

Danville Community School Corporation

Jan 3, 2022 thru Jan 31, 2022

Base Menu Spreadsheet

North Elementary Breakfast

Portion Values - Detailed

Page 1

Generated on: 12/21/2021 10:40:37 AM

	Portion Size	Cals (kcal)	Sodm (mg)	Fiber (g)	Iron (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 01/03/2022											
North Elementary Breakfast	Total										
BRD: WAFFLE, SNACKN, CINNAMON	1 PKG	250	290	2.00	*N/A*	15	6.0	37.0	9.0	4.00	0.00
BRD: CEREAL, LUCK CHARMS	1 OZ POUCH	110	180	2.00	*N/A*	10	2.0	23.0	1.0	0.00	*N/A*
CHEESE STICK, LOL, COLBY JACK	1 STICK	110	200	0.00	*N/A*	0	7.0	0.0	9.0	6.00	0.00
CHEESE, STICK, MOZZ, LOL	1 EACH	80	200	0.00	*N/A*	1	6.0	2.0	6.0	4.00	0.00
FRUIT: APPLE SLICES	1/2 APPLE	32	1	1.00	*N/A*	6	*N/A*	8.0	*N/A*	*N/A*	*N/A*
FRUIT: CRAISINS PACKAGE	1 PACKAGE	110	*N/A*	3.00	*N/A*	24	*N/A*	28.0	*N/A*	*N/A*	*N/A*
FRUIT: RAISIN BOX	1 BOX	127	11	1.91	0.76	28	1.4	33.73	0.11	0.04	0.00
JUICE, 4 OZ, APPLE	4 OZ	50	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	50	15	*N/A*	*N/A*	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	60	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	77	20	*N/A*	*N/A*	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	110	130	0.00	*N/A*	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
BRD: CEREAL, CIN CHEX, 1 OZ	1 BOWL	120	170	1.00	*N/A*	6	1.0	23.0	2.5	0.00	0.00
Weighted Daily Average		763	*789	*5.46	*0.38	95	*23.70	132.86	*15.05	*7.77	*0.00
% of Calories						50.0%	*12.4%	69.6%	*17.8%	*9.2%	*0.0%
Nutrient Guideline		350-500	540							<10.00	

Tue - 01/04/2022											
North Elementary Breakfast	Total										
SDW: SAUSAGE BISCUIT, BC, IW	1 SANDWICH	240	430	2.00	*N/A*	5	11.0	27.0	10.0	5.00	0.00
BRD: KEEBLER CHOC ELF GRAHAMS	1 OZ BAG	120	125	2.00	*N/A*	1	2.0	20.0	4.0	1.00	0.00
WOW BUTTER	2 TABLESP	205	102	2.05	*N/A*	4	7.16	8.18	15.34	3.07	0.00
	OONS										
FRUIT: APPLE SLICES	1/2 APPLE	32	1	1.00	*N/A*	6	*N/A*	8.0	*N/A*	*N/A*	*N/A*
FRUIT: CRAISINS PACKAGE	1 PACKAGE	110	*N/A*	3.00	*N/A*	24	*N/A*	28.0	*N/A*	*N/A*	*N/A*
FRUIT: RAISIN BOX	1 BOX	127	11	1.91	0.76	28	1.4	33.73	0.11	0.04	0.00
JUICE, 4 OZ, APPLE	4 OZ	50	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	50	15	*N/A*	*N/A*	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	60	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	77	20	*N/A*	*N/A*	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	110	130	0.00	*N/A*	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
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Portion Values - Detailed

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	Portion Size	Cals (kcal)	Sodm (mg)	Fiber (g)	Iron (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average		710	*597	*5.98	*0.38	84	*22.78	117.96	*15.98	*5.30	*0.00
% of Calories						47.5%	*12.8%	66.4%	*20.2%	*6.7%	*0.0%
Nutrient Guideline		350-500	540							<10.00	

Wed - 01/05/2022											
North Elementary Breakfast	Total										
BRD: DONUT HOLES, BC, GLAZED	1 PACKAGE	250	190	3.00	*N/A*	13	5.0	37.0	10.0	4.50	0.00
BRD: POP TART, STRAWBRY(1)	1 SINGLE P ACK	180	181	2.84	1.80	*N/A*	2.15	37.57	2.35	0.90	0.05
CHEESE STICK, LOL, COLBY JACK	1 STICK	110	200	0.00	*N/A*	0	7.0	0.0	9.0	6.00	0.00
CHEESE, STICK, MOZZ, LOL	1 EACH	80	200	0.00	*N/A*	1	6.0	2.0	6.0	4.00	0.00
FRUIT: APPLE SLICES	1/2 APPLE	32	1	1.00	*N/A*	6	*N/A*	8.0	*N/A*	*N/A*	*N/A*
FRUIT: CRAISINS PACKAGE	1 PACKAGE	110	*N/A*	3.00	*N/A*	24	*N/A*	28.0	*N/A*	*N/A*	*N/A*
FRUIT: RAISIN BOX	1 BOX	127	11	1.91	0.76	28	1.4	33.73	0.11	0.04	0.00
JUICE, 4 OZ, APPLE	4 OZ	50	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	50	15	*N/A*	*N/A*	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	60	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	77	20	*N/A*	*N/A*	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	110	130	0.00	*N/A*	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
BRD: MUFFIN, CHEF P BLUE 2 OZ	1 MUFFIN	170	120	1.00	*N/A*	14	2.0	27.0	6.0	1.00	0.00
PANCAKE WRAP, JIMMY DEAN IW	1 EACH	140	360	2.00	*N/A*	6	8.0	16.0	5.0	1.50	0.00
Weighted Daily Average		893	*894	*7.38	*1.28	*96	*27.77	150.15	*20.48	*9.72	*0.03
% of Calories						*43.2%	*12.4%	67.3%	*20.6%	*9.8%	*0.0%
Nutrient Guideline		350-500	540							<10.00	

