	0.00
VEG: TOMATO, WEDGE, 1/2 CUP	4 OZ	1	32	9	4	1.0	7.0	*N/A*	*N/A*	*N/A*
VEG: BROCCOLI,raw: fresh	.5 CUP	1	15	15	1	1.28	3.02	0.17	0.02	0.00
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SALAD: CHEF, HAM, EGG, CHEESE	1	1	228	*496	*3	19.27	11.03	*12.96	*6.44	*0.00
BRD: CROUTON, WG, IW	1 PACKAGE	1	80	135	1	2.0	13.0	2.0	*N/A*	*N/A*
BRD: CRACKER, WG, 2 PACK	4 PACKS	1	120	210	2	2.0	18.0	3.0	1.00	*N/A*
Weighted Daily Average			826	*1565	*41	*33.80	*110.35	*27.02	*9.00	*0.03
% of Calories					*19.9%	*16.4%	*53.4%	*29.4%	*9.8%	*0.0%
Nutrient Guideline			600-700	1360					<10.00	

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/23/2019										
Middle School Lunch	Total	9								
BEEF STEW, USDA	1 CUP	1	184	128	*2	*21.33	15.52	4.51	*1.60	*0.00
BRD: BISCUIT, PILLSBURY	2.25 OZ	1	190	660	3	4.0	27.0	7.0	4.00	*N/A*
VEG:GREEN BEANS: canned,cooked	.5 CUP	1	14	169	*N/A*	0.81	3.04	0.07	0.01	*N/A*
VEG: POTATO, FF, SPICY STRT CU	12 pieces	1	139	387	*N/A*	1.99	19.86	5.96	0.99	*N/A*
BOSCO CHEESE STICKS (2)	2 EACH	1	459	619	2	23.97	55.92	13.98	7.99	*N/A*
PIZZA, HOMEMADE, MEAT LOVER'S	1 SLICE	1	442	973	*5	24.92	*31.29	*24.6	*13.11	*0.05
PIZZA, HOMEMADE, CHEESE	1 SLICE	1	327	551	5	16.75	30.75	*15.5	*10.00	*0.00
PIZZA, HOMEMADE, PEPPERONI	1 SLICE	1	347	614	5	17.52	30.8	*17.35	*10.71	*0.06
BRD: CORN CHIP, RF, WG, 2 OZ	2 OZ	1	280	340	*N/A*	4.0	40.0	12.0	2.00	*N/A*
BEEF TACO FILLING, JTM, 2 MMA	2.71	1	126	287	0	13.63	1.93	6.84	2.74	*N/A*
CHEESE SAUCE, CHEDDAR, LOL	3 OZ	1	138	550	*N/A*	6.88	4.13	9.63	6.19	*N/A*
SALSA:COMMODITY	1 OZ	1	10	122	*N/A*	0.43	1.98	0.06	0.01	*N/A*
SOUR CREAM, LIGHT	1 OZ	1	38	33	2	0.95	2.86	2.38	1.43	*N/A*
JALAPENOS, SLICED	1.05 OZ	1	5	514	*N/A*	*N/A*	1.01	*N/A*	*N/A*	*N/A*
FISH STICKS, 3 EACH, HIGH LINE	3 EACH	1	262	181	*N/A*	12.08	14.09	16.1	1.51	*N/A*
HUSH PUPPIES: 2 EACH, DELTA PR	2 EACH	1	240	720	4	4.0	36.0	9.0	1.00	*N/A*
SDW: CLUX DELUXE	1 EACH	1	352	853	5	22.06	43.32	10.02	*1.50	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	412	643	5	20.06	43.32	17.02	*3.00	*N/A*
SDW: CHEESEBURGER	1 EACH	1	348	636	*5	20.56	*27.32	17.02	*5.25	*N/A*
SDW: PBJ, UNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, WHITE, 8 OZ	8 OZ	1	91	130	12	8.0	12.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
SAUCE, BUFFALO, FRANKS	1 OZ	1	7	832	0	0.17	0.66	0.43	0.06	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
SAUCE: BBQ, SWEET BABY RAYS	1 OZ	1	54	223	12	*N/A*	14.0	*N/A*	*N/A*	*N/A*
MAYONNAISE, HEINZ, PACKET	1 PACKET	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
FRUIT: GRAPES,Fresh	.5 CUP	1	31	1	7	0.29	7.89	0.16	0.05	0.00
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
VEG: CAULIFLOWER,raw: fresh	.5 CUP	1	13	15	1	0.96	2.49	0.14	0.07	0.00