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Thu - 01/06/2022											
North Elementary Breakfast	Total										
BRD: WAFFLE, CHOC CHIP, TSTY B	1 EACH	260	100	2.00	*N/A*	19	4.0	37.0	12.0	4.00	0.00
BRD: MUFFIN, CHEF P CHOC 2 OZ	1 MUFFIN	170	100	2.00	*N/A*	14	2.0	27.0	6.0	1.50	0.00
YOGURT: 4 OZ, DANIMALS	4 OZ	70	60	*N/A*	*N/A*	10	4.0	14.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE SLICES	1/2 APPLE	32	1	1.00	*N/A*	6	*N/A*	8.0	*N/A*	*N/A*	*N/A*
FRUIT: CRAISINS PACKAGE	1 PACKAGE	110	*N/A*	3.00	*N/A*	24	*N/A*	28.0	*N/A*	*N/A*	*N/A*
FRUIT: RAISIN BOX	1 BOX	127	11	1.91	0.76	28	1.4	33.73	0.11	0.04	0.00
JUICE, 4 OZ, APPLE	4 OZ	50	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	50	15	*N/A*	*N/A*	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	60	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	77	20	*N/A*	*N/A*	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	110	130	0.00	*N/A*	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
EGGO: WAFFLE, MPL, MINI PKT	1 POUCH	200	220	4.00	*N/A*	10	4.0	35.0	5.0	1.50	*N/A*
BRD: CRUNCHMANIA GRAHAMS	1 PACKAGE	210	180	3.00	*N/A*	12	3.0	37.0	7.0	0.00	0.00
YOGURT: 4 OZ, DANIMALS	4 OZ	70	60	*N/A*	*N/A*	10	4.0	14.0	*N/A*	*N/A*	*N/A*
Weighted Daily Average		918	*629	*8.46	*0.38	117	*23.20	172.36	*16.30	*4.27	*0.00
% of Calories						50.9%	*10.1%	75.1%	*16.0%	*4.2%	*0.0%
Nutrient Guideline		350-500	540							<10.00	

Fri - 01/07/2022											
North Elementary Breakfast	Total										
SDW: MAPLEPANCAKES SAUSAGE BCRAF	1 SANDWICH	160	220	1.00	*N/A*	7	8.0	17.0	6.0	1.50	0.00
BRD: BENEFIT BAR, OAT/CHOC CHI	1 BAR	290	240	3.00	*N/A*	22	5.0	47.0	9.0	3.00	*N/A*
FRUIT: APPLE SLICES	1/2 APPLE	32	1	1.00	*N/A*	6	*N/A*	8.0	*N/A*	*N/A*	*N/A*
FRUIT: CRAISINS PACKAGE	1 PACKAGE	110	*N/A*	3.00	*N/A*	24	*N/A*	28.0	*N/A*	*N/A*	*N/A*
FRUIT: RAISIN BOX	1 BOX	127	11	1.91	0.76	28	1.4	33.73	0.11	0.04	0.00
JUICE, 4 OZ, APPLE	4 OZ	50	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	50	15	*N/A*	*N/A*	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	60	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	77	20	*N/A*	*N/A*	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	110	130	0.00	*N/A*	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
BRD: MUFFIN, CHEF P CHOC 2 OZ	1 MUFFIN	170	100	2.00	*N/A*	14	2.0	27.0	6.0	1.50	0.00

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	Portion Size	Cals (kcal)	Sodm (mg)	Fiber (g)	Iron (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average		738	*549	*5.96	*0.38	101	*20.20	135.86	*11.80	*3.77	*0.00
% of Calories						54.7%	*10.9%	73.6%	*14.4%	*4.6%	*0.0%
Nutrient Guideline		350-500	540							<10.00	

Mon - 01/10/2022											
North Elementary Breakfast	Total										
BRD: WAFFLE, SNACKN, BLUEBERRY	1 PKG	250	290	2.00	*N/A*	15	6.0	37.0	9.0	4.00	0.00
BRD: CEREAL, APPLE JACKS	1 PACKAGE	107	167	2.64	3.83	*N/A*	1.9	24.35	1.13	0.57	0.00
CHEESE STICK, LOL, COLBY JACK	1 STICK	110	200	0.00	*N/A*	0	7.0	0.0	9.0	6.00	0.00
CHEESE, STICK, MOZZ, LOL	1 EACH	80	200	0.00	*N/A*	1	6.0	2.0	6.0	4.00	0.00
FRUIT: APPLE SLICES	1/2 APPLE	32	1	1.00	*N/A*	6	*N/A*	8.0	*N/A*	*N/A*	*N/A*
FRUIT: CRAISINS PACKAGE	1 PACKAGE	110	*N/A*	3.00	*N/A*	24	*N/A*	28.0	*N/A*	*N/A*	*N/A*
FRUIT: RAISIN BOX	1 BOX	127	11	1.91	0.76	28	1.4	33.73	0.11	0.04	0.00
JUICE, 4 OZ, APPLE	4 OZ	50	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	50	15	*N/A*	*N/A*	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	60	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	77	20	*N/A*	*N/A*	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	110	130	0.00	*N/A*	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
BRD: CEREAL, CIN TOAST CRUNCH	1 OZ PACKA GE	109	160	3.18	3.65	6	1.44	22.17	2.8	0.28	0.06
Weighted Daily Average		756	*777	*6.86	*4.12	*90	*23.87	133.12	*15.27	*8.19	*0.03
% of Calories						*47.8%	*12.6%	70.4%	*18.2%	*9.8%	*0.0%
Nutrient Guideline		350-500	540							<10.00	

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Tue - 01/11/2022											
North Elementary Breakfast	Total										
PANCAKE WRAP, JIMMY DEAN IW	1 EACH	140	360	2.00	*N/A*	6	8.0	16.0	5.0	1.50	0.00
BRD: GRAHAM, CHOC, TONY TIGER	1 PACKAGE	120	125	2.00	*N/A*	7	2.0	21.0	4.0	1.00	0.00
WOW BUTTER	2 TABLESP	205	102	2.05	*N/A*	4	7.16	8.18	15.34	3.07	0.00
	OONS										
FRUIT: APPLE SLICES	1/2 APPLE	32	1	1.00	*N/A*	6	*N/A*	8.0	*N/A*	*N/A*	*N/A*
FRUIT: CRAISINS PACKAGE	1 PACKAGE	110	*N/A*	3.00	*N/A*	24	*N/A*	28.0	*N/A*	*N/A*	*N/A*
FRUIT: RAISIN BOX	1 BOX	127	11	1.91	0.76	28	1.4	33.73	0.11	0.04	0.00
JUICE, 4 OZ, APPLE	4 OZ	50	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	50	15	*N/A*	*N/A*	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	60	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	77	20	*N/A*	*N/A*	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	110	130	0.00	*N/A*	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average		660	*562	*5.98	*0.38	88	*21.28	112.96	*13.48	*3.55	*0.00
% of Calories						53.2%	*12.9%	68.4%	*18.4%	*4.8%	*0.0%
Nutrient Guideline		350-500	540							<10.00	

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Danville Community School Corporation

Jan 3, 2022 thru Jan 31, 2022

Base Menu Spreadsheet

North Elementary Breakfast

Portion Values - Detailed

	Portion Size	Cals (kcal)	Sodm (mg)	Fiber (g)	Iron (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/12/2022											
North Elementary Breakfast											
SDW: SAUSAGE BISCUIT, BC, IW	Total										
BRD: POPTART, BROWN SUGAR (1)	1 SANDWICH	240	430	2.00	*N/A*	5	11.0	27.0	10.0	5.00	0.00
	1 SINGLE P ACK	183	192	2.79	1.80	*N/A*	2.35	37.27	2.74	0.95	0.05
CHEESE STICK, LOL, COLBY JACK	1 STICK	110	200	0.00	*N/A*	0	7.0	0.0	9.0	6.00	0.00
CHEESE, STICK, MOZZ, LOL	1 EACH	80	200	0.00	*N/A*	1	6.0	2.0	6.0	4.00	0.00
FRUIT: APPLE SLICES	1/2 APPLE	32	1	1.00	*N/A*	6	*N/A*	8.0	*N/A*	*N/A*	*N/A*
FRUIT: CRAISINS PACKAGE	1 PACKAGE	110	*N/A*	3.00	*N/A*	24	*N/A*	28.0	*N/A*	*N/A*	*N/A*
FRUIT: RAISIN BOX	1 BOX	127	11	1.91	0.76	28	1.4	33.73	0.11	0.04	0.00
JUICE, 4 OZ, APPLE	4 OZ	50	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	50	15	*N/A*	*N/A*	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	60	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	77	20	*N/A*	*N/A*	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	110	130	0.00	*N/A*	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
BRD: MUFFIN, CHEF P CHOC 2 OZ	1 MUFFIN	170	100	2.00	*N/A*	14	2.0	27.0	6.0	1.50	0.00
Weighted Daily Average		819	*830	*6.35	*1.28	*89	*26.87	137.00	*18.17	*9.49	*0.03
% of Calories						*43.6%	*13.1%	66.9%	*20.0%	*10.4%	*0.0%
Nutrient Guideline		350-500	540							<10.00	

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Danville Community School Corporation

Jan 3, 2022 thru Jan 31, 2022

Base Menu Spreadsheet

North Elementary Breakfast

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Sodm (mg)	Fiber (g)	Iron (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/13/2022											
North Elementary Breakfast	Total										
SDW: MAPLEPANCAKES SAUSAGE BCRAF	1 SANDWICH	160	220	1.00	*N/A*	7	8.0	17.0	6.0	1.50	0.00
BRD: MUFFIN, CHEF P BLUE 2 OZ	1 MUFFIN	170	120	1.00	*N/A*	14	2.0	27.0	6.0	1.00	0.00
YOGURT: 4 OZ, DANIMALS	4 OZ	70	60	*N/A*	*N/A*	10	4.0	14.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE SLICES	1/2 APPLE	32	1	1.00	*N/A*	6	*N/A*	8.0	*N/A*	*N/A*	*N/A*
FRUIT: CRAISINS PACKAGE	1 PACKAGE	110	*N/A*	3.00	*N/A*	24	*N/A*	28.0	*N/A*	*N/A*	*N/A*
FRUIT: RAISIN BOX	1 BOX	127	11	1.91	0.76	28	1.4	33.73	0.11	0.04	0.00
JUICE, 4 OZ, APPLE	4 OZ	50	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	50	15	*N/A*	*N/A*	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	60	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	77	20	*N/A*	*N/A*	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	110	130	0.00	*N/A*	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
BRD: CRUNCHMANIA GRAHAMS	1 PACKAGE	210	180	3.00	*N/A*	12	3.0	37.0	7.0	0.00	0.00
YOGURT: 4 OZ, DANIMALS	4 OZ	70	60	*N/A*	*N/A*	10	4.0	14.0	*N/A*	*N/A*	*N/A*
Weighted Daily Average		768	*589	*5.46	*0.38	106	*23.20	144.86	*10.80	*2.02	*0.00
% of Calories						55.1%	*12.1%	75.4%	*12.7%	*2.4%	*0.0%
Nutrient Guideline		350-500	540							<10.00	