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/23/2019										
VEG: PEPPER STRIPS, 1/2 CUP	4 OZ	1	30	*N/A*	*N/A*	1.0	6.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SALAD: CHEF, HAM, EGG, CHEESE	1	1	228	*496	*3	19.27	11.03	*12.96	*6.44	*0.00
BRD: CROUTON, WG, IW	1 PACKAGE	1	80	135	1	2.0	13.0	2.0	*N/A*	*N/A*
BRD: CRACKER, WG, 2 PACK	4 PACKS	1	120	210	2	2.0	18.0	3.0	1.00	*N/A*
Weighted Daily Average			755	*1489	*28	*32.53	*86.82	*29.82	*10.41	*0.01
% of Calories					*15.0%	*17.2%	*46.0%	*35.6%	*12.4%	*0.0%
Nutrient Guideline			600-700	1360					<10.00	

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/24/2019										
Middle School Lunch	Total	9								
PIZZA, DOMINOES, CHEESE	1 SLICE	1	300	790	3	15.0	31.0	14.0	8.00	*N/A*
PIZZA, DOMINOES, PEPPERONI	1 SLICE	1	310	790	3	15.0	31.0	14.0	8.00	*N/A*
PIZZA, DOMINOES, SAUSAGE	1 SLICE	1	310	790	3	15.0	31.0	14.0	8.00	*N/A*
VEG: BEAN, BAKED BUSHES	4 OZ	1	123	482	11	5.26	25.4	0.88	*N/A*	*N/A*
VEG: POTATO, CURLY FRY, 1/2 CUP	3 OZ PORTIO	1	155	420	*N/A*	2.0	21.0	7.0	1.00	*N/A*
BOSCO STICKS, PEPPERONI (2)	2 STICKS	1	520	1020	6	22.0	64.0	18.0	9.00	*N/A*
SAUCE: TERIYAKI, MINH	1 OZ	1	42	198	9	0.46	9.71	0.14	0.03	*N/A*
SAUCE: STIR FRY	1 OZ	1	35	440	2	1.0	4.0	1.5	*N/A*	*N/A*
SAUCE, SWEET N SOUR	1 OZ	1	60	110	11	*N/A*	14.0	*N/A*	*N/A*	*N/A*
SAUCE: GENERAL TSO, YANGS	1 OZ	1	37	79	9	*N/A*	10.0	0.0	*N/A*	*N/A*
CHICKEN, MANDARIN ORANGE, LING	3.6 OZ	1	151	282	*N/A*	11.08	19.13	3.02	0.50	*N/A*
BRD: RICE, WHITE, 1 CUP	1 CUP	1	242	0	0	4.43	53.18	0.41	0.09	0.00
BRD: NOODLE, ASIAN, 2 BG	8 OZ	1	302	599	27	8.41	66.36	*0.43	*0.09	*N/A*
EGG ROLL	1 EACH	1	180	430	2	7.0	21.0	8.0	2.00	*N/A*
CORN DOG, STATE FAIR	4 OZ	1	280	660	9	9.0	31.0	13.0	3.50	0.00
SDW: CLUX DELUXE	1 EACH	1	352	853	5	22.06	43.32	10.02	*1.50	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	412	643	5	20.06	43.32	17.02	*3.00	*N/A*
SDW: CHEESEBURGER	1 EACH	1	348	636	*5	20.56	*27.32	17.02	*5.25	*N/A*
SDW: PBJ, UNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, WHITE, 8 OZ	8 OZ	1	91	130	12	8.0	12.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
SAUCE, BUFFALO, FRANKS	1 OZ	1	7	832	0	0.17	0.66	0.43	0.06	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
SAUCE: BBQ, SWEET BABY RAYS	1 OZ	1	54	223	12	*N/A*	14.0	*N/A*	*N/A*	*N/A*
MAYONNAISE, HEINZ, PACKET	1 PACKET	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
FRUIT: PEACH/PEAR/GRAPE MIX	.5 CUP	1	68	6	17	0.56	18.26	0.04	0.00	0.00
FRUIT: WATERMELON, CHUNKS	.5 CUP	1	23	1	5	0.46	5.74	0.11	0.01	0.00
VEG: CELERY STICKS	.5 CUP	1	10	48	1	0.41	1.78	0.1	0.03	0.00
VEG: CUCUMBER, RAW	4 OZ	1	7	1	1	0.35	1.29	0.1	0.01	0.00