	Portion Size	Cals (kcal)	Sodm (mg)	Fiber (g)	Iron (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 01/14/2022											
North Elementary Breakfast	Total										
BRD: CINNAMON ROLL, SKY BLUE	1 EACH	240	230	3.00	*N/A*	18	4.0	43.0	7.0	2.00	*N/A*
BRD: CHOC CRUMB LOAF SKY BLUE	1 PACKAGE	300	140	2.00	*N/A*	23	5.0	47.0	10.0	2.50	0.00
FRUIT: APPLE SLICES	1/2 APPLE	32	1	1.00	*N/A*	6	*N/A*	8.0	*N/A*	*N/A*	*N/A*
FRUIT: CRAISINS PACKAGE	1 PACKAGE	110	*N/A*	3.00	*N/A*	24	*N/A*	28.0	*N/A*	*N/A*	*N/A*
FRUIT: RAISIN BOX	1 BOX	127	11	1.91	0.76	28	1.4	33.73	0.11	0.04	0.00
JUICE, 4 OZ, APPLE	4 OZ	50	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	50	15	*N/A*	*N/A*	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	60	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	77	20	*N/A*	*N/A*	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	110	130	0.00	*N/A*	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
BRD: MUFFIN, CHEF P BLUE 2 OZ	1 MUFFIN	170	120	1.00	*N/A*	14	2.0	27.0	6.0	1.00	0.00
BRD: WAFFLE, SNACKN, CINNAMON	1 PKG	250	290	2.00	*N/A*	15	6.0	37.0	9.0	4.00	0.00

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Danville Community School Corporation

Jan 3, 2022 thru Jan 31, 2022

Base Menu Spreadsheet

North Elementary Breakfast

Portion Values - Detailed

	Portion Size	Cals (kcal)	Sodm (mg)	Fiber (g)	Iron (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average		908	*659	*6.96	*0.38	114	*21.20	167.36	*17.30	*5.52	*0.00
% of Calories						50.4%	*9.3%	73.7%	*17.1%	*5.5%	*0.0%
Nutrient Guideline		350-500	540							<10.00	

Mon - 01/17/2022											
North Elementary Breakfast	Total										
BRD: PANCAKE, STRAWBERRY PILLS	1 PACKAGE	230	260	2.00	*N/A*	14	4.0	39.0	6.0	0.00	0.00
BRD: CEREAL, CIN TOAST CRUNCH	1 OZ PACKA GE	109	160	3.18	3.65	6	1.44	22.17	2.8	0.28	0.06
CHEESE STICK, LOL, COLBY JACK	1 STICK	110	200	0.00	*N/A*	0	7.0	0.0	9.0	6.00	0.00
CHEESE, STICK, MOZZ, LOL	1 EACH	80	200	0.00	*N/A*	1	6.0	2.0	6.0	4.00	0.00
FRUIT: APPLE SLICES	1/2 APPLE	32	1	1.00	*N/A*	6	*N/A*	8.0	*N/A*	*N/A*	*N/A*
FRUIT: CRAISINS PACKAGE	1 PACKAGE	110	*N/A*	3.00	*N/A*	24	*N/A*	28.0	*N/A*	*N/A*	*N/A*
FRUIT: RAISIN BOX	1 BOX	127	11	1.91	0.76	28	1.4	33.73	0.11	0.04	0.00
JUICE, 4 OZ, APPLE	4 OZ	50	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	50	15	*N/A*	*N/A*	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	60	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	77	20	*N/A*	*N/A*	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	110	130	0.00	*N/A*	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
BRD: CEREAL, CIN CHEX, 1 OZ	1 BOWL	120	170	1.00	*N/A*	6	1.0	23.0	2.5	0.00	0.00
Weighted Daily Average		753	*764	*6.04	*2.21	93	*22.42	133.45	*14.45	*5.91	*0.03
% of Calories						49.4%	*11.9%	70.9%	*17.3%	*7.1%	*0.0%
Nutrient Guideline		350-500	540							<10.00	

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Danville Community School Corporation

Jan 3, 2022 thru Jan 31, 2022

Base Menu Spreadsheet

North Elementary Breakfast

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Sodm (mg)	Fiber (g)	Iron (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/18/2022											
North Elementary Breakfast	Total										
SDW: SAUSAGE BISCUIT, BC, IW	1 SANDWICH	240	430	2.00	*N/A*	5	11.0	27.0	10.0	5.00	0.00
BRD: KEEBLER CHOC ELF GRAHAMS	1 OZ BAG	120	125	2.00	*N/A*	1	2.0	20.0	4.0	1.00	0.00
WOW BUTTER	2 TABLESP	205	102	2.05	*N/A*	4	7.16	8.18	15.34	3.07	0.00
	OONS										
FRUIT: APPLE SLICES	1/2 APPLE	32	1	1.00	*N/A*	6	*N/A*	8.0	*N/A*	*N/A*	*N/A*
FRUIT: CRAISINS PACKAGE	1 PACKAGE	110	*N/A*	3.00	*N/A*	24	*N/A*	28.0	*N/A*	*N/A*	*N/A*
FRUIT: RAISIN BOX	1 BOX	127	11	1.91	0.76	28	1.4	33.73	0.11	0.04	0.00
JUICE, 4 OZ, APPLE	4 OZ	50	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	50	15	*N/A*	*N/A*	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	60	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	77	20	*N/A*	*N/A*	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	110	130	0.00	*N/A*	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average		710	*597	*5.98	*0.38	84	*22.78	117.96	*15.98	*5.30	*0.00
% of Calories						47.5%	*12.8%	66.4%	*20.2%	*6.7%	*0.0%
Nutrient Guideline		350-500	540							<10.00	

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North Elementary Breakfast

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Wed - 01/19/2022											
North Elementary Breakfast	Total										
BRD: DONUT HOLES, BC, GLAZED	1 PACKAGE	250	190	3.00	*N/A*	13	5.0	37.0	10.0	4.50	0.00
BRD: POP TART, STRAWBRY(1)	1 SINGLE P ACK	180	181	2.84	1.80	*N/A*	2.15	37.57	2.35	0.90	0.05
CHEESE STICK, LOL, COLBY JACK	1 STICK	110	200	0.00	*N/A*	0	7.0	0.0	9.0	6.00	0.00
CHEESE, STICK, MOZZ, LOL	1 EACH	80	200	0.00	*N/A*	1	6.0	2.0	6.0	4.00	0.00
FRUIT: APPLE SLICES	1/2 APPLE	32	1	1.00	*N/A*	6	*N/A*	8.0	*N/A*	*N/A*	*N/A*
FRUIT: CRAISINS PACKAGE	1 PACKAGE	110	*N/A*	3.00	*N/A*	24	*N/A*	28.0	*N/A*	*N/A*	*N/A*
FRUIT: RAISIN BOX	1 BOX	127	11	1.91	0.76	28	1.4	33.73	0.11	0.04	0.00
JUICE, 4 OZ, APPLE	4 OZ	50	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	50	15	*N/A*	*N/A*	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	60	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	77	20	*N/A*	*N/A*	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	110	130	0.00	*N/A*	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
PANCAKE WRAP, JIMMY DEAN IW	1 EACH	140	360	2.00	*N/A*	6	8.0	16.0	5.0	1.50	0.00
BRD: MUFFIN, CHEF P BLUE 2 OZ	1 MUFFIN	170	120	1.00	*N/A*	14	2.0	27.0	6.0	1.00	0.00
Weighted Daily Average		893	*894	*7.38	*1.28	*96	*27.77	150.15	*20.48	*9.72	*0.03
% of Calories						*43.2%	*12.4%	67.3%	*20.6%	*9.8%	*0.0%
Nutrient Guideline		350-500	540							<10.00	

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North Elementary Breakfast

Portion Values - Detailed

	Portion Size	Cals (kcal)	Sodm (mg)	Fiber (g)	Iron (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	
Thu - 01/20/2022												
North Elementary Breakfast												
	Total											
	BRD: WAFFLE, CHOC CHIP, TSTY B	1 EACH	260	100	2.00	*N/A*	19	4.0	37.0	12.0	4.00	0.00
	BRD: MUFFIN, CHEF P CHOC 2 OZ	1 MUFFIN	170	100	2.00	*N/A*	14	2.0	27.0	6.0	1.50	0.00
	YOGURT: 4 OZ, DANIMALS	4 OZ	70	60	*N/A*	*N/A*	10	4.0	14.0	*N/A*	*N/A*	*N/A*
	FRUIT: APPLE SLICES	1/2 APPLE	32	1	1.00	*N/A*	6	*N/A*	8.0	*N/A*	*N/A*	*N/A*
	FRUIT: CRAISINS PACKAGE	1 PACKAGE	110	*N/A*	3.00	*N/A*	24	*N/A*	28.0	*N/A*	*N/A*	*N/A*
	FRUIT: RAISIN BOX	1 BOX	127	11	1.91	0.76	28	1.4	33.73	0.11	0.04	0.00
	JUICE, 4 OZ, APPLE	4 OZ	50	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
	JUICE, 4 OZ, ORANGE	4 OZ	50	15	*N/A*	*N/A*	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
	JUICE: 4 OZ, APPLE CHERRY	4 OZ	60	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
	JUICE: 4 OZ, GRAPE	4 OZ	77	20	*N/A*	*N/A*	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
	MILK: DEANS, 1% WHITE	8 OZ	110	130	0.00	*N/A*	12	8.0	13.0	2.5	1.50	*N/A*
	MILK: DEANS, SKIM CHOCOLATE	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
	MILK: DEANS, SKIM STRAWBERRY	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
	BRD: CRUNCHMANIA GRAHAMS	1 PACKAGE	210	180	3.00	*N/A*	12	3.0	37.0	7.0	0.00	0.00
	YOGURT: 4 OZ, DANIMALS	4 OZ	70	60	*N/A*	*N/A*	10	4.0	14.0	*N/A*	*N/A*	*N/A*
Weighted Daily Average			818	*519	*6.46	*0.38	112	*21.20	154.86	*13.80	*3.52	*0.00
% of Calories							54.7%	*10.4%	75.7%	*15.2%	*3.9%	*0.0%
Nutrient Guideline			350-500	540							<10.00	