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/24/2019										
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SALAD: CHEF, HAM, EGG, CHEESE	1	1	228	*496	*3	19.27	11.03	*12.96	*6.44	*0.00
BRD: CROUTON, WG, IW	1 PACKAGE	1	80	135	1	2.0	13.0	2.0	*N/A*	*N/A*
BRD: CRACKER, WG, 2 PACK	4 PACKS	1	120	210	2	2.0	18.0	3.0	1.00	*N/A*
Weighted Daily Average			735	*1520	*37	*28.30	*99.41	*24.20	*7.84	*0.00
% of Calories					*20.3%	*15.4%	*54.1%	*29.7%	*9.6%	*0.0%
Nutrient Guideline			600-700	1360					<10.00	

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 01/25/2019										
Middle School Lunch	Total	9								
ENT: CHILI,WEIGHT BETTER, 2MMA	5.15 OZ	1	152	646	6	14.28	10.02	5.82	2.17	*N/A*
BRD: CINN ROLL, PILLSBURY, 2.5	2.5 OZ	1	220	180	9	5.0	33.0	8.0	3.00	*N/A*
VEG: POTATO, CRINKLE FRY	12 PIECES	1	130	160	0	2.0	21.0	4.5	0.50	0.00
VEG: CARROTS: canned, cooked	.5 CUP	1	18	177	2	0.47	4.04	0.14	0.03	0.00
BOSCO CHEESE STICKS (2)	2 EACH	1	459	619	2	23.97	55.92	13.98	7.99	*N/A*
PIZZA, HOMEMADE, MEAT LOVER'S	1 SLICE	1	442	973	*5	24.92	*31.29	*24.6	*13.11	*0.05
PIZZA, HOMEMADE, CHEESE	1 SLICE	1	327	551	5	16.75	30.75	*15.5	*10.00	*0.00
PIZZA, HOMEMADE, PEPPERONI	1 SLICE	1	347	614	5	17.52	30.8	*17.35	*10.71	*0.06
BRD: RICE, BROWN, 8 OZ COOKED	8 OZ	1	182	*N/A*	*N/A*	4.0	37.47	1.7	*N/A*	*N/A*
CHEESE SAUCE, QUESO BLANCO	2 OZ	1	119	420	*N/A*	7.11	2.03	9.14	5.08	*N/A*
STEAK: STRIPS, GOOD SOURCE	1.25 OZ	1	160	590	1	21.0	3.0	7.0	2.50	0.00
VEG: PEPPERS/ONIONS ROASTED	3 OZ	1	45	140	4	1.0	8.0	1.0	*N/A*	*N/A*
VEG: BEAN, BLACK, 1/2 CUP	.5 CUP	1	120	360	1	6.0	16.0	0.29	0.08	0.00
SALSA:COMMODITY	1 OZ	1	10	122	*N/A*	0.43	1.98	0.06	0.01	*N/A*
SOUR CREAM, LIGHT	1 OZ	1	38	33	2	0.95	2.86	2.38	1.43	*N/A*
JALAPENOS, SLICED	1.05 OZ	1	5	514	*N/A*	*N/A*	1.01	*N/A*	*N/A*	*N/A*
CHICKEN: BUFFALO BITES;PROVIEW	4 EACH	1	260	640	*N/A*	19.0	14.0	15.0	1.50	*N/A*
BRD: CHEESY TEXAS TOAST, KLOST	SLICE	1	162	290	*1	10.0	17.06	7.24	*4.02	*0.00
SDW: CLUX DELUXE	1 EACH	1	352	853	5	22.06	43.32	10.02	*1.50	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	412	643	5	20.06	43.32	17.02	*3.00	*N/A*
SDW: CHEESEBURGER	1 EACH	1	348	636	*5	20.56	*27.32	17.02	*5.25	*N/A*
SDW: PBJ, UNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, WHITE, 8 OZ	8 OZ	1	91	130	12	8.0	12.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
SAUCE, BUFFALO, FRANKS	1 OZ	1	7	832	0	0.17	0.66	0.43	0.06	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
SAUCE: BBQ, SWEET BABY RAYS	1 OZ	1	54	223	12	*N/A*	14.0	*N/A*	*N/A*	*N/A*
MAYONNAISE, HEINZ, PACKET	1 PACKET	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
FRUIT: ROSY APPLESAUCE	4 oz	1	75	35	17	0.75	19.19	0.11	0.01	*0.00