	Portion Size	Cals (kcal)	Sodm (mg)	Fiber (g)	Iron (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	
Fri - 01/21/2022												
North Elementary Breakfast												
	Total											
	SDW: MAPLEPANCAKES SAUSAGE BCRAF	1 SANDWICH	160	220	1.00	*N/A*	7	8.0	17.0	6.0	1.50	0.00
	BRD: BENEFIT BAR, OAT/CHOC CHI	1 BAR	290	240	3.00	*N/A*	22	5.0	47.0	9.0	3.00	*N/A*
	FRUIT: APPLE SLICES	1/2 APPLE	32	1	1.00	*N/A*	6	*N/A*	8.0	*N/A*	*N/A*	*N/A*
	FRUIT: CRAISINS PACKAGE	1 PACKAGE	110	*N/A*	3.00	*N/A*	24	*N/A*	28.0	*N/A*	*N/A*	*N/A*
	FRUIT: RAISIN BOX	1 BOX	127	11	1.91	0.76	28	1.4	33.73	0.11	0.04	0.00
	JUICE, 4 OZ, APPLE	4 OZ	50	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
	JUICE, 4 OZ, ORANGE	4 OZ	50	15	*N/A*	*N/A*	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
	JUICE: 4 OZ, APPLE CHERRY	4 OZ	60	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
	JUICE: 4 OZ, GRAPE	4 OZ	77	20	*N/A*	*N/A*	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
	MILK: DEANS, 1% WHITE	8 OZ	110	130	0.00	*N/A*	12	8.0	13.0	2.5	1.50	*N/A*
	MILK: DEANS, SKIM CHOCOLATE	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
	MILK: DEANS, SKIM STRAWBERRY	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
	BRD: MUFFIN, CHEF P CHOC 2 OZ	1 MUFFIN	170	100	2.00	*N/A*	14	2.0	27.0	6.0	1.50	0.00
	BRD: PANCAKES, EGGO, BLUEBERRY	1 POUCH	249	376	*N/A*	*N/A*	12	5.0	40.97	6.99	1.00	*N/A*

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Danville Community School Corporation

Jan 3, 2022 thru Jan 31, 2022

Base Menu Spreadsheet

North Elementary Breakfast

Portion Values - Detailed

	Portion Size	Cals (kcal)	Sodm (mg)	Fiber (g)	Iron (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average		862	*736	*5.96	*0.38	107	*22.70	156.35	*15.30	*4.27	*0.00
% of Calories						49.6%	*10.5%	72.5%	*16.0%	*4.5%	*0.0%
Nutrient Guideline		350-500	540							<10.00	

Mon - 01/24/2022											
North Elementary Breakfast	Total										
BRD: WAFFLE, SNACKN, BLUEBERRY	1 PKG	250	290	2.00	*N/A*	15	6.0	37.0	9.0	4.00	0.00
BRD: CEREAL, FROOT LOOPS	1 OZ PACKAGED	103	160	2.92	4.00	*N/A*	1.79	23.76	1.13	0.45	0.01
CHEESE STICK, LOL, COLBY JACK	1 STICK	110	200	0.00	*N/A*	0	7.0	0.0	9.0	6.00	0.00
CHEESE, STICK, MOZZ, LOL	1 EACH	80	200	0.00	*N/A*	1	6.0	2.0	6.0	4.00	0.00
FRUIT: APPLE SLICES	1/2 APPLE	32	1	1.00	*N/A*	6	*N/A*	8.0	*N/A*	*N/A*	*N/A*
FRUIT: CRAISINS PACKAGE	1 PACKAGE	110	*N/A*	3.00	*N/A*	24	*N/A*	28.0	*N/A*	*N/A*	*N/A*
FRUIT: RAISIN BOX	1 BOX	127	11	1.91	0.76	28	1.4	33.73	0.11	0.04	0.00
JUICE, 4 OZ, APPLE	4 OZ	50	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	50	15	*N/A*	*N/A*	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	60	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	77	20	*N/A*	*N/A*	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	110	130	0.00	*N/A*	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
PILLSBURY CIN CREAMCH BAGEL PK	1 PKG	240	180	2.00	*N/A*	13	6.0	41.02	6.0	2.50	*N/A*
Weighted Daily Average		820	*783	*6.42	*2.38	*94	*26.09	142.25	*16.87	*9.25	*0.00
% of Calories						*45.8%	*12.7%	69.4%	*18.5%	*10.2%	*0.0%
Nutrient Guideline		350-500	540							<10.00	

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Danville Community School Corporation