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 01/25/2019										
FRUIT: STRAWBERRIES: frozen	.5 CUP	1	122	4	31	0.68	33.05	0.17	0.01	0.00
VEG: LETTUCE, ROMAINE, 1 CUP	8 OZ	1	8	*N/A*	*N/A*	*N/A*	1.55	*N/A*	*N/A*	*N/A*
VEG: CARROTS, BABY, 1/2 CUP	4 OZ	1	25	42	2	*N/A*	5.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SALAD: CHEF, HAM, EGG, CHEESE	1	1	228	*496	*3	19.27	11.03	*12.96	*6.44	*0.00
BRD: CROUTON, WG, IW	1 PACKAGE	1	80	135	1	2.0	13.0	2.0	*N/A*	*N/A*
BRD: CRACKER, WG, 2 PACK	4 PACKS	1	120	210	2	2.0	18.0	3.0	1.00	*N/A*
Weighted Daily Average			765	*1516	*34	*34.79	*90.54	*28.57	*10.27	*0.01
% of Calories					*18.0%	*18.2%	*47.3%	*33.6%	*12.1%	*0.0%
Nutrient Guideline			600-700	1360					<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/28/2019										
Middle School Lunch	Total	9								
VEG: POTATO, BAKED, 120 CT	1 POTATO	1	57	3	1	1.2	13.0	*N/A*	*N/A*	*N/A*
CHEESE SAUCE, CHEDDAR, LOL	3 OZ	1	138	550	*N/A*	6.88	4.13	9.63	6.19	*N/A*
CHEESE: CHEDDAR, SHREDDED	1 OZ	1	80	200	*N/A*	7.0	1.0	6.0	4.00	*N/A*
PORK: BACON PCS, ARMOUR, 2 T	1 OZ	1	70	300	*N/A*	4.0	*N/A*	6.0	2.00	*N/A*
BRD: BISCUIT, PILLSBURY	2.25 OZ	1	190	660	3	4.0	27.0	7.0	4.00	*N/A*
VEG: POTATO, FF, REGULAR, 3/8	12 pieces	1	140	140	0	2.0	21.0	6.0	0.50	*N/A*
ENT: CHEESE BITES, WILD MIKES	4 EACH	1	280	540	*N/A*	16.0	28.0	12.0	4.00	*N/A*
PIZZA, BIG DADDY, CHEESE, 16"	1 SLICE	1	400	440	7	19.0	42.99	16.0	7.00	*N/A*
PIZZA, BIG DADDYS, PEPP, 16"	5.57 OZ	1	410	580	7	20.0	43.0	18.0	7.00	*N/A*
BRD: GORDITA	1 SHELL	1	150	135	1	4.0	26.0	3.0	*N/A*	*N/A*
BRD: TACO SHELL HARD	1 SHELL	1	85	*N/A*	*N/A*	2.0	11.0	4.0	0.50	*N/A*
CHEESE SAUCE, CHEDDAR, LOL	3 OZ	1	138	550	*N/A*	6.88	4.13	9.63	6.19	*N/A*
BEEF TACO FILLING, JTM, 1 MMA	1.4 OZ	1	89	203	0	9.65	1.37	4.84	1.94	*N/A*
CHEESE: CHEDDAR, SHREDDED	1 OZ	1	80	200	*N/A*	7.0	1.0	6.0	4.00	*N/A*
VEG: POTATO, FF, REGULAR, 3/8	12 pieces	1	140	140	0	2.0	21.0	6.0	0.50	*N/A*
CHEESE SAUCE, CHEDDAR, LOL	3 OZ	1	138	550	*N/A*	6.88	4.13	9.63	6.19	*N/A*
PORK: BACON PCS, ARMOUR, 2 T	2 TABLESPOONS	1	70	300	*N/A*	4.0	*N/A*	6.0	2.00	*N/A*
BOSCO CHEESE STICKS (1)	1 EACH	1	115	155	0	5.99	13.98	3.49	2.00	*N/A*
SDW: CLUX DELUXE	1 EACH	1	352	853	5	22.06	43.32	10.02	*1.50	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	412	643	5	20.06	43.32	17.02	*3.00	*N/A*
SDW: CHEESEBURGER	1 EACH	1	348	636	*5	20.56	*27.32	17.02	*5.25	*N/A*
SDW: PBJ, UNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, VANILLA, 8 OZ	8 OZ	1	130	170	22	8.0	24.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
SAUCE, BUFFALO, FRANKS	1 OZ	1	7	832	0	0.17	0.66	0.43	0.06	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
SAUCE: BBQ, SWEET BABY RAYS	1 OZ	1	54	223	12	*N/A*	14.0	*N/A*	*N/A*	*N/A*
MAYONNAISE, HEINZ, PACKET	1 PACKET	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/28/2019										
FRUIT: PEACH/PEAR/GRAPE MIX	.5 CUP	1	68	6	17	0.56	18.26	0.04	0.00	0.00
FRUIT: APPLE, HALF CUP, USDA	4 OZ	1	32	1	6	*N/A*	8.0	*N/A*	*N/A*	*N/A*
VEG: CUCUMBER, RAW	4 OZ	1	7	1	1	0.35	1.29	0.1	0.01	0.00
VEG: CARROTS, BABY, 1/2 CUP	4 OZ	1	25	42	2	*N/A*	5.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SALAD: CHEF, HAM, EGG, CHEESE	1	1	228	*496	*3	19.27	11.03	*12.96	*6.44	*0.00
BRD: CROUTON, WG, IW	1 PACKAGE	1	80	135	1	2.0	13.0	2.0	*N/A*	*N/A*
BRD: CRACKER, WG, 2 PACK	4 PACKS	1	120	210	2	2.0	18.0	3.0	1.00	*N/A*
Weighted Daily Average			711	*1364	*30	*29.63	*82.57	*28.50	*9.81	*0.00
% of Calories					*17.1%	*16.7%	*46.5%	*36.1%	*12.4%	*0.0%
Nutrient Guideline			600-700	1360				<10.00		