Jan 3, 2022 thru Jan 31, 2022

Base Menu Spreadsheet

North Elementary Breakfast

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Sodm (mg)	Fiber (g)	Iron (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 01/25/2022											
North Elementary Breakfast	Total										
PANCAKE WRAP, JIMMY DEAN IW	1 EACH	140	360	2.00	*N/A*	6	8.0	16.0	5.0	1.50	0.00
BRD: GRAHAM, CHOC, TONY TIGER	1 PACKAGE	120	125	2.00	*N/A*	7	2.0	21.0	4.0	1.00	0.00
WOW BUTTER	2 TABLESP	205	102	2.05	*N/A*	4	7.16	8.18	15.34	3.07	0.00
	OONS										
FRUIT: APPLE SLICES	1/2 APPLE	32	1	1.00	*N/A*	6	*N/A*	8.0	*N/A*	*N/A*	*N/A*
FRUIT: CRAISINS PACKAGE	1 PACKAGE	110	*N/A*	3.00	*N/A*	24	*N/A*	28.0	*N/A*	*N/A*	*N/A*
FRUIT: RAISIN BOX	1 BOX	127	11	1.91	0.76	28	1.4	33.73	0.11	0.04	0.00
JUICE, 4 OZ, APPLE	4 OZ	50	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	50	15	*N/A*	*N/A*	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	60	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	77	20	*N/A*	*N/A*	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	110	130	0.00	*N/A*	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average		660	*562	*5.98	*0.38	88	*21.28	112.96	*13.48	*3.55	*0.00
% of Calories						53.2%	*12.9%	68.4%	*18.4%	*4.8%	*0.0%
Nutrient Guideline		350-500	540							<10.00	

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Danville Community School Corporation

Jan 3, 2022 thru Jan 31, 2022

Base Menu Spreadsheet

North Elementary Breakfast

Portion Values - Detailed

	Portion Size	Cals (kcal)	Sodm (mg)	Fiber (g)	Iron (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 01/26/2022											
North Elementary Breakfast	Total										
EGGO CINNAMON WAFFLE PKG	1 PKG	200	269	3.99	*N/A*	10	4.99	34.93	4.99	1.50	*N/A*
BRD: POPTART, BROWN SUGAR (1)	1 SINGLE P ACK	183	192	2.79	1.80	*N/A*	2.35	37.27	2.74	0.95	0.05
CHEESE STICK, LOL, COLBY JACK	1 STICK	110	200	0.00	*N/A*	0	7.0	0.0	9.0	6.00	0.00
CHEESE, STICK, MOZZ, LOL	1 EACH	80	200	0.00	*N/A*	1	6.0	2.0	6.0	4.00	0.00
FRUIT: APPLE SLICES	1/2 APPLE	32	1	1.00	*N/A*	6	*N/A*	8.0	*N/A*	*N/A*	*N/A*
FRUIT: CRAISINS PACKAGE	1 PACKAGE	110	*N/A*	3.00	*N/A*	24	*N/A*	28.0	*N/A*	*N/A*	*N/A*
FRUIT: RAISIN BOX	1 BOX	127	11	1.91	0.76	28	1.4	33.73	0.11	0.04	0.00
JUICE, 4 OZ, APPLE	4 OZ	50	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	50	15	*N/A*	*N/A*	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	60	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	77	20	*N/A*	*N/A*	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	110	130	0.00	*N/A*	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
BRD: MUFFIN, CHEF P CHOC 2 OZ	1 MUFFIN	170	100	2.00	*N/A*	14	2.0	27.0	6.0	1.50	0.00
Weighted Daily Average		799	*749	*7.35	*1.28	*92	*23.87	140.96	*15.67	*7.74	*0.03
% of Calories						*46.0%	*11.9%	70.6%	*17.6%	*8.7%	*0.0%
Nutrient Guideline		350-500	540							<10.00	

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Danville Community School Corporation

Jan 3, 2022 thru Jan 31, 2022

Base Menu Spreadsheet

North Elementary Breakfast

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Sodm (mg)	Fiber (g)	Iron (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 01/27/2022											
North Elementary Breakfast	Total										
SDW: MAPLEPANCAKESAUSAGE BCRAF	1 SANDWICH	160	220	1.00	*N/A*	7	8.0	17.0	6.0	1.50	0.00
BRD: MUFFIN, CHEF P BLUE 2 OZ	1 MUFFIN	170	120	1.00	*N/A*	14	2.0	27.0	6.0	1.00	0.00
YOGURT: 4 OZ, DANIMALS	4 OZ	70	60	*N/A*	*N/A*	10	4.0	14.0	*N/A*	*N/A*	*N/A*
FRUIT: APPLE SLICES	1/2 APPLE	32	1	1.00	*N/A*	6	*N/A*	8.0	*N/A*	*N/A*	*N/A*
FRUIT: CRAISINS PACKAGE	1 PACKAGE	110	*N/A*	3.00	*N/A*	24	*N/A*	28.0	*N/A*	*N/A*	*N/A*
FRUIT: RAISIN BOX	1 BOX	127	11	1.91	0.76	28	1.4	33.73	0.11	0.04	0.00
JUICE, 4 OZ, APPLE	4 OZ	50	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	50	15	*N/A*	*N/A*	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	60	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	77	20	*N/A*	*N/A*	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	110	130	0.00	*N/A*	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
BRD: FR TST CIN GLAZED PAPETTI	1 EACH	210	290	*N/A*	*N/A*	*N/A*	8.0	26.0	8.0	2.00	0.00
BRD: CRUNCHMANIA GRAHAMS	1 PACKAGE	210	180	3.00	*N/A*	12	3.0	37.0	7.0	0.00	0.00
YOGURT: 4 OZ, DANIMALS	4 OZ	70	60	*N/A*	*N/A*	10	4.0	14.0	*N/A*	*N/A*	*N/A*
Weighted Daily Average		873	*734	*5.46	*0.38	*106	*27.20	157.86	*14.80	*3.02	*0.00
% of Calories						*48.5%	*12.5%	72.3%	*15.3%	*3.1%	*0.0%
Nutrient Guideline		350-500	540							<10.00	

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Danville Community School Corporation