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/29/2019										
Middle School Lunch	Total	9								
LASAGNA WITH GROUND BEEF	SERVINGS	1	282	326	*3	18.68	27.87	10.24	5.58	*0.25
BRD: GARLIC KNOT	1 KNOT	1	170	270	2	4.0	23.0	7.0	1.50	*N/A*
VEG:GREEN BEANS: canned,cooked	.5 CUP	1	14	169	*N/A*	0.81	3.04	0.07	0.01	*N/A*
VEG: POTATO, TATER TOT	8 pieces	1	150	360	*N/A*	2.0	19.01	7.0	1.00	*N/A*
BOSCO STICKS, PEPPERONI (2)	2 STICKS	1	520	1020	6	22.0	64.0	18.0	9.00	*N/A*
SAUCE: TERIYAKI, MINH	1 OZ	1	42	198	9	0.46	9.71	0.14	0.03	*N/A*
SAUCE: STIR FRY	1 OZ	1	35	440	2	1.0	4.0	1.5	*N/A*	*N/A*
SAUCE, SWEET N SOUR	1 OZ	1	60	110	11	*N/A*	14.0	*N/A*	*N/A*	*N/A*
SAUCE: GENERAL TSO, YANGS	1 OZ	1	37	79	9	*N/A*	10.0	0.0	*N/A*	*N/A*
CHICKEN, MANDARIN ORANGE, LING	3.6 OZ	1	151	282	*N/A*	11.08	19.13	3.02	0.50	*N/A*
BRD: RICE, WHITE, 1 CUP	1 CUP	1	242	0	0	4.43	53.18	0.41	0.09	0.00
BRD: NOODLE, ASIAN, 2 BG	8 OZ	1	302	599	27	8.41	66.36	*0.43	*0.09	*N/A*
EGG ROLL	1 EACH	1	180	430	2	7.0	21.0	8.0	2.00	*N/A*
VEG: STIR FRY W/ SAUCE	1/2 CUP	1	51	260	6	3.17	8.67	*0.75	*N/A*	*N/A*
PIZZA, HOMEMADE, TACO	1 SLICE	1	414	1076	*2	26.32	45.48	14.57	7.15	*0.01
PIZZA, HOMEMADE, CHEESE	1 SLICE	1	327	551	5	16.75	30.75	*15.5	*10.00	*0.00
PIZZA, HOMEMADE, SAUSAGE	1 SLICE	1	354	618	5	20.25	31.25	*17.0	*10.50	*0.00
SDW: HAM & CHEESE POCKET	1 EACH	1	320	480	5	20.0	32.0	12.0	4.00	*N/A*
SDW: CLUX DELUXE	1 EACH	1	352	853	5	22.06	43.32	10.02	*1.50	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	412	643	5	20.06	43.32	17.02	*3.00	*N/A*
SDW: CHEESEBURGER	1 EACH	1	348	636	*5	20.56	*27.32	17.02	*5.25	*N/A*
SDW: PBJ, UNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, VANILLA, 8 OZ	8 OZ	1	130	170	22	8.0	24.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
SAUCE, BUFFALO, FRANKS	1 OZ	1	7	832	0	0.17	0.66	0.43	0.06	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
SAUCE: BBQ, SWEET BABY RAYS	1 OZ	1	54	223	12	*N/A*	14.0	*N/A*	*N/A*	*N/A*
MAYONNAISE, HEINZ, PACKET	1 PACKET	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
FRUIT: FRT MIX:canned,ln syrup	.5 CUP	1	69	7	17	0.48	18.07	0.08	0.01	0.00

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/29/2019										
FRUIT: BLUEBERRIES, FROZEN	1/2 CUP	1	40	1	7	0.33	9.43	0.5	0.04	0.00
VEG: TOMATO, WEDGE, 1/2 CUP	4 OZ	1	32	9	4	1.0	7.0	*N/A*	*N/A*	*N/A*
VEG: BROCCOLI, raw: fresh	.5 CUP	1	15	15	1	1.28	3.02	0.17	0.02	0.00
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SALAD: CHEF, HAM, EGG, CHEESE	1	1	228	*496	*3	19.27	11.03	*12.96	*6.44	*0.00
BRD: CROUTON, WG, IW	1 PACKAGE	1	80	135	1	2.0	13.0	2.0	*N/A*	*N/A*
BRD: CRACKER, WG, 2 PACK	4 PACKS	1	120	210	2	2.0	18.0	3.0	1.00	*N/A*
Weighted Daily Average			812	*1542	*39	*34.08	*107.53	*26.61	*9.09	*0.03
% of Calories					*19.2%	*16.8%	*53.0%	*29.5%	*10.1%	*0.0%
Nutrient Guideline			600-700	1360					<10.00	

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Middle School Lunch

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/30/2019										
Middle School Lunch	Total	8								
BRD: PANCAKES, AUNT JEMIMA	2 EACH	1	160	260	7	3.32	26.95	3.99	*N/A*	*N/A*
PORK, SAUSAGE PATTY, JTM 1.33	1 PATTY	1	74	212	*N/A*	5.91	0.98	4.92	1.78	*N/A*
FRUIT: BLUEBERRIES, FROZEN	1/2 CUP	1	40	1	7	0.33	9.43	0.5	0.04	0.00
VEG: POTATO, HASHBROWN PATTIES	2 EACH	1	280	540	2	4.0	30.0	16.0	4.00	*N/A*
VEG: POTATO, FF, SPICY STRT CU	12 pieces	1	139	387	*N/A*	1.99	19.86	5.96	0.99	*N/A*
BOSCO CHEESE STICKS (2)	2 EACH	1	459	619	2	23.97	55.92	13.98	7.99	*N/A*
PIZZA, HOMEMADE, CHEESE	1 SLICE	1	327	551	5	16.75	30.75	*15.5	*10.00	*0.00
PIZZA, HOMEMADE, PEPPERONI	1 SLICE	1	347	614	5	17.52	30.8	*17.35	*10.71	*0.06
PIZZA, HOMEMADE, MEAT LOVER'S	1 SLICE	1	442	973	*5	24.92	*31.29	*24.6	*13.11	*0.05
QUESADILLA, CHICKEN/ CHEESE	12" QUESADI	1	522	1616	*3	39.0	43.0	21.99	12.50	*0.00
LLA										
VEG: PEPPERS/ONIONS ROASTED	3 OZ	1	45	140	4	1.0	8.0	1.0	*N/A*	*N/A*
SALSA:COMMODITY	1 OZ	1	10	122	*N/A*	0.43	1.98	0.06	0.01	*N/A*
SOUR CREAM, LIGHT	1 OZ	1	38	33	2	0.95	2.86	2.38	1.43	*N/A*
JALAPENOS, SLICED	1.05 OZ	1	5	514	*N/A*	*N/A*	1.01	*N/A*	*N/A*	*N/A*
FISH: SHRIMP POPPERS	20 PIECES	1	230	760	1	12.0	23.0	10.0	1.50	*N/A*
MOZZ STICKS, FARM RICH, 4 EACH	4 EACH	1	219	409	1	14.62	23.38	8.77	2.92	*N/A*
HUSH PUPPIES: 2 EACH, DELTA PR	2 EACH	1	240	720	4	4.0	36.0	9.0	1.00	*N/A*
SDW: CLUX DELUXE	1 EACH	1	352	853	5	22.06	43.32	10.02	*1.50	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	412	643	5	20.06	43.32	17.02	*3.00	*N/A*
SDW: CHEESEBURGER	1 EACH	1	348	636	*5	20.56	*27.32	17.02	*5.25	*N/A*
SDW: PBJ, UNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, WHITE, 8 OZ	8 OZ	1	91	130	12	8.0	12.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
SAUCE, BUFFALO, FRANKS	1 OZ	1	7	832	0	0.17	0.66	0.43	0.06	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
SAUCE: BBQ, SWEET BABY RAYS	1 OZ	1	54	223	12	*N/A*	14.0	*N/A*	*N/A*	*N/A*
MAYONNAISE, HEINZ, PACKET	1 PACKET	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*
FRUIT: GRAPES,Fresh	.5 CUP	1	31	1	7	0.29	7.89	0.16	0.05	0.00