Jan 3, 2022 thru Jan 31, 2022

Base Menu Spreadsheet

North Elementary Breakfast

Portion Values - Detailed

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Fri - 01/28/2022											
North Elementary Breakfast											
	Total										
BRD: CINNAMON ROLL HADLEY FARM	1 PACKAGE	240	240	3.00	*N/A*	12	5.0	38.0	7.0	1.50	0.00
BRD: CHOC CRUMB LOAF SKY BLUE	1 PACKAGE	300	140	2.00	*N/A*	23	5.0	47.0	10.0	2.50	0.00
FRUIT: APPLE SLICES	1/2 APPLE	32	1	1.00	*N/A*	6	*N/A*	8.0	*N/A*	*N/A*	*N/A*
FRUIT: CRAISINS PACKAGE	1 PACKAGE	110	*N/A*	3.00	*N/A*	24	*N/A*	28.0	*N/A*	*N/A*	*N/A*
FRUIT: RAISIN BOX	1 BOX	127	11	1.91	0.76	28	1.4	33.73	0.11	0.04	0.00
JUICE, 4 OZ, APPLE	4 OZ	50	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	50	15	*N/A*	*N/A*	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	60	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	77	20	*N/A*	*N/A*	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	110	130	0.00	*N/A*	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
BRD: MUFFIN, CHEF P BLUE 2 OZ	1 MUFFIN	170	120	1.00	*N/A*	14	2.0	27.0	6.0	1.00	0.00
BRD: WAFFLE, SNACKN, BTRYMPL	1 PKG	250	290	2.00	*N/A*	15	6.0	37.0	9.0	4.00	0.00
Weighted Daily Average		908	*664	*6.96	*0.38	111	*21.70	164.86	*17.30	*5.27	*0.00
% of Calories						49.1%	*9.6%	72.6%	*17.1%	*5.2%	*0.0%
Nutrient Guideline		350-500	540							<10.00	

Mon - 01/31/2022											
North Elementary Breakfast											
	Total										
BRD: WAFFLE, SNACKN, CINNAMON	1 PKG	250	290	2.00	*N/A*	15	6.0	37.0	9.0	4.00	0.00
BRD: CEREAL, LUCK CHARMS	1 OZ POUCH	110	180	2.00	*N/A*	10	2.0	23.0	1.0	0.00	*N/A*
CHEESE STICK, LOL, COLBY JACK	1 STICK	110	200	0.00	*N/A*	0	7.0	0.0	9.0	6.00	0.00
CHEESE, STICK, MOZZ, LOL	1 EACH	80	200	0.00	*N/A*	1	6.0	2.0	6.0	4.00	0.00
FRUIT: APPLE SLICES	1/2 APPLE	32	1	1.00	*N/A*	6	*N/A*	8.0	*N/A*	*N/A*	*N/A*
FRUIT: CRAISINS PACKAGE	1 PACKAGE	110	*N/A*	3.00	*N/A*	24	*N/A*	28.0	*N/A*	*N/A*	*N/A*
FRUIT: RAISIN BOX	1 BOX	127	11	1.91	0.76	28	1.4	33.73	0.11	0.04	0.00
JUICE, 4 OZ, APPLE	4 OZ	50	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE, 4 OZ, ORANGE	4 OZ	50	15	*N/A*	*N/A*	11	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, APPLE CHERRY	4 OZ	60	*N/A*	*N/A*	*N/A*	12	*N/A*	13.0	*N/A*	*N/A*	*N/A*
JUICE: 4 OZ, GRAPE	4 OZ	77	20	*N/A*	*N/A*	18	*N/A*	19.0	*N/A*	*N/A*	*N/A*
MILK: DEANS, 1% WHITE	8 OZ	110	130	0.00	*N/A*	12	8.0	13.0	2.5	1.50	*N/A*
MILK: DEANS, SKIM CHOCOLATE	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
MILK: DEANS, SKIM STRAWBERRY	8 OZ	120	180	0.00	*N/A*	18	8.0	20.0	0.0	0.00	0.00
BRD: CEREAL, CIN CHEX, 1 OZ	1 BOWL	120	170	1.00	*N/A*	6	1.0	23.0	2.5	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Danville Community School Corporation

Jan 3, 2022 thru Jan 31, 2022

Base Menu Spreadsheet

North Elementary Breakfast

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Sodm (mg)	Fiber (g)	Iron (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average		763	*789	*5.46	*0.38	95	*23.70	132.86	*15.05	*7.77	*0.00
% of Calories						50.0%	*12.4%	69.6%	*17.8%	*9.2%	*0.0%
Nutrient Guideline		350-500	540							<10.00	

Weighted Average		800	*698	*6.39	*0.91	*98	*23.56	141.38	*15.61	*5.95	*0.01
						*110.4	*11.8%	70.7%	*17.6%	*6.7%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	800		350 - 500	160%			300	Correction Required - Calories too High
Sodium 1 (mg)	698		540		Missing		158	Correction Required - Sodium too High
Sodium 2 (mg)	698		485		Missing		213	Correction Required - Sodium too High
Fiber (g)	6.39				Missing			
Iron (mg)	0.91				Missing			
Sugars (g)	98	49.07%			Missing			
Protein (g)	23.56	11.78%			Missing			
Carbohydrate (g)	141.38	70.71%						
Total Fat (g)	15.61	17.57%			Missing			
Saturated Fat (g)	5.95	6.70%	<10.00%		Missing			
Trans Fat ¹ (g)	0.01	0.01%			Missing			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.