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Middle School Lunch

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Wed - 01/30/2019										
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
VEG: CAULIFLOWER,raw: fresh	.5 CUP	1	13	15	1	0.96	2.49	0.14	0.07	0.00
VEG: PEPPER STRIPS, 1/2 CUP	4 OZ	1	30	*N/A*	*N/A*	1.0	6.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SALAD: CHEF, HAM, EGG, CHEESE	1	1	228	*496	*3	19.27	11.03	*12.96	*6.44	*0.00
BRD: CROUTON, WG, IW	1 PACKAGE	1	80	135	1	2.0	13.0	2.0	*N/A*	*N/A*
BRD: CRACKER, WG, 2 PACK	4 PACKS	1	120	210	2	2.0	18.0	3.0	1.00	*N/A*
Weighted Daily Average			896	*1878	*34	*38.78	*105.05	*34.93	*12.29	*0.01
% of Calories					*15.3%	*17.3%	*46.9%	*35.1%	*12.3%	*0.0%
Nutrient Guideline			600-700	1360				<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/31/2019										
Middle School Lunch	Total	9								
PIZZA: PIZZA HUT LRG CHEESE	1 LRG SLICE	1	290	550	1	13.0	34.0	11.0	6.00	0.00
PIZZA: PIZZA HUT, PAN, CHEESE	1 LRG SLICE	1	360	740	3	15.0	37.0	17.0	7.00	0.00
PIZZA: PIZZA HUT, LRG SAUSAGE	1 LRG SLICE	1	350	840	6	15.0	40.0	14.0	6.00	0.00
PIZZA: PIZZA HUT, PAN, SAUSAGE	1 LRG SLICE	1	390	770	3	15.0	38.0	20.0	7.00	0.00
PIZZA: PIZZA HUT, LRG PEPPERON	1 LRG SLICE	1	300	590	1	12.0	33.0	13.0	6.00	0.00
PIZZA: PIZZA HUT, PAN, PEPPERO	1 LRG SLICE	1	360	740	3	15.0	37.0	17.0	7.00	0.00
VEG: BEAN, BAKED BUSHS	4 OZ	1	123	482	11	5.26	25.4	0.88	*N/A*	*N/A*
VEG: POTATO, CURLY FRY, 1/2 CUP	3 OZ PORTIO	1	155	420	*N/A*	2.0	21.0	7.0	1.00	*N/A*
BOSCO STICKS, PEPPERONI (2)	2 STICKS	1	520	1020	6	22.0	64.0	18.0	9.00	*N/A*
SAUCE: TERIYAKI, MINH	1 OZ	1	42	198	9	0.46	9.71	0.14	0.03	*N/A*
SAUCE: STIR FRY	1 OZ	1	35	440	2	1.0	4.0	1.5	*N/A*	*N/A*
SAUCE, SWEET N SOUR	1 OZ	1	60	110	11	*N/A*	14.0	*N/A*	*N/A*	*N/A*
SAUCE: GENERAL TSO, YANGS	1 OZ	1	37	79	9	*N/A*	10.0	0.0	*N/A*	*N/A*
CHICKEN, MANDARIN ORANGE, LING	3.6 OZ	1	151	282	*N/A*	11.08	19.13	3.02	0.50	*N/A*
BRD: RICE, WHITE, 1 CUP	1 CUP	1	242	0	0	4.43	53.18	0.41	0.09	0.00
BRD: NOODLE, ASIAN, 2 BG	8 OZ	1	302	599	27	8.41	66.36	*0.43	*0.09	*N/A*
EGG ROLL	1 EACH	1	180	430	2	7.0	21.0	8.0	2.00	*N/A*
VEG: STIR FRY W/ SAUCE	1/2 CUP	1	51	260	6	3.17	8.67	*0.75	*N/A*	*N/A*
SDW: PULLED PORK	1 EACH	1	424	1047	12	23.26	35.77	20.9	*5.46	*N/A*
SDW: CLUX DELUXE	1 EACH	1	352	853	5	22.06	43.32	10.02	*1.50	*N/A*
SDW: CHICKEN PTY, SPICY	1 EACH	1	412	643	5	20.06	43.32	17.02	*3.00	*N/A*
SDW: CHEESEBURGER	1 EACH	1	348	636	*5	20.56	*27.32	17.02	*5.25	*N/A*
SDW: PBJ, UNCRUSTABLES, 5.3 OZ	1 SANDWICH	1	630	630	28	19.0	64.0	33.0	7.00	*N/A*
JUICE, 4 OZ, APPLE	4 OZ	1	50	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	1	50	15	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	1	60	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	1	77	20	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: 1%, WHITE, 8 OZ	8 OZ	1	100	120	11	8.0	11.0	2.5	1.50	0.00
MILK: SKIM, CHOCOLATE, 8 OZ	8 OZ	1	120	180	18	8.0	20.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, WHITE, 8 OZ	8 OZ	1	91	130	12	8.0	12.0	*N/A*	*N/A*	*N/A*
MILK: SKIM, STRAWBERRY, 8 OZ	8 OZ	1	120	120	22	8.0	22.0	*N/A*	*N/A*	*N/A*
KETCHUP, 1.5 GALLON, HEINZ	1 OZ	1	38	308	7	*N/A*	9.0	*N/A*	*N/A*	*N/A*
RANCH, HEINZ, 1.5 GAL	1 OZ	1	160	240	1	*N/A*	1.0	17.0	3.00	*N/A*
BBQ SAUCE, HEINZ, 1.5 GAL	1 OZ	1	40	453	7	*N/A*	10.88	*N/A*	*N/A*	*N/A*
MUSTARD, HONEY, HEINZ, 1.5 GAL	1 OZ	1	40	160	5	*N/A*	9.0	*N/A*	*N/A*	*N/A*
SAUCE, BUFFALO, FRANKS	1 OZ	1	7	832	0	0.17	0.66	0.43	0.06	*N/A*
MUSTARD: individual PC	Pkt 5g	1	3	55	0	0.19	0.29	0.17	0.01	0.00
SAUCE: BBQ, SWEET BABY RAYS	1 OZ	1	54	223	12	*N/A*	14.0	*N/A*	*N/A*	*N/A*
MAYONNAISE, HEINZ, PACKET	1 PACKET	1	80	75	1	*N/A*	1.0	8.0	1.50	*N/A*

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Danville Community School Corporation

Jan 7, 2019 thru Jan 31, 2019

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/31/2019										
FRUIT: PEACH/PEAR/GRAPE MIX	.5 CUP	1	68	6	17	0.56	18.26	0.04	0.00	0.00
FRUIT: WATERMELON,CHUNKS	.5 CUP	1	23	1	5	0.46	5.74	0.11	0.01	0.00
VEG: CELERY STICKS	.5 CUP	1	10	48	1	0.41	1.78	0.1	0.03	0.00
VEG: CUCUMBER,RAW	4 OZ	1	7	1	1	0.35	1.29	0.1	0.01	0.00
FRUIT: APPLE, WHOLE, USDA	1 APPLE	1	64	2	12	*N/A*	16.0	*N/A*	*N/A*	*N/A*
FRUIT: BANANA, SM, 1/2 CUP	4 OZ	1	72	*N/A*	9	*N/A*	18.0	*N/A*	*N/A*	*N/A*
FRUIT: ORANGE, 1/2 CUP	4 OZ	1	63	2	*N/A*	*N/A*	13.0	*N/A*	*N/A*	*N/A*
SALAD: CHEF, HAM, EGG, CHEESE	1	1	228	*496	*3	19.27	11.03	*12.96	*6.44	*0.00
BRD: CROUTON, WG, IW	1 PACKAGE	1	80	135	1	2.0	13.0	2.0	*N/A*	*N/A*
BRD: CRACKER, WG, 2 PACK	4 PACKS	1	120	210	2	2.0	18.0	3.0	1.00	*N/A*
Weighted Daily Average			882	*1799	*39	*34.68	*114.90	*30.72	*9.72	*0.00
% of Calories					*17.8%	*15.7%	*52.1%	*31.4%	*9.9%	*0.0%
Nutrient Guideline			600-700	1360					<10.00	

Weighted Average			776	*1549	*34	*32.39	*96.29	*28.36	*9.63	*0.02
					*39.5%	*16.7%	*49.6%	*32.9%	*11.2%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	776		600 - 700	111%			76	Correction Required - Calories too High
Sodium 1 (mg)	1549		1360		Missing		189	Correction Required - Sodium too High
Sodium 2 (mg)	1549		1035		Missing		514	Correction Required - Sodium too High
Sugars (g)	34	17.56%			Missing			
Protein (g)	32.39	16.69%			Missing			
Carbohydrate (g)	96.29	49.61%			Missing			
Total Fat (g)	28.36	32.88%			Missing			
Saturated Fat (g)	9.63	11.16%	<10.00%		Missing			Correction Required - Sat. Fat too High
Trans Fat ¹ (g)	0.02	0.02%			Missing			

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